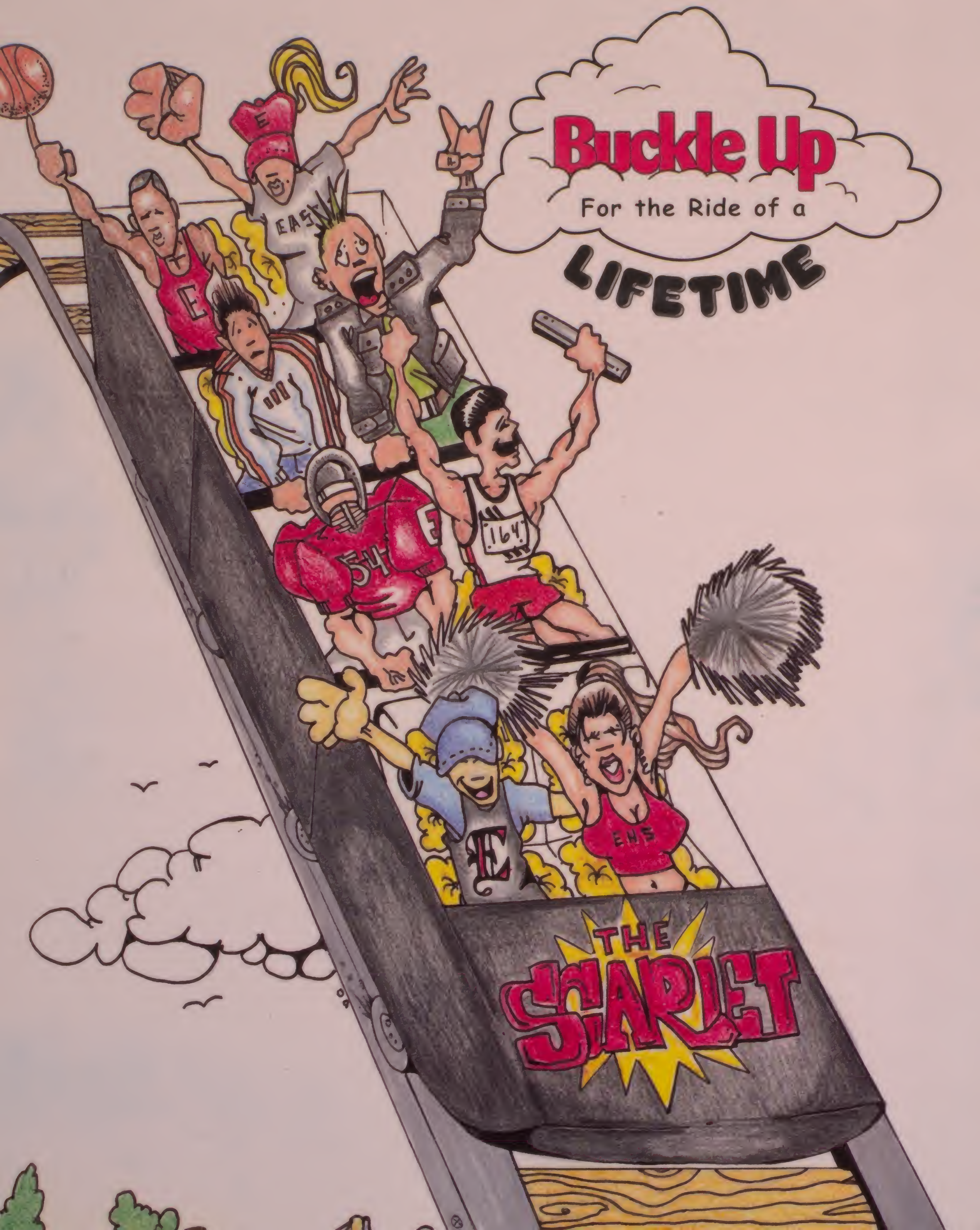
Buckle Up
For the Ride of a
LIFETIME
EAST
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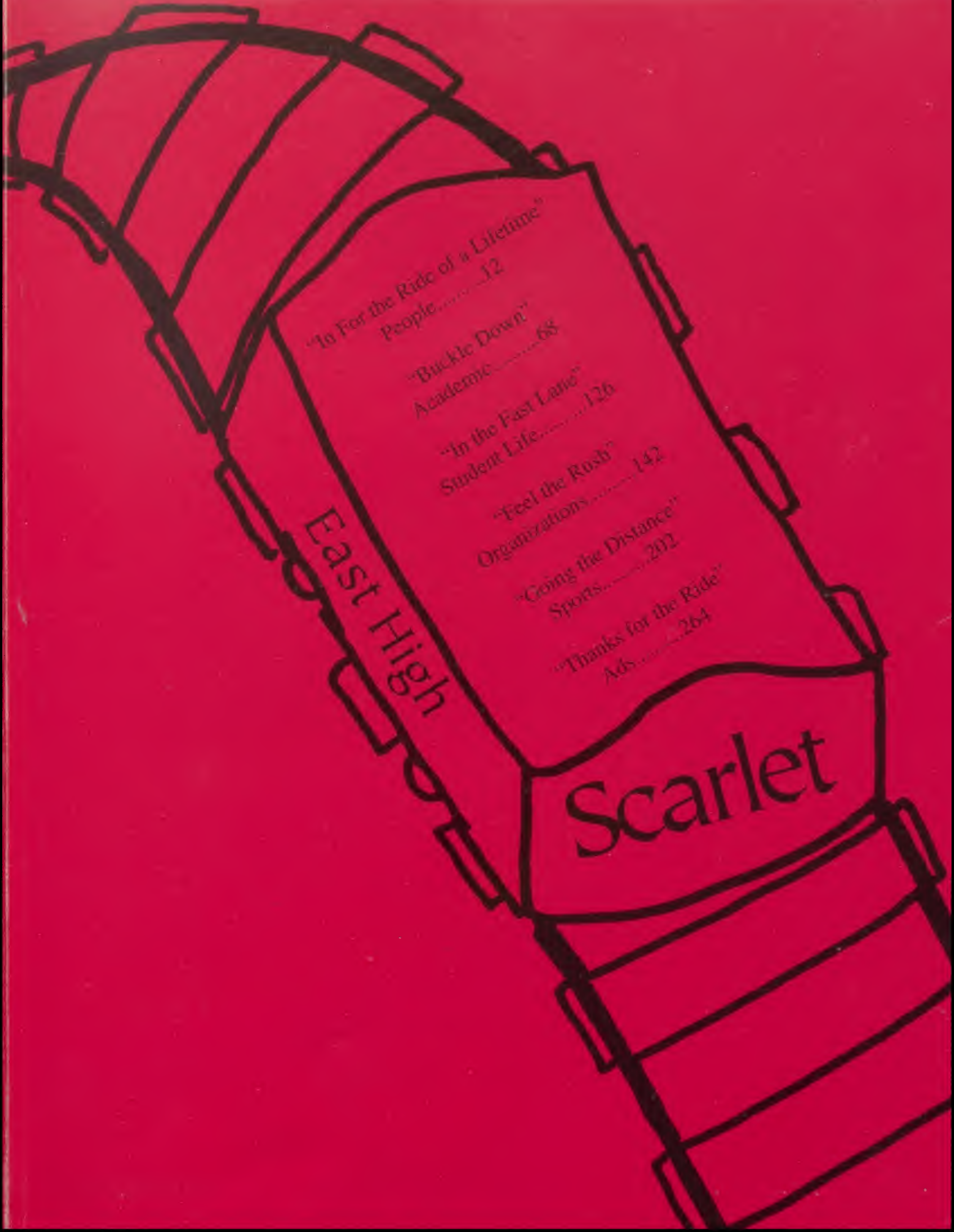
EHS
THE SCARLET



East High

Scarlet

"In For the Ride of a Lifetime"
People..........12

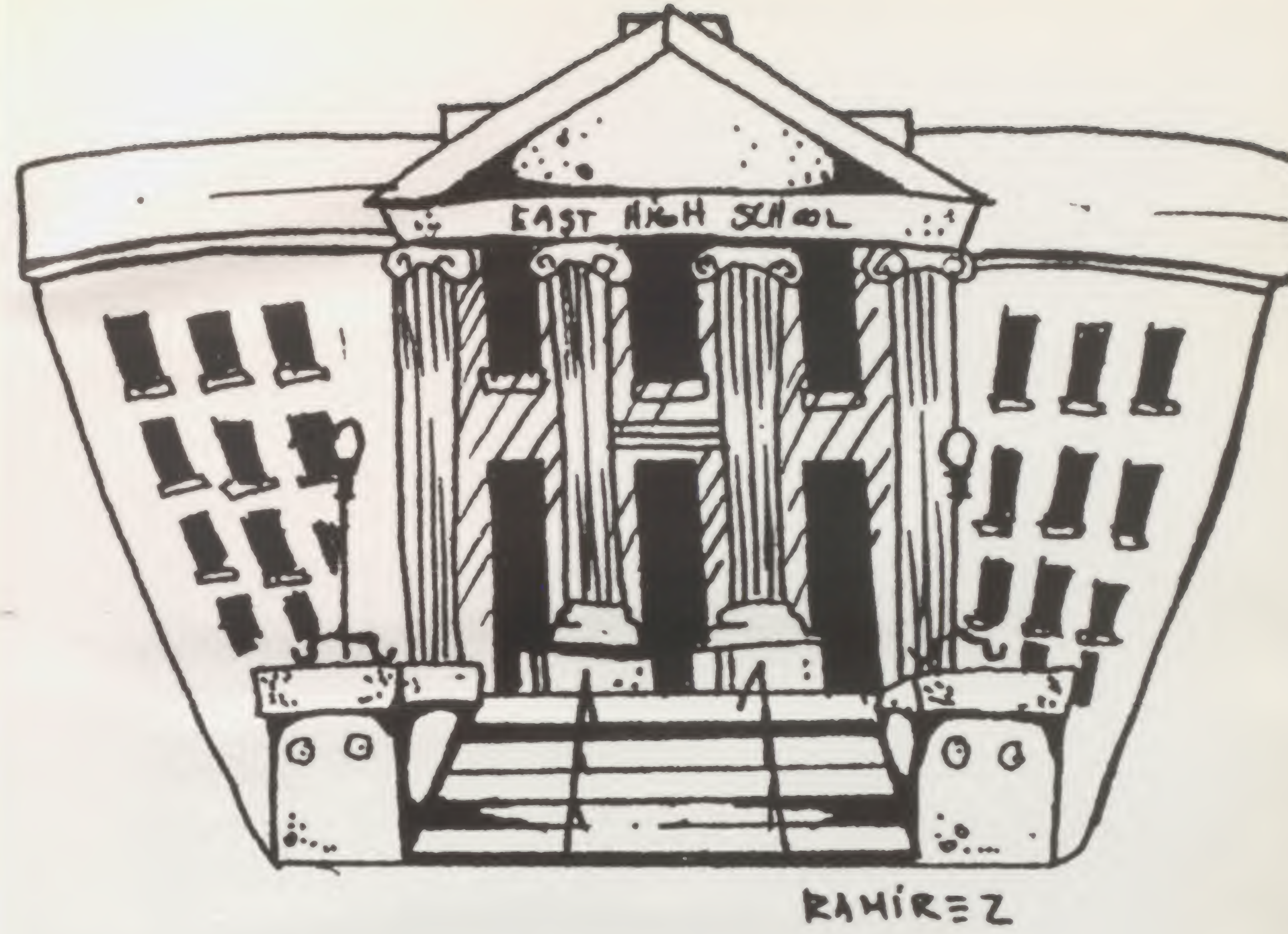
"Buckle Down"
Academic..........68

"In the Fast Lane"
Student Life..........126

"Feel the Rush"
Organizations..........142

"Going the Distance"
Sports..........202

"Thanks for the Ride"
Ads..........264


EAST HIGH SCHOOL
RAMIREZ

The 1999 Quill

East High School
815 East 13th Street
Des Moines, IA 50316
(515)242-7788
Enrollment: 1707

There are many ups and downs in life. Every day we deal with different situations and the people around us. It is an ongoing battle with our life and within ourselves.

As the years go by there are still many more things to come. High school is just one of the phases that has to be completed before we can move on, it is both the beginning and the end.

Everyone hopes that some day sense will be made out of all the hurt and happiness. There will be lessons learned.

Most of the friends you have now you will have ten years from now. They will be the ones that truly know how hard it has been. Now is the time to...

BUCKLE UP:
For you own safety, please keep all hands and feet inside the car at all time. You must be grades 9-12 to ride. Thank You, enjoy the ride! See ya at the End!

Buckle Up for the Ride of Your Lifetime!

Story/Design: Tiffany Roby.

The Steppers *spend quality time together over the summer making hair ties and talking all night. The squad received new uniforms this year.*

Senior *Justin Embrey* *struts his stuff for all the ladies. "Eat your heart out Tom Cruise!"*

Washing windows *is the specialty of junior* ***Jessica Kinney****, seniors* ***Megan Staley***, ***Ramon McCarrell*** *and Associate,* ***Deb Hocksbergen****. They were just some of the Success kids that went to Chicago this summer.*

Senior B.J. Stradley *and juniors* ***Kearstin Nichols****,* ***Diana Calo*** *and* ***Theresa Johnson*** *take time out from rehearsing to enjoy time with friends. Trips and friendships are part of the "Voices" experience.*

Story/Design: Phut Hoang Van.

These sophomore *cheerleaders still take a moment to look sweet, even though they've been working hard all day! The girls attended the '98 UCA cheerleading camp at ISU this summer.*

"Just Chillin!" *Junior newspaper and yearbook students* ***Amy Griffiths, Phut HoangVan,*** *and* ***Amber Johnson*** *and 5 others attended Univ. of Iowa's program in July.*

I'm the Man!," *is what senior* ***Ethan Herrera*** *is thinking as he shows off his new light blue Lincoln. Equipped with tinted windows and a booming system, it's the official epitome of "cool."*

Friends & Fun:
"A Scarlet Summer Has Begun!"

Many found fiestas & siestas to be the only studying to worry about.

Each Scarlet spent their summer sounding off in their own way.

"Summer is all about just having a good time," said junior **Lindsey Bennett.**

Partying, swimming, sleepovers, traveling, staying out late, sleeping in, hanging with friends, talking on the phone, and just plain having a good time were ways many decided to spend their summer.

"Taking the time to do absolutely nothing is what I love about the summer," said sophomore **Paul Dray.**

"I love relaxing and just staying away from school," said junior **Tom Ochoa.**

Some kids, however, don't spend their summer staying completely away from school. Many go on school-oriented field trips. Others spend time with their families traveling. Some even find themselves coming and going to practice and work.

"The SUCCESS trip to Chicago was a blast," said junior **Jessica Kenney**.

"I never had time to do anything other than work, work, work," said senior **Jennifer Fallis**.

"I had practice twice a day," said senior **Dray Grantham**.

Whether your summer was spent working, playing, partying, practicing, traveling, or just sitting at home watching Jerry Springer and catching up on your soaps, two things were for sure: 1) the summer went by way too fast again, and 2) these were the moments in your life you will never forget, that will live forever.

The most magical *place on earth, Cinderella's castle in Walt Disney World was visited by junior* ***Carrie Lynn Meek*** *this summer. Millions went to celebrate it's 50th anniversary.*

"The SUCCESS *trip to Chicago was a blast," said junior* ***Jessica Kinney****. All the kids got a kick out of eating at the Hard Rock Cafe and bringing home souvenirs.*

Four!
Students enjoy hanging out and playing miniature golf over the summer. This was just one of the many things on students fun agendas.

Taking a break,
to pose for a photo, the students who attended the journalism camp had "a great time." The camp was held in Iowa City.

Splashing around
and sunbathing over the summer, cheerleaders ***Judy Kligopoulos, Stacey Zelenovich, Brooke Bennett,*** *and* ***Kerry Green*** *just relax at left. (Above) Rockin' the boat in the Infant Ocean at Adventureland, junior* ***Nate Hibben*** *and senior* ***Ian Simms*** *are letting the child inside of them come out and play.*

During the Labor *Day Parade, Colorguard marched from the State Capital to the State Fair. This is East High's tradition to march in east-side parades.*

In chemistry, *as the class was paying attention, junior* ***Julie Samuelson*** *still had time to turn around and smile.*

The Steppers spent *some quality time as a team making hair ties for their new squad uniforms. The squad also received a new sponsor, photo adviser* ***Nancy Holmes****.*

"Are we ready to *get started? Yes we are!" The varsity cheerleaders cheered at the first home game of the season against Lincoln.*

Story/Design: CarrieLynn Meek

Back to the Basics

It was that time of year again. New binders, freshly sharpened No.2s, and the new look or attitude picked up over the summer.

Some were ready to start their next grade level off on the right foot, while others simply had no clue of what to expect.

Over the summer some may have discovered an undying passion for car racing, relationships, or even starting a band, but now it's time to head back to school.

There's nothing wrong with school so long as you are willing to learn. Why not get credit, for studying something you love? You don't always have to take classes that are required, but something that seems to fascinate you the most. It takes some ingenuity and determination, but it's well worth it to try out a new so-called "cool" class at school.

School doesn't always have to be considered studying, studying, studying. Think of your friends. They're there to help you through thick and thin. You can study with them, eat lunch together, or get involved in school activities, like Colorguard, football, SODA, or even NHS. These and more are activities you and your best pals could go for.

It wasn't hard for junior **Jaime Hill** to quickly adapt to school from summertime.

"I had to work nearly the whole summer, nonstop," **Hill** said. "I really missed my friends and I was so thirsty for knowledge more and more every day. I guess you could say I'm quite glad to be back."

Unlike Hill, junior **Kenny Collins** wasn't feeling the least bit of joy in coming back to school.

"I tried better in school this year compared to what I did last year." Collins said. "I set goals for myself and tried to accomplished them as best as I could."

The first day of school is a perfect way to start a new chapter in life. There are so many things that you can change and get recognition for, whether you're a klutz, or popular, it doesn't matter.

"I've had a great time at East and now that it's my last year, I think it rocks, but I am going to miss all my friends and 'freaks' out there," said senior **Brian Norton**. "My high school years will have the biggest impact on my future."

*V**olunteering at** the Alumni Dinner, junior* **Nicole Slaughter** *pours drinks for the alumns. About 30 students volunteered at the dinner to work from 6-8 pm.*

*W**aiting for** their box lunch, the alums sit patiently and talk. The quick lunches consisted of a sandwich, potato chips, fruit and a cookie.*

*D**iscussing the** dinner and their memories, many people have questions about the "new" East High. The alums registered at a table in the student center when they first entered the building.*

Story/Design: Lou Ann Covalt

Classes from 1908-[illegible] sat and ate their dinner in the big gym. The rest of the classes ate in the small gym. Later on in the evening, everyone was moved into the big gym to listen to the giving of scholarships.

Scarlet Alums Remember The Ride

So many alums attend, there are barely enough student volunteers.

Last year's Alumni Dinner was packed full of everything from good food, music, and of course the hundreds of East High Alumni and a ton of old fashioned Scarlet spirit!

Teacher **Linda Nemmers** was in charge of finding students to help serve drinks, hand out sack lunches, and just mingle with the alumni.

"I gave extra credit to my students who volunteered to help," said **Nemmers**.

Over thirty current students from East volunteered to help serve food and just take in all of the history of their high school.

"I had fun because I got to talk to the alumnus's, and learned a lot about East," said junior **Michael Fuller**.

The alumnus's were able to eat dinner while listening to many different speeches. The dinner was a sack lunch, which included a sandwich (choice of turkey or ham), a cookie, some fruit, and a choice of milk, tea, or lemonade.

"I served sandwiches, talked to alumnus's, and got to meet and talk to **Courtney Maxwell** [East Alum and television reporter]," said junior **Nicole Slaughter**.

One of the many traditions at the Alumni Dinner is the scholarships. Approximately 46 seniors received scholarships from $500 to $1500. The receiving and handing out of the scholarships were treated with the prestige and honor they so deserve. And another alumni from the class of 1930 was inducted into the East High Hall of Fame.

"The scholarship really helped me out because my parents couldn't afford for my 12 years of college, plus for my two younger brothers," said '98 alum **Angla Curtis**.

East's Alumni Association, one of the biggest in the nation with about 9,000 members, gave away almost $55,000 in scholarships last year alone.

"As a scholarship winner and senior at East, being there that night made me so proud to be called an East High Scarlet," said '98 alum **Kt Harrington**.

Deciding on what to have to drink, this alum also has many questions about East. Many of the people that came to the dinner were from the class of 1948, their 50th reunion.

People come and people go, but the friend ships made *in* high school can last a lifetime.

For incoming freshmen, the journey's just beginning. It's a new and different challenge whether they face it with a happy face and friends or if they're just along *for the ride*

Sophomores and juniors are halfway through and some just want the ride to stop while others don't.

Now, responsibility counts and, with familiar faces all around, the ride is more fun.

The ride's finally ending for seniors. A ride that has been full *of* friends, knowledge & memories that'll last *a lifetime.*

Though this ride is ending, they now begin a new journey. One that'll bring new faces and new challenges to surpass.

Story/Design: Linda Her.

During cheerleading camp, the sophomores take time to relax and sport their new outfits. They also made lasting friendships and got to know the new faces on the squad.

SENIORS '99

ABBREVIATIONS

AIB	American Institute of Business
AL	Academic Letter
BPA	Business Professionals of America
CB	Career Beginnings
DMACC	Des Moines Area Comm. College
FCA	Fellowship of Christian Athletes
ISU	Iowa State University
JA	Junior Achievement
JROTC	Jr. Reserve Officer's Training Corps
LC	Leadership Council
NCYL	Nat. Council on Youth Leadership
NH	New Horizons
NHS	National Honor Society
OA	Office/Library Aide
PEP	Pep "E" Club
SG	Student Government
SS	Scarlet Standout
TS	Talent Search
UB	Upward Bound
UI	University of Iowa
UN	United Nations
UNI	University of Northern Iowa

ADAMSON, HEATHER
ADAMSON, SCOTT—Wrestling 1-8; Football 1-3.
ANDERSON, DEANNE

ANDERSON, JACOB—Marching Band 1-6; Jazz Band 1-6.
ARMSTRONG, AMANDA K.—OA 5-6; PEP 7-8; Sr. Board. ISU
ATKINSON, STACIE—Concert Band 1-8; French Club 1-6 (Sec.); Honor Band 1-3; Jazz Band 3-8; Jr. Board; Marching Band 1-8; PEP 1-8; SG 1-3. UI

ATWOOD, NICOLLE
BABCOCK, SHAWNA
BAILEY, JASON—Graphic Tech. 3-8. NorthWestern

Story/Design: Stephanie Gibb.

Baker, Lissa
Baker, Tyler—Football 1-6; Wrestling 1-8. UNI
Banks, Zach—Baseball 1-8; Football 1-4; PEP 1-8; Wrestling 1-8.
Barnes, Stacy

Bennett, Richie—Baseball 2-6; Basketball 2-4; Football 1; NH 7-8; SS 1-4.
Bennett, Todd—Football 1-8; SS 1; Sr. Board; Track 4-8.
Bernhardt, Renee'—AL; Concert/Show Choir 3-8; PEP 7-8; Scarlet Choir 1-8; SS; Treble Choir 1-2; Span. Club 7-8. UI
Bibbins, Alex

Birkhofer, Carrie—Concert Band 1-8; French Club 3-4; Key Club 7-8; Marching Band 3-4; PEP 3-4; Steppers 1-4; TS 1-8; Tennis 4-8. UI
Bloomquist, Kelly—AL; Cheerleader 7-8; NHS 7-8; OA 3-4; PEP 3-8; SS 1-4. UI
Bockoven, Candi
Bockoven, Cary

Bolander, Justin—Football 1-6.
Boylan, Aaron
Britt, Kristin
Brueck, Scott

Burch, Stephanie
Burkhead, Abigail—AL; Basketball 2-4; Cross Country 1-3; PEP 1-4; NHS 7-8; SS; Tennis 4; Track 2.
Busch, Carl—Football 1-8; PEP 1-8; Home Remodeling 5-8.
Butler, April—Scarlet Choir; Scarlet Dance Squad 5-8 (Mgr.); NH; SS; Treble Choir; Mixed Choir. Petco Dog Grooming School

Buttrey, Anthony
Campbell, Bryan
Cardines, Megan—PEP 1-8; Soccer 3-8; Volleyball 1-2. UNI
Carey, Brian—Football 1-6; SS; Wrestling 1-8 (Co. Capt. 7-8). ISU

Carney, Stacey
Carney, Tracey— PEP 1-4; OA 1-8. LaJames School of Beauty
Carpenter, Courtney—LC; PEP 1-8; Scarlet Dance Squad 1-6; Sr. Board 7-8; Treble Choir 1-4; Mixed Choir 5-6. Grand View
Clark, Adreanne—PEP 1-4; SS. DMACC

Clark, Brandi
Coates, Billy
Cochran, Bradley—Football 1-4; Golf 5-6; OA 1-4; Wrestling 1-6. ISU
Coe, Brady

Colvert, Michelle—Drama Club 1-2; PEP 7-8; Play Prod. 5-8; School Play 1-8; Scroll 3-5; TS 1-3; Theater Arts 5-8; Mixed Choir 6-8. Augustana
Conlin, Amanda—Basketball 1-4; BPA 7-8; OA 1-5; PEP 1-8; Photojournalism 7-8; Softball 1-2; Sr. Board; Volley ball 1-6. DMACC
Convery, Vicki—AL; Football 3-8 (Mgr. 3-4); PEP 1-8; SS. Police Academy
Cosner, Bradley

Cott, Cameo—New Horizons 5-6; SS; Tennis 3-8. ISU
Cowie, Ben—Basketball 1-2; Football 1-8; PEP 1-8; SS; Sr. Board; SG 7-8.
Crane, Robert—Football 1-6; Track 4-6. ISU
Csader iv, Fredrick

Story/Design: Louise Colvalt.

Cunningham, Jr., Randle
Curry, Angela
Czizek, Clint—Baseball 1-2.
Dady, Joshua

Davis, Christine—NH 5-8; PEOPEL PE 1-8.
Davis, Markeyta
DeMoss, Jami—AL; BPA 7-8; NHS 7-8; OA 3-4; PEP 1-8; Scarlet Choir 1-2; SS; Sr. Board; TS; UN Trip; Volleyball 1-6. UNI
Denning, Stephany—Basketball 1-4; BPA 7-8; OA 5-8; PEP 1-8; SS; Scarleteers 7-8; Softball 1-8; Sr. Board; Volleyball 1-6; 12-B. Grand View

Drey, Elizabeth—AL; Cheerleaders 3-4; Concert Band 1-2; French Club 3-8; Jr. Board (VP); Key Club 5-6; Marching Band 1-2; NHS 6-8 (Treas.); PEP 1-8; Sr. Board; Swimming 1-8 (Capt.); NCYL.
Duncan, Amanda
Earp, Janee
Easter III, John—A Cappella 7-8; Basketball 1-2; Concert/Show Choir 1-8; Football 7-8; NH 5-8; SS; Scroll 4-6; Sr. Board. UM

Eide, Gene
Ellis, Amy
Engstrom, Carin—Span. Club 7-8; Volleyball 7-8; Foreign Exchange Student.
Erickson, Emily—Jr. Board; OA 1-6; PEP 1-8; Photojournalism 7-8; Sr. Board; 12-B. Arizona State

Evans, Jr., Daniel—Basketball 1-2; Football 7-8; PEP 1-8; Span. Club 1-8. Drake
Fagen, Melissa
Fallis, Stephanie—AL; BPA 7-8; Equip. Mgr. (Soccer) 1-2; Golf 3-8; Jr. Board; OA 3-6; PEP 1-8 (Sec. 7-8); SS; Sr. Board; SG 7-8; UN Trip; Volleyball 1-8; NCYL.
Fausett, Christie—PEP 1-8; SS. DMACC

Ferrell, Andrea—Debate 1-4; Soccer 6-8.ISU
Ferrell, Jacob—Baseball 2-8; Football 1; PEP 1-8; SS; Wrestling 1-7.
Fetters, Jesse
Finch, Shawna—AL; BPA 7-8; Cheerleader 1-8; Jr. Board; PEP 1-8 (Pres.); SS; Scarleteers 7-8; Sr. Board; SG 7-8; UN Trip; NCYL; 12-B. UI

Florin, Annalie—Soccer 8; Spanish Club 7-8, Swimming 7; Track 8; Foreign Exch. Student.
Ford, Bryan—AL; Baseball 1-8; PEP 7-8; SS; Sr. Board. ISU
Forkner, Amy—BPA 7-8; Jr. Board (VP); OA 3-6; PEP 1-8; SG 7-8; Sr. Board; Track 3-6; Scarlet Choir 1-2; Wrestling 1-4 (Mgr.); Homecoming Attend.; Homecoming Court. Grand View
Fowler, Marlon

French, Nichole
Froehle, Timothy—AL; Concert Band 1-4; Football 3-8; SS; NHS 7-8; Marching Band 1-4; Jazz Band 3-4; Swimming 5-8 (Capt.); Track 1-8.
Gary, Michael—Football 3-8, Basketball 3-6.
Gensing, Dennis—Golf 7-8; PEP 7-8; LC; Spanish Club 7-8; SODA 7-8; Foreign Exch. Student.

Gerrietts, Len
Gibb, Stephanie—Cheerleader 5-6; Basketball (Mgr.) 3-4, 7-8; Key Club 1-4; LC (Pres.); OA 1-4; PEOPEL PE 5-8; TS; PEP Board (Jr. Rep.) 1-8; Theater Arts 3-8 (Dir.); SG 1-8; School Play 3-8; Span. Club 1-4; Sr. Board; Steppers 1-2; Quill 4-8; SS; Scarleteers 3-8; NCYL; 12-B; Track 3-4; R.I. P. 1-6. Northwest Missouri State
Giles, David
Graham, Kimberly—Treble Choir 1-4; PEP 1-2; TS; ISU

Grantham, Dray—Baseball 1-2, 7-8; Golf 1-2, 7-8; PEOPLE PE 7-8; Span. Club 1-2; Quill Ad Sales 7; SS.
Green, Kerry—Cheerleader 3-8; OA 3-6; SS; Scarleteers 3-8; LC; PEP 1-8; TS; SG 3-6; Wrestling (Mgr.) 5-6; Spree Ct. 3-4. DMACC
Green, Krista
Hacknorath, Savanchay—AL6; French Club 1-6; Jr. Board; NHS 7-8; OA 5-8; Scarleteers 7-8; Sr. Board; SG 1-4; Tennis 3-4; UB 5-6; NCYL; SB 1-8; 12-B; Cheerleader 5-8; PEP 5-8. ISU

Story/Design: Stephanie Gibb.

Hall, Matthew
Hall, Travis
Hartkopp, Nicholaus—Basketball 2. DMACC
Hartman, Traves

Haws, Jacob—Baseball 1; NH 3-4, 7-8; OA 1-2.
Hayworth, Lucas—Baseball 3-4; Basketball1-4; Football 1-4, 7-8; Graph. Tech. 5-8; DMACC
Heck, Landon—A Cappella 1-8; Concert/ Show Choir 1-4; PEP 1-8; SS; Swimming 1-6; School Play 5-6; Track 1-2; NCYL; HOBY Ambassador.
Herrera, Ethan—Concert Band 1-8; Honor Band 1-2; Jazz Band 1-8; Marching Band 1-8; Drum Major 5-8. DMACC

Hill, Jessica—Basketball 1-6; Volleyball 1-7. DMACC
Hodson, Charity—PEOPEL PE 1-8; SS; PEP 7-8; Conflict Mgr. 6.
Hokanson, Kristina—Debate 1-4; PEP 7-8. DMACC
Hook, Nicole

Hornocker, Stacie—Basketball 1-4; PEP 1-8; Quill 4; Volleyball 1-6; Track 1-8; Soccer (Mgr.) 1-8; Sr. Board. UNI
Humphrey, Brian
Hungate, Brian
Hurdle, Courtney—Colorguard 3-8; Concert/ Show Choir 3-4; Prep Ensemble 1-2; Sr. Board; Scroll 5-8; TS; SG 7-8; Mixed Choir 3-5. DMACC

Hutchison, Dawn—BPA 7-8; PEP 1-8; SG 7-8; Sr. Board; Soccer 1-8; SS; R.I.P. 5-8. Wartburg College
Ivanovich, Adam—Football 1-2.
Iverson, Shannon—PEP 1-4, 7-8; Scarlet Choir 1-2; Volleyball 1-6; 12-B. Iowa Institute of Massage
Jackson, Angela—NH 1-6; Scarlet Dance Squad 5; OA 7.

Jackson, Josephine—PEP 3-5; SS; Spanish Club; Sr. Board 7-8; Basketball 1-4. UNI
Jay, Bobby
Jensen, Lindsay— NH 7-8; PEP 5-6.
Joanides, Stephan— Baseball 1-8; Basketball 1-4; SS; Marine Biology Trip. Univ. of Massachusetts

Johnson, Dustin—Photojournalism 1-8.
Johnson, Jennifer—AL. UNI
Jones, Christine
Kelley, Sara

Kilbane, Kelley
Kilgore, Andrew—Football 1-8; PEP 5-8; SS; Sr. Board 7-8; SG 5-8. UNI
King, Meggan—Quill 7-8; Scarleteers 7-8. DMACC
Kingrey, Shannon—Colorguard 5-8; Debate 1-4; Drama Club 1-8; Jr. Board; LC; PEP 1-8; Play Production 1-8; Portal 5-6; School Play 1-8; Silent Vibes 3-6; Sr. Board; SG 1-8; Conflict Mgr. 5-6. UCLA

Kinney, Kenielle—LC; NH 3; Scarlet Dance Squad 3; Treble Choir 3-4; Mixed Choir 5-7; OA 3-6. DMACC
Kintz, Tiffany
Kligopoulos, Judy—A Cappella 1-2; AL; BPA 7-8; Cheerleaders 5-6, 7-8; Jr. Board 5-6; LC; OA; PEOPEL PE 5-6, PEP; Quill Ad Sales 7-8; Scarlet Choir 1-2; Sr. Board 7-8; Wrestling Mgr. 1-6.
Knouf, Rustin

Kohrs, Mindy
Kouang, Keopasith
Larue, Courtney—BPA 7-8; Cheerleaders 1-8; OA 3-4; PEP 1-6, Sr. Board 7-8. DMACC
Lawson, Michael—LC 7-8; Soccer 8; Spanish Club 7-8.

Story/Design: Nicole Lawrence.

Lay, Eric
Lee, Bridget—AL; PEP; Quill 3-4. DMACC
Letze, Stacey—AL; Cheerleaders 1-8; Jr. Board; NHS; OA; PEP; SS; Spanish Club; Sr. Board; SG. Drake
Lewis, Marques—Football 1-8; Photojournalism 7-8; Wrestling 5-6. UNI

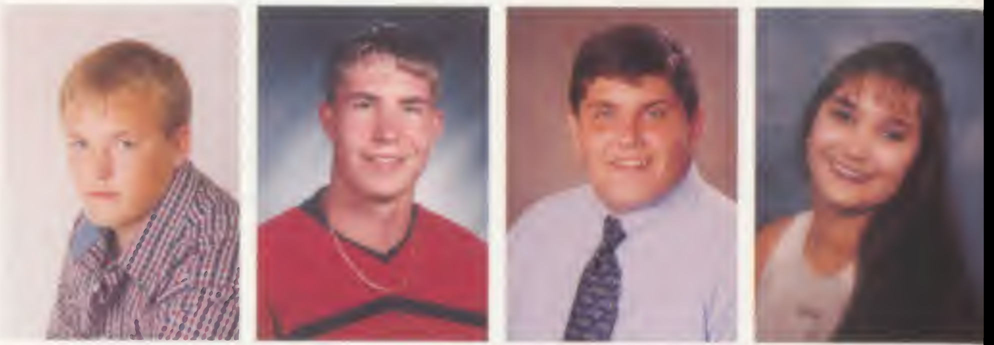
Lewis, Sarah—A Cappella 2-6; Con/Show Choir 3-4, Prep Ens. 1-2; SS; Volleyball 5-6; Chamb. Choir 7-8.
Lim, Jennifer—BPA 7-8; Cheerleaders 3-8; Jr. Board; LC; PEP; SS; Scarleteers 7-8; Sr. Board; SG 3-4, 7-8; Tennis 5-6; UB 5-8; 12B. UI
Lint, Jeremy—Football 1-8; PEP. ISU
Lo, Chommany—Cheerleaders 3-6, Class Officer 1-8; Jr. Board; LC; NH; PEP; Quill Ad Sales 5-6; SS; Sr. Board 7-8; SG 5-8; Tennis 3-8; 12B. ISU

Loghry, Joyce
Long, Aaron—A Cappella 1-2; AL; Concert/Show Choir 1-4; Golf; NHS 7-8; PEP 7-8; FCA 4-8.
Lore, Shawna—Basketball 1-4; OA 1-4; Soccer 1-8; Softball 1-2; Sr. Board 7-8; Treble Choir 1-4; Volleyball 1-8.
Lovan, Bagdy

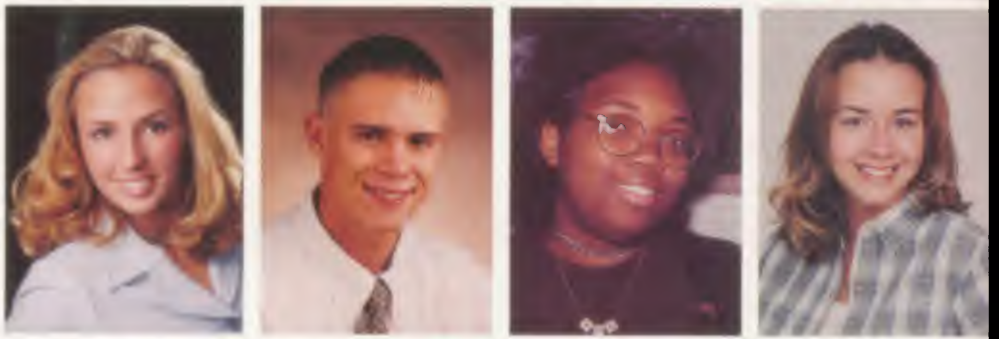
Lovan, Luang
Lovanh, Manila—Jr. Board; PEP; Scarlet Choir 1-2; SS; Scarleteers 7-8; Spanish Club 5-6; Sr. Board 7-8; SG; UN Trip; SB 1-8. ISU
Lowe, Chad
Lowe, Tracy

Luangaphayvong, Soulinthon
Ly, Maychoua—PEP; Tennis. ISU
Mally, Jeremy
Markle, Amanda

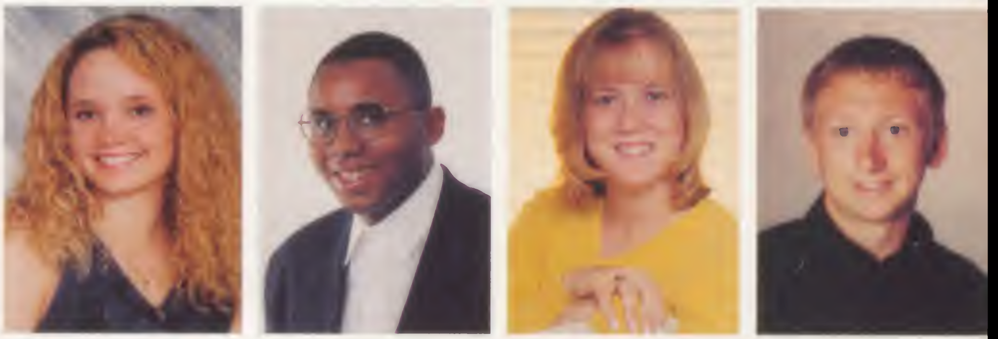
Martin, Donald—Football 1-8; PEP 2-8; Wrestling 1-8.
Maschke, Ryan—Baseball 1-8; PEP 3-8. Army/DMACC
Mason, Jason—A Cappella 1-8; Concert Band 1-4; Football 1-8; Marching Band 1-4; Track 1-2; Wrestling 1-8. DMACC
Mata, Vanessa A.



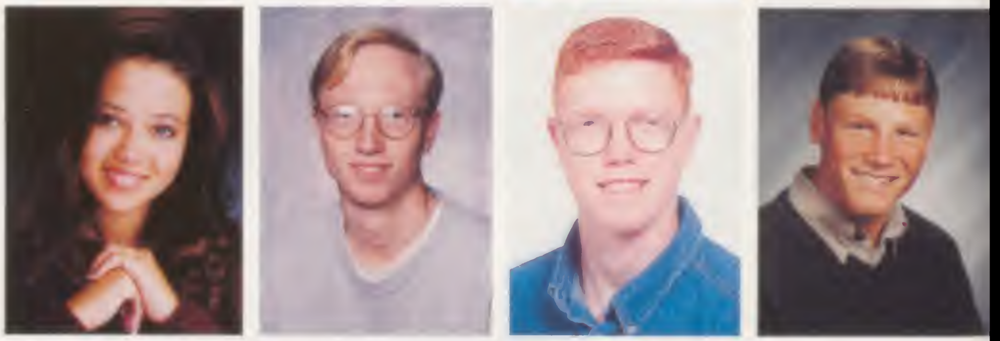
Mathews, Tara—Basketball 4; LC 5-8; OA 1-8; Photojournalism 5-6; Softball 1-8; Treble Choir 1-2; Volleyball 1-8. DMACC
Mauk, Michael
May, Deja—Scroll 5-8.
Mayse, Tiffany—Jr. Board; PEP 1-8 (Board 5-6); Photojournalism 5-8; Quill Ad Sales 5; Scarleteers 5-8; Sr. Board; Steppers 3-8; 12-B. ISU



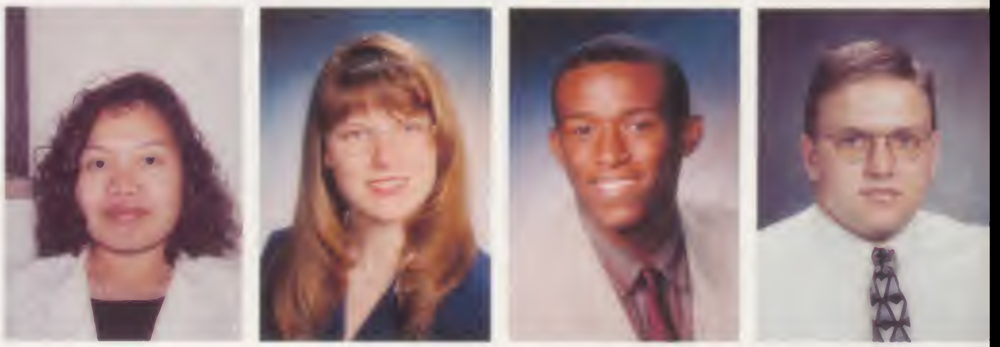
McAninch, Brandi
McCarrell, Ramon—Basketball 1-2; Concert Band 1-8; Golf 5-8; Jazz Band 5-8; Marching Band 1-8; SS; UB 1-4, 7-8. ROTC
McCaughy, Kena—NH 4-6; OA 1-3; PEP 1-6; Softball 1-4; TS 1-6. AIB
McChurch, Derek—A Cappella 1-2; Concert Band 1-8; Concert/Show Choir 3-8; Cross Country 3-8; Honor Band 3-4; Marching Band 1-8; Track 1-8.



McFadden, Chantelle—Cheerleaders 1-4; LC 5-6; PEP 1-8; Scarleteers 5-8; Sr. Board; Steppers 5-8; SG 1-2; Swimming 5-6; 12-B. ISU
McKean, Christopher
McKean, Travis—AL; OA 2; Quill Ad Sales 5.
McNeley, Patrick



Meksay, Nophalak—AL; BPA 7-8; French Club 3-6; Orchestra 1; PEP 5-6; Sr. Board; SG 7-8; Volleyball 3-4; SB 1-6; Minority Freedom of Enterprise Conf. 5-6. Drake
Mendenhall, Sandra—A Cappella 1-4; Concert/Show Choir 1-4; PEP 1-8; Portal 5; SS; Scroll 3-6; Tennis 1-8; Volleyball 1-5; Chamber Choir 5-8; NCYL 7-8. ISU
Mercer, Charles
Metheny, Joel



Story/Design: Josh Gerretts.

Miller, Jessica—Concert/Show Choir 3-4; Jr. Board; Orch. 3-8; PEP 7-8 (Pres. 7-8); Prep Ensemble 1-2; Softball 2-4; Sr. Board; SG 5, 7-8. Wartburg College
Miller, Tameka—OA 7-8; PEP 7; SB 1-6; Basketball Mgr. 5-8. ISU
Milligan, Jason—Football 1-2; LC; Photo journalism 5-8; Wrestling 1-8.
Milligan, Jeremy—Football 1-3; PEP 1-8; Photojournalism 4-8; Wrestling 7-8.

Mitchell, Brian
Montis, Robert—AL; Basketball 1-2; Concert/Show Choir 1-4; Football 3-4; Golf 5-8; Jazz Band 1-8; Marching Band 1-8; Chamber Choir 1-8; All-State Choir 5-8; Mid-America Nazarene Univ.
Montoya Hurtado, Paula
Moore, Bradley—Baseball 7-8. U of Iowa

Moore, Robert—AL; Play Production 3-6; Portal 2. ISU
Moraine, Kristen—PEP 1-4, 7-8; School Play 2-3, TS 1-5; Theater Arts 1-4.
Moran, Sarah—A Cappella 1-2; Concert/ Show Choir 2; SG 1-2; Swimming 5-8 (Co-Capt.); Volleyball 1. ISU
Moss, Brian

Muniz, William
Nguyen, Mylee
Nutt, Jason
Okonos, Scott

Olson, Chad—Debate 1-2; Mock Trial 2; Portal 3; TS 1-8; ROTC 3-8. Army
Olson, William—Baseball 1-8; SS; Sr. Board.
Overton, Levi
Patterson, Natalie

Poland, Nicole
Powell, Andrew
Punelli, Raffaela—AL; Cross Country 3-8; NHS 7-8; PEP 1-2; SS; Sr. Board; Track 1-8.
Quang, Adam—Spanish Club 7-8; Tennis 4.

Ramirez, Marcos
Randolph, Jessica—Basketball 3-4; BPA 7-8; PEP 1-8; Sr. Board; SG 7-8; Track 3-8; 12B (Chairperson).
Randolph, Robert—Basketball 1-2; Forensics 1-2; Quill Ad Sales 6.
Rankin, Cory

Reed, Bradley
Reed, jody
Reeves, Courtney—A Capella 1-2; Concert/ Show Choir 1-2; Drama Club 1-2; Equip. Mgr. 6; Jr. Board; Key Club 1-4; People PE 7; PEP 1-8; Quill 3-6; SS; Scarleteers 1-6; Spanish Club 1-4; SG 1-4; Volleyball 1-4, 7-8; FCA 5-6. Whitworth University
Rendall, Daniel

Renslow, Jr., Douglas
Rice, Julie
Rice, Lauren—AL; Debate 1-8 (Capt.) (Pres. of Nat. Forensics League); Knowledge Masters 1, 6; LC; Marching Band 1; SS; Swimming 1; Global Youth Inst. 6-7; Northwestern Debate Inst. 5-6.
Rivas, Alicia—Tennis 1-2; Graphic Arts 5-6. DMACC

Robinson, Andre
Robinson, Nathaniel
Rodriguez, Rory
Rogers, Robert

Story/Design: Linda Her.

Root, Shannon—Basketball 1-2; Softball 1-4; Volleyball 1-6. DMACC

Roustio, Rusty—ROTC 3-8; SS. Army

Sadler, Duhran

Sam, Chineda

Sanchez, Karla—NH 5, 7-8; UB 1-4; LC. Colorado State

Sargent, Amanda

Satterfield, Jr., Stanley

Schaffer, April—Marching Band 1, 3, 5; PEP 1-4, 7-8; Volleyball 1, 3. IMMC School of Radiological Tech.

Schirman, Mollie—Cheerleaders 1-4; PEP 1-6; Sr. Board; Steppers 4-8; SG 2. DMACC

Schoppmann, Claudia

Schwenke, Torsten—Golf 7; PEP 7-8; Soccer 8; Spanish Club 7-8.

Scigliano, Stephanie—BPA 7-8 (Sec.); Cheerleaders 7-8; PEP 1-8; Soccer 3-6; Sr. Board; SG 7-8; Rock in Prevention. UI

Scott, Kenny

Sheley, Jacara

Shepherd, Bryan—Cross Country 1-2; Football 3-4; PEP 1-8; Quill Ad Sales 5-6; Soccer 1-8; Sr. Board, Rock in Prevention. Dakota State

Short, Eric

Sickels, Joseph

Signs, Jr., Edward—Football 1-3; Wresting 1-8 (Co-Capt. 7-8). ISU

Sims, Ian—Football 1; PEP 3-4; Soccer 4-8.

Sitthisay, Vongsoth—Basketball 1-8; Football 3-4; PEP 7-8; Soccer 1-8; Tennis 3-4; UB 1-6. ISU

SLAUGHTER, MARLISHA
SLAUGHTER, RANDY
SMITH, BRADLEY
SMITH, DOUGLAS—BPA 7-8 (State Sec./Treas.); Debate 5-6; Forensics 5-6; Key Club 1-3; OA 1-2, 5-6; PEOPEL PE 5-6; PEP 3-8 (Treas.); Scarleteers 3-8; Science Club 3-4; Sr. Board (VP); Student Assembly Comm.; Student Athletic Director; SG 1-8 (Treas., Pres.).

SMITH, JR., JEFFREY
SMITH,MARK
SMITH, MEREDITH
SMITH, MILES

SMOTHERS, TABATHA—Cheerleaders 5-8; Jr. Board; LC; PEP 1-2; SS; Sr. Board; SG 7-8. University of Iowa
SOUTHARD, SARAH
SPARKS, ADAM
STALEY, MEGAN—Basketball 1-4, 7-8; Jr. Board (VP); LC; PEP 1-8; SS; Soccer 1-8; Spanish Club 1-8; Sr. Board (Sec.); Track 6; Volleyball 3-8 (Capt.).

STEVENS, ROY
STEWART, JOSEPH
STOUT, BOBBIE
STRADLEY, WILLIAM—A Capella 1-8; Concert/ Show Choir 1-2; Cross Country 1-4; Drama Club 1-8; LC; Play Production 1-8; School Play 1-8; Swimming 3-4; Theater Arts 1-8.

SUDBROCK, TIMOTHY—Basketball 1; NH 5-8; PEP 5-8.
SWOBODA, FRANK—A Capella 1-3; Academic Decathalon 1-8; AL; Concert/Show Choir 1-2; French Club 5-6; Knowledge Masters 1-8; NHS 7-8 (Pres.); SS; Theater Arts 3-4; NCYL 7-8; All-State Chorus; Voice Class 5-8.
THARP, JESSE
THEPPANYA, PHANH

Story/Design: Tiffany Roby.

Tiedemann, Kristin—AL; Concert Band 1-8; French Club 1-6; Marching Band 1-8; SS; Volleyball 1-4; Pep Band 1-8. University of Iowa

Tyler, Ilana

Ulmer, Christopher—Concert Band 1-8; Football 1-4; Marching Band 1-8; PEP 7-8; Wresting 1-2. DMACC

Utyaganova, Maria—Span. Club 7-8; Swimming 7-8; Tennis 7-8.

Van Dyke, Jr., Gustavo

Vang, Nicky—PEOPEL PE 5-6; Tennis 3-4; UB 7-8; SB 1-8; 12B; NCYL 7-8. ISU

Vang, Pa—BPA 7-8; PEOPEL PE 7-8.

Villarreal, Jr., Gustavo

Von Ahnen, Marc

Waldon, Jr., Garry

Wall, Megan

Webb, Taylor

Webber, Craig

Weber, Heather—AL; LC; PEOPEL PE 5-8; PEP 1-8; SS; Spanish Club 7-8; Steppers 1-8; SG 7-8 (Sec.). Simpson College

Welch, Chad—Concert Band 1-4; Football 1-2; Jazz Band 1-4; Marching Band 1-4. Wyoming Tech

White, Matthew

White, Neal—Football 1,3,5.

Whitfield, Frantz

Widlund, Stephanie

Williams, Jennifer—AL; Cheerleaders 1-3; Jr. Board; LC; PEP Board 1-8; Photo journalism 5-8; SS; Scarleteers 5-8; Sr. Board; Steppers 5-8; SG 1-2, 7-8; 12B. UNI

Slaughter, Marlisha
Slaughter, Randy
Smith, Bradley
Smith, Douglas—BPA 7-8 (State Sec./Treas.); Debate 5-6; Forensics 5-6; Key Club 1-3; OA 1-2, 5-6; PEOPEL PE 5-6; PEP 3-8 (Treas.); Scarleteers 3-8; Science Club 3-4; Sr. Board (VP); Student Assembly Comm.; Student Athletic Director; SG 1-8 (Treas., Pres.).

Smith, Jr., Jeffrey
Smith,Mark
Smith, Meredith
Smith, Miles

Smothers, Tabatha—Cheerleaders 5-8; Jr. Board; LC; PEP 1-2; SS; Sr. Board; SG 7-8. University of Iowa
Southard, Sarah
Sparks, Adam
Staley, Megan—Basketball 1-4, 7-8; Jr. Board (VP); LC; PEP 1-8; SS; Soccer 1-8; Spanish Club 1-8; Sr. Board (Sec.); Track 6; Volleyball 3-8 (Capt.).

Stevens, Roy
Stewart, Joseph
Stout, Bobbie
Stradley, William—A Capella 1-8; Concert/ Show Choir 1-2; Cross Country 1-4; Drama Club 1-8; LC; Play Production 1-8; School Play 1-8; Swimming 3-4; Theater Arts 1-8.

Sudbrock, Timothy—Basketball 1; NH 5-8; PEP 5-8.
Swoboda, Frank—A Capella 1-3; Academic Decathalon 1-8; AL; Concert/Show Choir 1-2; French Club 5-6; Knowledge Masters 1-8; NHS 7-8 (Pres.); SS; Theater Arts 3-4; NCYL 7-8; All-State Chorus; Voice Class 5-8.
Tharp, Jesse
Theppanya, Phanh

Story/Design: Tiffany Roby.

Tiedemann, Kristin—AL; Concert Band 1-8; French Club 1-6; Marching Band 1-8; SS; Volleyball 1-4; Pep Band 1-8. University of Iowa

Tyler, Ilana

Ulmer, Christopher—Concert Band 1-8; Football 1-4; Marching Band 1-8; PEP 7-8; Wresting 1-2. DMACC

Utyaganova, Maria—Span. Club 7-8; Swimming 7-8; Tennis 7-8.

Van Dyke, Jr., Gustavo

Vang, Nicky—PEOPEL PE 5-6; Tennis 3-4; UB 7-8; SB 1-8; 12B; NCYL 7-8. ISU

Vang, Pa—BPA 7-8; PEOPEL PE 7-8.

Villarreal, Jr., Gustavo

Von Ahnen, Marc

Waldon, Jr., Garry

Wall, Megan

Webb, Taylor

Webber, Craig

Weber, Heather—AL; LC; PEOPEL PE 5-8; PEP 1-8; SS; Spanish Club 7-8; Steppers 1-8; SG 7-8 (Sec.). Simpson College

Welch, Chad—Concert Band 1-4; Football 1-2; Jazz Band 1-4; Marching Band 1-4. Wyoming Tech

White, Matthew

White, Neal—Football 1,3,5.

Whitfield, Frantz

Widlund, Stephanie

Williams, Jennifer—AL; Cheerleaders 1-3; Jr. Board; LC; PEP Board 1-8; Photo journalism 5-8; SS; Scarleteers 5-8; Sr. Board; Steppers 5-8; SG 1-2, 7-8; 12B. UNI

Williamson, Kyle—Baseball 1-2; Basketball 1-4; Football 1-8.
Witt, Ryan
Woehrle, Darrick
Wonders, Dillon—Basketball 1-8; Cross Country 5-8 (Cp. 5-8); Key Club 7-8; PEP 1-4, 7-8; Soccer 1-8; Sr. Board 7-8; Track 1-8; Volleyball 1-4; NCYL.

Wood, Christopher
Woodard, Melissa—OA 1-8; Orchestra 1-8; PEP 1-8 (Hist. 7-8; Board 5-8); Sr. Board 7-8; SG 6-8. Univ. of Osteopathic Med. & Health Sciences
Wright, Floyd—Baseball 1-2; Basketball 1-2; Football 1-8; PEP 7-8.
Wyckoff, Joseph—Baseball 5-6; Basketball 1-4; PEP 7-8; Soccer 7-8. ISU

Wyckoff, Kenneth
Xiong, Chao—Kiwanian 7-8; NHS 7-8 (Sec.); Scroll 3-8 (Co-Feature Ed.); TS; NCYL.
Yeomans, Jesse
Zelenovich, Stacey—Basketball 1-8; Cheerleader 1-8 (Capt. 1-4); Class Officer 5-8 (Pres. 7-8); Cross Country 7-8; Kiwanian; PEP 1-8 (VP); SS; Scarleteers 7-8; Softball 1-4; Sr. Board (Pres.); SG 1-8; Track 1-8; UN Trip; NCYL. ISU

Zepeda, Jessica—Cheerleaders 7-8; PEP 3-8; Quill Ad Sales 5-6; Scarleteers 7-8; Soccer 5-8. DMACC
Warburton, Luke—NH 3-8.

12TH NOT PICTURED

BACCAM, SOUPRADITH
BASS, TIFFANY
BELCHER, JOSH
BOEHME, JASON
BOUTDARA, LEY
BREESE, JENNIFER
BRILEY, JORDAN
CAMP (ROUNDS), MICHAEL
CHARVAT, MICHAEL
COLE, TRISHA
COLEMAN, CHRIS
FRANKS, CHARLES
GARDNER, ANESA
GEE, SHANE
GIPSON, KATRINA
GOLTZ, TERRY
GREGORY, ANDY
HANSEN JR., JAMES
HARRIS, SCHANELL
HELMERS, NICHOLAS
JACKSON, SHAUNA—Scarlet Dance Squad 5-6.
KAMVANH, KHAMLA
KINNEY IV, WILLIAM
LANE, TODD
LAURIE, MICHAEL
LEE, LONGXUE
LEM, FRANKLEY
LUONG, SHERIVA
MALLETT, CHAUNCEY
MANLEY, NELSON
MENDOZA, RICARDO
MERRYFIELD, STEPHANIE
NEVINS, STANLEY
NORTON, BRIAN
OCHOA, ANNA—Key Club 5-8; OA 5-6; Span. Club 7-8.
O'CONNOR, JESSICA
PARKER, APRIL
ROCHA, ALEJANDRA—SS 1-5. Univ. of Iowa
RODGERS, BRAD
SCHLOTTERBECK, TRACIE
SCHULER, JOSEPH
SCHULZ, JEREME
SHEPHARD, WILLIAMS
STORM, AARON
STREEPER, PELON
TURNER, TERESA
WALLACE, ALISHA
WHITE, SHAWNA
WOLFE, SHAWN

Story/Design: Louise Covalt.

Autographs

The Way We Were

Guess who is looking at you?

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Story/Design: Phut HoangVan.

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Answers to Senior Baby Pix "Guess Who"

•[Page 30] 1—Marcos Ramirez, 2—Jason Nutt, 3—Shauna Jackson, 4—Amanda Conlin, 5—Shannon Root, 6—Robert Montis, 7—Jeff Smith, 8—Sarah Lewis, 9—Beth Drey, 10—Karla Sanchez, 11—Raffaela Punelli, 12—Lauren Rice, 13—Cameo Cott, 14—William & Kenielle Kinney, 15—Meggan King, 16—Chantelle McFadden, 17—Jennifer Williams, 18—Kristin Britt, 19—Chineda Sam, 20—Chris Wood, 21—Ian Sims, 22—Jessica Miller, 23—Courtney Hurdle, 24—Tiffany Mayse, 25—Stephanie Gibb, 26—Claudia Schoppmann, 27—Dejá May

•[Page 31] 28—Megan Cardines, 29—Charity Hodson, 30—Nicky Vang, 31—Tiffany Kintz, 32—Tracy Lowe, 33—Rusty Roustio, 34—Shannon Kingrey, 35—Stacie Hornocker, 36—Megan Staley, 37—Stacie Atkinson, 38—Jennifer Lim, 39—Annelie Florin, 40—Shawna Finch, 41—John Easter, 42—Dennis Gensing, 43—Emily Erickson, 44—Kerry Green, 45—Dawn Hutchison, 46—Amy Forkner, 47—Cary Bockoven, 48—Shawna Lore, 49—Tara Mathews, 50—Jake Ferrell, 51—Jessica Randolph, 52—Tabatha Smothers, 53—Stephanie Fallis, 54—Judy Kligopoulos, 55—Kristin Tiedemann, 56—Courtney LaRue, 57—Carrie Birkhofer

•[Page 32] 58—Chuck Mercer, 59—Tracey & Stacey Carney, 60—Derek McChurch, 61—Courtney Carpenter, 62—Brandi & Annie Clark, 63—Amanda Markle, 64—Robert Moore, 65—Stacey Zelenovich, 66—Jessica Zepeda, 67—Stephanie Burch, 68—Stephany Denning, 69—Mollie Schirman, 70—Manila Lovanh, 71—Stephan Joanides

Story/Design: Phut Hoang Van.

Memories We'll have From the Ride...

Story/Design Stephanie Gibl

Class o

TOP 3%. (alphabetical) Kelly Bloomquist, Jason Boehme, Jami DeMoss, Elizabeth Drey, Andrea Ferrell, Bryan Ford, Jennifer Johnson, Laruen Rice, Alexandria Rocha, Bradley Smith, Frank Swoboda, Kristin Tiedemann, Ralph Van Dyke, Chao Xiong. Not Pictured: Abigail Burkhead.

# of 1999

TOP 15%. (alphabetically) Renee' Bernhardt, Brian Carey, Cameo Cott, Stephanie Fallis, Shawna Finch, Timothy Froehle, David Giles, Savanchay Hacknorath, Stephan Joanides, Eric Lay, Stacey Letze, Jennifer Lim, Aaron Long, Shawna Lore, Bagdy Lovan, Manila Lovanh, Vanessa Mata, Derek McChurch, Travis McKean, Nophalak Meksay, Sandra Mendenhall, Jessica Miller, Robert Montis, Robert Moore, Raffaela Punelli, Llana Tyler, Heather Weber, Jennifer Williams, Joseph Wykoff, Stacey Zelenovich. Not Pictured: Adreanne Clark, Daniel Evans, Abigail Burkhead

SENIORS RULE!!!!!!!

#55
27
SENIORS
99

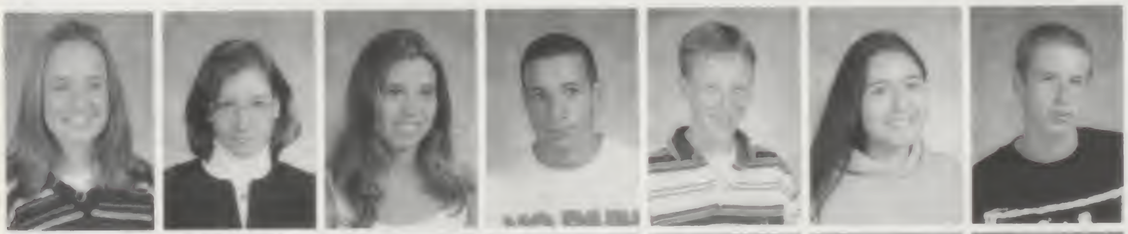
Juniors

Class of '00

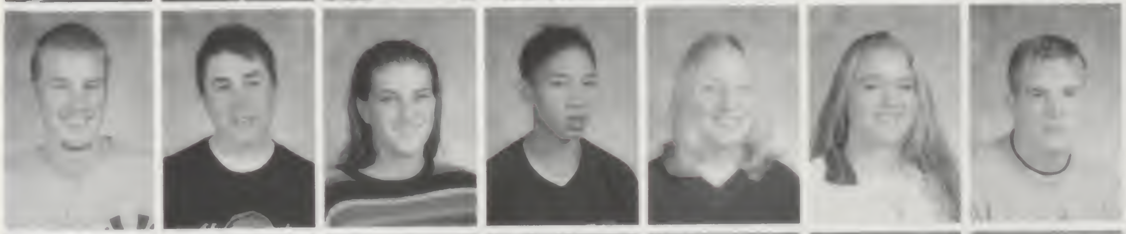
Food, friends and football are the *ingredients for a great tail-gating afternoon.Senior* ***Beth Dray*** *and juniors* ***B.J. VanVleet, Tiffany Good, Lisa Gathercole, Nate Hibben*** *and* ***Anna Jones*** *know that's the ticket. The Williams lot was the hot spot.*

Not pictured:

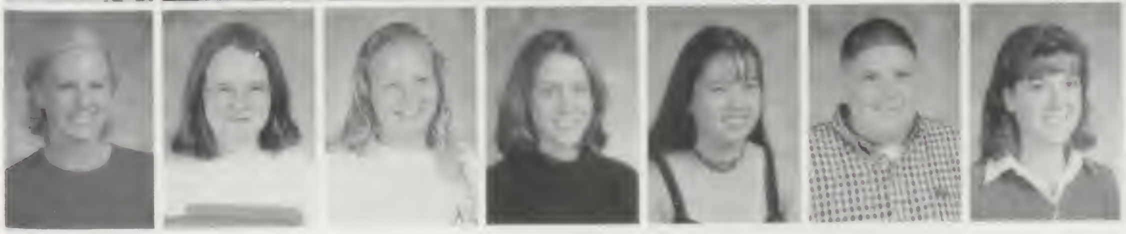
Bennett, Richard
Curl, Darwin
Dhabolt, Rocky
Fisher, Adam
Fogg, Corie
Freerksen Jr, David
Gorden, Lindsey
Hayes, Courtney
Jenkins, Marquita
Kirkpatrick, Sean
Loney, Amber
McAuly, Annamarie
McDowell, Christina
Prusick, Eric
Ritchhart, Katherine
Sanders, Anthony
Scott, Cassndra



Christina Ackelson
Amy Alexander
Kristina Alvarez
Maceo Anderson
Scott Appleby
Jessica Aranda
Russell Armstrong



Cory Aswegan
Jacob Audsley
Heidi Austin
Peter Baccam
Kerrin Baker
Tara Baker
Joshua Barker



Jaclyn Beener
Sarah Benesh
Jenny Benge
Brooke Bennett
Christina Bennett
Gary Bennett
Lindsey Bennett

Matthew Bird
Misty Bishop
Steven Blair
Jennifer Blakeman
Bryon Boggs
Brian Bos
Benjamin Braafhart

Tyrone Bragg
Brooke Brass
Julanda Brown
Tory Browne
Amber Bucklin
Jeffrey Buehler
Christophe Bump

Tyechia Burgess
Tres Busby
Michael Bushong
Stephanie Byars
Diana Calo
Jennifer Carico
Nicholas Carney

Justin Carr
Gabriel Carrasco
Stephanie Carter
Carrie Chance
Amanda Clarke
Kenneth Collins
Matthew Constable

Jason Cooper
Clyde Copeland
Raymond Cornett
Sheila Countryman
Louise Covalt
Nathan Crooks
Timothy Crowder

Levi Culp
Adam Curl
Michele Curtis
Robert Curtis
Shelly Dake
Jason Davidson
Silvia De La Cruz

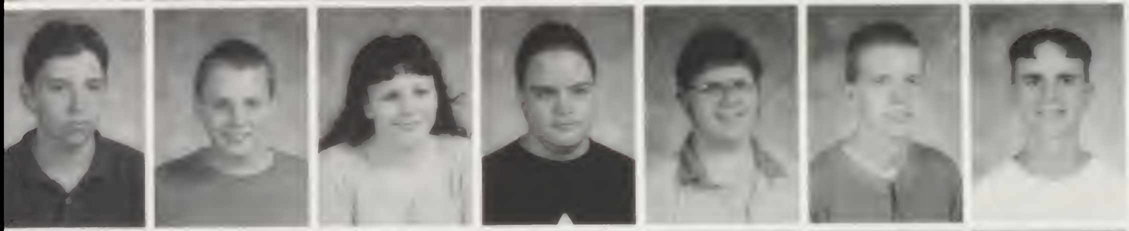
Demitrus Diedrich
Dina Dooley
Sarah Dority
Gerrad Downs
Nicole Drayton
Amanda Duncan
Cindy Easter

Brandon Edwards
Jennifer Edwards
Lacey Etter
Jonathan Fick
Adam Fisher
Jennifer Flippo
Jose Flores

Christina Fouts
James Fox
Luther Fox
David Frost
Michael Fuller
Amber Gandy
Angela Gardner

Lisa Gathercole
Nicole Gazzo
Joshua Gerke
Joshua Gerrietts
Gregery Gifford
Corey Gipson
Joseph Goffman

Tiffany Good
Daniel Govoni
Curtis Graham
James Grasso
Sheena Gray
Candice Griffin
Amy Griffiths



Tony Grimm, Jr.
Topper Gulick
Stephanie Hale
Jonathan Halter
Nabil Hanke
Scott Hardwick
Danial Hardy

Christina Hartkopp
Jacob Haws
Frederick Heard
Amanda Heiselman
Crystal Held
Linda Her
Maria Herrera

Nickolas Herrera
Michelle Heuton
Nathaniel Hibben
Jaime Hill
Phut Hoangvan
Holly Holmes
Amy Hornocker

Joseph Housley
Sarah Housman
Jeremy Howard
Nicholas Howe
Alan Hulsebus
Sarah Hunt
Laura Hyde

Christon Jackson
Sandra James
Johnathan Jay
Amber Johnson
Bethany Johnson
Dustin Johnson
Emily Johnson

Senior Rustin Knouf *shows his spider creation to Mike Brown, who is also working on one of his own wire-base sculpture ideas.*

Artist-in-Residence

Is there a sculptor in the house?

art **n.** (< L. ars) **1.** human creativity **2.** skill **3.** any specific skill or its application.
Clothes hangers + masking tape + paint + lotsa imagination = Art

"It was kind of goofy," said junior **Laura Luce** of the three days free-lance artist **Mike Brown** spent at East.

From September 27-29, Brown, an Iowa City resident, guided art teachers **Shirley Gooch's** and **Jerry Goodrich's** Art I and Drawing and Painting I class in the art of sculpting.

"It gives them a chance to see another person's view of art," said **Goodrich**. "We don't do much 3-D work in that class so it was a good experience. They loved it. They just jumped right in. We had mixed results, but everyone had fun."

Ordinary as they were, the materials used by the students gave life and vibrancy to supply closet essentials.

"I thought they were making us use them just because they were cheap and common," said **Luce**. "He just brought out all these hangers and masking tape. That was odd."

But imagination levels the playing field.

"It was a good idea," said sophomore **Karissa Wing**. "You can make art out of anything."

Wing's sculpture of a blue and orange giraffe was exhibited at the Chrysalis V Simpson Art Fair.

"I was excited. It was the first time I had something in a show," she said.

The Artist in Residence program is funded by the PTSA, said **Gooch,** who recalls the three days as an "enjoyable and wonderful" opportunity.

– by Senior Chao Xiong

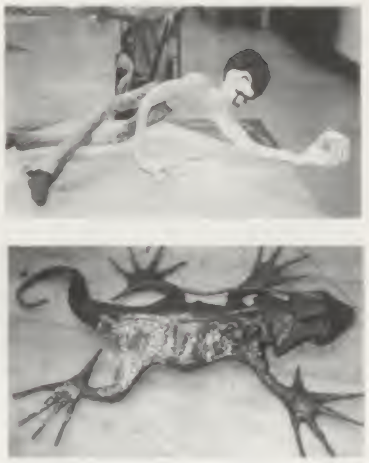
Theresa Johnson
Anna Jones
Bonnie Jones
Jessica Jordan
Danielle Kellis
Jessica Kenney
Kimberly Kigar

Justin Kimmel
Stephen Kirkpatrick
Heather Knight
Kristal Knouf
David Kouang
Nicholas Kraska
Lucas Krpan

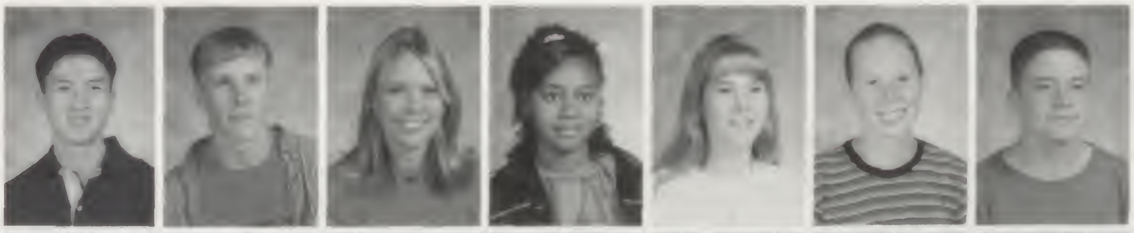
Julia Laake
Valerie Lamb
Christina Lary
Bandi Latcham
Nicole Lawrence
Carlisa Lee
Michael Lee

Christina Leighton
Brandy Lester
Lauretta Leverich
Cory Lewellin
Roscoe Lewis
Chad Lint
Rachael Lint

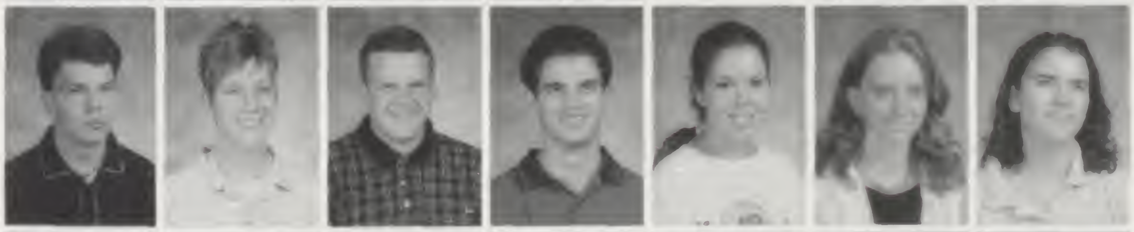
With a watchful eye, *freshman* ***Blake Smith*** *ponders the perfect proportions of the sculpture project junior* ***Marquita Jenkins*** *works on. In their year-long Art I class, these students also learned about drawing, painting and Art History.*



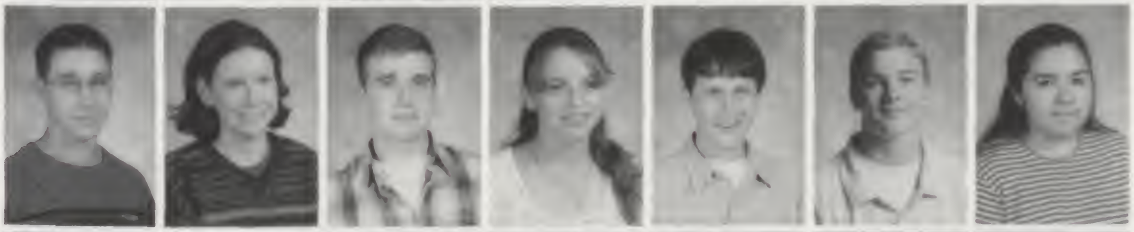
In the top work, *sculptor* ***Mike Brown*** *demonstrates other ways a piece can "balance." The lizard shows good anatomy form and the painted details inspired students to embellish their sculptures.*



Johnny Lovan
Brian Lowe
Laura Luce
Cecilia Marshall
Sara Martin
Sarah Martineau
Marshal Matlage



Dustin Mc Aninch
Betty Mc Carl
James Mc Daniel
Hugh Mc Elvogue
Jessica McClaskey
Carrielynn Meek
Cynthia Messenger



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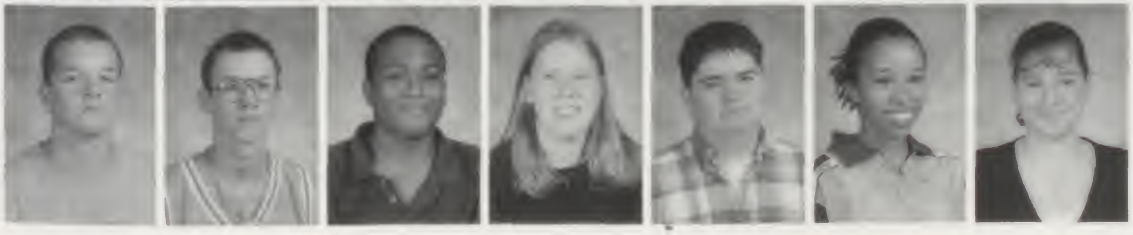
Stephanie Miller
Justin Minor
Tracy Mitchell
Matthew Moeller
Adam Moraine
Jessica Moreno



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Michael Munyon
Taurean Murray
Katie Naset
Ryan Nemmers
Shakeela Newsome
Kearstin Nichols

Jabre Norwood
Sheila Oakes
Jessica Oconnor
Ryan Oldham
Abby Oliver
Tifany Oliver
Lesley Olson

Brian Overlin
Kandra Paddock
Bonnie Padgett
Daniel Palmer
Melissa Papiani
Theodore Pearson II
Zachary Peterson

Derek Pettijohn
Cody Pfau
Jared Platt
Heather Plummer
Mark Potter
Jonathon Pratt
Linda Quang

Eric Randolph
James III Randolph
Jason Ray
Amber Reed
Erica Reed
Jesse Reeves
Kristin Reid

Mandy Reidburn
Justin Repplinger
Edward Rhodes
Ross Rinehart
Tiffany Roby
Kelli Ross
Mya Rounds

Mark Rumage
Evan Salazar
Julie Samuelson
Souphaphon Sanachit
Laurie Sanders
Stephen Sciachitano
Keon Sharp

Carl Shelton, Jr.
Justin Sheridan
Nicole Slaughter
Rochelle Slaughter
Christina Smith
James Smith
Leroy Smith

Tyler Smith
Amanda Smithart
Erin Soderblom
Cory Sonner
Brian Sparks
Joshua Stapes
Justin Stevens

Nickelle Stevens
Carmel Stewart
Jessica Stewart
Emily Stokka
Josh Taha
Kelly Talamantes
Leah Tedder

Corey Thomas
Tanesha Thompson
Ryan Thornton
Brandi Thurmond
John Tonsi
Jennifer Tornquist
Nathan Tounsley

Reese Turner
Jessica Twombley
Brandy Van Tassel
Benjamin Vanvleet
Ashley Vitiritto
Katie Voll
Crystal Waldon

Hilary Waller
Teresa Warnock
Kari Warren
Leslie Watley
Amanda Way
Amy Way
Amanda Webber

Mark Weckman
Brandon Weiland
Nicole Wennekamp
Detrisch West
Nicole West
Anthony Wharton
Brian White

Brandi Williams
Ronnie Williams
Adam Wilson
Leona Wortham
Michael Wyant
Jack Xiong
Charles Yaw

Niki York
Kurt Zeliadt

Michael Lawson
Brazil

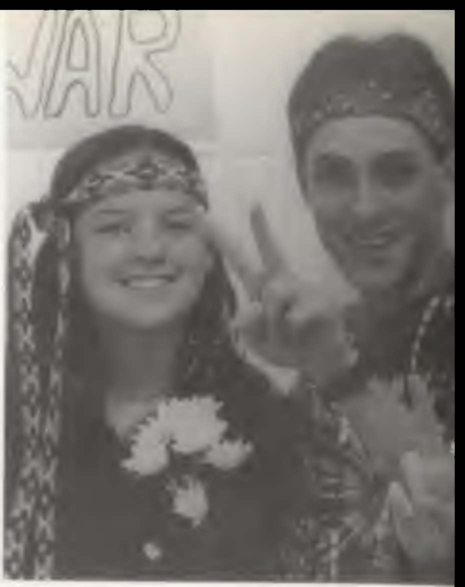
Annelie Florin
Sweden

Torsten Schwenke
Germany

Paula Montoya
Colombia

Scarlet Exchange

Experiences worth more than money



Imagine living only fifteen minutes away from someone else and then meeting each other for the first time while on a trip to the U.S.. That's exactly what happened for foreign exchange students Annelie Florin and Carin Engstrom.

Along for the ride to EHS were six other exchange students from all over the world – Torsten Schwenke, Claudia Schoppman, Dennis Gensing (Germany), Paula Montoya (Columbia), Maria Utyaganova (Kazakstan) and Michael Lawson (Brazil). Result: they think East is great.

"I like East a lot," said Engstrom. "The teachers are nice and the students are very friendly."

"It's great. I love going to East much better than my school in Brazil," said Lawson. "I like the classes here and the people in general."

Homecoming

Gensing and Engstrom both agree Homecoming was a blast.

"It was cool, something we'll never have at my school," said Gensing.

"It was fun," said Engstrom. "We don´t have dances, so it was a new experience."

Primping and standing in front of the mirror with containers of makeup in hand was Schoppman's favorite part.

"Doing our makeup before homecoming was really fun," he said. "It took us so long, though."

Speaking of dances, most of the countries which they come from don't hold school-sponsored dances except for prom. Instead they go to parties and dance clubs.

Gensing says discotheques are a popular teen hangout spot in Germany.

"At the clubs you hear nothing besides loud music," said Gensing. "It's kind of fun, but you can't hear anything your dance partner says."

According to the Webster's College Dictionary, a discotheque is described as "a night club for dancing to live music and often features sophisticated sound systems, elaborate lighting and sound effects." Not exactly study hall.

School

For Stepan it's a totally new experience being in class with boys since she attends an all-girl school run by nuns and teachers.

For most, it's the system that's different.

"We don't have study hall or eat lunch at school," said Schwenke. "And we can't choose our classes, either."

"School in Colombia is very different. Our teachers rotate but we stay in the same classroom," said Paula Montoya. "Also, we have to wear uniforms."

Ortiz feels that having the same class at the same time every day is "boring."

"We have different schedules every day," he said. "We'll have math four times a week, but Swedish only three times a week."

For Lawson, school in Brazil doesn't involve extra-curricular activities.

"We go to school and then go home," he said. "We don't have things like band, sports or dances in the school."

"Our schools are different. Here we have seven subjects but back home we study twenty subjects throughout the week. Every day we have a different schedule," said Utyaganova.

In Thailand, Kanjanaworakul attends school seven days a week and wears a school uniform.

"I like being able to wear what I want (here)," said Kanjanaworakul.

Differences

The newness of America? Here is a sampling:

"There are more TV stations and talking on the phone costs less here," said Schoppman.

"In Brazil all cars are manual. We don't have automatics back home," said Lawson.

"Many teens here work," said Utyaganova. "There aren't many working teens in Kazahkstan."

In Germany you can drink, smoke and attend night clubs at age sixteen but you aren't allowed to drive until you turn eighteen," said Stepan.

"Here you can take driver's ed. for $150, but in Sweden you have to take private driving lessons that cost $1,000," said Ortiz.

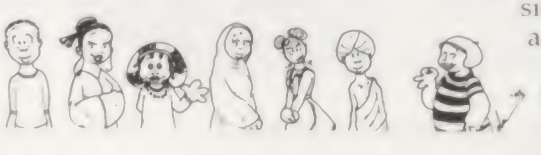
Some differences strike these students as odd.

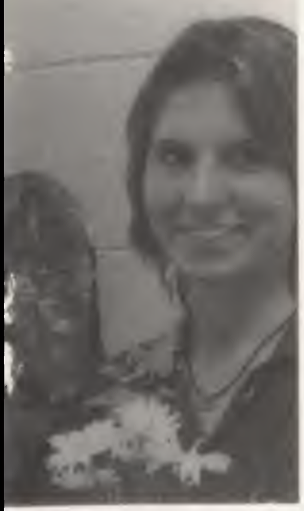
"Why can vote before you're allowed to drink?" asked Florin.

Food customs are an obvious change.

"The time you have supper here is unusual," said Lawson. "We eat supper in Brazil at nine o'clock. Lunch is our biggest meal. It usually consists of rice, black beans, meat and a salad."

"In Colombia, we eat more healthy food. We have a big lunch and a snack-like din-





Scarlet Spirit co-existed with '60s *flower-power' during Homecoming for junior* ***Lisa Gathercole****, senior* ***Dennis Gensing****, and junior* ***Amber Bucklin****. Above, our guests join friends at the new Urbandale ice arena.*

ner," said Montoya.

HOMESICKNESS

She says she thinks homesickness has struck all of them at some point or another, and that it's been hard knowing that "you can't go home."

"It has been very hard. I think we tend to have collective homesickness," she said. "Some days you're so happy and others you're so sad, but you don't know why."

Stepan, a senior from the German town of Offenbach, misses her family a lot.

"When I first arrived I thought 'Why'd I do this?' But after two to three weeks, things became more comfortable," said Stepan.

Many of the exchange students were psyched up about coming to the U.S.

"I was very, very nervous but also very excited," said Montoya. "I had a friend who was in Iowa last year; he told me it was wonderful."

"I was interested in your country. I wanted to know what America was like and to be able to spend time somewhere else," said Schoppman.

"I was the winner of a trip to America," said Utyaganova. "Three students won, and the contest was where you listened to English tapes and marked your answers on paper."

Being thousands of miles away, yet still having contact with families back home has made things easier for them.

"My mother calls me two times a week at 6:30 in the morning," said Gensing.

"I E-mail letters to my family," said Florin.

DATING SCENE

The American dating scene doesn't differ much from dating as they know it.

"We usually go out in large groups to discos or cinemas," said Schwenke. "But it's not where the boy pays for the girl."

"If you meet a guy and he's nice, you hang out together," said Schoppman. "If you're going on a date, though, you spend more time with that person than you do with other friends."

When it comes to American girls, Schwnke likes what he sees, looks-wise.

"American girls take more care of their looks," said Schwenke. "I like that."

Gensing says he can't tell much difference between German and American girls.

"Girls are quite the same," said Gensing. "There are good-looking girls here and good-looking girls in Germany. There are mean girls here and mean girls in Germany."

When it comes to American guys, though, Montoya has noticed America has its fair share of players.

"One day they're with one girl and the next day they're with another girl," said Montoya.

Schoppman would justify what Montoya said by saying that if a guy is dating more than one girl, he's indecisive.

"In Germany, if a guy is seeing two different girls, you'd say he isn't sure which one he likes," said Schoppman.

CULTURES

"Our cultures are pretty much the same. We have everything America has and more," said Montoya.

"My mother is Christian and my father is Muslim. We don't have big holidays, and we don't celebrate Halloween, Thanksgiving or the Fourth of July," said Utyaganova.

"For a family vacation, we went to Disney World when I was eight years old," said Montoya. "We also saw Miami, Boston, New York, and Washington while we were here."

While they were here the students hoped to learn and have many experiences, but most of all they wanted to have fun and EHS welcomed them with open arms. *– by junior Emily Johnson*

Carin Engstrom
Sweden

Claudia Schoppman
Germany

Dennis Gensing
Germany

Maria Utyaganova
Kazakhstan

Sophomores

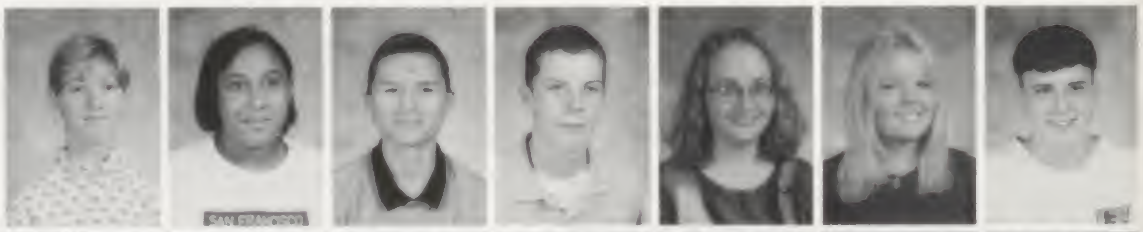
Class of '01

Hypin' up the crowd, *sophomore cheerleaders show school spirit at a football game. At right, sophomore* ***Andrew Graeve*** *struts the halls.*

Not pictured:

Andrews, Jared
Beavers, Stephanie
Bragg, Tyrone
Brooks, Mathew
Brooks, Sarah
Davis, Preston
Franklin, Ryan
Guile, Jacob
Henkle, Troy
Howard, Jeremy
Hummel, Sarah
Ibarra, Gabriela
Medina, Monsais
Milligan, Blayne
Phillips, Shana
Rasmussen, James
Sotter, Michael
Stalker, Justin
Tilton, Phillip
Van Zante, Chris
Worrall, David

Sherri Acton
Tiffany Adams
Jose Aguilar, Jr
Lance Allison
Kelly Alshouse
Ashly Anderson
Shane Andrews



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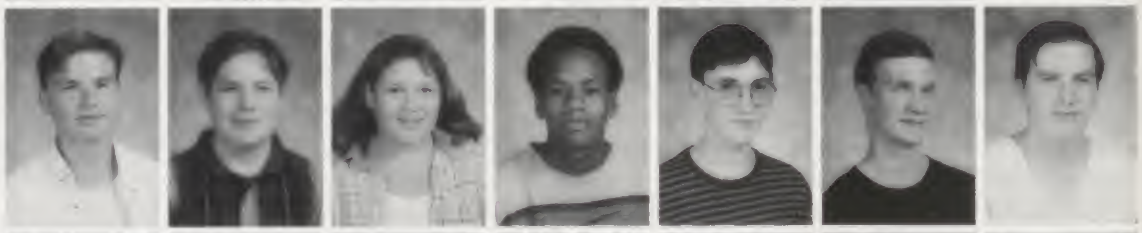
Anthony Antelman
Ashley Armstrong
Trevor Ashby
Christophe Atkinson
Paul Augspurger
James Avon



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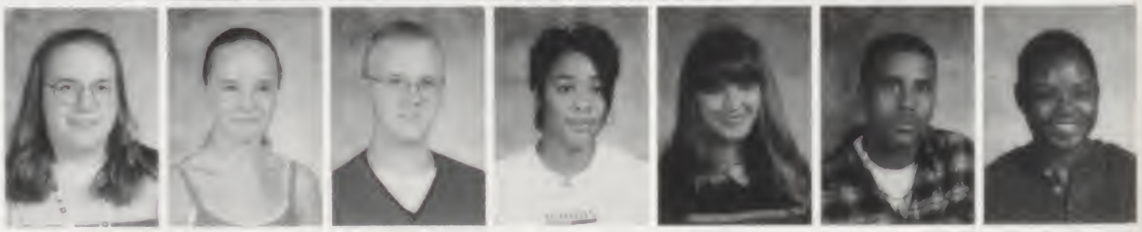
Jesse Bainter
Khidra Baker
Nicole Ballantyne
Kenneth Bass
Patrina Bates



Matthew Beals
Robert Bennett
Tanna Bennum
Ryan Bernhardt
Denise Birkhofer
Randy Blackford
Matthew Blanker

James Blythe
Tiffany Boggs
Venessa Boland
Dustin Boles
Michael Bolio
April Boll
Risha L. Booker

Chrysta Bosley
Matthew Boyd
Danielle Boylan
Wendy Bradford
Roger Brass, Jr.
Matthew Breton
Gabrielle Brewton

Traci Briggs
Andrea Brockman
Jason Brooks
Brian Brookshire
Scott Burk
Tyler Burrows
Sunshine Butler

Warnell Butts
Dustin Byers
Christin Cady
Samantha Campbell
Kira Campos-Anderson
Jennifer Cantu
Tiffany Carey

Stephanee Carlos
Lindsey Carr
Chris Cater
Sis Cavan
John Cavanh
Cynthia Caylor
Jonathan Cirksena

Brandon Clark
Emily Clausi
Nikki Clearwater
Barbara Collier-Dameron
Andrea Cook
Adam Cooper
Melissa Cooper

Jerry Corbin
Charles Coulter
Crystal Cowles
Nathan Cox
Jack Creason
Oralia Crooks
Jennifer Csader

Jessica Dady
Stuart Dalrymple
Elisabeth Dalton
Tessa Danielson
Rachael Dank
Angela Davies
Adam Davis

Bridget Davis
John Daye
Ernesto De La Cruz Jr
Michael Demoss
Melinda Dennis
Rocky Dhabolt
Janna Dickey

Emily Dillard
Lacey Dimaio
Dennis Donaldson
Ashleigh Dowell
Paul Drey
Abby Earp
Steven Earp

Michelle Easter
Amanda Edwards
Megan Edwards
William Emery
David Evans
Matthew Evans
Cassie Ewurs

Michelle Ezzio
Bryan Fausett
Daniel Fetter
Manda Fife
Jessica Ford
Jessica Foreman
Anderson Forkner

Dominique Francis
Brianna Frank
Patsy Fredregill
Mary Froehle
Sara Froehle
Jared Frost
Matthew Fry

Jamie Furby
Christophe Gabbard
John Galbreath
Nichole Garrison
Nathan Gary
Aaron Giddings
Ashley Gilbert

Lawrence Gipson
Amy Goddard
Jennifer Golden
Brandi Gomez
Francia Gomez
Andrew Graeve
Nick Graham

Mary Grayson
John Greene
Brandon Gregory
Cody Grett
Shannon Griffiths
Mark Grimm
Tiffany Guthrie

Bruce Guy
Shane Hacknorath
Emily Haines
Brandon Hall
Ryan Hall
Tommie Halsband
Kaleena Halterman

Nicole Hanlin
Amanda Harkins
Theodore Harrington
Allicia Hartman
Aaron Haug
Courtney Hayes
April Hazelwood

Shawn Head
Crystal Hecker
Jason Henrichs
Jeffery Heslop
April Hiatt
Brian Hicks
Michael Hidlebaugh

Jessica Higgins
Bethdy Hoang
Jerry Holman
Leo Holtry III
Danielle Hopper
Nicole Houchin
John Housley

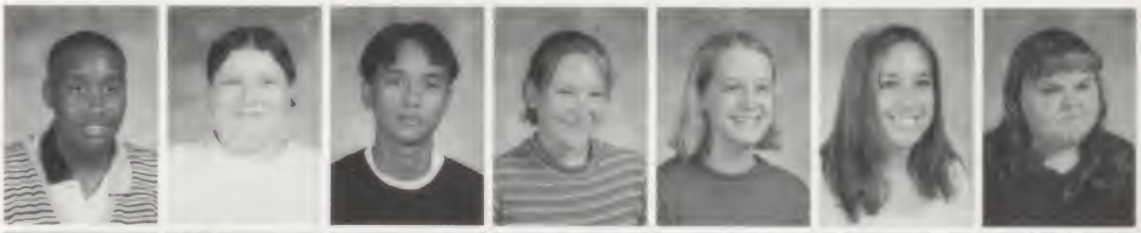
Katie Hull
Heather Hutchinson
Jordan Hutchinson
Anthony Ingrao
Dorthy James
Eric Jeffries
Marquita Jenkins

Jessie Johnson
Alan Jones
Beth Jones
Jamie Jones
Joseph Jones
Michael Jones
Ashley Jordan

Darnell Jordan
Lakeysha Jordan
Adam Jordison
Alicia Kaiser
Kathryn Karrett
Ross Keller
Stephanie Kellis

A popular club *activity is the annual bonfire party at Sleepy Hollow in the fall. Hot chocolate, s'mores – mmmmm! At least that's what seniors* ***Torsten Schwenke*** *and* ***Michael Lawson*** *think.*

F riendship *can be a toasty experience around a bonfire for senior* ***Karin Engstrom****, junior* ***Tara Baker*** *and senior* ***Paula Montoya****.*



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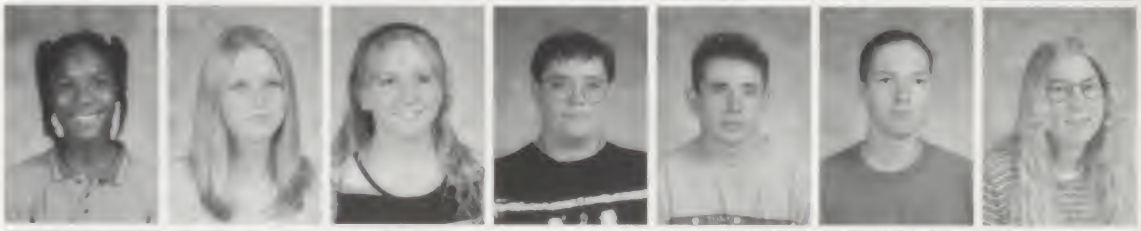
Adam Kendrick
Phouthavon Keopraseuth
Marie Kern
Victoria Kerr
Melissa Khodai
Amy Killen



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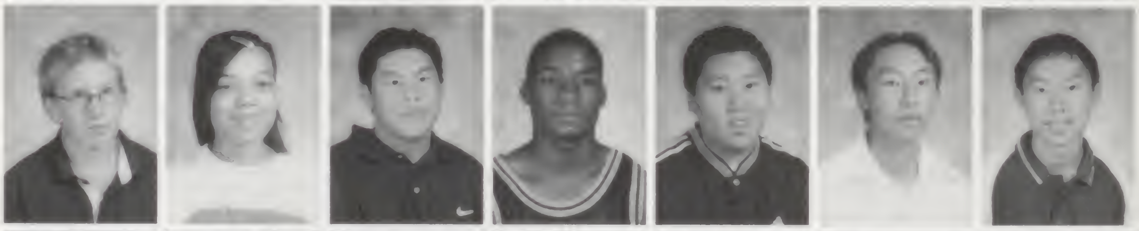
Jessica King
Catherine Knight
John Knox
Steven Kohler
Matt Lange
Carrie Laurie



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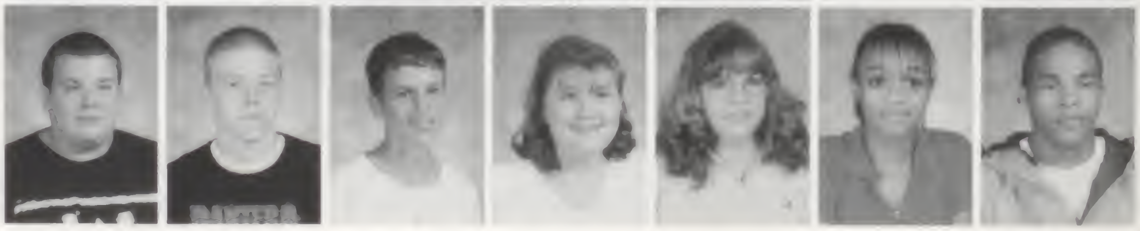
Chasity Lee
Chengnu Lee
Lewis Lee
Tommy Lee
Zeng Choua Lee
Zeng Kong Lee



Jay Lehman
Matthew Leichliter
Anthony Leo
Kasandra Lester
Stephanie Letze
Leslie Lewis
Richard Lewis

Spanish: 'Mas de clase'

Habla Espanol? No? Well that's OK, Spanish Club is still a good way to have fun with friends, meet new people and at the same time learn more about the Spanish-speaking culture.

Kathy Hansen, Spanish teacher at East, has sponsored the club for ten years.

"I thought it would be fun for the kids," said **Hansen**. "They are able to get together and socialize, but at the same time they learn more about the Spanish culture."

This year the Spanish Club had many activities. Some of these included a hay rack ride at Sleepy Hollow and a Columbus Day fiesta in the fall. Also some weekend activities took place, such as ice and roller skating.

"We try to go places that encompass the Spanish culture," said **Hansen**.

These activities seem to have been a great success with its members.

"I liked the things we did this year. They were fun activities to do with fun people," said sophomore **Shawn Head**.

Spanish Club also performs some service projects for the school. This year they donated $35 and 3 large boxes of food to the Key Club's food drive. They sold tootsie pops in the fall to raise money for piñata supplies.

Meetings were held mainly just on Tuesday mornings, but more often if needed. They were mostly used to plan activities.

Topsy-turvy on a hayrack ride *are juniors **Mike Fuller, Corie Fogg,** senior **Megan Staley,** sophomore **Jack Webber** and senior **Shawna Babcock.***

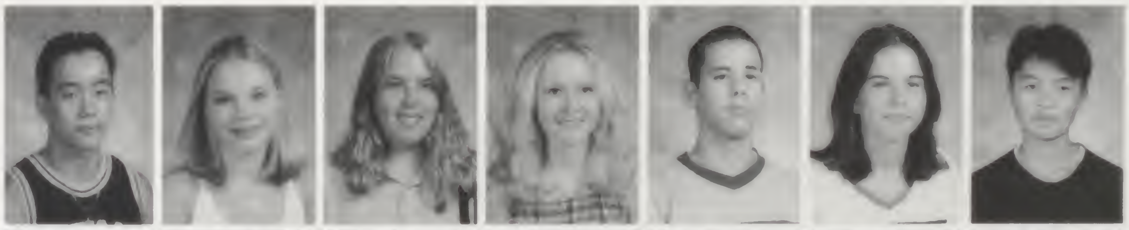
Spanish Club had a very positive response this year from its members.

"It was a lot of fun. It's helped me to understand the Spanish culture better," said sophomore **Bethdy Hoang**.

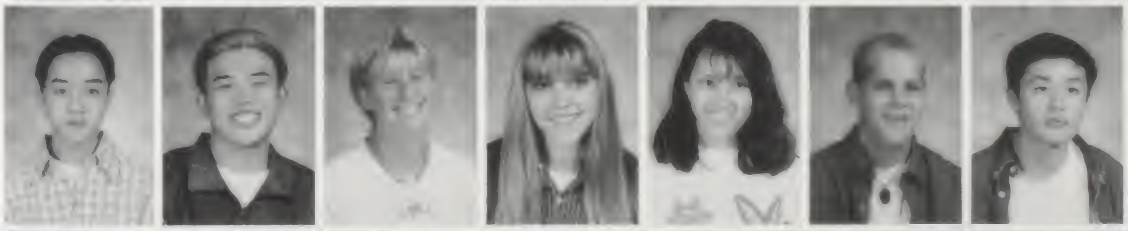
Hansen also gave the group a positive review.

"This year's club was great," said **Hansen**. "It was an exceptionally large group that was consistently involved."

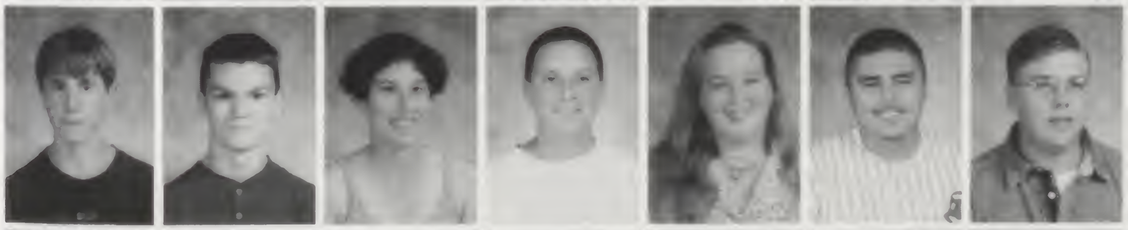
– by Sophomore Andrea Cook



San Lo
Niki Loftus
Amber Loney
Penny Long
David Lopez
Sondra Lore
Mark Lovan



Vanthana Lovan
Vince Lovanh
Alison Lowe
Summer Lumsdon
Miriam Luna
Kevin Lundberg
James Luong



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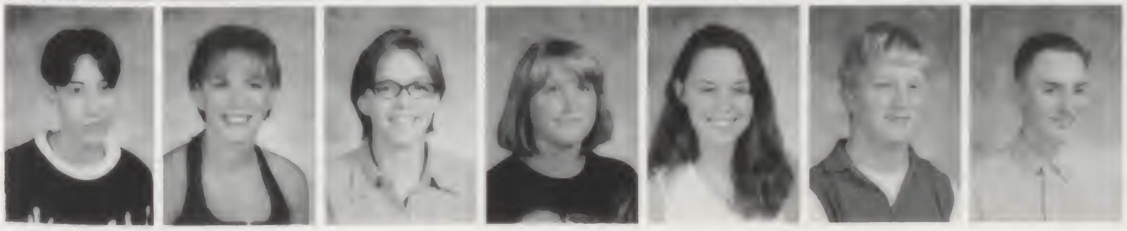
Justin Lyon
Nicole Mabrier
Joshua Markle
Angela Marlenee
Luke Martin
Justin Mathias



Joshua Mayhugh
Melissa Mc Aleavy
Rebecca Mc Aleavy
Shawna Mc Church
Samantha Mc Connell
Charles Mc Farland
Daniel Mc Kee

Patrick Mc Mahill
Amanda Mc Neley
John Mc Pherson
Marsheila McCullough
Robert McKinney
Bryan McLaughlin
Wendy Mehl

Davanh Meksay
Julie Metheny
Patti Michael
Tasha Millard
Timothy Moberg
Bopha Mom
Debra Montis

Jennifer Moore
John Moran
Angela Moreno
Robin Morris
Zach Mortice-Lowman
Mathew Mosset
Charles Mowery

Amanda Mullin
Katherine Murphy
Meyer Nece
Jessica Nelson
Clinton Nereim
Jason Newton
Minh Nguyen

Brooke Nowadzky
Anna Obrien
Billie Ogburn
Jennifer Oliver
Michelle Oliver
Christine Olson
Omar Otero

Angela Owens
Courtney Page
Ladawna Palmer
Shonna Parker
Corey Patton
Kenneth Paulding
Kevin Peck

Robert Petefish
Cassie Peterson
Joseph Pett
Larry Pettinger
Christophe Phillips
Linda Phongphetpannha
Krystal Pickett

Kari Pinta
Nicholas Piper
Thomas Powell
Jerry Praseuth
Eric Prusick
Brandon Puchta
Lynnette Pulley

Erin Quigley
Steven Reben
Michael Redshaw
Jasmine Reed
Michael Reese
Samuel Reese
Blaize Reha

Karena Reihsen
Brandi Reinig
Kellie Reuppel
Robert Reynolds
Jessica Richardson
Katherine Richardson
Cristy Riley

Dawn Ritchie
Leslie Robertson
Beth Robinson
Heather Robinson
Kathleen Robinson
Douglas Rodgers
Heather Roseberry

Stephanie Rover
Sherah Sawhill
Thomas Sawhill
Stefanie Schatz
Stacie Schietzelt
Gregory Schnoor
Christine Schreck

Lizabeth Schreckengast
Ryan Schuler
James Scott, Jr.
Scott Seaman
Anthony Seecharran
Dustin Shannon
Michael Sharon

Todd Sharp
Tiffany Shepard
Shannon Sherrard
Aaron Shipman
Sheena Signs
Angela Sirianni
Kirby Skeffington

Karl Sly
Amy Smith
Jared Smith
Jennifer Smith
Marlando Smith
Amber Soderblom
Rebecca Soloman

John Sorter, Jr.
Heang Sou
Khanthaly Souvatrat
Marie Stanley
Michelle Stanley
Misty Stanton
Michelle State

Angela Stewart
Nicole Stocker
Jermon Stokes
James Swacker
Jessica Sweet
Lindsay Taylor
Syreeta Taylor

Meghan Templeton
Michelle Thayer
Christina Thomas
Adam Thompson
Souphin Thonesavanh
Allimesha Tiesman
Tanna Tilley

Cassie Tonasket
Joseph Torrans
Patricia Towey
Adam Townsend
John Tulk
John Turner III
Kelly Underwood

David Valin, Jr.
Billy Van Horn
Dana Van Horn
Sarah Van Tassel
James Vance, Jr.
Misty Vandermark
Terry Vang

Tria Vang
Betsy Vaquerano
Angela Vertz
Vannapha Vongxay
Tod Wacht
Stephen Waldron
Trevor Waldron

Angela Waldschmidt
Michael Wangkham
Paul Ware
Adam Warner
Amanda Warner
Erin Warren
Joseph Watts

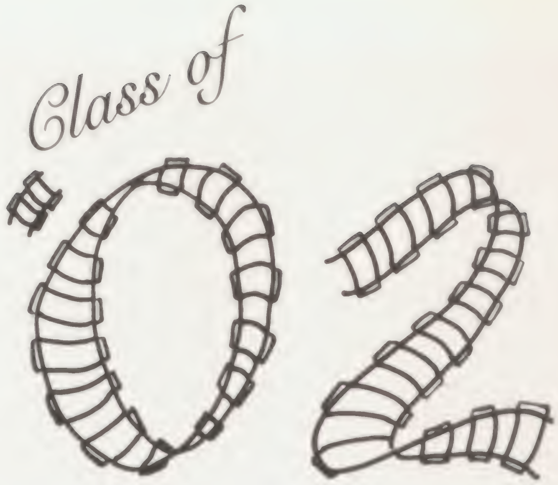
Jack Weber
Kelli Welker
Ashley Weltzheimer
Sara Westergaard
Christina Western
Amanda Whalen
Bryan White

Stephanie Whitten
Zechariah Wicker
Patricia Wickersham
Cammie Williams
Craig Williams
Daeneile Williams
Jason Williams

Robert Williams
Tigre Williamson
Nicole Winebrenner
Karrisa Wing
Adam Winn
Michael Wolf
Nicole Wood

Stacey Wood
Richard Woodard, Jr.
Mildred Wright
Luke Xiong
Pangtang Yang
Christina Yenzer
Richard Zubulake

Freshmen



Spirit Chains have a long tradition *at East. At homecoming each fall, Pep E Club sells paper links for 10 cents and each class level buys as many as possible of its color. The assembled chains reflect the homecoming spirit of each grade. Freshman* ***Nicole Williams*** *proudly displays the frosh chain.*

Not pictured:

Barnes, Faith
Baumeister, Amy
Bean, Gary
Brazelton, Brandon
Britt, Adam
Buch, Holly
Burgett, Amber
Burkhead, Michael
Campbell, Travis
Chandler, Michael
Clark, Brody
Clark, Heston
Coleman, Reshawnna
Davis, James
Davis, Tracy
Draper, Alan
Edrington-Bean, Robert
Franklin, Chaya
Gallegos, Refugio
Gomez, Joseph
Green, Steven
Hafenbrack, Tangi
Hale, Nicole
Hall, Ryan
Hanke, Aaron
Hill, Bryanna
Ivy, George
Ivy, Thomas
Johnson, Jimmy
Jones, Jenee
Kavan, Khonesith
Kelley, Francis
Kimmel, Jessica
Kohler, Steven
Lee, Gary
Leyva, Ana
Mata, Alfonso
Mc Cullough, Marshiela
Mc Dowell, Edward
Meeks, Noah
Miller, Ronald
Palmer, Michael
Pierson, Joseph
Rowe, Michael
Russell, April
Sandoval, Alejandro
Sherwood, Daniel
Sinclair, Statia
Thomas, Alisha
Thomas, Cheyvone
Thompson, Shellique
Ung, Allen
Van Baale, Natosha
Vandeboe, James
Ward, Adriel
Waters, Angel
Williams, Heather
Wilson, Jeremy
Worthan-Dixon, Tavoya
Wright, Gregory

Darcy Allbee
Tracie Althaus
Alicia Alvarez
Brandi Anderson
Brian Anderson
Sara Anderson
Jared Andrews

Shara Andrews
Steven Angell
Nicholas Anousis
Justin Anspach
Tifani Armintrout
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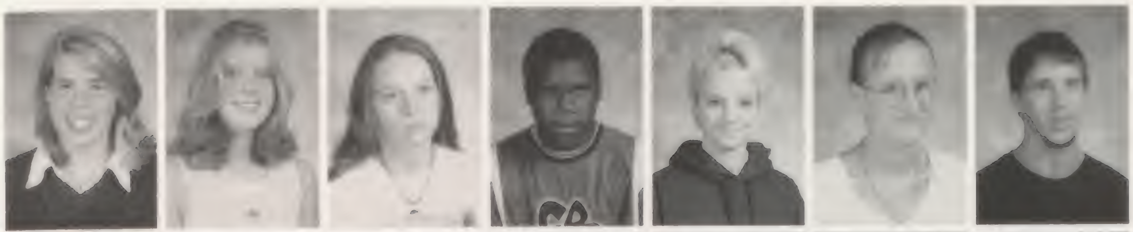
Tanulut Baccam
Kati Bainter



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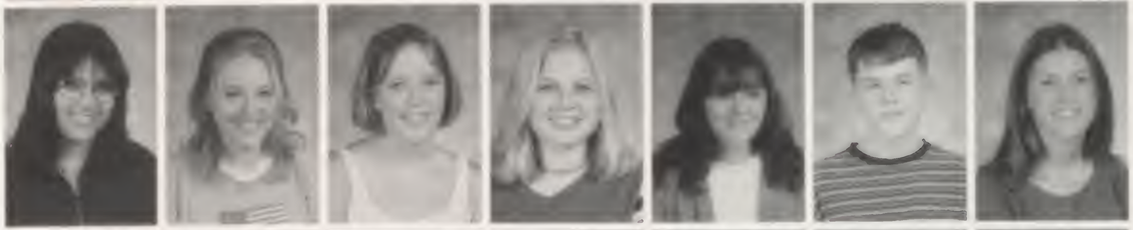

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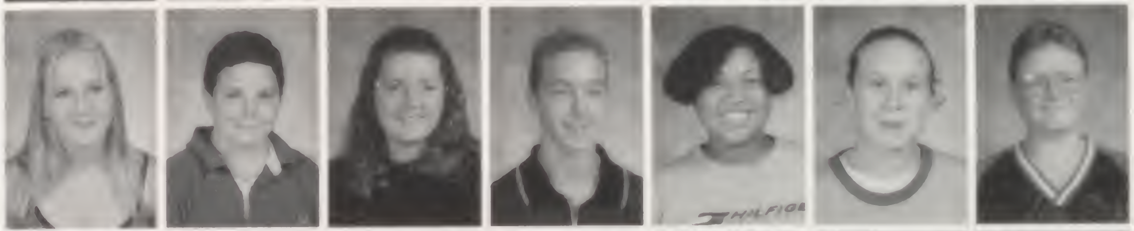

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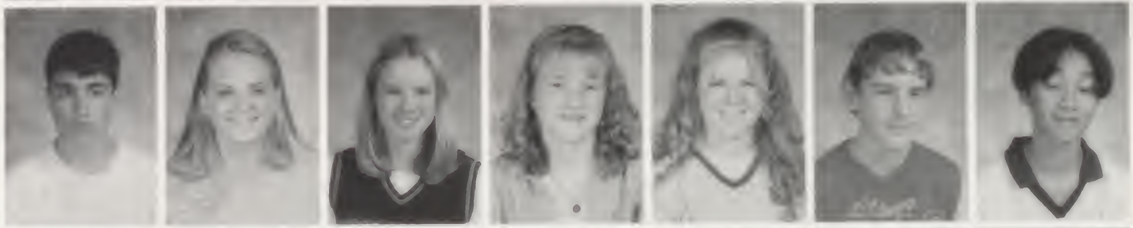

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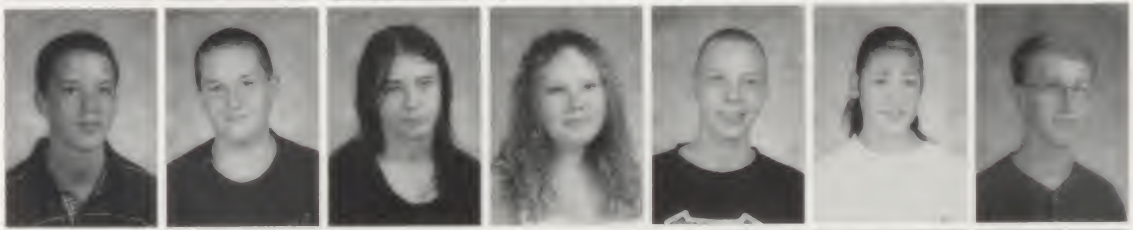

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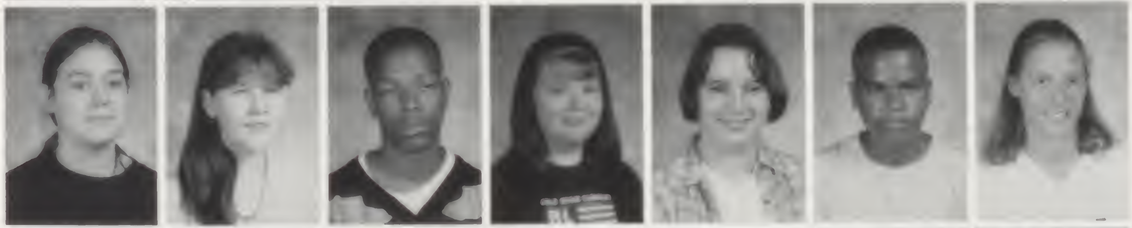

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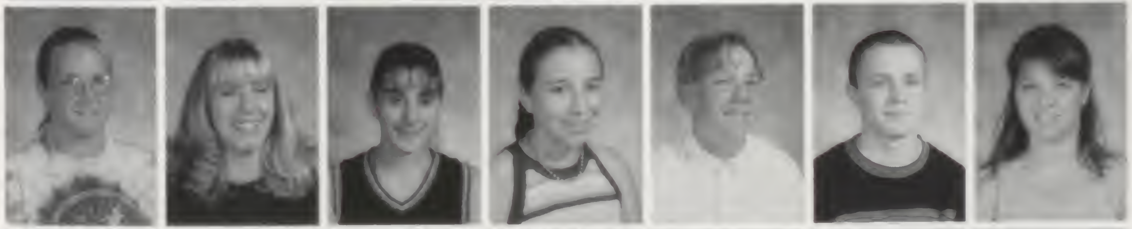

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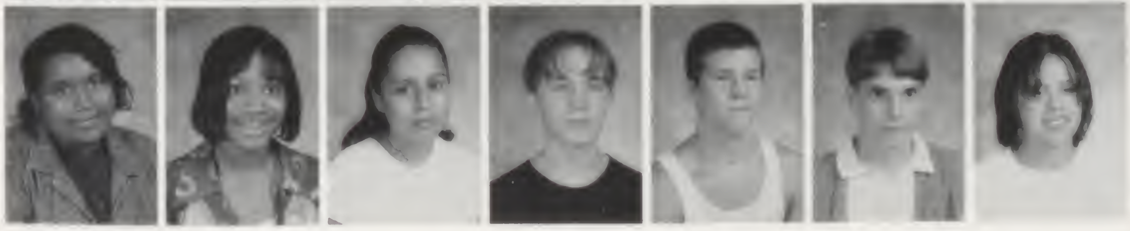

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Brandy Coe

Aleisha Collins
Matthew Connelly
Ciji Cook
Jay Cook
Tracy Cooper
Jodie Cosner
Jonathan Covalt

Karrie Craig
Christophe Crane
Joshua Crane
Victor Crouse
Darren Cruchelow
Brock Cunningham
Jeremy Curl

Megan Daggett
Lisa Dare
Demareo Darrah
Kari Daughenbaugh
April Davenport
Amanda Davis
Brian Davis

Preston Davis
Stacy Davis
Trentin Davis
Beau Dean
Lindsey Deaver
Michelle Denning
Nichalous Derry

Joseph Devore
Danelle Drayton
Rosemary Duenas
Harlan Dunaway
Jonna Eastcott
Blake Edwards
Steven Edwards

Tim Elder
Benjamin Emery
Benjamin Erickson
Sarah Evans
Michael Fagen
Kristina Farrell
Josie Farris

Jason Feathers
Cheri Fenton
Jenae Finney
Jason Fitzgerald
Sarah Flagg
Kathryn Freel
Elizabeth Freeman

Nickolas Frye
David Fuller
Zachary Gallmeyer
Richard Garcia
Michelle Gazzo
Geoffrey Gearhart
Amy Giddings

Amber Giles
Nicholas Gladwin
Angela Gomez
Valentina Gomez
Tyler Goode
Leslie Gossen
Ashley Gourd

Travis Graspy
Jennifer Graves
Ashlie Green
Vincent Gregory
Jennifer Grochala
Ryan Grochala
Amanda Grossman

Anthony Guessford
Sarah Guhl
Mahetzin Guzman
Brandon Hagins
Lisa Haifley
Crystal Hall
Daniel Halterman

Aimee Hankins
Merrill Hankins III
Jennifer Hanlin
David Harbold Jr.
Kjersten Harvey
Terri Haus
Jason Hausman

Rayshell Haygood
Todd Hays
Aaron Hazelwood
Amanda Heckman
Robert Henderson
Philip Henry
Stacy K. Hester

Christophe Hickman
Jeffrey Hidlebaugh
Heather Hildreth
Amanda Hill
Dawn Hines
Elizabeth Hinman
Kevin Hoard

Jason Holsinger
Barbara Holt
Donald Holtry
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Saiphone Houangsavanh

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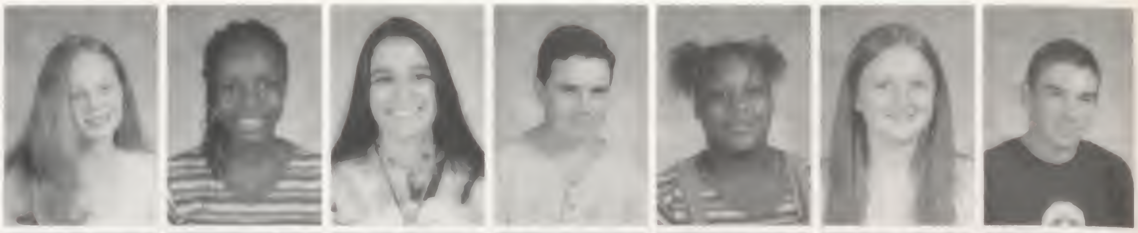
Tony Jeffries



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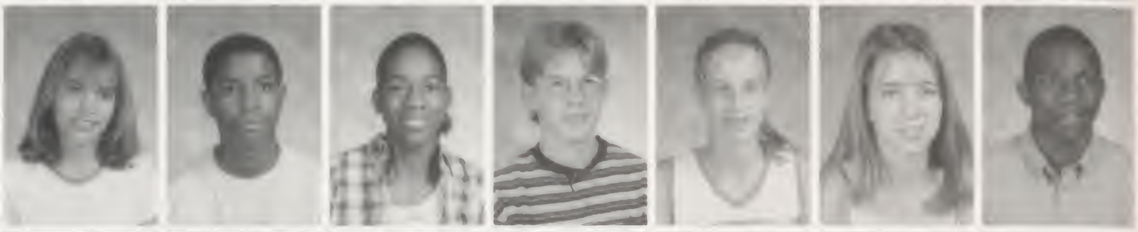
Dustin Jividen
Sara Joanides
Desiree Johnson
Julius Johnson



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Courtney Jones
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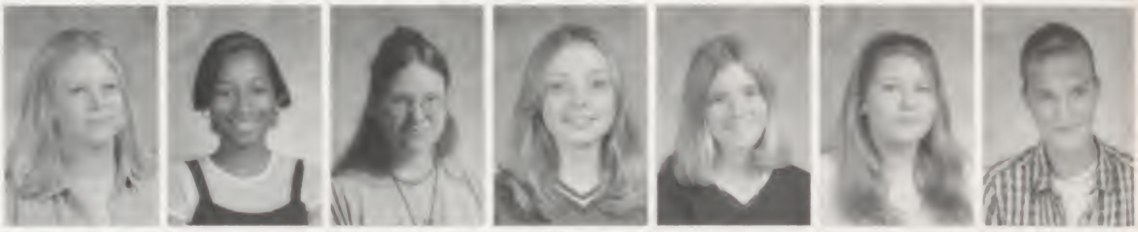
Faith Jones



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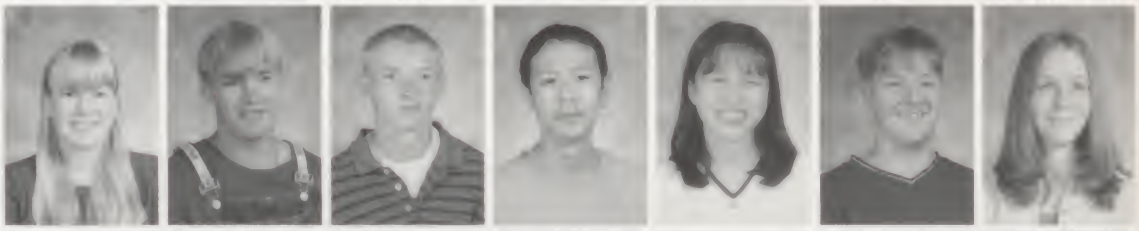
Jonathon Jones
Stephen Kahler
Tingkham Kamvanh
Mone Kavan
Austin Kayser
Amy Kelley



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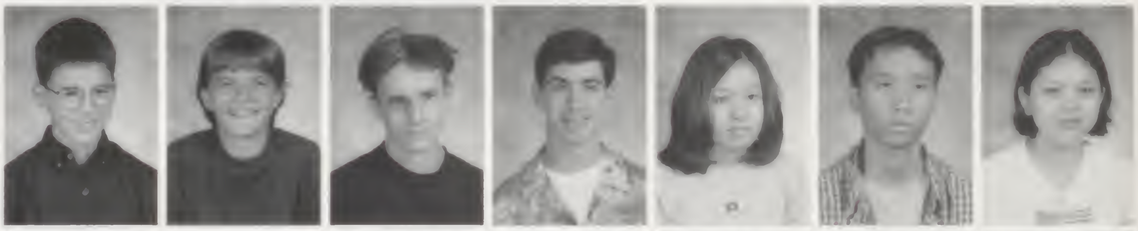
Michelle Kellogg
Terry Kellogg
Alex Kelly
Phanna Kem
Hatsadong Keopraseuth
Linda Keothammakhoun



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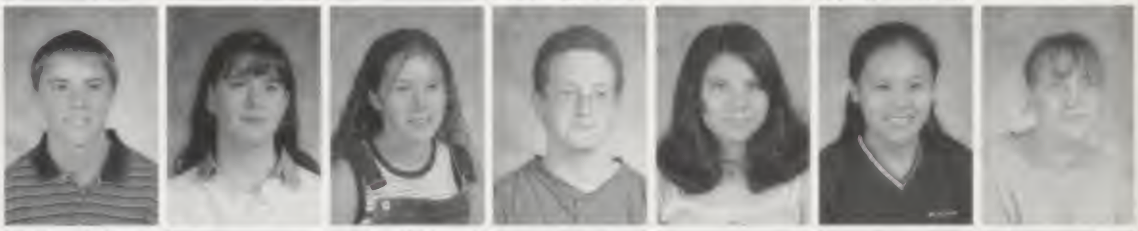
Nicole King
Timmy King
Shelly Knapp
Merry Kouang
Tami Lambert



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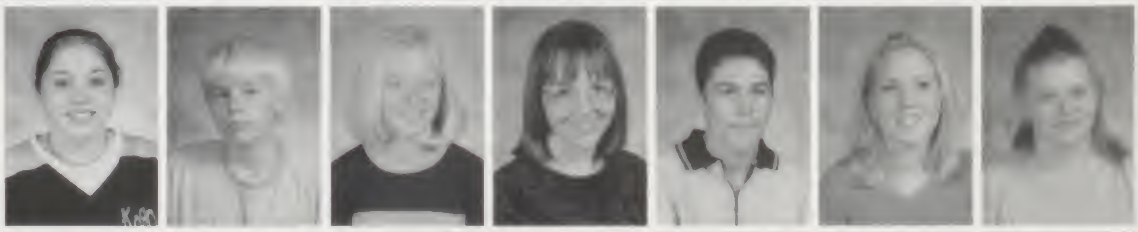
Amanda Lee



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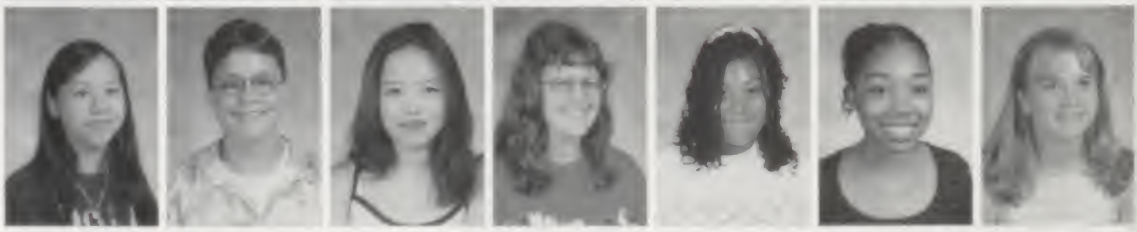
Katie Leothi
Johna Leverich
Ina Lewis
Shirah Lewis
Alyssa Long



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Eric Lopez
Joseph Lovanh
Aimee Lozano
Charles Lozano
Ramon Luna
Takiyah Luster

Sam Luu
David Marlenee
Amber Martineau
Jennifer Mason
Kristi Mathis
Lundon Maxwell
Jonathan Mayse

Kelly Mc Cann
Tiffany McBurney
Kimberly McCallister
Christophe McCann
Frank McCarl
Brenton McClelland
Matthew C. McCormick

Jamie McCullough
Ryan McDonald
Marcus McGarr
Melissa McKean
Nicholas McNeley
Jared Mendenhall
Tod Merrifield

Joseph Merryfield
Jared Metheny
Casey Mikesell
Perry Mila
Brandon Miller
Chad Miller
Christophe Miller

Deanna Miller
Heather Miller
Nathan Miller
Montique Miller(Hayes)
Melissa Mills
Jennifer Minikis
Amanda Mitchell

Terry Mitchell
Nina Moore
Tiffanney Moore
Derick Moraine
Michael Moran
Pamela Moreno
Dalica Mott

Vee Moua
Stefanie Muir
Stephanie Murray
Rhiannon Nagy
Amanda Newcomb
Natasha Newsome
Joshua Noble

Danielle Norelius
Christophe Norwood
Crissy Okones
Sarah Ollie
Michelle Olson
Brian Osborn
Shaula Ousley-Lee

Randy Owens II
Sammy Palmer
Christophe Parker
Kirk Parker, Jr.
Troy Parsons
Jessica Payne
Billy Petithory

Shannon Petrie
Joseph Pettinger
Manisone Phondeth
Alan Pierce
Randy Piper, Jr.
Natalie Plummer
James Pongphimkham

MacKenzie Post
Amy Preas
Victoria Punelli
Mindy Quaintance
Timothy Ragan
Aaron Ramirez
Jason Randolph

Justin Rankin
Corey Reben
Amanda Reed
Crystal Reed
Jennifer Reed
Amanda Reimers
Jason Rice

Terrance Rice
Lyndsey Richardson
Barbara Risius
Dena Risius
Robert Rivas
Anthony Robinson
Rebecca Rodriguez

Annette Rolan
Travis Roseberry
Ellen Rothweiler
Jeremy Royse
Shauna Ryan
Zachary Sadler
Malisa Sam

Chanthason Sanachit
Kasandra Savage
Shannon Scarlett
Courtney Schieffer
Heather Schietzelt
Adam Schulz
Katie Scigliano

Mitchel Sellers
Bounmie Senephansiri
Alicia Shepherd
Donald Shiffer, Jr.
Jason Shilling
Kassandra Sholley
Danielle Simmons

Justin Sleeth
Kurt Sloan
Joshua Small
Blake Smith
Brandon Smith
Jeffery Smith
Jennifer Smith

Jordon Smith
Matthew Smith
Michelle Smith
Stacy Smith
Justin Snider
Brandon Snitker
Heather Snyder

Jonathan Sokoll
John Sparks, Jr.
Mark Standley
Stephanie Stapes
Lindsay Steele
Michael Steeples
Kendra Stephen

Jacob Stephens
Travis Stephenson
Amie Stevens
Ginger Stevens
Jason Stevens
Joshua Stockbauer
Rodney Stockbauer, Jr.

Tiffany A. Stockbauer
Steven Strable
Sorya Sunny
Ryan Sutherland
Amber Swacker
Rachel Taggart
Robert Terrell

Phonemany Theppanya
Paphaphone Thipyothin
Joseph Thomas
Tia Thomas
Arron Thompson
Cheyenne Thompson
Jason Thompson

Krienkray Thongsoum
Jessica Tilley
Amanda Todd
Travis Tollari
Angela Tonst
Sean Tran
Morgan Trenhaile

Becky J. Trigg
Nathan Tyler
Jessica Van Dyke
Jonathan Van Syoc
Cynthia Vancleave
Jack Vansickle
Jeremy Vertz

Sayfha Viengvilayvong
Troy Wacht
Kimberly Wagner
Jacob Walker
Sean Wall
Zachary Waller
Lindsay Waltz

Misty Waltz
Damian Warner
Michele Warnock
Rebecca Watson
Daniel Webb
Lee Webber
Bradley Weber

Brian Weber
Michael Weeks
Richard Weigel
Melinda Weiland
Tyanna Wells
Kristin West
Kacie Westlake

Christophe Westrom
Heather White
Nicholas Whitehead
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Krista Wicker
Anthony Williams
Daniel Williams

David Williams
Jennifer Williams
Nichole Williams
Toby Williams
Tyler Williamson
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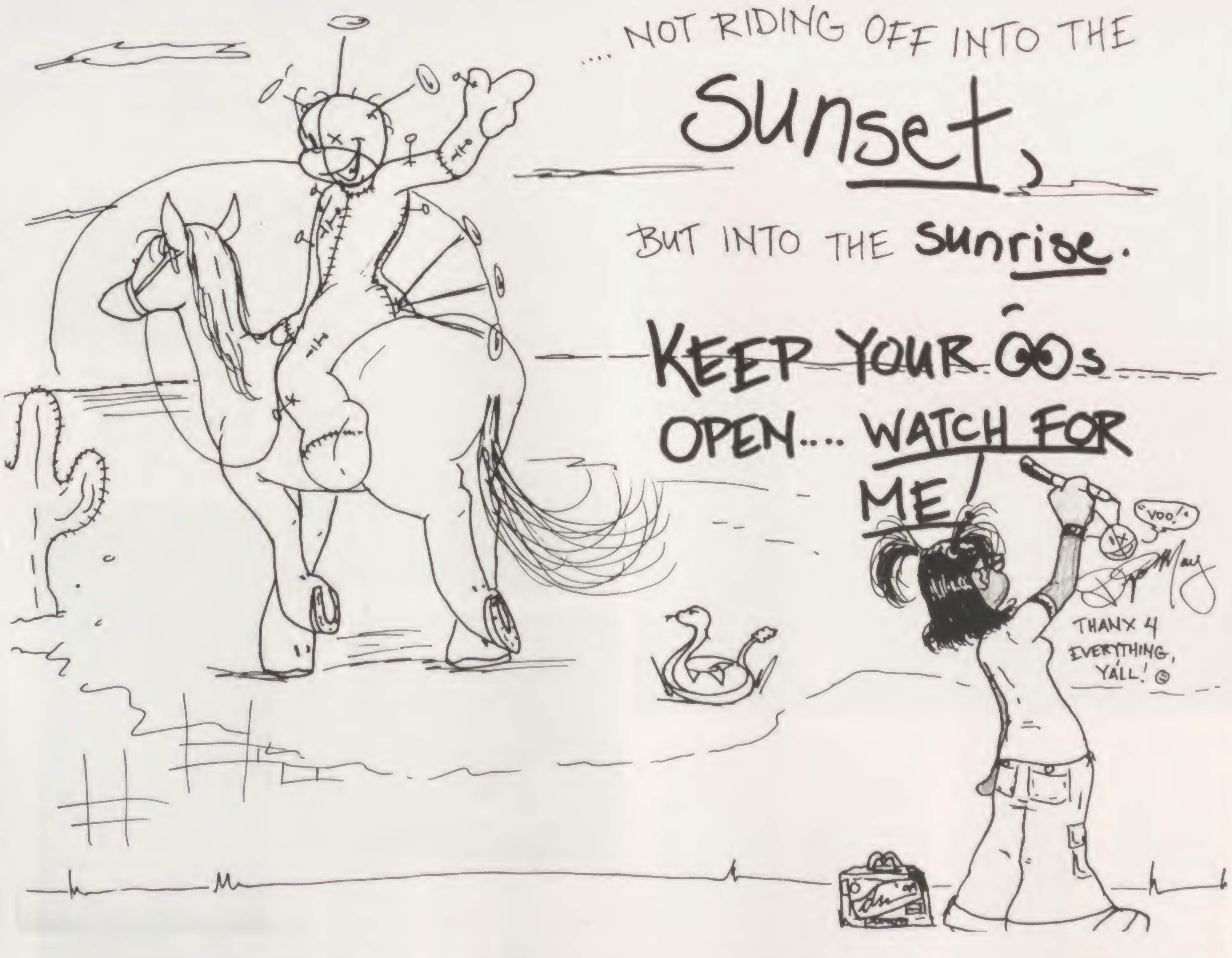
Teddie Worthington
Milton Wright
Victoria Wright
Chang Xiong
Noah Yamen
Steven Zarate

Danielle Zenor


.... NOT RIDING OFF INTO THE
Sunset,
BUT INTO THE sunrise.
KEEP YOUR OOs OPEN.... WATCH FOR ME!
"VOO!"
THANX 4 EVERYTHING, Y'ALL! ☺

Bill Ackerman, **Soc. Sci.**
Donna Adams, **Fam./Con. Sc.**
Colleen Aldridge, **Assoc.**
Paul Allen, **Resource**
Rhonda Anderson, **Assoc.**
Linda Baker, **Counseling**
John Bankus, **Soc. Sci.**

Pat Bannon, **Counseling**
Svetlana Baranova, **Assoc.**
Steve Barnes, **Custodian**
Brad Bell, **Math**
Linda Berg, **Fam./Cons. Sc.**
Bruce Blome, **Custodian**
Jeff Bock, **Graphic Arts**

D'an Boire, **Resource**
Ron Borstad, **English**
Janet Boyd, **Science**
Rollie Bramhall, **Physics**
Kathleen Brown, **MD SC**
Judy Brownsberger, **Sp. Ed.**
Jack Bryan, **Counseling**

Dana Buddecke, **Assoc.**
Ken Burgess, **Business**
Jim Bush, **Soc. Sci.**
Pat Bushong, **Secretary**
Kacia Cain, **Biology**
Barb Callaghan-Mitchell, **Interp.**
Bob Carmichael, **MC**

EHS ADMINISTRATION. Front: Donna Christensen. Back: Ted Christensen, Principal Jerry Stilwell, Gary Jotzke.

Concentrating on *the task at hand,* ***Ted Christensen*** *busily writes (at top). At right, Principal* ***Jerry Stilwell*** *helps senior* ***Marques Lewis*** *with a math assignment during his "sub" day.*

SCHOOL BOARD. Front Row: Harold Sandahl III, Jane Hein, Superintendent Eric Witherspoon. Back Row: Laura Sand, Margaret Borgen, Mark Schuling, Marc Ward, Nadine Hogate.

Story/Design: Jennie Carico. Photojournalist: Jeremy Milligan.

Jane Christenson, **Secretary**
Nancy Christy, **Counseling**
Lonnie Clark, **Registrar**
Kathleen Clater, **Cafeteria**
Sarah Coats, **Custodian**
Linda Cook, **Custodian**
Marjorie Crawford, **Business**

Karen Cross, **Math**
Diane Crozier, **English**
George Davis, **Phys. Ed.**
Sally Dehnert, **Secretary**
Ernesto De La Cruz, **Cafeteria**
Chris Dow, **Soc. Sci.**
Gregory Downs, **Custodian**

Mark Eaton, **Assoc.**
Samy El-Baroudi, **Business**
Charity Fees, **Spanish**
Randell Fitch, **Custodian**
Diane Fleming, **Secretary**
Dennis Forker, **English**
Jill Franke, **SUCCESS**

Carolyn Freland, **Custodian**
Keri Frommelt, **Science**
Ken Gaeth, **Phys. Ed.**
Marlia Gatto, **Assoc.**
Jackie Gibson, **Cafeteria**
Ann Ginther, **Resource**
Shirley Gooch, **Art**

Old Faces New Places

Imagine while walking down the halls one day you see vice-principals **Ted Christensen** and **Donna Christensen** holding hands. No, this isn't a scene out of "TheYoung and the Restless." They are actually husband and wife.

"I really love working with Donna and she helps me a lot with my new job," said Christensen. He was appointed to the position just this year.

"It's great working with Ted," said Donna. "We've worked at East for many years, so we're very comfortable working in the same building."

Though Donna has been VP for four years, this is her husband's first year.

"I held three other teaching positions here at East before becoming a VP. I have also coached basketball, track, baseball and other sports," said Christensen.

Like any other job there are pros and cons.

"It's great to work with the kids and help them as much as I can," said Ted. "However, one of the hardest parts of the job is to take the students' interests first before the teachers."

However, as students can vouch, he is helpful when it comes to helping students.

"I had him as a history teacher and he was there for students whenever they needed help," said junior **Phut HoangVan**. "Now as VP he is doing a great job."

Ted isn't exactly sure how permanent his job as VP will be.

"I'm a 'temporary permanent' hoping to be a permanent," said Christensen. "I really don't have any control over the situation."

Jerry Goodrich, **Art**
Mike Gossen, **Assoc.**
Don Graves, **Attendance**
Jack Gray, **Drivers Ed.**
Julia Hagen, **English**
Jeff Hall, **Tech. Ed.**
Michelle Hankins, **MC SC**

Kathy Hansen, **Spanish**
Nancy Hansen, **Business**
Geneva Hanson, **Cafeteria**
Dena Harms, **Math**
Mark Hawkins, **Instr. Music**
Deann Hebert, **Fam./Con. Sci.**
Joseph Heggen, **Custodian**

Dixie Heimbaugh, **Cafeteria**
Stacy Herrin,**Hearing Imp.**
Patricia Hill, **Assoc.**
John Hodson, **Government**
Ann Hoehle, **Library**
Brian Hoff, **Monitor**
Patty Hoffman, **Counseling**

Deb Hoksbergen, **Assoc.**
Anita Holmes, **Soc. Worker**
Nancy Holmes, **Photo**
Andy Howard, **Phys. Ed.**
Daria Huang, **Math**
Jodie Huntoon, **Interp.**
Mark Hurley, **Phys. Ed.**

The EHS Custodians: How Do They Do It???

You see them in the mornings, during your jaunts to the rest room, and when you stay after school. They are perhaps the only people in the school, next to the teachers, who are willing to clean up after the daily grind. Who are they?

They're the "custodial engineers" of EHS. Their jobs continuously change day to day.

"We just make sure the school is clean and ready for another fun day of school!" said building manager **Butch Pickett**.

Getting the school's hallways and bathrooms ready every day is a most interesting, yet rewarding, job. From making sure that the grounds are clean, to choosing 200 or 300 watt bulbs for the gym, these 16 hardworking people put in long days and late nights to ensure the school's best quality.

"It can sometimes be a very stressful job but there are a lot of rewarding things," said day crew member **Linda Cook**. "I absolutely love the kids here and I have a great boss!"

There are two crews which work with the school's ever-so-busy schedule of events. However, the night crew is often the busiest and most called in.

"We cover the sporting events, plays and dances," said night manager **Steve Barnes**, "However the Alumni Banquet is probably our busiest event because of all the people and the areas that it covers."

Along with all of the normal fine tuning of the school, the custodians also work a lot behind the scenes helping to get new things going for the future.

"I'd say we work about 50% of the time on things like helping with the roof being replaced, keeping track of the new additions and, most recently, getting our boiler room redone," said day manager **Bruce Miller**.

With all of the new things that came with the school's new look last fall, the custodians still keep a very optimistic view of their jobs and EHS.

"I'm an alum of East, so I'd love to see it get back to the way it was when I went here," said **Pickett**. "I like to see both the faculty and students help to keep the school looking good, that brings back the pride we have here."

Story/Design: Stephanie Gibb & Phut Hoang Van. Photojournalist: Stephanie Gibb.

Angela Jackson, **English**
Dale Jankovitz, **Custodian**
Beverly Johnson, **Cafeteria**
Daryl Jones, **Custodian**
Mary Jane Kaldenberg, **Bus./OE**
Ed Kelly, **Journalism**
Judy Larson, **Soc. Sci.**

Joe Leo, **Custodian**
Lowell Long, **Science**
Susan Lorence, **French**
Carol Lortscher, **Secretary**
Derek Lounsberry, **Math**
Mike Lucht, **Math**
Judi Luther, **Business**

Barb Madden-Bittle, **Nurse**
Robbie Malm, **Math**
Christina Martin, **Spanish**
Lorraine Massey, **Cafeteria**
Marjorie Mayes, **Secretary**
Maureen Mays, **Science**
James McNear, **Vocal Music**

Bruce Miller, **Custodian**
Mike Miller, **Debate**
Marty Mohler, **Tech. Ed.**
Don Murphy, **Social Studies**
Linda Nemmers, **Math**
Debbie Neustadt, **Science**
Randy Nordaker, **MD SC**

Taking small *steps is best for day manager* ***Bruce Miller****. Many of the custodians often have students help with various odd jobs throughout the day.*

Smiling is *always good! Crew member* ***Linda Cook*** *not only loves her job, but she also loves the students she sees everyday. Don't we all wish that everyone was this happy about EHS?*

Why hello there! *says building manager* ***Butch Pickett. Pickett*** *has many jobs for his crew, but he also has a good reason for having pride in EHS. He's an alum!*

Mike Nyman, **Soc. Sci.**
Dale Ogle, **Work Study**
Harold Olsen, **Counseling**
Sara Ostbloom, **Drama**
Elaine Peterson, **Business**
Butch Pickett, **Bldg. Mgr.**
John Raymond, **English**

Griff Reese, **BD SC**
Claudia Richards, **English**
Clark Roberts, **Math**
Andrew Rosene, **Spanish**
John Rudisill, **Science**
Judy Rush, **English**
Scott Ryan, **Monitor**

Annette Ryun, **Science**
Linda Saddoris, **English**
Tina Schakel, **Bookkeeper**
Al Schatz, **Assoc.**
Carla Sears, **MD SC**
Cindy Selden, **English**
Diane Sheil, **Secretary**

Lawrence Smith, **MC**
Mae Smith, **Cafeteria**
Vidal Spaine, **Resource**
Diana Spooner, **MC**
Ada Stafford, **AV**
Don Starcevich, **MC**
Carole Steingrabe, **Phys. Ed.**

BEHIND THOSE KITCHEN DOORS

Ever wonder who the people cooking behind the doors in the cafeteria are? From cooking to washing silverware, they definitely have their share of the work.

This year there were approximately 15 staff members.

"The cafeteria staff is a dedicated group that have given many years of service because they enjoy the students and their job," said manager **Delores Weeks**.

Weeks has worked for the food service for 28 years.

Norma Toigo has served as cook at East for 36 years.

"I've experienced lots of changes and I love cooking and trying new things," said **Toigo**.

Staff member **Barbara White** graduated from East along with her husband, children and parents.

"I've always felt at home at East and it seems to be family tradition," said **White**.

On an average, the cafeteria serves about 800-900 students daily.

The staff would like to see more of the students participating since they have lots of choices available, and they are the "best value in town," according to **Weeks**.

Story/Design: Phut HoangVan. Photojournalist: Marques Lewis.

Wanda Stoner, **Cafeteria**
Carolyn Strickler, **LD Res.**
Eric Sullivan, **Math**
Chuck Sutherland, **Phys. Ed.**
Jennifer Swartz, **Orchestra**
Mike Teale, **Monitor**
Savin Thach, **Custodian**

Stan Thompson, **Government**
Norma Toigo, **Cafeteria**
Josephine Tucker, **Cafeteria**
Dale VandeHaar, **Library**
Fred Vanderley, **Soc. Sci.**
James VanTuyl, **Soc. Sci.**
Joyce Vickroy, **Phys. Ed.**

Somkong Vong, **Math**
Bill Waller, **BD**
Delores Weeks, **Cafeteria Mgr.**
Marketa Welch, **Cafeteria**
Mary Westover, **English**
Steve Wetter, **Psychologist**
Barbara White, **Cafeteria**

Brent Willis, **Custodian**
Fannie Cunningham, **New Horizons**
Chaney Yeast, **SUCCESS**

NOT PICTURED
Pam Calaway, **English**
Matt Carter, **Assoc.**
Vickie Duff, **Cafeteria**
Russ Junck, **Tech. Ed.**
Bill Oleson, **Tech. Ed.**
Ric Powell, **Athletic Dir.**
Ned Rasmussen, **Tech. Ed.**

Head baker, ***Barb White*** *carefully handles cookies. During the month of December alone there are 12,000 cookies baked.*

Taking a break, *cafeteria staff members* ***Dixie Heimbaugh, Delores Weeks,*** *and* ***Barb White*** *smile for the camera. The cafeteria serves 10-15 choices daily.*

Every day in our lives there is a new challenge to face. We attend classes, do work, and learn new things along the way.

The things we learn help with our present and future life. And we have friends, family, and mentors that help us along the way and also provide good times.

Concentration and determination also helped us in getting our tasks done.

So, *Buckle Down* because the Ride of A Lifetime is in store for you at East.

Story/Design: Phut Hoang Van.

Paying close *attention in Law & Issues class, students learn about landmark court cases in U.S. history.*

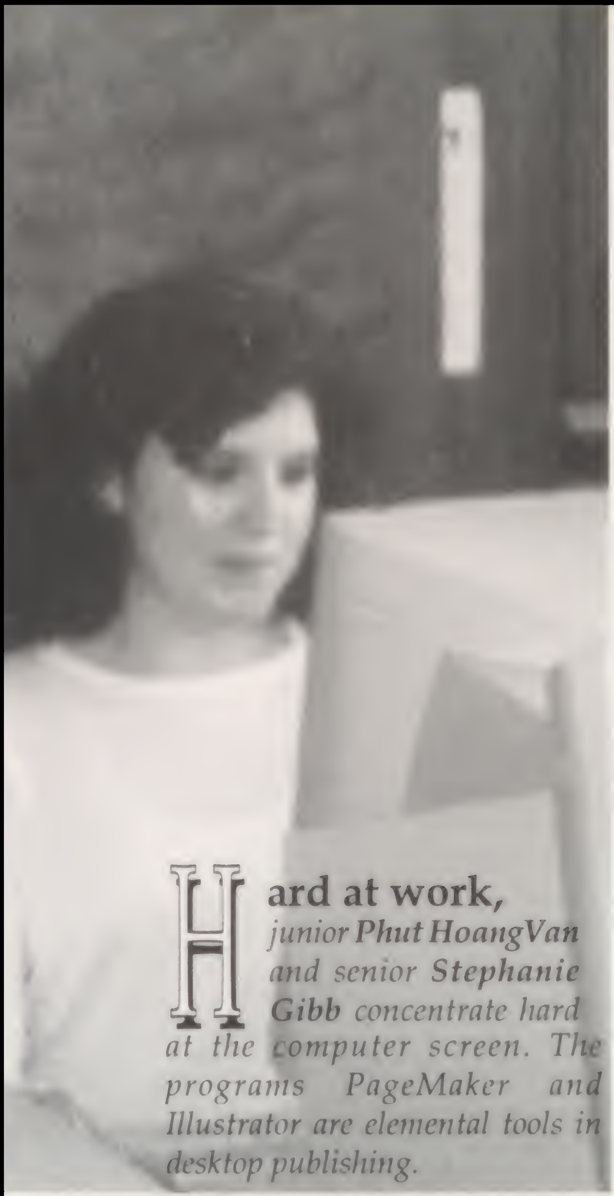
Discussing a layout, *juniors* ***Tiffany Roby, Louise Covalt,*** *and* ***Jennie Carico*** *work to perfect its design. "It takes a lot of creativity and teamwork to design an interesting layout," said* ***Carico****.*

Editor--Phut HoangVan
Design Editor--Linda Her
People Editor--Jennifer Carico
Organization Editor--Meggan King
Sports Editor--Nicole Lawrence
Academics Editor--Tiffany Roby
Student Life Editor--Ashely Vitiritto
Copy Editor--Lou Ann Covalt
Staff--Josh Gerrietts, Stephanie Gibb, CarrieLynn Meek
Adviser-- Ed Kelly
Photo Advisr-- Nancy Holmes
Graphic Tech Adviser--Jeff Bock
Artists--Marcos Ramirez & Chineda Sam

Junior editors ***Linda Her*** *and* ***Ashley Vitiritto*** *carefully examine a yearbook layout, unaware they have been "photo-ized." Each layout must be checked out by editors every step of the way.*

Say cheese! *The Q[illegible] staff took a trip [illegible] Adventureland to have a group pi[illegible] [illegible] one that matched this year's theme.*

Story/Design: Meggan King



Hard at work, *junior* ***Phut HoangVan*** *and senior* ***Stephanie Gibb*** *concentrate hard at the computer screen. The programs PageMaker and Illustrator are elemental tools in desktop publishing.*

Peek-a-boo! *Juniors* ***Linda Her*** *and* ***Phut HoangVan*** *have some fun while at summer camp. During the summer, Journalism 1 students took a trip to Iowa City to learn more about writing and desk-top publishing design.*

More Than Just A Book

"Psst."
"Yeah."
"Hey, what is Quill?"
"How would I know?"
"Aren't you a senior?"
"Yeah, what are you a freshman?"
"Yeah."

Hopefully, all EHS seniors know what Quill is, but for those freshmen who don't, listen up about the "most exciting class" yet.

"I've learned a lot about writing, designing, and what our high school is all about. I've been on Quill for three years, and I absolutely love it!" said senior **Stephanie Gibb**.

Quill is a class designed to help prepare a yearbook that will give students the memories of the best years of their life. Quill gives students a chance to make a book that everyone will enjoy. The class helps students to get to know more about sports, organizations, other classmates, and even teachers at EHS. Throughout all decision making, the main goal is making sure the Quill is better than the year before.

"The Quill is a great experience for anyone who enjoys being involved with a group activity," said junior **Jennie Carico**. "The best part of Quill is when you're finished because it gives you the satisfaction of completing a huge project."

"There are some ups and downs, but as long as the staff sticks together, we make the best of it," said **CarrieLynn Meek**.

Most of the staff will agree that the finished book is satisfying and is indeed a "huge project."

Some of the staff would say that EHS students as a whole don't know the hard work involved in producing a "good" book.

"I don't think the student body knows much about the production of the Quill. They aren't aware of the hard work such as how we design our spreads and interacting with the photojournalism class, " said junior **Phut HoangVan**.

Stress is one of the biggest problems the Quill staff endures, as do most young journalists, but through all the troubles they survive. The final outcome puts all the stress to rest.

"At very stressful times I learned that out-of-class time is just as important as working in class. When I get the spread done it makes it all worthwhile," said junior **Linda Her**.

Even though Quill can be a very stressful class because the students need to meet deadlines, try to find teachers, sponsors, and people to interview, the staff agrees, the parties and fun make up for it.

"When we meet our deadlines, and get to party, that has to be the best part of Quill," said junior **Ashley Vitritto**.

"It's a class where anyone can relax, eat, and do work. All that's missing is cable TV," said junior **Nicole Lawrence**.

"Yearbook class is not book work, nor are you assigned homework each and every Friday night. It's a fun and exciting class and it's a great way to get involved in school activities," said junior **Tiffany Roby**. You have a lot of responsiblities, but the fun and excitement behind the scenes, make up for it."

What's your Scroll I.Q.?

1. How many points are in one pica?
2. How many picas are in an inch?
3. What is cropping?
4. What is editorializing?
5. Who draws in Voo's Corner?
6. Who writes the famous Top 10?
7. The writers of "He said, She said" are?
8. What year was the Scroll started in?
9. Amber Johnson does what feature in every issue?

1)12 2)two weeks. 3)The focusing in on one certain part of a photo. 4) Injecting your own opinion into a story. 5)Deja May. 6) B.J. VanVleet and Nate Hibben. 7) Kearstin Nichols and Nate Hibben. 8) In the 1930's. 9) Dream Analysis.

W*orking on a layout, Sports Editor* ***David Frost*** *and adviser* ***Ed Kelly*** *are making sure each sport is being shown equally. The Scroll drawing board is where the pages of the paper are originally designed.*

Story/Design: Tiffany Roby. Photojournalist: Megan Wall.

Pressure of the Press

"It's deadline time!"
"Where is your story?"
"We need to print people, let's get moving!"

Ninety percent of the student body doesn't realize how much time and effort is put into the newspaper. Many of the hours spent working on the newspaper are outside of classroom.

"I find myself doing lots of my interviewing on my own time at home," said Junior **Emily Johnson.** "One thing about spending time outside of school is it allows me to use my time management skills. This skill will help me in the future."

The Scroll staff has two weeks to interview and write stories and sometimes that's not enough.

"Sometimes the work goes right to the deadline and the paper just barely gets out," said junior **B.J.VanVleet.** "I find the sooner I get a grip on my stories, the easier the deadline goes.

Staff members even use their summer time to improve their skills to produce a better newspaper. Many went to a journalism camp at University of Iowa in Iowa City.

"Camp consisted of lectures and meeting other journalists. Everyone was able to show off their newspaper or yearbook for the school year," said junior **Amy Griffiths**.

"I didn't like (camp)," said **Amber Johnson**. "Everything we were lectured on we already knew from the journalism program here at East. The one thing that I did learn from the summer was that many other journalists take as much pride as we do in their newspaper."

Some of the staff feel as though the newspaper isn't appreciated as well as they would like it to be.

Senior **Chao Xiong** said, "We produce a newspaper so the students can enjoy it, not just for ourselves. We spend many hours trying to make the paper as enjoyable as possible."

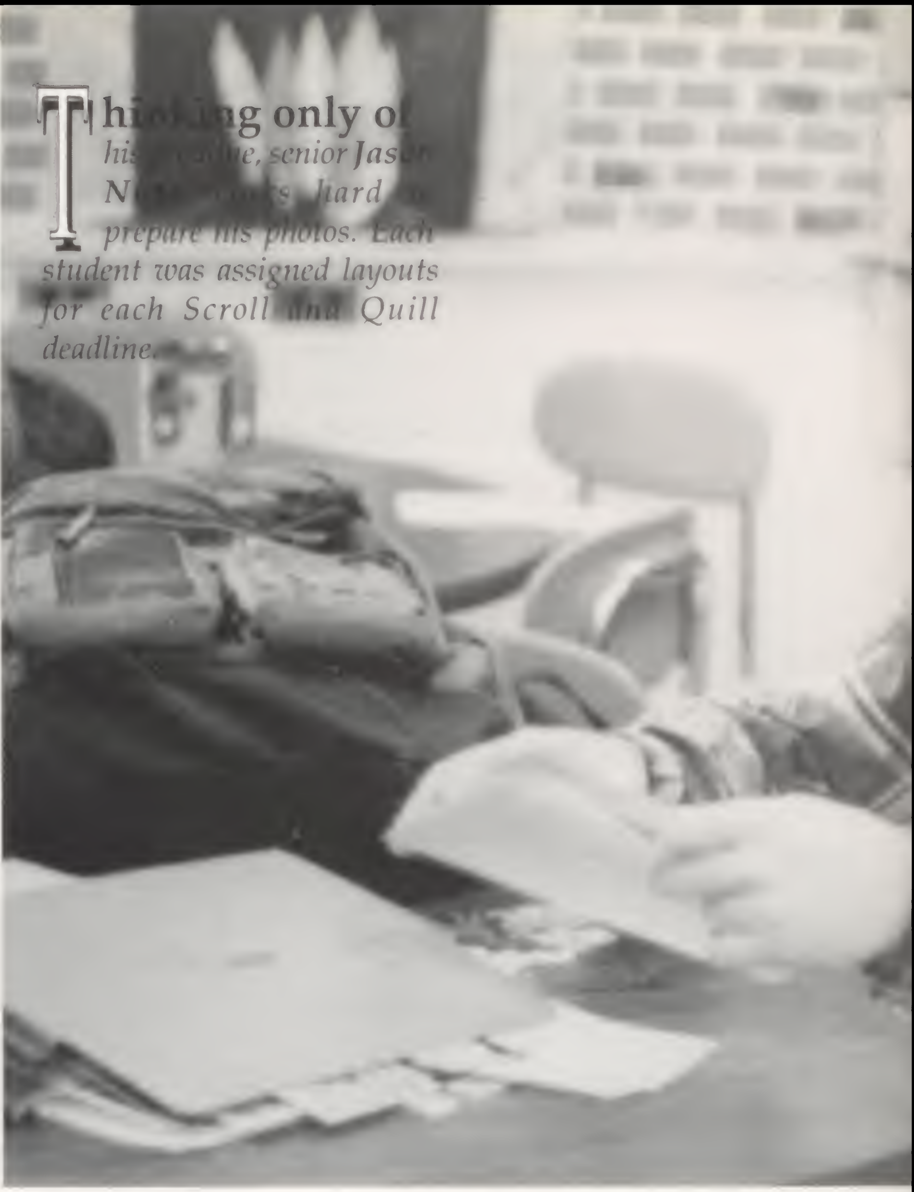
> "I find the sooner I get a grip on my stories the easier the deadline goes"
> –Junior **B.J. VanVleet**

Talking among *themselves juniors* ***B.J. VanVleet*** *and* ***Nate Hibben*** *decide on what the next Top 10 is going to consist of. This feature is written with great honor by these two students.*

Class time is very *important to juniors* ***Kearstin Nichols*** *and* ***Julie Samuelson****. This time is used for interviewing and designing page layouts.*

Photojournalism students pose for a class photo in a tree. While taking the photo, two students got stuck and one fell.

Thinking only of his deadline, senior Jason Nutt works hard to prepare his photos. Each student was assigned layouts for each Scroll and Quill deadline.



GET THE PICTURE?

Nancy Holmes, the photojournalism teacher, has a great relationship with her students. Holmes has given some of the students that have been with her for a long time nicknames. See if you can match up each nickname with the person to whom it belongs.

1) *Jerm*
2) *Red*
3) *Thumper*
4) *JNutt*
5) *Skippy*

a) Dawn Ritchie
b) Jason Nutt
c) Dustin Johnson
d) Jeremy Milligan
e) Courtney Reeves

Story/Design: Shawna McChurch. Photojournalist: Jennifer Williams.

It's All About the Photos

There are a lot of photos in the yearbook this year and you may be wondering where they all came from. A few of them come from regular students that are willing to submit their personal photos for the use of the yearbook staff. However, the majority of them come from the photojournalism class.

"Our main job is to fill the requests from the yearbook and newspaper staffs," said senior **Tiffany Mayse**.

Photojournalism students didn't just take the pictures that are seen in the Scroll and Quill, they also developed them. They tried to take as many photos as possible and wherever they could.

"We try to provide the journalism students with twice as many pictures as they need. It gives them more of a variety and choice," said teacher **Nancy Holmes**. "We also take pictures wherever we can. We shoot at games, school functions, sport meets and many other events."

The class was made up of hand-picked photo students that have successfully completed Photo 1 class. Having only select students in her class, Holmes had it pretty easy.

"The students did everything, I just monitored their work and assigned spreads. Sometimes I would do some shooting," said **Holmes**.

Holmes also required that her students have a great enthusiasm and they had to be "excited about publishing."

"I like the photojournalism class because it's way to be creative," said senior **Megan Wall.**

The students had a great relationship with Holmes. For her birthday the class brought doughnuts and juice for her.

The students were in the class for different reasons. One student joked that he was in the class because it was an easy "A." Seniors **Jeremy Milligan** and **Marques Lewis** said that they just "love this class!" But for senior **Courtney Reeves**, it's more than just fun.

"I'm considering this as a career so I decided to look into it and get some background in it," said **Reeves**.

As for fun, well, it was no strange thing to this group of students. On the last day of finals they had a group picnic.

"We ate hot-dogs and played around," said **Mayse**. "I brought a cake, too. It was a creative cake that had a camera on it."

"We ate lunch, played on the swings and on the slide, and we took some pictures," said **Milligan**. "It was a lot of fun."

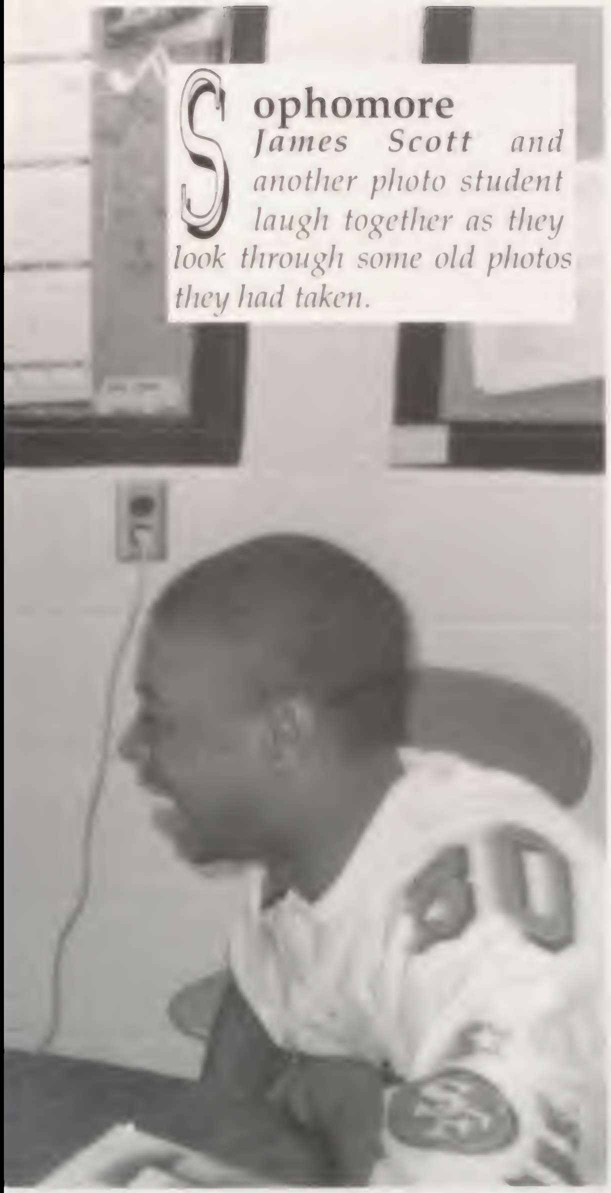
> "I like photojournalism because it's not a chore, like math is, so I look forward to it.
> –Senior **Courtney Reeves**"

Photo teacher ***Nancy Holmes*** *(above) swings with seniors* ***Tiffany Mayse*** *and* ***Courtney Reeves****. At left, senior* ***Dustin Johnson*** *is hanging around at the picnic.*

The students not *only learn to take pictures but also to properly develop them. This is the dark room where students spent much of their time.*

Photo class isn't *just taking pictures, sophomore* ***Katie Hull*** *(above) studies for a test. At right, students take a little break time to hang out and talk.*

Story/Design: Brooke Nowadzky. Photojournalist: Megan Wall



Sophomore ***James Scott*** *and another photo student laugh together as they look through some old photos they had taken.*

Smile Pretty for the Camera

You've probably seen people out in the halls carrying cameras. Chances are they're in Photo 1, 2, or Advanced classes. They go around taking pictures of whatever or whoever they want, but they do have some assigned pictures to take to make up their portfolio. These pictures include: landscape, candid, posed candid, portrait, animals &/or children and personal favorite pictures.

"Ms. Holmes gives you a lot of freedom to go take pictures during class or on your own time," said junior **Tanesha Thompson.**

Photo 1 is a one semester class in which students learn the basics of photography.

"The first week you spend taking notes before you actually get into taking pictures," said junior **CeCe Marshall**.

Working strictly with black and white pictures, students learn photo composition principles and how to develop and print photographs.

"I really like the class, the only problem is that time goes by too fast," said **Marshall.**

> The other teachers are real cool about letting us come into the classes and take pictures.
> – Sophomore **Jenny Golden**

Photo 2 is also a one semester class that is a continuation of Photo 1. It emphasizes the artistic aspects of black and white photography. Students explore the use of different films and photo papers, as well as make use of special effects in the dark room.

"I like the teaching environment and there is a lot of hands-on-training," said junior **Matt Moeller**.

Advanced photography is also a one semester class that is designed for students that are serious about photography as a life-long career or hobby. They have to make portfolios that are harder than Photo 1 or 2.

"Ms. Holmes makes it fun by giving us a lot of freedom," said sophomore Jenny Golden.

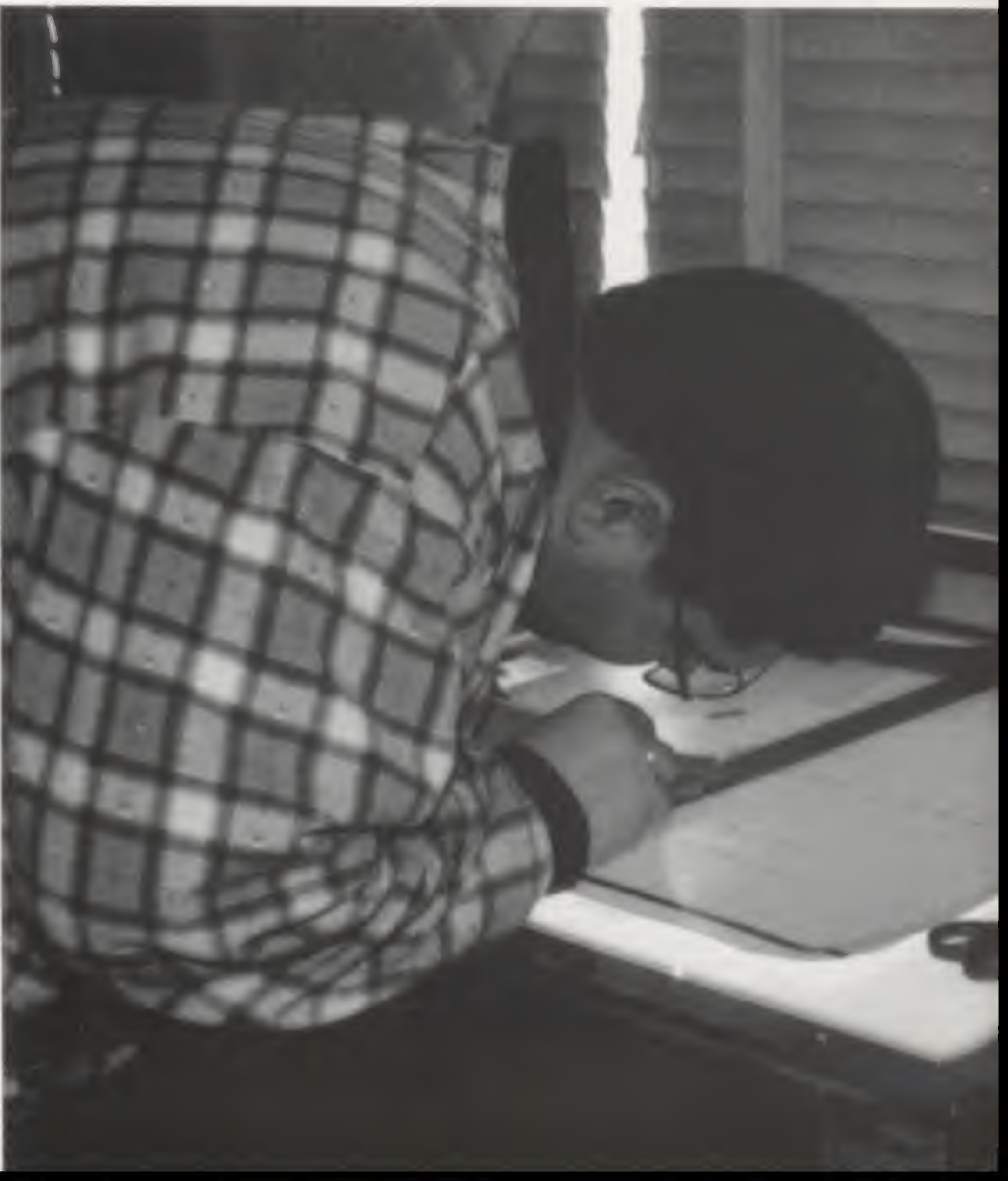
Teacher Nancy ***Holmes*** *jokingly says "Whoever says it's hard getting into photo isn't trying hard enough." She teaches beginning students as well as advanced.*

Don't forget to *save. Senior* ***Mollie Sherman*** *works on a project using the computer. Computers were key tools in Graphic Arts.*

Everything set? *Senior* ***Tiffany Mayes*** *makes sure everything is correct on the press before beginning. Students become very familiar with the press through out the year.*

Try not to get ink *on yourself! Seniors* ***Anthony Buttrey*** *and* ***Jason Milligan*** *work at the press. The press was used in printing many projects including the "Scroll."*

Be very, very *careful. Junior* ***Nabil Hanke*** *measures out a line on the light table. The light tables were used to back light and measure out what needed to be cut on any given piece of work.*



Story/Design: Josh Gerrietts. Photojournalist: Megan Wall.

Printing And Projects And Paper And...

There are many invaluable resources that are located at East High. One resource is the graphic arts department.

East is special because it has an "in house" printing class which prints the *Scroll* every two weeks and does other printing jobs for the school.

"I think i's interesting," said junior **Adam Wilson**. "We got to use the printers and help distribute the paper."

Printing of the *Scroll* can sometimes get hectic, as is anything when there is a deadline, but Graphic Arts teacher **Jeff Bock** found a key that keeps almost everything running smoothly. Students can retake the class, for more credit, learning more each time.

"It really helps when we have experienced students who have been in the class in the past students helping out," said **Bock**. "Their assistance is invaluable."

The class also consists of several projects throughout the year which had the students working with all the different kinds of equipment.

"It was fun! We got to make several unique projects," said sophomore **Heather Robinson**.

> "It was fun because we got to make unique projects.
> –Sophomore
> **Heather Robinson**"

Some of the projects were business cards or note pads, which the students design, edit and print themselves.

The graphic arts department also has other chores to accomplish for the school.

"We printed flyers for a lot of the schools activities—sign ups and things like that," said junior **Edward Rhodes**.

As for the future, **Bock** has big plans for a "takeover," of sorts. "We plan to take over the north wing," said **Bock** with a sly smile.

"We want to get Ms. Holmes [photojournalism teacher] out of that closet that she's in now and move Mr. Kelly [media teacher] to the main building to make room for some big four-color printers."

The program won't really do that, but, to the satisfied students, it does seem almost that important.

Awesome Art From The Heart

It takes more than just drawing something on a sheet of paper. It takes precise precision, small movements of the pencil and, of course, talent. That is art.

"I really enjoy being in art class because I learn a lot of new techniques besides just drawing," said sophomore **Tony Antelman**.

The art club came back with great involvement this year. Even though it had fewer than 20 students, that was an improvement from last year.

"There are about 10 students involved, and that's a good, healthy group of kids," said teacher **Jerry Goodrich**.

Goodrich had many activities planned for the club this year. Including teaching different styles of painting, making candles, glass beads, leathers crafts, and glass etching.

Besides teaching the students different styles of art, there were many field trips planned for the club. Some of the trips included going to different art galleries and agencies and to Grandview College.

> "I just did something so simple and I'm glad I finally won.
> –Senior **Marcos Ramirez**"

"I'm glad that the art club returned this year because I think I will learn a lot from it," said sophomore **Karissa Wing**.

Along with art club, many students work individually on special projects throughout the year. One of these projects was the Fire Prevention Poster.

"It was really cool to be able to win the Fire Prevention contest. I just did something simple and I'm glad I finally won," said senior **Marcos Ramirez**.

Many of the students are getting more involved in art. Some are taking other art classes outside of school, and even getting scholarships.

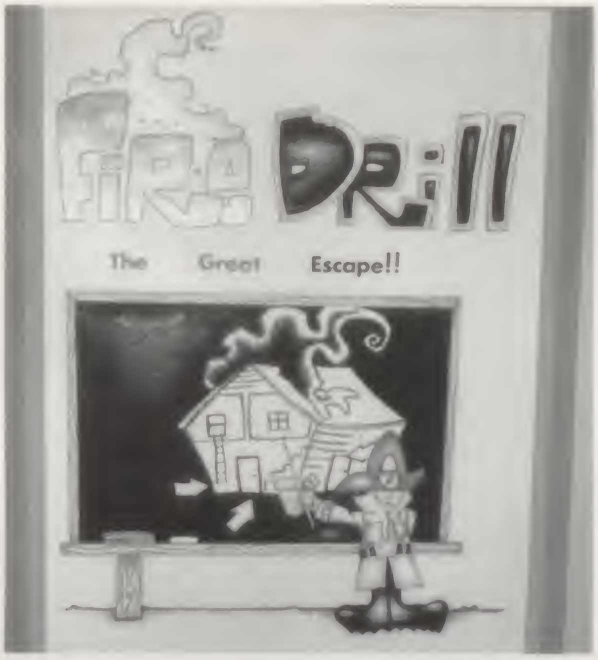
"Next semester there are about 9 students that are getting scholarships to go to art school. Most of the kids that are in art are probably going to use it as a career," said teacher **Shirley Gooch**.

Story/Design: Lou Ann Covalt. Photojournalist: Jenny Breese.

Deciding *on what to draw, these art students continually work hard to perfect their artwork. The art club members take many field trips throughout the year, one which includes going to the Art Center.*

Showing off their *talent, freshmen **Annette Holand, Josh Noble,** and sophomore **Jenny Csader** pose for a picture. This year about ten students joined art club.*

Winning first place, *this piece of art was drawn with careful precision and creativity. After getting second place last year, senior* ***Marcos Ramirez*** *finishes proudly in first place.*



Perfecting their art, *seniors* ***Ian Sims, Long Lee, Soulinthone Luangaphayuong****, and junior* ***Laura Luce*** *use their time wisely. There are many individual contests that art students can participate throughout the year.*

Smiling for the *camera, senior* ***Marcos Ramirez*** *is happy he won the Fire Prevention poster contest.* ***Ramirez*** *received $100 in savings bonds for getting first place.*

New Teacher, New Beginnings!

EHS would like to welcome the newest member of the faculty, Sara Ostbloom. Although Ruth Ann Gaines will be returning next year after being on her sabbatical for Teacher Of The Year, Ostbloom is enjoying her substitute role.

"Drama is fun and exciting and allows students to be creative and free-thinking," said **Ostbloom**.

> "Drama is fun and exciting and allows students to be creative and free thinking."
> – Sara Ostbloom

Ostbloom taught at North before coming to East for the drama position. Although she claims that North and East are similar in many ways, there are some differences.

"One difference is East is bigger than North and that creates a lot of diversity. Teaching here is a lot of fun," said **Ostbloom.**

"To be able to come into a new school and adjust to the people is hard. Ms. Ostbloom's made it through, though," said senior **Marlisha Slaughter**.

Being a new student is always hard, but being a new teacher is totally different. One of the biggest worries is if any of the students will grow to like and give as much respect to the teacher as the teacher is giving to them.

Of course, the next would be if the students will still like the class with the way the new teacher teaches it.

"Drama isn't hard at all! Although it does take a whole lot of personal, internal and external discipline. You must listen, speak and be willing to push the limits," said senior **Stephanie Gibb**.

The drama classes were very active this year, especially with their fall play "Greater Tuna."

"I think it was a very hilarious play. It's a satire about a town full of red-necks who constantly make fun of themselves," said senior **Frank Swoboda**.

Just a couple *More minutes!* ***Dorthy James*** *makes sure she gets her lines right before she performs in front of the class. In drama class students write their own skits and act them out.*

Story/Design. Meggan King. Photojournalist: Jenn Williams.

Get Down! *At the homecoming assembly, theater arts students performed a skit called "Who's gonna D.J.?" Theater Arts students always performed a skit at the big assemblies.*

What a rowdy *bunch of students! Drama class isn't all fun and acting, every class has the occasional "lecture."*

What is this? *This would be the rack of clothes for the fall play. Although the wardrobe isn't the '90s style, it's a fashion statement for EHS drama classes.*

New teacher ***Sara Ostbloom*** *is making sure none of her students are out of line. Ostbloom is a temporary teacher until Ruth Ann Gaines returns from her sabbatical next year.*

Full Contact Social Studies

"Full contact social studies" is how this year's new debate coach and speech teacher **Miller** describes debate.

A new research tool has graced the debaters this year also. It's an electric database used online called, Lexis. **Miller** got this "power tool" from being a part of a Minnesota organization for high schools called the Minnesota Debate Teacher Association (MDTA)..

"The Lexis is extremely helpful," said junior **Katie Naset**. "It streamlines everything."

A student usually starts debate as a freshman and is a novice the first year. The next move up is varsity, also known as champ.

> Most people think debate is based on arguments and it's easy, but it requires an intense background of political knowledge.
> –Junior **Katie Naset**

"When you're in novice," said senior **Lauren Rice**, "you are just getting your feet wet."

Suprisingly enough, **Miller** says that debate is primarily research.

"You have to know what the other team's arguments are and your own," said **Miller**. "The most prepared teams win."

Where do they travel? Everywhere, said **Miller**. The squad went to Harvard and Chicago. There were only three tournaments in Des Moines this year.

"Usually we don't get to sight-see, we don't have time," said **Miller**.

There are 20 tournaments in a 10-month season. It goes from September to June.

The primary goal of the team is to advance to the elimination round, and there get all three judges to vote for them.

If you are wondering where the debaters get the money to do all this stuff, it's East. They have a $7,000 school budget, with an additional $1,000 that they earn during the only tournament held here at East.

Naset said, "We use the money for traveling, hotels and tournament entry fees."

Rice and **Naset** seem to be the star debaters this year.

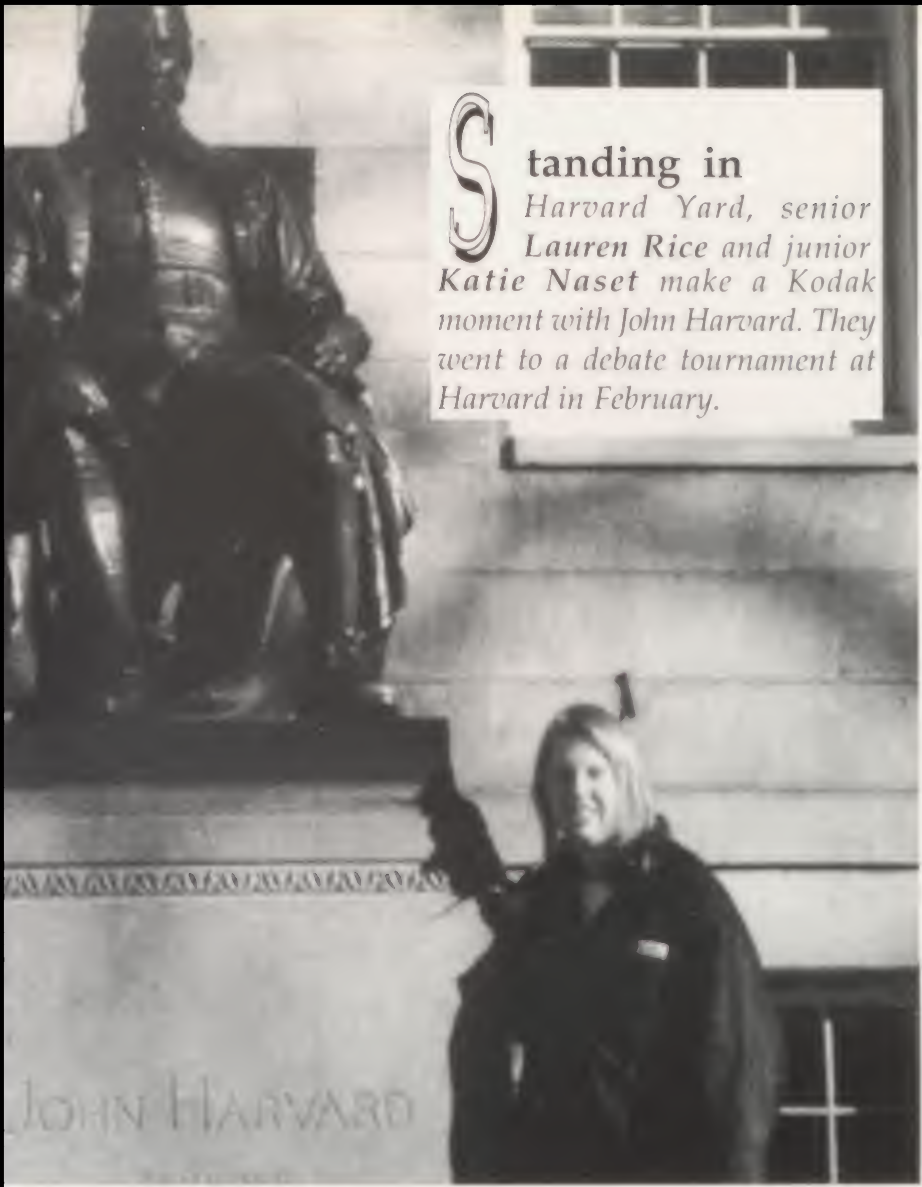
"Katie and Lauren are by far the most experienced," said **Miller**. "Also, Lauren went to Russia and Katie studied at a college this summer which helped."

Rice says that their trip to New Trier, a high school in Chicago, is a tournament that stands out in her mind. They won their first elimination, but lost the second, 2-1.

The only other metro schools involved in debating are Roosevelt and Lincoln. Valley is also a competition.

Story/Design: Heidi Bailey. Photojournalist: Thumper.

Standing at the Bunker *Hill monument in Boston, senior* ***Lauren Rice*** *pauses to smile. Rice has won ten awards this year along with her debating partner.*



Standing in *Harvard Yard, senior* ***Lauren Rice*** *and junior* ***Katie Naset*** *make a Kodak moment with John Harvard. They went to a debate tournament at Harvard in February.*

EHS SENIOR MAKES IT TO NATIONALS

Senior **Panda Ferrell** is the first speaker at East to go to nationals for speech. In fact, she was the only speaker at East this year.

"I do a 10-minute memorized speech on procrastination, but there are all different kinds," said **Ferrell**.

She won the districts that were held at Roosevelt, February 12–13. She will travel to Phoenix, Arizona for the nationals in June.

Coaching her this year is English teacher **Ron Borstad**.

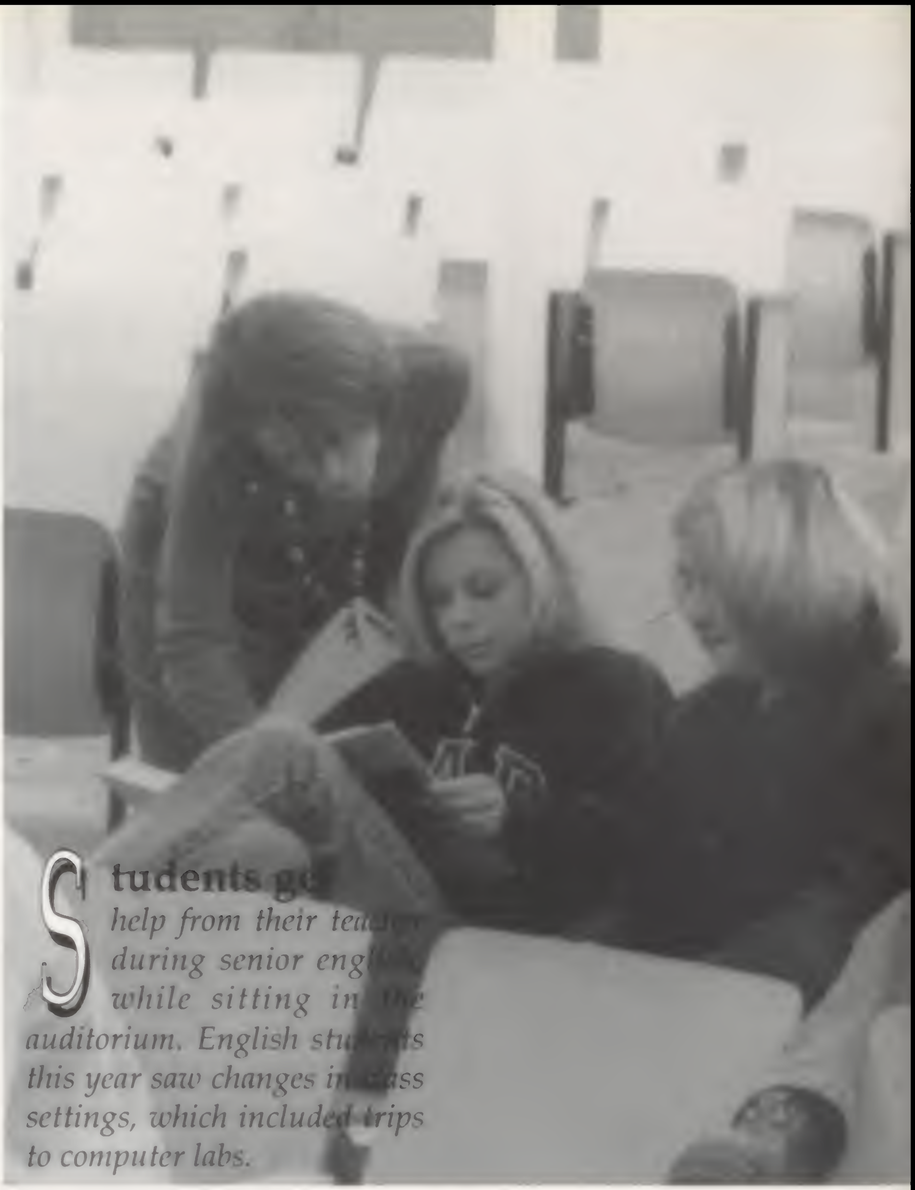
"Panda's practical purpose is a self-motivator," said **Borstad**. "I'm more of a cheerleader than a coach. All that I have to do is guide her in the right direction."

Other schools that compete yearly are Valley and Dowling.

Ferrell said, "I beat Valley all the time, it's kind of become a second major."

The speech team uses the debate budget for their expenses.

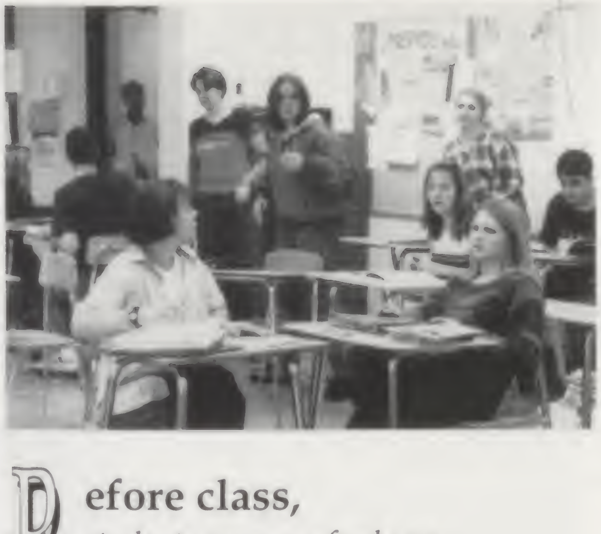
Sitting at the airport *in Logan, Massachusetts junior* ***Katie Naset*** *prepares to fly home. Naset was the top Iowa speaker at three tournaments during the debate season.*



Students get *help from their teacher during senior english while sitting in the auditorium. English students this year saw changes in class settings, which included trips to computer labs.*

During class, *freshman student* ***Kerry Bloomquist*** *takes time to smile for the camera at top. At right, students attentively listen to veteran teacher* ***Diane Crozier****. The English department, this year, saw many new added faces in the faculty ranks.*

Story/Design: Jennifer Carico. Photojournalist: Amanda Conlin.



Before class, *students converse freely on various subjects. English and Speech were enjoyable classes because students were encouraged to speak their opinions.*

Stepping Toward the Future

In the past, English meant reading book after book and writing essay after essay. However, this year more than ever, the focus was computer-generated work.

"We really have had increased use of the computer lab this year," said **Julia Hagen**.

The teachers have been making use of the computer labs more because of a common.

"Our target goal is to have each student hand in at least one error-free computer- generated paper per semester," said **Hagen**.

Also the students seem to like the change to using the computer labs more often.

"I like being able to use the computer labs because you don't have the pressure of finding a computer outside of school to use," said junior **Jenny Edwards**.

The teachers also worked with the students on better articulation and writing skills.

"We've tried to have an increased emphasis on writing well and also in the accuracy of writing," said **Hagen**.

In general students seem to enjoy English as a class.

"I like English because of the skills it teaches for the future," said freshman **Jon Covalt**. "I also like it because we get to learn about the history of literature."

"The class is interesting because we're able to speak our opinions freely,"said **Edwards**.

The English department also works directly to improve students' oral skills in the required sophomore semester of speech.

Sophomore **Lindsay Carr** said that speech is a pretty fun class because students get to talk a lot and it teaches students social skills needed for the future.

"Speech helps you a lot with being confortable while speaking in front of crowds," said sophomore **Christina Thomas**.

Although English in the past has been thought of as a "boring" class, this year's computer efforts to help students with their skills seemed to have worked out well.

> "The class is interesting because we're able to speak our opinions freely.
> –Junior **Jenny Edwards**"

What's your foreign language I.Q.?

Translate the following:

1. ¿Como se llama?
2. Oui!
3. ¿Donde vives?
4. Je t`aime!
5. ¿ Como estas?
6. Je parle francais.
7. ¿Que tiempo hace?
8. Ou est la toilet?

1. What is your name? 2. Yes! 3. Where do you live? 4. I love you! 5. How are you? 6. I speak French. 7. How is the weather? 8. Where's the bathroom?

These students *eagerly raise their hands to answer a French question. More students tend to take Spanish rather than French.*

Señor Rosene *explains Español to the class. His class is often rousing and lively.*

This Spanish *class pays close attention to the overhead. Señorita* ***Fees*** *was a new Spanish teacher at the school.*

Story/Design: Phut Hoang Van. Photojournalist: Emily Erickson

Exploring the Foreign World

Are foreign language classes needed in everyday life? Some people think so and some don't.

In the business world second languages are becoming very demanding. There is a need for multi-lingual employees and they sometimes cannot speak English very well.

That's when other employees who can speak the language can help communication go a lot smoother.

"I'm taking a foreign language so I can improve on my writing skills in that language and to be better prepared for a future job," said freshman **Lily Leyva**.

"I don't think I'll be using a foreign language much in my future life plus once I get out of high school, I'll probably forget most of what I learned in class," said sophomore **Cassie Tonasket**.

> I took French because I really like the language.
> –Junior **Amanda Webber**

For some, foreign language classes are required if they plan to attend college.

"I take Spanish I will have more of a head start than many others," said junior **Amanda Smithart**.

"By taking the class I wanted to learn new things and to just have a class credit," said **Tonasket**.

There are others that take foreign language classes to enhance their knowledge and to learn about new and exciting cultures.

"Learning Spanish is fun and maybe I'll find a use for Spanish in my lifetime," said sophomore **Brianna Frank**.

"I took French because I want to someday go to France," said junior **Amanda Webber**.

Taking A Step Further

For students at East, attending Central provides a much needed break in the day.

"I think the break gives our minds a time to rest. It's good. It's all good," said junior **Mimy Sanachit**.

Central Campus gives students the opportunity to learn vocational skills that will help them in their future career paths.

"I like Central because it gives you real hands-on experience and allows you to explore different careers," said junior **Darwin Curl**.

Central Academy focuses more on academics than specific careers. Students can take AP or college courses, then, at the end of the year, students can take tests which can earn them college credits.

> I think going to Central provided me a better opportunity than if I just took classes at East.
> –Junior **Darwin Curl**

"AP classes are rewarding in the fact that I know I'll be ready for college," said senior **Andrea Ferrell**. "Also, it's an opportunity for an intellectual setting in public schools."

Central Campus and Academy both offer a variety of classes that "home schools" don't provide.

"Central really lets you take the classes you want to take instead of classes you have to take," said junior **Rochelle Slaughter**.

Any student can take classes at Central. They just have to tell their counselor to schedule them, and some students take one period at Central while others take up to six.

"I take two," said senior **Mike Camp**. "I really like the classes that Central offers because they're different than the classes at East."

The school system provides buses for students going to and from Central. However, some students provide their own transportation, either by driving themselves or riding with a friend.

"I rode the bus to Central every day," said junior **Krystle Held**. "I liked it because it gave me a chance to talk to my friends on the way."

Central also allows students to meet with other students from all around the Des Moines area; in all, 50 schools are represented at Central.

"I like the fact that so many students come from different schools," said sophomore **Nicole Mabrier**. "It's fun to meet new people and get to know them."

Another plus, for college-bound students, is that Central provides a foreign language program. Foreign languages are set for two period blocks and since students take two periods per day, they earn two years of foreign languages credit in one year.

"I like how the foreign languages are set up because it takes less time to get the two to four years of credits some colleges require," said sophomore **Adam Warner**.

Story/Design: Jennie Carico. Photojournalist: Skippy Johnson.

During gym, *junior Dustin Johnson takes a break from the monotony of riding in place (at top). Below, students come to and from the buses which transport them to Central.*

Displaying their *scientific genius, students show pride in their work (at left). Below, seniors* ***Joe Wykoff*** *and* ***Craig Webber*** *work in a group during a science class.*

Why did you decide to go to Central?

"I went to Central because I wanted to take Italian."
–Domino Francis

"I decided to go because Central offered the fashion class I wanted to take."
–Rochelle Slaughter

Life All Around Us

Nature, insects, mammals and plants surround us everywhere. This is what teachers of Ecology, Botany, and Zoology focus class time on. If you took one of these classes, here is a test you could pass:

1. What year was the study of Ecology started?

a) 1950
b) 1860
c) 1900
d) 1980

2. Humans are

a) omnivores
b) carnivores
c) decomposers
d) herbivores

3. The main producers of food for all life are

a) animals
b) sun
c) plants
d) air

4. True/ False

Insects are found beyond the Arctic Circle.

5. Which of the following is a part of an insect?

a) head
b) thorax
c) abdomen
d) metathorax
e) all

6. A fly's second pair of wings is called

a) halteres
b) elytra

7. Grasshoppers are

a) orthoptera
b) ephemeroptera

8. Insects are

a) invertebrates
b) vertebrates

9. A young female horse is called a

a) colt
b) filly

10. Bats can't live where the humidity is below

a) 70%
b) 90%
c) 85%
d) 80 %

11. What language does the word Zoology come from?

a) French
b) Greek
c) Spanish
d) Latin

12. What do enzymes do for plants?

a) help them breathe
b) carry blood
c) digest food
d) fight viruses

13. A polar bear's natural enemy is

a) cheetah
b) weather
c) tiger
d) humans

14. A head of a hippopotamus weighs

a) 1,000 kg
b) 900 kg
c) 500 kg
d) 1,500 kg

15. True/False

Tropical rainforests are endangered.

Answers:
1.a.1860 2.a.omnivores 3.c. plants 4. true 5. e.all 6. a. halteres 7. a.orthoptera 8.a.invertebrates 9.b.filly 10.c.85% 11.b.Greek 12.c.digest food 13.d.humans 14.a.1,000kg 15.true

Right outside *of our own school, botany students take a closer look at plant life. The curriculum of this class includes projects like making "sock-person" Chia pets.*

Story/Design: Tiffany Roby. Photojournalist: Jason Nutt.

Senior Shannon Kingrey *evaluates plant life on the side of school grounds. Botany is a semester class, like Zoology and Ecology, that gives students a chance to learn about nature.*

Looking *through a resource book, botany students try to figure out what kind of plants surround EHS.*

Did you know?

** Athlete's foot is a fungus.*

** A cockroach can live for a day with its head cut off.*

**Dragon flies can fly up to 30 miles per hour.*

**If all the ice in Antartica melted, the level of the oceans would rise 200 feet. One fourth of the world would be flooded.*

** Bamboo is a type of grass that can grow 3 feet in a day.*

Using a *microscope, senior* **Andy Powell** *is evaluating parameciums (above). At right, senior* **Tracey Lowe** *uses a microscope to study microrganisms. Students in Biology II often found new things they didn't know about.*

Consulting with *each other, sophomores* **Tricia Towey** *and* **Amy Baumeister** *decide what their data means. In science it is always better to compare your data with someone else's before a conclusion is made.*

Story/Design: Tiffany Roby. Photojournalist: Amy Forkner.

Capturing an *amoeba isn't as easy as it looks for senior* ***Taylor Webb****. Biology II is an elective class some students choose to take their senior year.*

Freshmen ***Samantha Campbell*** *and* ***Karena Reihsen*** *are working on a 'mushroom lab.' This lab taught the students about the reproductive system of mushrooms.*

The Mysteries of Life

In the world of biology, students are exploring the simple aspects of human life and how they relate to each other and their environment.

One of the first things students of Biology I faced for their first lab was an insect collection.

"The insect collection was my favorite lab to see the students do," said teacher **Keri Frommelt**. "I'm a bug person. I love the study of bugs."

Sophomore **Jessica King** said, "I didn't really enjoy the insect collection. I thought it was kind of boring because I enjoy learning about mammals, not insects."

> I'm a bug person. I love the study of bugs.
> – Biology teacher
> **Keri Frommelt**

To some, collecting insects would have be very disgusting, but just imagine putting a skeleton together from owl regurgitation.

"I really enjoyed doing the owl pallets," said sophomore **Ernesto De La Cruz**. "It was a great way to learn about skeletal and digestive systems.

Although Biology I and II have similarities, Biology II has more advanced opportunities.

The students who take biology a second year have a chance to meet Dr. Wakabongo from the University of Osteopathic Medicine in Des Moines.

"Doctor Wakabongo was really cool," said senior **Manila Lovanh**. "She taught us about microbiology and told us how germs and viruses develop and how they affect the body."

Another popular project was dissecting animals.

"It gave us a closer look at animals and their way of life," said senior **Tameka Miller**. "I thought it was a fun experience."

The Study Of The Laws Of Motion

"There's something profoundly satisfying about obtaining esoteric information on the various motions of terrestrial bodies," said senior **Aaron Long**. Basically what Aaron is trying to say, in laymen's terms, is that physics was interesting.

Science is an on going study on anything that deals with anything. The aspect of physics appeals to some for different reasons.

"I liked playing with the wind up cars," said senior **Beth Drey.** Beth was alluding to an experiment that deals with motion and the forces gravity. Experiments were used to gain on hand information on different aspects of chemistry.

Often enough students would ask a teacher if what they were learning would apply in the real world. Some students looked for that connection.

"I liked to take the concepts of physics that we learned and apply them to my every day life," said senior **Tim Froehle.** "This, to me, makes the class that much more interesting."

Some people are scarred away from courses like physics because they think that it's all work and no play. They think that the class is just for the top ten percent and for people that get straight A's.

"Anybody can do physics," said junior **David Kouang**. "If someone wants to learn and do the work they'll be able to grasp this courge."

What makes physics unique from other classes is that the student learns literally what makes the world go 'round, and in that gains practical knowledge of the basic functions of the world.

Is this right? *Senior* ***Nophalak Meksay*** *checks her work with physics teacher* ***Rollie Bramhall****. Students are always encouraged to ask questions on subjects they are unsure of.*

Any questions? *Teacher* ***Maureen Mayes*** *walks around the classroom to see if any students are having problems with the days new concept or theory.*

Story/Design: Josh Gernetts. Photojournalist: Kerry Green.

Hittin' the books, *senior **Beth Drey** works hard on her daily assignment. These assignments plus homework are part of everyday life of physics students.*

Technology Expands Class Rooms

The world of science is a vast and interesting realm in which experiments prove or disprove theories or things that could change the world. This both is and is not the case in the East High chemistry department.

It is doubtful that any drastic discovery will be made, however, it doesn't make learning about it less interesting.

"I think it's a fun class," said junior **Leah Tedder.** "The lab experiments are interesting and (teacher Maureen) Mays is really good at explaining the subject so that mostly everyone can understand it." This year there was an addition to the chemistry curriculum, a program sponsored by the Iowa Cable Network (ICN).

"ICN made it possible for us to connect with other classes via the internet and television," said **Mays.** "We did experiments and worked together on things like reports. Each student had a partner from another school that they did this with."

No matter how inventive or modern this new addition is, the true test is whether students find it interesting or helpful.

"It's kind of different," said junior **James Grasso.** "I like it because we get to meet people from other schools and do different activities."

Getting connected also has had an effect on the way other schools view East.

"I have received e-mail from the teachers whose classes we work with, and the students are nothing like what they expected. They heard all the bad stereotypes but found out that they were not true," said **Mays.**

The odds are against any dramatic findings or breakthrough theories being uncovered at old East High. This in no way, though, reflects on the importance of the class or how interesting the students find the curriculum. Chemistry is an intriguing part of science, even if it does mean a little more homework.

> "It's a fun class...the labs are interesting.
> –Junior **Leah Tedder**"

Wake up sleepy head. *Senior **Jennifer Johnson** is hard at work studying the inside of her eyelids instead of physics. This proves that school needs to start around ten-ish.*

Find the Definition

Match the word with its definition, use the story to help find the answers.

1. Geology
2. Oceanography
3. Weather
4. Astronomy
5. Chemistry

---

a. Science of the stars and other heavenly bodies, their motion, position and size
b. Study of the environment in the ocean and its plants and animals
c. Study of the development of the earth's crust
d. Deals with the composition and properties of substances and their reactions when mixed
e. Study of the condition of the atmosphere

Answers: 3.e
1.c 4.a
2.b 5.d

Sitting in class, *freshman* ***Jenny Grochala*** *listens to teacher* ***John Rudisill*** *lecture. In addition to lectures, bookwork can't be avoided, either.*

Story/Design: Heidi Bailey. Photojournalist: Tiffany Mause.

Identifying the *trees on the front lawn, freshmen* ***Brandon Smith, Jared Metheny, Amy Giddings*** *and* ***Megan Daggett*** *smile for the camera. These students were studying the history of East.*

Working on a *lab, freshman* ***Jason Rice*** *turns to show his investigation of earthquake waves. The lab was to help the students with geology.*

Earth Science: What's it all about?

Geology, oceanography and weather are just a few of the things that Earth Science is all about.

Geology is the science dealing with the development of the earth's crust. Students in teacher **Janet Boyd's** house classes took a walking trip to the Historical Building in October. To better understand gems, the students looked at rocks and minerals from Iowa. They also did a poster on a gem that was worth 10% of their grade.

Freshman **Ashley Birkinbine** said, "I did mine (poster) on the ruby, it was hard."

The students watched the films *The Lost World* and *Dante's Peak* to better relate "real life" and what they were learning over fossils, volcanoes and earthquakes.

Freshman **Merry Kouang** said that it "helped relate to what we were studying."

Boyd's class also learned about oceanography, the study of the environment in the ocean and its plants and animals. The students made booklets and a clay model of the ocean floor.

"Water has relevance to everyone," said **Boyd**. "It is good for (the students) to learn about."

In studying the weather, students examined the condition of the atmosphere with regard of temperature and moisture, did outside activities and took daily forecasts from the weather radio.

Freshman **Rosemary Duenas** said that weather was a big part of her life. "I use it to decide how I am going to dress for the day." said **Duenas**.

> “Earth Science can be hard work yet it can be really fun with all the hands-on activities.
> –Freshman **Ashlie Green**”

The science of the stars and other heavenly bodies, their motion, position, and size is astronomy, yet another piece of this year's Earth Science class. Some students picked a constellation and did a library paper over it.

Boyd said, "Astronomy is a field that is ever-changing, it is good thing for the students to learn."

Freshman **Amy Giddings** said, "Astronomy is pretty cool, it's interesting."

The students in **Boyd's** class also learned about chemistry, the science dealing with the composition and properties of substances and with the reactions by which substances are produced from or converted into other substances.

"Chemistry is hard work," said **Kouang**. "Working with all the chemicals is a lot of fun though."

The class did a discovery paper where the students "stepped into their famous scientist/mathematician's shoes" said **Boyd**. The class did a presentation of their person and showed what that person discovered.

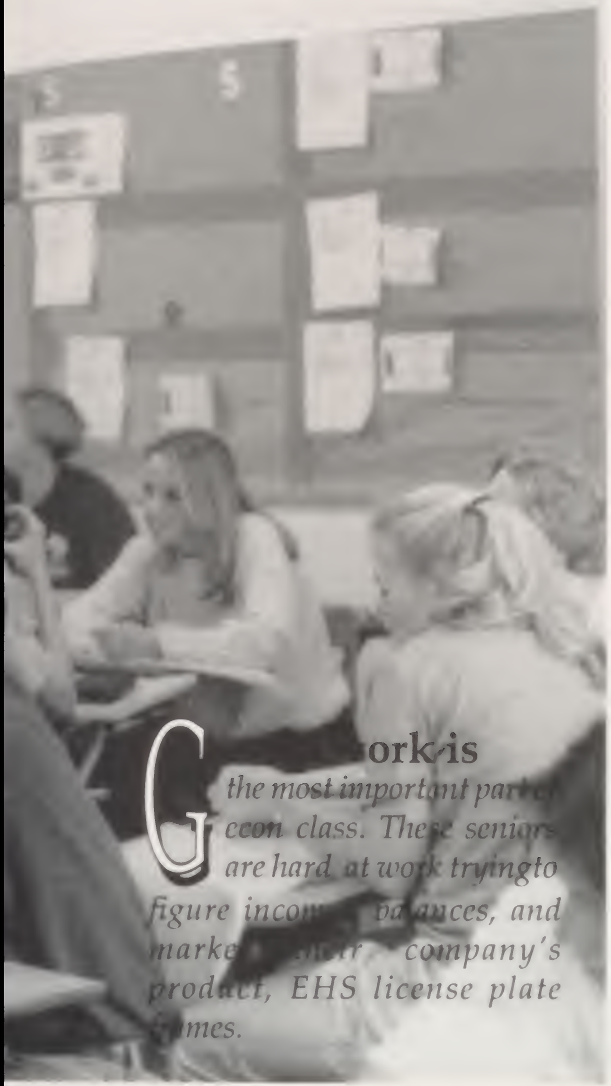
Boyd says, "I hope students all found relevance to their lives with the activities we've done this year."

Wouldn't you *buy this from me? asks senior* ***B.J. Stradley*** *of senior* ***Natalie Patterson****. Both loved their student company roles in the class.*

No one said *advanced govt. was easy! Seniors* ***Courtney Reeves****,* ***Gustavo Villarreal*** *and* ***Amanda Sargent*** *apparently believe that about this required course for graduation.*

Friendships are *also built during the student company sessions. Seniors* ***Stephanie Scigliano****,* ***Shawna Finch*** *and* ***Dawn Hutchinson*** *proved that.*

Story/Design: CarrieLynn Meek. Photojournalist: Dustin Johnson.



Group work is *the most important part of econ class. These seniors are hard at work trying to figure income balances, and market their company's product, EHS license plate frames.*

Depending on Learning for the Future

For juniors and seniors, the most important decision they ask themselves is - "What am I going to do when I graduate?"

It's not an easy decision for those who don't know what they're going to major in. Some graduates may end up going to college while others may decide to work full time. This is the time when grads enter the "real world" where many will face big concerns about money or voting for the right candidate to take care of our country.

> It's easier to follow politicians on TV now because this class provides you with the understanding of political issues.
>
> –Senior **Rustin Knouf**

To help students to be more prepared and aware of their future, seniors are required to take one semester of Government and Economics to graduate.

One semester of Econ. can be replaced by Applied Econ. Econ is a class where students pick a business and study its progress over a period of time, while students in Applied Econ make their own businesses.

"I took Econ this year and it's a pretty cool class to be in," said senior **Jesse Fetters**. "I'm also in government this year. It's better than World History because you learn about things that happen now, not too much into the past."

Government is important as well. Students need to know about the three branches of the government and how the government works to take care of the country.

"Without knowing and understanding politics, the students are at a higher risk of missing some of the most important information about the future," said teacher **John Hodson**. "The students need to understand what's going on because they are the future and we depend on them, just like they will depend on their children."

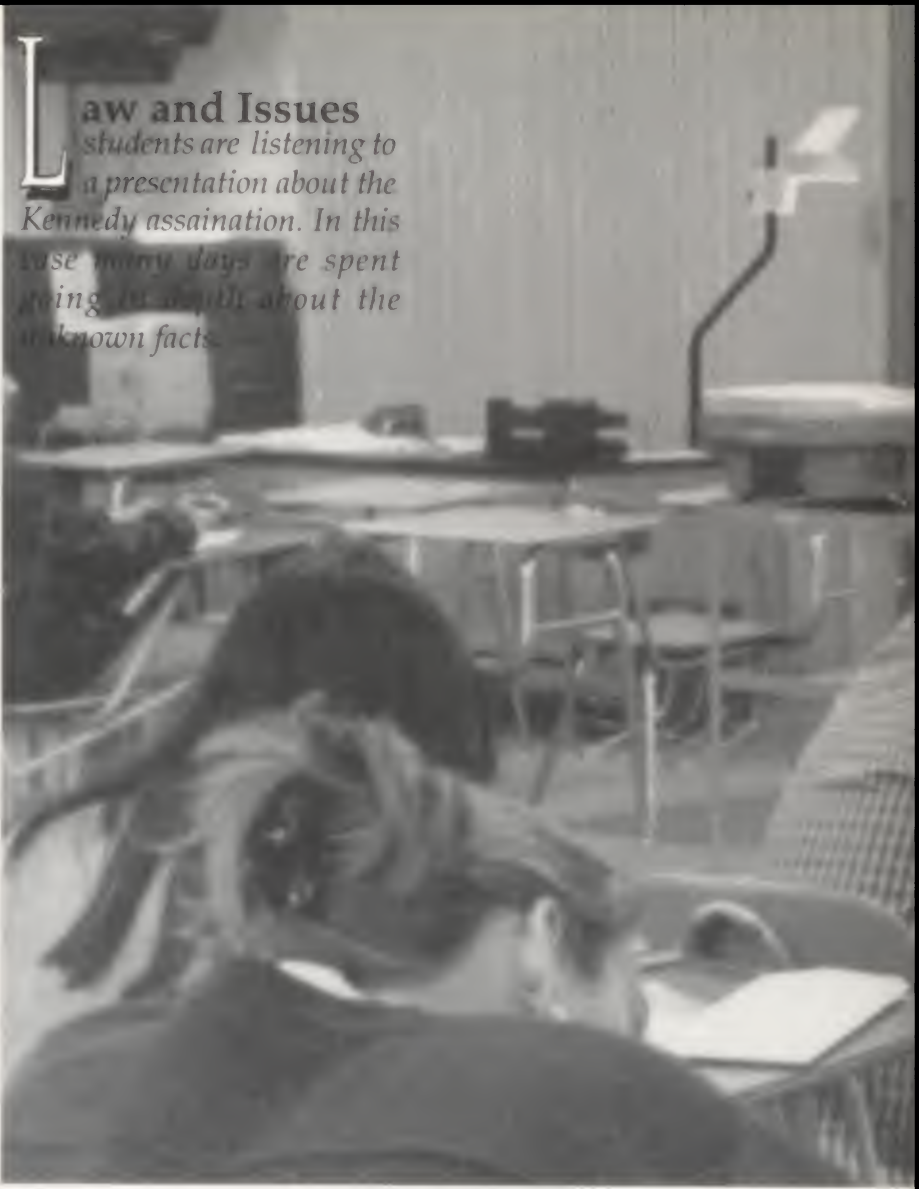
"It's easier to follow politicians on television now because this class provides you with the information about understanding political issues," said senior **Rustin Knouf**.

"It's better to understand the issues and know what's going on. That way, if you're really good at it, you can sometimes catch the government or politicians lying. I just have to laugh about it, I really do!"

Remember learning about all of these people?

The most influential people in history are...

Winston Churchill
Frank Lloyd Wright
Richard Nixon
Thomas Edison
Herbert Hoover
Jackie Robinson
Helen Keller
Will Rogers
William Randolph Hearst
Mother Teresa
Mahatma Gandhi
Martin Luther King
Amelia Eahart
Anne Frank
George Patton
Marilyn Monroe
Adolf Hitler
Elvis
Eleanor Roosevelt
John Wayne
Babe Ruth
Harry Truman
Walt Disney
George W. Carver
Charles De Gaulle



Law and Issues *students are listening to a presentation about the Kennedy assaination. In this case many days are spent going in depth about the unknown facts.*

Freshmen *Lindsey Deaver, Tiffany McBurney and Karrie Craig are taking notes over the Greeks. Some teachers think that taking notes helps the learning process become easier.*

While working *on map work, freshman* ***Michael Steeples*** *takes a break to look at the camera. World History taught students how western civilization came about.*

Story/Design: Tiffany Roby. Photojournalist: Marques Lewis.

Getting The Issues Straight

It's quiz time *for the Law and Issues students. Quizzes were normally given every Friday.*

"History is by men, about men. The unit that gave any strong recognition to women is now no longer being taught. This is a great loss to our students," said world history teacher **Judy Larson**.

For the last 13 years in Law and Issues there has been a unit that was about woman's role in history. This unit taught students about the amazing things women have done to change the courseof history.

"East High was the only school in the district that taught a mini-unit about women," said world history and Law and Issues teacher **John Bankus**.

This unit is no longer taught at East because of the retirement of **Mel Wilson**. He had been the World History and Law and Issues teacher that helped Bankus teach this unit.

"I felt bad knowing that the most popular unit of Law and Issues would no longer be taught," said **Wilson**. "I tried to arrange a way to teach part time to keep the unit alive, but since the budget crisis, that was not possible."

Sophomore **Chuck McFarland** said, "Women have made many contributions to history and it is very unfair that they aren't represented as much as men."

The cutting of the mini-unit affected the student body at large.

"I was greatly disappointed when I found the woman's role in history was no longer going to be offered," said junior **Abby Oliver**. "When I was in Law and Issues I took World I and II instead, thinking I would be able to take the woman's unit this year."

Even though the unit is no longer available, world history teachers are still trying to spend extra time on the women in history that the text book doesn't explain.

Teachers spent time discussing women's rights in different cultures and showing videos on women and their great accomplishments.

"I enjoyed the video on Cleopatra," said freshman **Bandi Anderson**. "It told us about her struggle to become powerful in a male-dominated world."

> "Women have made many contributions to history and it is very unfair that they aren't represented as much as men."
> –Sophomore Chuck McFarland

Playing Mind Games

Don't attempt to turn the page, we have complete control of what you see, think, read and do. For the next fifteen minutes you will be in the mind zone.

doo-doo...doo-doo...Doo-DOO...

Your minds are being controlled by the East High Sociology and Psychology students. For an entire year they have plotted, read textbooks, watched videos, and conducted experiments, in attempts to control your feeble minds.

You're all mice in the laboratory of East High, whose behavior and characteristics are affected by peer pressure, chemicals, weather and...our devious Psychology students. Hah!

> We take lots of notes and watch videos about human behavior.
> –Junior **Linda Quang**

"These classes have helped me learn about the parts of the brain, their functions and a lot of things that will help me in my future career as a pediatrician," said junior **Tara Baker**.

Sure, but what ominous plan does she have in store for the innocent and vulnerable?

"We take lots of notes and watch videos about the brain and human behavior," said junior **Linda Quang**.

Most unlikely! They just want you to believe that these are long, boring classes filled with nothing more than writer's cramp, but in truth they're plotting to take control of the entire school district, starting with East.

Who do you think initiated the new bells system? No other than these students who are endeavoring to get into the depths of your minds and work their magic.

"I really enjoyed the experiments because we were able to work with others and it was interesting to see what the results would be," said junior **Holly Holmes**.

But were these experiments to test their senses or did they have an underlying secret that would one day result in the end of the world? No one will ever know their true identities or reason for taking these classes. All we know is that there is something suspicious happening here and if we don't stop it soon, it may be the end...

Note: Artistic license has been taken for entertainment purposes

Story/Design: Linda Her. Photojournalist: Jeremy Milligan.

Helping each *other out, these students do group work. In Psychology, students learn about human behavior as a group, while Sociology mainly focused on behavior as an individual.*

Playing peek-a- *boo, (below) is senior* ***Andy Kilgore*** *while junior* ***Nicole Winnekamp*** *tries to see what he's doing. Far below, Junior* ***Ashley Vitiritto*** *listens to the teacher and takes class notes at the same time.*

Demonstrating *a dream analysis project, this student closes his eyes and lets his subconscience go to work, below. Far below, the students do group work, which was a different aspect of learning about human behavior.*

Which brain hemisphere is more dominate in you?

Ever wonder why you're more into math and science? Or maybe you like thinking creatively more than logically? Well, this may be due to the fact that one hemisphere of your brain is more developed than the other. This doesn't mean that you've been scarred for life, just that your mind tends to be more dominant on one side, either the right hemisphere or the left hemisphere. If you want to know which one dominates your mind, take this quiz to find out.

1. Do you like math and science?
a. yes
b. no
c. sometimes

2. Would you prefer to take science or music/the arts?
a. science
b. music
c. both

3. Do you think of yourself as being more logical or spontaneous?
a. logical
b. spontaneous
c. neither

4. If you were to either choose a career as a lawyer or a writer, and they both paid $100.000 a year, which would you rather be?
a. a lawyer
b. a writer
c. I'd be a lawyer who also writes in my spare time

5. If you were to choose which word best describes your personal characteristic, which would it be?
a. organized
b. creative
c. both

6. If you were to receive a million dollars within the next minutes, what would you do with it?
a. put it into your savings account for college
b. buy everything that you, your family and friends have ever wanted
c. buy a yearbook for all your friends who didn't buy one

Answers: Count up all the A's, B's, and C's you marked. Whichever letter you marked the most determines which hemisphere dominates your mind and behavior.

Left Hemisphere Dominance— mostly A's
If your left hemisphere dominates your mind and behavior, you tend to think more logically and be more organized. This means when you're faced with a tough decision you like to think things through and take your time with deciding. Also, you like taking math, science, history and reading. Your career forecast looks like you more likely want to be a lawyer, accountant, or a computer programmer, or in a career similar to these.

Right Hemisphere Dominance— mostly B's
If your mind and behavior are dominated by your right hemisphere, you tend to think more creatively and more imaginatively. Also, you're rather be taking music, philosophy, or shop rather than textbook classes, such as math and science. You also lean more towards becoming an actor, dancer, or a writer because you like to think freely and be creative with whatever you do.

Left and Right Hemisphere Dominance— mostly C's
If you answered mostly C's, you're a blend of the best of both hemispheres. You have aspects of both hemispheres controlling your mind and behavior. There are times when you think logically, but you can also be very creative when you want to be. You may also be a person who likes math but also enjoys taking choir or art. There may be moments when you lean towards one hemisphere more than the other, but in general you're just right in between.

Note: This is a crude test to give you a glimpse of which hemisphere may dominate you, but it is much more complex than this.

Life in the Fast Lane

Having a child can be a lot of hard work. Many think it is easy, but let's take a closer look at senior **Alicia Rivas** and her eight-month-old daughter Stephanie's daily life.

6:30-7 a.m. Between the mix of the buzzer and the cries of little Stephanie, Alicia Rivas awakes to calm her daughter and get her ready for the day by feeding her and getting her dressed.

7:05 a.m. Rushing out the door, Alicia is on her way to take her daughter to the Learning Tree Daycare. Stephanie and she will be leaving each other for eight hours.

7:15 a.m. Now, Alicia goes to school.

2:30 p.m. The bell has rung and Alicia anxiously goes to get her baby.

3 p.m. While picking up Stephanie, Alicia listens with full attention to hear how her baby's day went.

3:30 p.m. Back at the house, time to sit back and relax? No, think again Mommy gives the little one some juice and sets her down with the toys. There is just enough time to do some homework. "I find that trying to do homework can sometimes be very hard and I have to wait until she goes to sleep," said Rivas. "However, normally she does very well when I am doing my studies."

4:30 p.m. Homework is done, Stephanie is trying to get mommy's attention. Alicia now spends the rest of the night playing with her child. "I try to spend a lot of time working with her to help her crawl and learn how to walk. A lot of our time is also spent playing games like Patty Cake and Peek a Boo which are her favorite," said Rivas.

5 p.m. Dinner time means juggling two things at once. Alicia feeds her daughter green beans and apple sauce while she eats her dinner.

7:30 p.m. Bath time. Stephanie splashes around in the water and gets mommy all wet.

8-10 p.m. After all the excitement of the day, Stephanie lays down in mommy's arms and drinks her formula. Slowly Stephanie and Alicia drift off to dream world.

Story/Design: Tiffany Roby

Grads students *junior **Angie Cupp** and senior **Alicia Rivas** learn how to perform Rescue Breathing. This class goes the extra mile to help students finish high school.*

Taking a closer *look, GRADS students study charts abou birthing process. helped prepare the teenage mothers for their up-coming deliveries.*

A Step In The Right Direction

While most teachers start their day by checking their planning book to see what the daily lesson is, **Donna Adams** often begins by helping a student with a pregnancy problem.

"From the kids in my classroom I learn about new situations every day, though it makes me frustrated at times," said GRADS teacher **Adams**.

Everyday projects range from getting to know each other to giving emotional support.

Students can't come into the class if they haven't made up their mind on abortion, adoption or keeping the baby. This is because if they don't have a sure decision, the other students will ridicule them into changing their mind.

"I was in GRADS since the beginning of fall semester and really enjoyed the support. I've learned much about life and handling situations with my child," said senior **Phanh Theppanya**.

The students only get to bring their children to class on special occasions each semester. It is not a show and tell class. In this class they do personal sharing, support execises and individual work.

"The advice that I would give to another student who wants to enter GRADS is having a child takes a lot of time so be sure what is best for you," said senior **Nicole Atwood**.

> "Many teenage mothers find love and support from being involved with GRADS.
> – Teacher
> Donna Adams"

The purpose of this class is to give the students a sense of control and a steady path to their life. It is also to help the students stay in school and receive support throughout the semester.

"I do not judge the students that come into my classroom because I know when you are young you make mistakes. They need good support and readiness for life and they can get it in this classroom," said **Adams**.

Senior Panh ***Theppanya*** *gets hands-on experience on how to give CPR. The American Red Cross came to East for four days to thoroughly train the mothers on what to do should a child need medical assistance.*

New Lab, Better Opportunities!

Struggling to pick next term classes from the many options given because every elective class sounds "bunk?" Well relax, with a new teacher, a new lab, and a new class, boring is not an option. Media is the name of the new class that took over room 654N.

"I think it is a really great idea for all students interested in computers and the Internet," said senior **Sarah Lewis**.

After the district received a grant, it was decided to give new computers and equipment to East High. EHS business teachers decided to make it a Media class, involving a lot more options than the other business classes have to offer.

"Multimedia and the Internet covers PowerPoint Software, the Internet, and the other peripherals of the computer (i.e. video, scanner, digital camera, etc.)," said teacher **Judy Luther**.

This was the first year of teaching at EHS for **Luther** and what better way to start out a new class than with a new teacher.

"I worked for seven years in insurance and sales before going back to Drake to get my master's degree in education," said **Luther**. "I taught at Casady Alternative High School before coming to East."

New teachers have advantages because they're new to the school, there are no rumors going around about them. But Luther's students haven't even had one of those thoughts pass through their heads.

"She is great, being a first-year teacher. She is laid-back and really understanding," said senior **Jessica Miller**.

"Along with the excitement of being a new teacher, she is one of the Pep-E-Club sponsors, too."

With a new teacher, and a new class, it seems as though this EHS class may not be as "bunk" as students may think.

> She is great, being a first-year teacher. She is laid-back and really understanding.
> –Senior **Jessica Miller**

Story/Design: Meggan King.

Oh no, not the *camera says senior* ***Nicole Poland.*** *Students are given duties as study guides for class and she looks like she's enjoying it.*

Concentrate! *Sophomores* ***Nicholle Easter*** *and* ***Kathleen Robinson*** *show off their typing skills. The seriousness of class reflects the fact that they are a step to potential job* [illegible]

Surprise! *Senior* ***Stephany Denning*** *is taken off guard. Photojournalism cameras are always looking over your shoulder.*

Boys in a computer *class? Juniors* ***Adam Curl*** *and* ***Marshall Matlage*** *are two of very few males that participate in computer training. Mostly girls are found in these classes while boys take shop – why, no one knows.*

Taking a break *from the computer, junior* ***Tiffany Good*** *takes time to put her thoughts on paper. Students use their notes and other info when inputing data in class.*

WHAT'S YOUR MATH IQ?

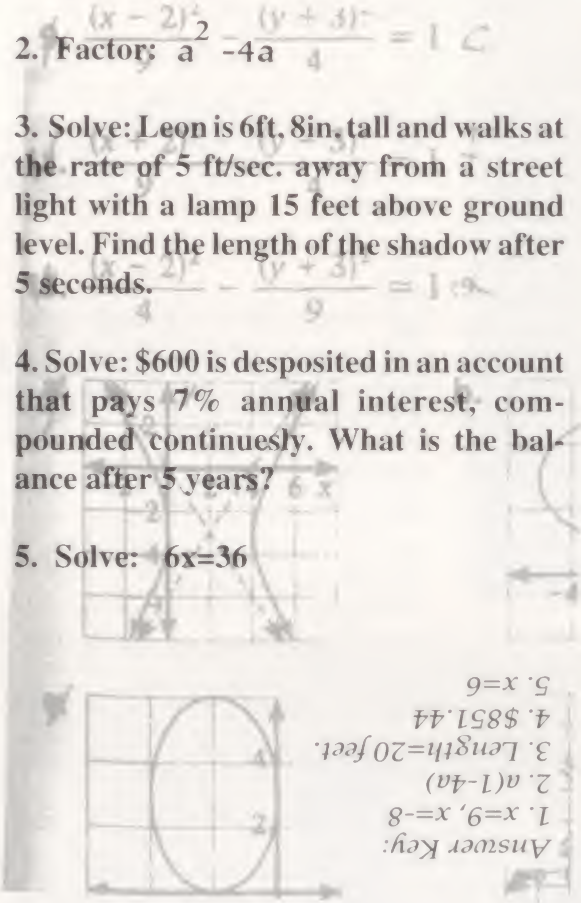
1. Solve for x: $x^2-x-72=0$

2. Factor: a^2-4a

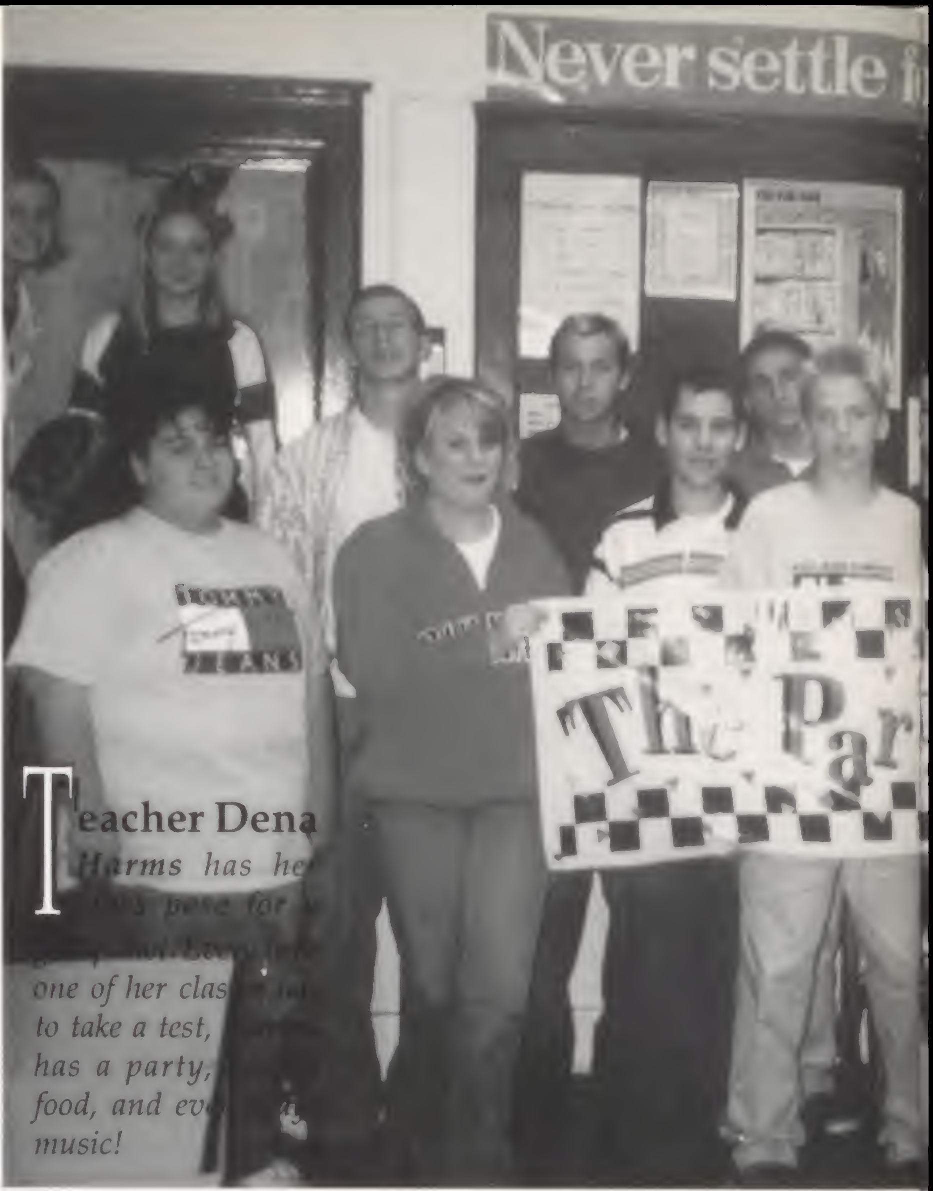
3. Solve: Leon is 6ft. 8in. tall and walks at the rate of 5 ft/sec. away from a street light with a lamp 15 feet above ground level. Find the length of the shadow after 5 seconds.

4. Solve: $600 is desposited in an account that pays 7% annual interest, compounded continuesly. What is the balance after 5 years?

5. Solve: 6x=36



Answer Key:
1. x=9, x=-8
2. a(1-4a)
3. Length=20 feet.
4. $851.44
5. x=6



Teacher Dena *Harms has he[illegible] [illegible] pose for [illegible] [illegible] one of her clas[illegible] to take a test, [illegible] has a party, [illegible] food, and ev[illegible] music!*

Smiling for the *camera, these math students continuously work hard and pay attention to make sure their homework gets done. This year the new T-I (Texas Instrument) 86 calculator came out for the first time.*

Trying to understand *their homework, students work hard to try to get it done before the bell rings. There are eleven teachers that teach math at East, and four of them are new this year.*

Story/Design: Lou Ann Covalt.

r less than y
's Here!

The Sum Of It

Along with the new freshmen coming to East, there are many new teachers, especially in the math department.

"So far East has been a great experience for me, and I really enjoy teaching here," said **Eric Sullivan**, who teaches Intro math.

Sullivan is just one out of the four new teachers that teach math. The other teachers are **Robbie Malm, Mike Luncht**, and **Brad Bell**.

New math teachers aren't the only thing changing in the math department.

"This year they came out with the new T-I 86 (Texas Instrument calculator). It costs a little more, but is very useful," said math teacher **Karen Cross**.

Since the new 86 has come out, it caused the price of the T-I 83 and 85 to lower a little. Almost all of the stores that sell calculators put them on sale during the first few weeks of school.

"I had to buy a calculator for my girlfriend, so I bought one that was on sale. It was $10 cheaper than what it usually is," said junior **Dusty Shannon.**

Even though they may cost a lot, calculators still have many advantages. And many students find that they save a lot of time and sanity!

"It especially helps me out a lot with the graphing, and it keeps me from doing it out by hand," said junior **Amy Griffiths**.

Besides using a calculator for math purposes, it can also be used for entertainment.

One form of entertainment is games. Some of the games available are Tetris, Tunnel, Wahzoo, Space Invaders and Nibbles.

"My favorite game is Space Invaders because it's fun and you get to shoot things," said senior **Chuck Mercer.**

One thing to remember is that if you have a calculator, don't play the games too much, because it could come back to hurt you (especially if you play them in class)!

> "Ms. Cross is the best math teacher because she gives us individual attention.
> -Senior **Tameka Miller**"

Concentrating on *his work, sophomore* ***James Avon*** *makes sure his answers are right. There are many different math classes offered at East, ranging from business math to geometry to calculus.*

What brought you to participate in this class?

1. "It's a great break from academics."
-Junior Mike Wyant
2. "I like to work in a comfortable atmosphere."
-Sophomore Randy Blackford
3. "I have been attracted to this class for the last two years. It's a passion for making cars look and run better."
-Sophomore Steve Waldron
4. "I don't like paper work. I like to do hands-on projects. It gives me ideas on how to work on cars."
-Senior Pa Vang
5. "It helps me with my future in many ways so I can be successful."
-Junior Rocky Dimbolt

Story/Design: CarrieLynn Meek Photojournalist: Tiffany Mayse.

Working hard, *sophomore* ***John Moran*** *cleverly handles a hot piece of metal. Moran worked hard daily to get a good grade on his class project.*

Concentrating *on the job at hand, these two students try to perfect their class project. Teamwork is a vital part of the everyday skills that students learn.*

Teacher Russ Junck observes a student repairing a truck. The students in auto class learned many informative things about how to take care of cars.

More Than Just a Grade

There are well over 150 students lined up for auto and metal classes each year. **Ned Rasmussen**, metal shop teacher, has had many students enter the doors of a career with the help of all the lessons he taught them.

This class deals with welding, using hot metal and sheet metal work. There are several project requirements for students to build just about anything they want, so long as the project they're building is accomplished on time.

"I have several female students in my class, and it doesn't make a difference," said **Rasmussen**. "They seem to compete with the guys, but they're just as good. The students seem to know what they're doing, especially when it comes to safety. I guess the older they get, the more cautious they are."

However, students in this class don't work on auto parts. That's a job for **Russ Junck** to teach his class.

"It's a cool class," said sophomore **Doug Rodgers**. "Yet it would be better if we could use the current technology. It would help us to learn the basics of the technology that is being used today instead of five years ago."

> "It would be better if we could use the current technology today instead of the ones used five years ago."
> --Sophomore **Doug Rodgers**

At the beginning of the semester, students work on repairing fenders, filling scratches, painting and using the proper tools for certain needs.

Most students in this class agreed that this course will be important to them in the future. It could help set up a career in their future life, and it's an enjoyable hobby.

"There are no books to hassle with. Just me and my tools," said senior **Miles Smith**. "I've worked on two cars and a truck in this class, which is a great deal. I not only got a grade, but I accomplished a lot of work on my own vehicles in school as well!"

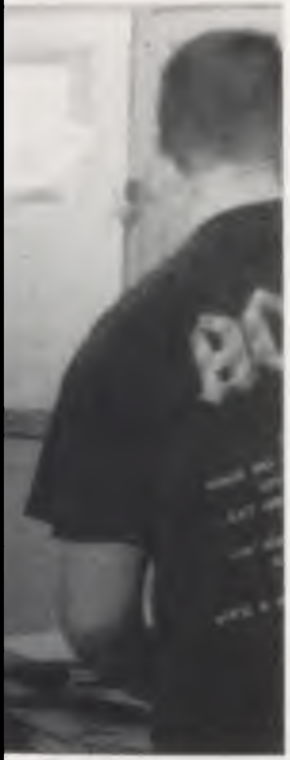
Senior Jesse Tha *takes a break with senior* ***Luke Warburton*** *from building a grandfather clock. This was a difficult project and took a lot of time.*

Junior ***Tim Crowder*** *prepares to put the finishing touches on his home entertainment center, above. At right, after a hard day of problem solving, junior* ***Adam Morane*** *relaxes and takes a break from a 40 minute module.*

Going to *the painting stand, one student prepares to start an airbrushing job. This module was one of the favorites among the Tech. Today students.*

Getting materials, *senior* ***Mike Charvet*** *is getting ready to start a new project. In this class students were given the choice to make what they wanted.*

Story/Design:Nicole Lawrence. Photojournalist: Tiffany Mayse.



Woods, Drafting, Technology Today.......

Booting Up For The Future

The future lies within East High's industrial art students. Students are introduced to the wonderful world of Woodworking, Drafting, and Modern Technology.

"Today's technology is molding the builders of tomorrow," said Woods teacher **Jeff Hall.**

From students who were just learning the basics, to the more advanced students, wood working had something to offer.

"This year students made things from bird houses to grandfather clocks," said **Hall**. "Students worked hard at what they made and usually ended up with a great piece of work."

Students did more than learn to create useful items, they gained many useful, lifelong skills to help them in years to come.

"I learned to be organized, have patience, and to take time in my work," said senior **Jason Bailey**."If you don't things can come up missing."

"Very few schools equal the quality of craftsmanship and degree of difficulty of the projects produced by our wood shop," said **Hall.**

"I made a candy bowl for my mom out of three different types of wood: oak, pine and walnut," said senior **Ryan Maschke**. "I had to glue and sand each piece together, it took a lot of work, but I think it turned out good."

Not only did students do well in class, but also in competition.

"I got second place last year at the Tech Fair, and this year I expect to take it all!" said Maschke.

Aside from Woods, Drafting and Technology Today offered the same if not more knowledge for the future.

"Drafting is the international means of communication," said Drafting and Tech today teacher **Martie Mohler**

Technology Today coved a varity of different carees from aerodynamics to airbrushing. It offered a series of modules based on a ten day circulm, forty minutes a day.

"Most of the modules included reading and problemsolving questions," said sophomore **Amanda Mullin.**

Studenst were given an opportunit to learn the basics of flying a plane through a flight simulater.

"I learned how to take off," said **Shane Andrews**. "When it comes to landing, I have a lot to work on."

It's a computer learn center, according to Mohler, and a portion of the class was completely computer-based. Students were given an opportunity to create computer animation.

"Creating characters usually took about three days," said sophomore **Sam Reese.** "I'm hoping that learning computer animation will help me get a degree in computer programming."

> "The class is self-learning. You getwhat you want out of the class. Some have success, others just slough.
> –Tech Today teacher
> Marty Mohler"

"I took drafting because I didn't know how to design houses, and I thought it would be fun to learn,"
said sophomore
Aaron Shipman.

"I want to be an architect when I grow up and I thought it would be fun to start learning how to design now,"
said sophomore
Tony Antelman.

Working hard, *these guys take the time to look at the camera. Although the class did demand dedication to the program, overall the students enjoyed the work and many plan on home remodeling as a career.*

Hard at work, *students help each other complete the task at hand (at left). At top, the house is obviously not quite complete. Throughout the year the students worked as a team in order to finish the house.*

Story/Design: Jennie Carico.

Taking time out *of their busy schedule, a few guys pose with the house they are working on. The Home Remodeling class hoped to be finished with the house by the end of the year.*

Stepping back *to take a look at their progress, these guys are proud of the work they have completed. Students worked on the house themselves with only occasional help from their teacher.*

Building for the Future

Imagine being provided a house that needs to be completely remodeled any way a person wants it to be. A group of friends work on it, have fun and get high school credit during the process. No, this isn't some "This Old House" work study program, it's the Home Remodeling class provided at East.

This year eleven students were enrolled in the program, ten guys and one girl. The class is small compared to most at East, but students seem to think it's better that way.

"I think the class is good small because you get one-on-one help on what you're learning," said senior **Todd Bennett**.

Last year students were given a house that needed to be completely redone. They stripped out everything and started from scratch.

"It's hard to start from scratch but the teacher, **Bill Oleson**, is really good and knows a lot about home remodeling," said senior **Bill Olson**.

The class involves a continous cycle. The school district provides the class with a home and then they remodel it. Once the house is completed it is sold, then they receive another to start.

"The profits from the houses go into a new home and the tools and equipment needed to fix them up," said junior **Rocky Dhabolt**.

> "I knew some about home remodeling before I started the class but now I know 3-4 times as much.
> –Senior **Todd Bennett**"

The class has limited space so teacher **Bill Oleson** has a sort of interview process for admission. This process involves talking to other teachers and looking at attendance. This way committed students can be found.

"You need to know some basic skills before you start the class," said senior **Brad Cosner**. "However, you really are taught a lot of useful skills throughout the course of the year that can be used later in life."

The class is a hands-on environment that teaches the neccessary skills for a career in home remodeling.

"I would like to do home remodeling as a career because I have fun doing it," said junior **Crystal Waldon**.

Juniors Luke Krpan ***Jared Platt,*** *and senior* ***Bryan Shepherd*** *take great pride in their freshly-baked sugar cookies.*

Not All About Taste Buds

Walking down the basement hall, the aroma of burned and delicious food fills the air. This smell comes from the students in foods class learning how to cook.

"This class allows us to learn how to cook foods that aren't always cooked at home," said freshman **Heather Schietzelt**.

"I really enjoyed being taught how to cook by myself and having it come out the way it was supposed to," said junior **Erin Soderblom**.

Instead of always learning to cook on their own, students also learn from listening to presentations from speakers.

Sometimes these presentations were presented by other high school students who take foods class.

Freshman **John Sokoll** said, "I was amazed when the class from Central Campus came and told us how to decorate foods."

"They were probably the most interesting because they showed us neat and interesting things we normally would never have known about."

Another speaker that was very informative was the Egg Lady.

"The Egg Lady gave us fun facts about eggs and taught us how to make different kinds of omelets," said junior **Tyler Burrows**.

Besides cooking, the class also figured out the amount of fat and how to understand the nutrition facts on foods.

"I was glad to know how to read the nutrition facts on the back of foods. It helped me to know which foods are healthier to eat and would help my body be in good condition," said **Schietzelt**.

Rolling out *dough, students decided among themselves what cookie cutters to use. When the Food and Nutrition classes are done cooking, they write their experience down in a learning log.*

Story/Design: Tiffany Roby.

Touching The Hearts of Others

Has anyone ever wondered what the sewing students do with the things they make?

"We do a lot with the things that are made," said fashion and sewing teacher **Deann Hebert**. "The one the students seem to really enjoy is donating the blankets and clothes made to the pregnant teens at the House of Mercy."

"When we donate what we made, it makes us feel good knowing it is being given to someone who needs it and will use it," said senior **Mylee Nguyen**.

Not only do they donate what they make, they also sell items to make money for more fabric.

"This year we sold mittens with candy in them, and I thought it was a great to way to raise money," junior **Betty Jo McCarl**.

Another "fun" project for the sewing students was making teddy bears and pajamas.

"I really enjoyed making the pajamas," said senior **DeAnn Anderson**. "They are easier to make when you're just learning how to sew."

Besides learning how to sew, students also learn about fashion.

"In fashion we learn how to design clothes, but we don't get to actually make them," said junior **Jessica Jordan**. "I think it is neat how I learned that each decate has their own individual style.

Fashion students also got to learn about famous designers who came from Paris and New York.

"I love being able to research designers and see their unique ideas," said junior **Shakeela Newsome**. "Some day I hope to follow in the footsteps of these famous designers.

"Fashion and Sewing gives the students a chance to show their own individuality," said teacher **Linda Berg**.

While working on *a quilt, junior **Danielle Kellis** and sophomore **Tanna Bennum** take a moment to show off their work. Most of the quilts made are donated to the House of Mercy.*

How have these classes prepared you for the future?

I was shown that having a job is very important to life.
–Sophomore **Sarah VanTassel**

I now realize that not all kids are the same. Each kid is different in their own little way and need different things.
–Sophomore **Traci Briggs**

This class has prepared me for motherhood.
–Freshman **Stacy Davis**

This class has prepared me for the future by teaching me how to cook. This can be very useful when I get to college.
–Junior **Carmel Stewart**

When I am ready to have children I now know a lot more things that I can do to help them grow up healthy and well-educated.
–Junior **Sara Martin**

Adult Living has helped me keep my apartment, and learn how to handle the responsibilities of money and housekeeping.
–Junior **Bandi Latcham**

Story/Design: Tiffany Roby.

Freshman ***Jessica Bush*** *shows a preschooler how to make necklace from macaroni*

Taking It One Day At A Time

Whip out the *shaving cream, the preschoolers are here. Students in Child Development were allowed to bring little kids from their family to spend a period doing fun activities.*

After high school, life changes in ways students can never imagine. Child Development and Adult Living is offered to prepare them for the future.

"These classes help the students to understand kids and why they act the way they do," said Child Development teacher **Deann Hebert**.

Besides studying the behavior of youth, students were allowed to bring a child they knew to school. This helped the students work one-on-one with the toddlers to know how to work with them.

During the class period the time is spent reading to and playing with the kids.

"When I brought my little brother, I thought it was a fun way to spend to the day. It was a great experience for my brother and me," said freshman **Michelle Olson**.

Freshman **Amanda Lee** said, "It was a weird experience to have my little cousin at school with me, but it was fun to watch him interact with the other toddlers."

Another fun entertainment for the class was spending time on the computer producing games for little ones to play.

"I really enjoyed making the games," said freshman **Angie Gomez**.

"The games we made helped us get more on a child's level and also be able to entertain the kids in an enjoyable way."

Child Development isn't the only class that spent time on the computer, Adult Living also did.

The computer was used for producing simple word processing assignments. One of these assignment was a resume.

"The purpose of the resume was to help the student know how to prepare information for a future job," said Adult Living and Foods teacher **Linda Berg**.

"I never knew that I would have to prepare a resume to get a job. However, I now know how to produce a good resume to get me a better paying job because of this class," said sophomore **Danielle Hopper**.

Class time was also spent learning how to budget money for the necessities of life.

"This class has helped me in more ways than one," said sophomore **Jennifer Smith**.

"I can budget money for food, get an apartment, and even prepare healthier foods. Without learning about these things I might not have learned how to make it on my own."

> “This class helped me in more ways than one.
> –Sophomore Jennifer Smith”

Students in Adult *Living take the plunge at making their own sugar cookies for the first time.*

Waiting *for directions to be given by teacher* ***Joyce Vickroy****, students wait patiently to see what their next activity will be. Participants enjoyed engaging in conversation while waiting.*

Leg lifts, situps *and stretches help students work on conditioning. Above, junior* ***Jessica Jordan*** *counts off leg repetitions with a student. At right, juniors* ***Michael Munyon*** *and* ***James Fox*** *do a stretching drill while skipping in place.*

Steppin up! *Seniors* ***Brad Reed*** *and* ***Chris Nelson*** *do a step drill. Students in fifth hour gym class enjoyed this drill.*

Story/Design: Ashley Vitiritto. Photojournalist: Tiffany Mayse.

Doing a *"shuttlerun," seniors* ***Charity Hodson*** *and* ***Heather Weber*** *race to the other side of the gym. This was just one of the many exercise routines the peer helpers did with the PE students.*

Jogging in place, *juniors* ***Cory Larson*** *and* ***Robert Curtis*** *work up a sweat. There were 5 peer helpers in Peopel PE this year.*

Gym... With A Twist

Most kids dread going to physical education class. However, for a group of about 23 students (18 with 5 peer helpers) that meet 5th hour in the gym, P.E. is something much more than just showing up, changing, running laps and doing exercises. To this group, gym is all about having fun and doing things they never thought they could.

"This class makes gym fun and when it's fun, it goes by really fast," said senior **Brad Reed**.

This group is part of the Peopel P.E. program offered at East that mixes special needs students in with students who are interested in helping them. **Joyce Vickroy** has been the sponsor since 1983.

"I really enjoy sponsoring Peopel P.E. It's great to see kids helping kids," said **Vickroy.**

"Peopel P.E. is all about helping other students and building relationships with them," said senior **Dray Grantham.**

Peopel P.E. stands for Physical Education Opportunity Program for the Exceptional Learner.

"Our kids are very driven to do well and have fun," said **Vickroy**.

This class meets just like any regular P.E. class. However, some of the exercises and activities are altered and modified to satisfy the individual needs of the students.

"The gym is pretty much the same as any regular gym class. We have a really good time," said junior **Jessica Jordan**.

One addition to this class is the involvement in special activities such as Special Olympics and Unified Sports events where students get to go ice skating and bowling, or play basketball and volleyball. They also swim and compete in track and field competition.

"It's great to actually see the kids compete. They do really good," said senior **Heather Weber**.

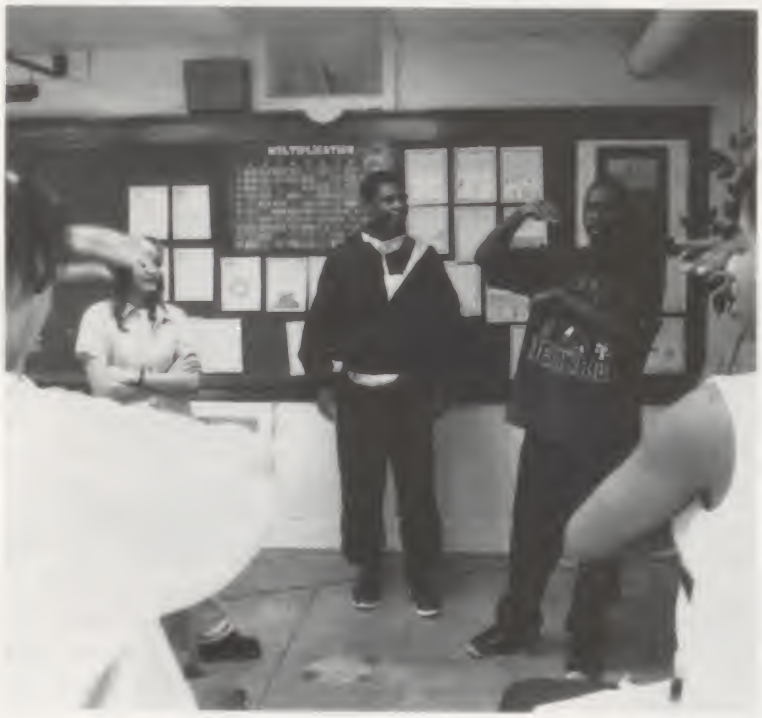
> "I really enjoyed helping the students out and getting to know them better.
> –Senior **Stephanie Gibb**"

The school district started Peopel P.E. and gym teachers interested in teaching it were put through a class to qualify them. Most of the high schools and some middle schools in the area offer Peopel P.E. or Unified Sports.

Peopel P.E. is a special class that offers some students a chance to be taught differently and other students a chance to be a teacher/mentor. This class is invaluable to both learner, teacher and mentor. Students also appreciate the long-lasting friendships they make along the way.

"I've met people that I never thought I would," said senior **Charity Hodson**.

Taking a break, students talk about the day's lessons. During the year students learned how to communicate with this different approach to conversing.



Learning the basics senior **Nate Robinson** and junior **Roscoe Lewis** lead the group. As with any other language, cooperation is the key to signing.

A Special Touch to Communicating

Students are impressed with the new program. Learning to sign brings students new opportunities they might have missed out on.

Expressing *themselves through laughter, students enjoy the experiences of class. Facial expressions are an essential component of sign language.*

There are many different languages people like to speak, but not all languages are verbal. Sign language is becoming more and more popular among students when they are not allowed to talk in class or when someone can't hear what another person's saying.

There are people who don't know how to sign so they make up their own. Most of the time, students would like to use the "traditional system" meaning they would like to learn sign language that is used nationwide.

Last year, a new hearing impaired program was installed on the third floor. Students from Amos Hiatt with a hearing disability were transfered to East because of complaints that Roosevelt was too far away.

An addition to the hearing impaired program, a sign language class was started to help students learn the basics of signing for those who are hearing impaired, deaf or mute.

"It's really nice working with these kids," said interpreter **Jodie Huntoon**. "Although sometimes they are made fun of, people need to realize that they are not stupid , they just have problems communicating."

Roosevelt has been teaching hearing impaired and deaf/mute students for many years, but not all of the students need to go there because they live by East. The Board of Education started a program at East in order to meet the students' requirements and needs.

"It's my second year here and I'm really enjoying it," signed sophomore **Dustin Boles**. "I used to be shy, but when I came here, there was a lot of diversity. I felt like I fit in just fine. I got involved more than I used to when I was younger. It's nice to know that [hearing impaired students] can fit in better than we used to before."

Signing *back and forth, classmates test the signs they learned for the day. Students often have quizzes to test their memory.*

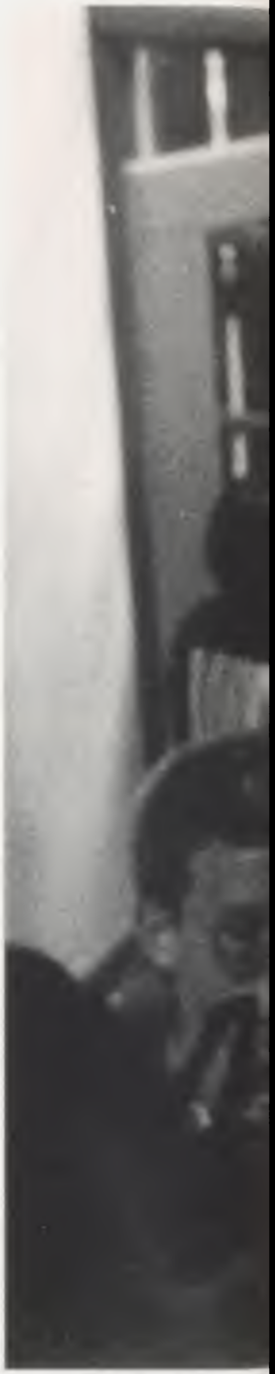
In your high school career, each moment seems to fly by. But the memories of friends, classes and both good and bad times will live on, both in you —and in this book.

Learning right from wrong, responding to certain things, letting others go, and knowing when to say "yes" and "no" are things that shaped you into *the* person you are today.

Some moments flew by *fast* others seemed to never end, but all were important, all were part of you.

All your answers—right ones and wrong ones—were all part of the *lane* you chose to follow. Partying, summer time, spring break trips, goals, failures, Jerry Springer brawls, tests, hassles, lunch time, tardies, dances, finals, homework, picture day, Mystery Meat, assemblies — everything—are all part of the ride.

Buckle up - enjoy your life's ride!



Story/Design: Ashley Vitiritto.

Packin' the halls, *over 1600 students jam the stairways and hallways every day tryin' to make it to class on time. Some days traffic was at a stand-still.*

This cheerful *group of seniors is more than happy to show off their creative costumes and EHS pride while having a little fun in the process. Costume Day was just one of the many funfilled days during Spirit Week.*

Red & Black
CLUB

"I've got *the biggest mouth!" says math teacher* ***Derek Lounsberry*** *after winning the Eat A Pie contest. Over 20 students and faculty participated in the messy event at the pep assembly on Friday.*

Aww, how *"sporty." The strong-willed girls got rough and the guys got cheery for the powder puff game, but the best scene was seeing the guy "cheerleaders" strut their stuff on the sidelines. In the end, it was the guys who gave the girls the run of the field.*

Surf & turf! *The varsity football players and cheerleaders put on a most "gnarly" skit of dances, music and a lot of laughs. Both groups spent early mornings preparing for their debut.*

Story/Design: Stephanie Gibb. Photojournalist: Jenny Breese.

If ever there *was a group, was a group th[illegible] showed off their talents and skills with pride, it would be band, under the guidance of teacher* ***Mark Hawkins****. This spirited group [illegible] out in it's red and b[illegible] for the assembly, [illegible] Whew!*

Homecoming 98: "You Did Not Wanna Miss A Thing!"

From guys dressing as cheerleaders to teachers on their knees for pies, Homecoming 1998 was the only thing the Scarlets did not want to miss!

When senior **Doug Smith**, student government president, woke up on Monday morning, August 26, the only thing that was on his mind was: "What are we gonna do about Homecoming?" And as he pondered........... Students were fully determined to make this year's Homecoming fabulous. And indeed it was. The student government, consisting of about 30 students and their new sponsor, econ teacher **Sammy El Baroudi**, spent several early Tuesday mornings deciding on colors, music, activities, and, of course....the theme!

"It was **Stacey's (Zelenovich)** idea for the theme to be "*I Don't Wanna Miss A Thang*," from the *Armageddon* soundtrack, and we all agreed," said senior Student Government treasurer **Jessica Miller**. And with the traditiond East High colors, red, black, and silver being brought back into the scene this year, it made everyone want to get into the spirit of things. Parents, teachers and almost 300 students attended activities throughout the week, helped with the PTSA sponsored Cavatelli Dinner, cheered loud at the famous assembly, were willing to sit in monsoon-like conditions at the game and still found the strength at the end of the week to have a blast at the dance.

"The activities were a lot of fun, my friends and I really got into the Powder Puff Game," said freshman **Amanda Kindred**.

Homecoming week was filled with dress-up days, the Powder Puff football game, two pep assemblies, the annual street painting contest, and the ever-dramatic game.

"We played Hoover and I was really hoping for a huge win this year, since we killed them last year, but I still had a lot of fun this week," said junior **Derek Pettijohn**. "I think this year's homecoming was the best in my three years."

Although the varsity team suffered a loss to Hoover, overall, the Scarlet name rang in victory in the hearts and minds of all those who knew, know, and hope to know what the true meaning to East High's Scarlet Spirit truly is.....

"The spirit of East will never die as long as there's always someone to stand up and yell out: **"WE ARE THE SCARLETS, THE MIGHTY MIGHTY SCARLETS!"** said varsity headcoach **Ned Rasmussen.**

The Steppers *proved they go together like...well, a hand-jivin', twistin' and shoutin', back-to-the sixties groovin group! For the first time, this group, of mostly girls, cut the gender bounds and brought the guys in to shake it!*

Aren't they *so cute? Here, junior* ***Eric Randolph*** *and sophomore* ***Christy Yentzer*** *take a second from the dancing to pose for a memorable picture. This year's homecoming was known as one of the best.*

Cheese! *These four seniors and a junior lose their dates to take a good look at the camera for a glimpse of an unforgettable night.*

Just chillin' *at the dance, these friends strike a pose. Decorations and lights at this year's homecoming were spectacular.*

Story/Design:Meggan King.

Scarlets Didn't Miss A Thing!

There were so many students attending this year's homecoming, there was hardly any room for dancing.

What does homecoming mean to EHS? Does it mean a week of dressing up and goofing off? A week of being nervous and working up to the big game? Or does it mean just one more week until the dance?

"This year's homecoming really meant a lot to me because I got to spend it with the one I love. The music was a lot better too because it had a lot of variety of the '90s instead of the '80s," said junior **Lou Ann Covalt**.

Homecoming, to many girls, meant a prep week to get ready for the dance. To most of the varsity football players it meant "the biggest game of the year." A game that they put their all into winning.

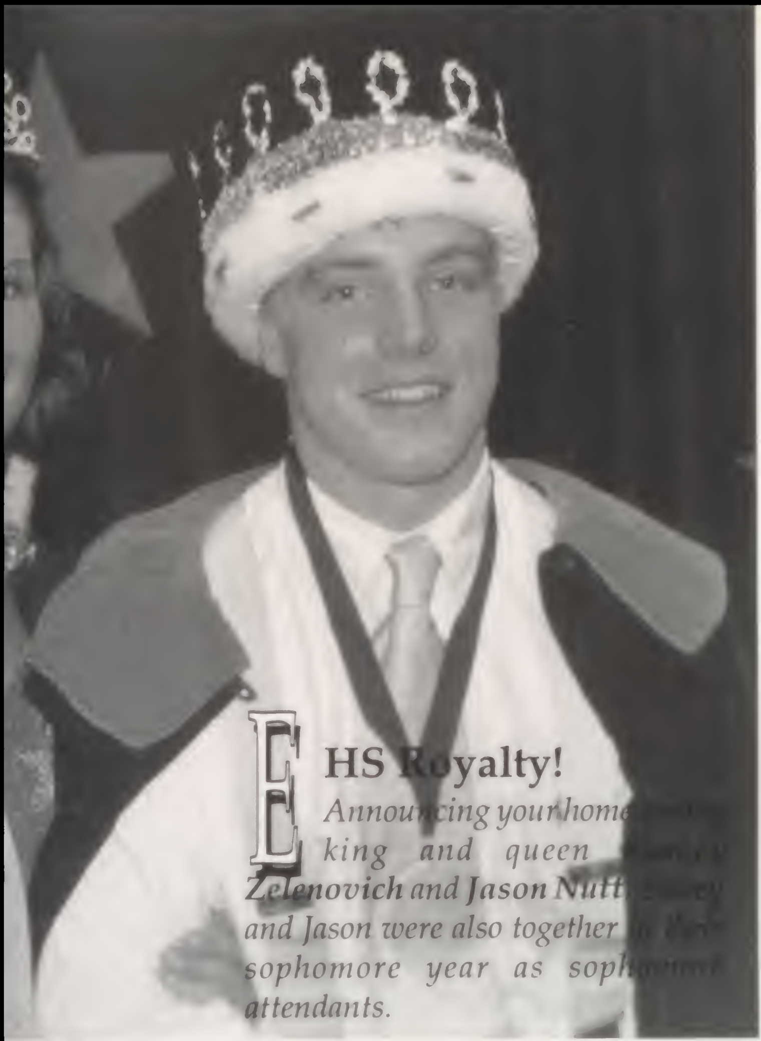
"It's tradition for all the students, parents, and alumni of EHS attend the homecoming game," said junior **Dusty Shannon**. "It's a game that sees a lot of spirit from the student body and all who attend. It's the biggest game of the year, so it's the game you want to win."

Although the homecoming game wasn't the greatest success, with a loss of 25-6, most students wouldn't say the same thing about the dance. With lights bouncing from the walls to the floors and the music as loud as could be, this year's homecoming had more reviews than all the others combined.

"I've been to every dance in high school, but I've never had as much fun as I did that homecoming night, I thought this was the best year," junior **Amber Bucklin**.

"Even though I don't know how to dance that well, I had a fun time still dancing with Natalie, my bug," said senior **Skippy Johnson**.

Homecoming is a cherished moment for many students. Many memories will be kept, but many more will be made with the homecomings to come.



EHS Royalty!

Announcing your homecoming king and queen [illegible] ***Zelenovich** and **Jason Nutt**. [illegible] and Jason were also together in their sophomore year as sophomore attendants.*

HIGH SCHOOL
HOMECOMING

Hello!

*Juniors **Amber Bucklin**, **Jenni Flippo**, and **Melissa Papiani** take a moment from the shimmering lights to pose for the camera. Many took a moment to ditch their dates to get a pic with their friends.*

Is that Mr. Stilwell? *In handcuffs, no less! Principal Stilwell was on hand to make sure no one got into trouble. Yeah, we really buy that one!! What an example!*

Lookin all buff *and steamingly good. Seniors* **Mike Gary, Chucky Mercer,** and **Dillon Wonders** *flex for a pose. This threesome of killer athletes went with a softer side, Chippendale Dancers!!!*

Hail! All bow down *to miss Cleopatra and Julius Caesar, whatta couple! Actually, it's sophomores* **Brandie Reinig** *and* **Shawn Head**. *They also won second place in the costume contest. Let's hear it for the hero and his royal queen!*

Yo! Whatta you *lookin at? It's only Econ teacher* **Sammy El-Baroudi** *and juniors* **Leslie Olson, Anna Jones**, and **Nickelle Stevens.** *He's the gangster boss, and they're his flapper chicks. He wishes!*

Story/Design: Stephanie Gibb. Photojournalist: Archie Webb.

All the way from *Washington D.C.! Seniors **B.J. Stradley** and **Stephanie Gibb** aka. Bill Clinton and Monica Lewinski, took home $50 and 1st place in the costume contest.*

"Ever Dance With the Devil by the Moonlight?"

Guys and Ghouls of all kinds "Boogied Down" for a night full of howlish fun: It was a real "Scream!"

Imagine with me if you will...
A mixture of goblins and ghouls and even a few ghostly adults all boogying down, dressed in their Saturday best to celebrate Halloween, Scarlet- style.

"I think we had a good turnout this year, although I do wish that more people would have shown up," said Principal **Jerry Stilwell**.

About 200 students, faculty and parents attended the screamish event. There were plenty of active spots for everyone to choose their pleasure.

"I munched on those 3-D Doritos all night long and watched *Scream* about three times," said senior **Annelie Florin**. "I had a total blast with my friends!" **Florin** went dressed as a new- age witch.

The one thing that everyone had on their minds all night was: WHO was going to win the best-dressed costume contest???

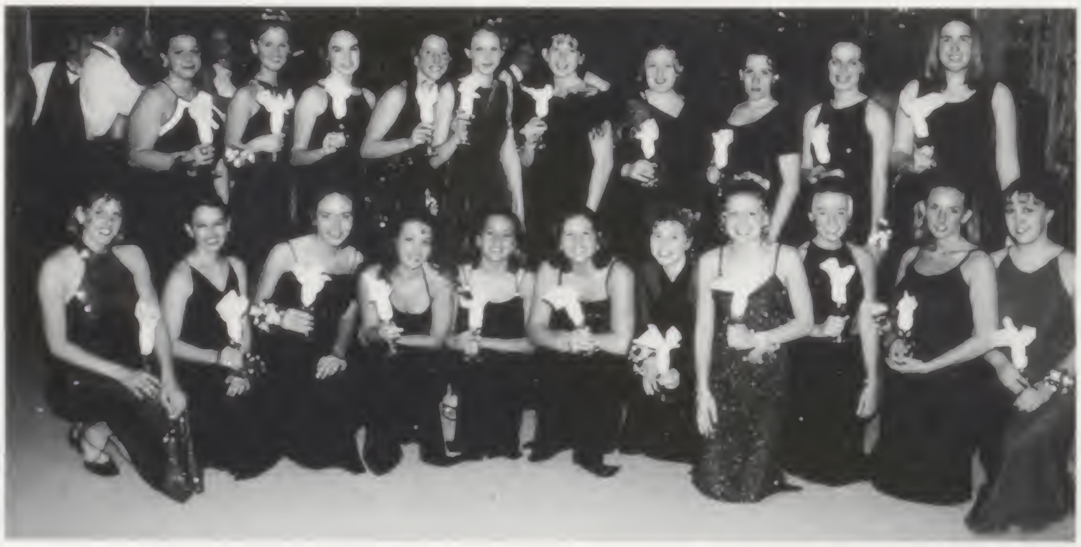
There were ten winning individuals and teams. Fourth place went to junior **Amber Johnson** for her sweet costume of Minnie Mouse. Third went to sophomore **Amy Goddard** in her cutely- styled "baby" costume. Second went to sophomores **Shawn Head** and **Brandi Reinig** for their duo as Julius Caesar and Cleopatra. First place went to seniors **BJ Stradley** and **Stephanie Gibb** who went as Bill Clinton and Monica Lewinski.

"I was so excited to win! I knew we would though, we had a total blast!" said **Stradley**.

What a night it was. The decorations, fortunes, dancing, and pictures were all just what everyone needed to get into the Halloween spirit.

Say Cheese!

These senior girls (at right) take a brief moment to hunker down for a sweet pic. Don't they just look so sweet and innocent? Below, seniors ***Tiffany Mayse, Chantell McFadden, Stacey Zelenovich*** *and* ***Jen William*** *are taking a break to show some leg. These four girls shared the hefty responsibility of pulling the Winter Formal off with style. Good job, girls!*



12B HOSTESSES. Front Row: Jessica Randolf, Heather Weber, Tiffany Mayse, Chantelle McFadden, Jennifer Williams, Stacey Zelenovich, Dawn Hutchinson, Kerry Green, Julie Rice, Tara Mathews, Shannon Kingrey. Back Row: Mollie Schirman, Courtney LaRue, Stacey Hornocker, Brook Bennett, Leslie Olson, Stacey Letze, Courtney Hurdle, Megan Wall, Shawna Lore, Stephanie Fallis. Not Pictured: Stephanie Gibb, Courtney Reeves, Nikki Vang.

Story/Design: Nicole Lawrence, Photojournalist: Archie Webb.

Gathering on the dance *floor, students form a circle and watch as* ***Natalie Patterson*** *gets down and dirty. She was one the thirty senior girls to help plan 12B.*

Wishing Upon A Star Brings Memories

This year, Winter Formal was more than just a dance, it was a time to make memories.

Saylor Township Fire Hall was the place to be on Sat., Dec. 19. Seniors and juniors gathered to dance, have a good time and make memories, at the annual 12B dance, a non-school-sponsored event.

"This dance is special to me because senior girls worked together to prepare it," said senior **Stephanie Gibb**.

Although this dance isn't as popular as some of the others, there is usually about 100 people that attend.

"Even though not that many people showed up, we had a lot of fun with the people who were there," said **Kerry Green**.

Working hard to prepare for this year's winter formal, each 12B hostess paid $25 and spent hours to organize and plan.

"I designed and printed the tickets," said senior **Tiffany Mayse**. "It was a lot of worked, but I enjoyed doing it."

Gathering to the dance floor for one last dance, students danced to Edwin McCain's, "I'll Be."

"The last dance is always special to me because it's your last chance to dance," said **Chantell McFadden**. "The song was a good choice and it really set the mood."

Just fooling *around and having fun goes along with dances. Junior* ***Heidi Austin***, *senior* ***Amanda Conlin*** *and Conlin's date, junior* ***Joey Stewart*** *boogie.*

Aww! *Such sweet smiles from seniors* ***Nikki Vang*** *and* ***Stacie Hornocker***. *Not only did these two work together as 12-B hostesses, they're also great friends.*

Ben Cowie, Floyd ***Wright**, and **Jason Nutt** say "Cheese!" while they have some fun.*

Seniors Julie Rice *and **Brian Carey** enjoy each other's company while out on the dance floor.*

Freshman Michelle ***Denning**, **Michelle Warnock**, **Darcy Baker**, **Jenny Grochala**, and **Stephanie Stapes** had a great time for their first Spree.*

Spree Court

Jesse Reed

Freshmen

Amanda Reed

Jerry Praseuth

Sophomores

Melissa McAleavy

Bryon Boggs

Juniors

Melissa Papiani

Soulinthon Luangaphayvong

Seniors

Jessica Zepeda

Kirby Praseuth, ***Angie Stewart**, **Melinda Dennis**, **Penny Long**, **Long Lee**, **La[illegible] [illegible]imaio**, and **Jordan Hutchinson** try and have some fun by just hanging out.*

Story/Design: Kelli Welker Photojournalist: Mullica

Enchantment Under The Sea!

Students had a great time dancing at Spree and wearing new colors for the 99 year: purple, teal and silver.

Is this the bottom of the ocean? No, it's the cafeteria decorated for the wonderful night on February 13. Couples and groups of friends gathered to dance, make lasting memories and have some fun between 8 and 11 p.m.

"I got to help decorate because I am on the Pep E Club board. It took four long hours of hard work. We put purple, teal and silver fish on the walls and real goldfish in the teachers' lounge. It turned out really different," said senior **Jami DeMoss**.

Nominations were held the week of Spree to represent all different grade levels for court.

*"It was very exciting to see that I had even been nominated since it is usually for couples.*I was surprised to see that I had made it into the top three girls to represent our junior class. It is a big opportunity and was a lot of fun," said junior **Emily Johnson**.

Part of the evening was to go out to fancy restaurantsor get dropped off in white, fancy limos.

"I thought the dance was different with the fish idea, but it turned out good. I got to be with my boyfriend and hang out with some of my friends, too. Spree will be a moment in time that I will never forget, said sophomore **Amanda Edwards**. "

Another year of history was made, never to be forgotten.

Greeted with Open Arms

Showing their "cool" moves and exciting the audience, this new group called Ecstasy, presents a new style of dancing.

As the music started up and the crowd sat staring, freshman **Eric Baccam** stepped onto center stage with his friends and members of their crew. Balancing himself on top of his hands, he raised his legs into the air and swung them around in circles as his friends cheered him on. No, this wasn't a scene out of a gymnastics commercial, but a little preview to the student body of a new form of dancing that has emerged at East and across Iowa, a new form of dancing called break-dancing.

"To me, break-dancing is a unique style of dancing and a sport that builds confidence," said **Lee**.

The group's first performance was at the winter assembly where they showed everyone their talent and spirit. Each performed with their own will and style, which ranged from head spins, to the "windwill,", to the "tech."

"I was really pumped up and my adrenaline was going really fast because of the music and the crowd cheering so loud," said **Sam**. "I kind of surprised myself by going out there and performing, but it just felt really good being out there."

Though break-dancing can be defined as a form of dancing, it can also be described as a new branch of dancing that takes gymnastic skills as well as upper body strength.

"It's a combination of gymnastics and dancing because you need to be able to balance yourself and practice a lot to perfect your technique." said freshman **Vee Moua**.

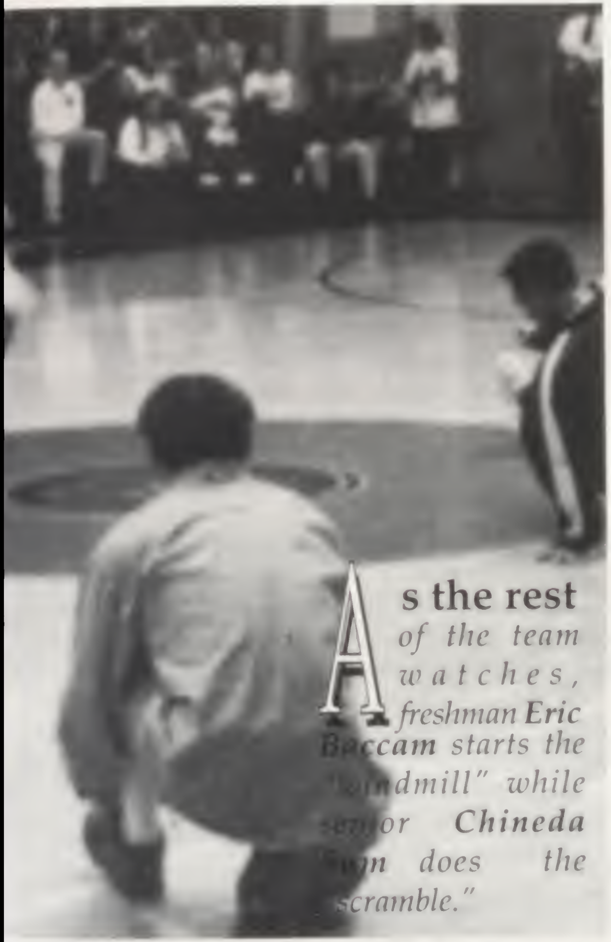
"I don't really think that strength is a major factor in being able to break-dance," said **Lee**, "but I think the hardest part of break-dancing is knowing the form of each move."

With schoolwork, jobs, and a social life, there wasn't much time to practice their moves, but like any other team, their commitment proved strong and they made time for their priorities.

Story/Design: Linda Her, Photojournalist: Chantelle McFadden

Balancing *himself on his hands at near right, freshman* ***Popeye*** *does a move called "illusion." At far right, lifting himself on his hands, freshman* ***Eric Baccam*** *lets his legs spin in the air.*

Showing his *talent, sophomore* ***Kong Lee*** *does the "windmill" (far left). At left, A different look to breakdancing is shown when sophomore* ***Choua Lee*** *does the "tech," a robotic-looking move.*



As the rest *of the team watches, freshman* ***Eric Baccam*** *starts the "windmill" while senior* ***Chineda Sam*** *does the "scramble."*

Breaking into the world of breakdancing

by junior Nate Hibben

Two new break dancing squads have hit the East High scene in the past few months. Ground Effects Crew, led by sophomore **Johnny Lahn**, and EHS Ecstasy, led by senior **Chineda Sam**, have sparked an interest among East students in this relatively obscure form of dancing.

"A lot of people have seen break dancing on MTV, but have never really seen what it's all about," said **Sam**.

What it's all about, to be more specific, is a form of dancing that requires more balance and strength than other types of dancing. Break dancers also must have some knowledge and ability in gymnastics. The move called the "flare" is a good example of this.

"The 'flare' is where you get on your hands and twirl your legs up and around your body," said sophomore **Terry Vang**, a member of EHS Ecstasy. "There are different types of flares, too: the atomic flare, Thomas flare and the spider flare. All three are basically the same, but with different things thrown in like leg kicks and reverses," added sophomore **Kong Lee**, a.k.a. Breaker 1.

The two dance groups hope to compete against each other at the Spring Assembly, if all goes according to plan.

"We'd like to get a panel of judges and get the two groups out there and competing against each other. The first time Ecstasy performed at an assembly, it went really well. The crowd loved it," said freshman **Hatsodong Keoprosuth** of GEC.

Right now, both crews are working on 'head spins,' 'mushrooms,' 'halo,' 'Timmy Jacks,' the 'Wheel of Fortune,' the 'Crab,' and the 'Tech' (where you act like a robot)."

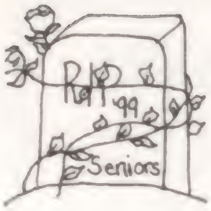
Those are a few of the newer moves, but break dancing as a form of expression is believed to be over 100 years old. Most believe it was started in Africa and has evolved from there. At East, though, it seems to be mainly Asians who participate.

"That's one of the stereotypes, that only Asians break dance," said **Sam**. "But that's not true. I know people of all ethnic backgrounds who break dance. It just happened that the groups are made up of Asians. But it doesn't have to be that way. On the video game Tekken 3, there's even a Brazilian guy who fights by using break dancing."

Probably the most popular move at the Winter Assembly was the 'head spin.' Most dancers wear a helmet when performing this move, to both reduce friction with the floor and to protect the head. In the head spin, the dancer does a headstand, then pushes off with his hands to twirl around on the floor using his head as a pivot point.

"It's like one of the hardest moves to do," said freshman **Eric Baccam**. "It takes more balance than some of the other moves."

"The head spin is definitely one of the hardest moves to do," said **Sam**. "But it's also one of the most popular."



Senior Wills:

I, **Chineda Sam,** will my pride, respect, love and friendship to Jack Thongsam.
I, **Courtney Reeves,** will my special parking spot to Jesse Reeves.
I, **Tara Mathews,** will my Burger King toys to Amber Johnson.
I, **Tiffany Mayse,** will my Press Gloves to Eddie Roads.
I, **Roy Ben Stevens,** will my laser pointer to Aaron Mowery.
I, **Courtney Carpenter,** will my favorite teacher (Mrs. Frommelt) to Stephanie Miller.
I, **John Easter,** will my football shoes to Keon Sharp.
I, **David Giles,** will my leather jacket to Jeremy Howard.
I, **Nophalak Meksay,** will my one million dollars to locker 256.
I, **Nate Robinson,** will my dunking skills to Jared Smith.
I, **Ben Cowie,** will my driving skills to Aaron Hook.
I, **Justin Bolander,** will my suspenders to anyone willing to uphold the tradition.
I, **Courtney Hurdle,** will my yellow, orange and green flag to Vanessa.
I, **Randy Slaughter,** will my teachers to all the incoming seniors.
I, **Shawna Lore,** will my belching ability to Amber Johnson.
I, **Chao Xiong,** will my hate mail, deadline and Scroll-induced ulcers to Nate Hibben.
I, **Joel Methany,** will my headgear, wrestling shoes and my near-side cradle to my little brother Jared.
I, **Josephine Jackson,** will my smile to Tanesha Thompson.
I, **Deja "Voo" May,** will my spot in the Scroll (all 3 or so columns) to the next lucky artist who gets it.
I, **Jeremy Milligan,** will my head gear and shoes to Todd MF Morris and Rocky Dhabolt.
I, **Jennifer Williams,** will my Stepper pom-pons to Meghan Templeton.
I, **Cameo Cott,** will my basement locker and all the junk in it to Carrie Chance and Jessica Kinney.
I, **Stephanie Gibb,** will my sanity and leadership to Kearstin Nichols and Diana Calo (Leadership Council).
I, **Stacey Zelenovich,** will my cheerleading shoes (size 10) to my cousin Lindsey Carr because she is the only one who fit in them.

20 YEARS FROM NOW . . .

Tara Mathews 20 years from now will be rich, living in a mansion in New Mexico.

Marlisha Slaughter 20 years from now will be living in Germany.

Shawana Lore 20 years from now will be head of a cancer foundation because she likes to give out all her money.

Stephanie Gibb 20 years from now will be a singing bartender.

Jason Milligan 20 years from now will be married to Kerry Green with two kids.

Nate Robinson 20 years from now will be in the NBA.

Tiffany Mayse 20 years from now will be president of a large company

Justin Bolander 20 years from now will be a carney at a carnival.

Natalie Patterson 20 years from now will be living in Iowa, raising her 20 kids on a farm.

Stacey Zelenovich 20 years from now will be a famous Dateline news anchor or the principal of East High.

Andy Kilgore 20 years from now will be working and running the Bachelor's Library.

Anthony Buttrey 20 years from now will be in an insane asylum.

Taylor Webb 20 years from now will be a vet and live in Vegas.

Andy Powell 20 years from now will be in his basement.

Jesse Yeomans 20 years from now will be live in concert for 40,000 people.

Kerry Green 20 years from now will be Kerry Milligan.

Marlon Fowler 20 years from now will own his own record label.

Jeremy Mally 20 years from now will be an instructor for AA classes.

Stan Satterfield 20 years from now will be on MTV rapping.

Shawna Babcock 20 years from now will be head of the pit crew for NASCAR.

John Easter 20 years from now will be a famous singer in a group.

Marquez Lewis 20 years from now will be an old fisherman.

Nate Robinson 20 years from now will be a famous basketball player.

Beth Dray 20 years from now will be a goldfish farmer and a glamorous vixen.

Todd Lane 20 years from now will either be living in a van down by the river or live at Madison Square Garden.

Seven Hacknorath 20 years from now will be a fat model.

James Hansen 20 years from now will be a NASCAR driver.

Deja May 20 years from now will be doping something that has to do with art.

Nophalak Meksay 20 years from now will be a millionaire and a merciless business woman.

Zak Banks 20 years from now will be married with his wife's last name.

Story/Design: Ashley Vitiritto.

Most likely to...

Marcos Ramirez is most likely to be professional World Champion boxer.
Brandy Coe is most likely to be a WWF Wrestler.
Stacey Zelenovich is most likely to be successful and an East High Principal.
Ralph Van Dyke is most likely to be most successful.
Melissa Fagen is most likely to be married to Brian Moss.
Will Sitthisay is most likely to be my friend for life.
B.J. Stradley is most likely to be in a Broadway Musical.
Randle Cunningham and **Jesse Tharp** are most likely to be bums.
Frank Swoboda is most likely to be a USA Diplomat or ruler of the world and a millionaire.
Andy Kilgore and **Dustin McAninch** are most likely to be porn stars.
Jesse Yeomans and **Todd Lane** are most likely to be rock stars.
Justin Bolander is most likely to be famous, admitted into a mental ward and placed in a straight jacket with his collection of suspenders.

Marques Lewis and **B.J. Thomas** are most likely to be standup comedians.
Nate Robinson is most likely to be in the NBA.
Jenny Johnson is most likely to be the first to get married and have kids.
Dennis Gensing is most likely to be a crazy scientist in Germany.
Patrick McNeley and **Courtney LaRue** are most likely to get married and divorced.
Doug Smith and **Justin Embry** are most likely to be president.
Chommany Lo is most likely to get married with 20 kids.
Stephen Joanides is most likely to be a beach bum.
Deanna Anderson is most likely to be an old lady with lots of cats.
Aaron Long and **Jamie DeMoss** are most likely to be most successful.
Jessica Zepeda and **Chuckie Luangphayvong** are most likely to be married and have kids.
Artie Eddie is most likely to be a millionaire with 3 wives.
Jenny Lim is most likely to be famous.

Bryan Ford is most likely to be a baseball player.
Anthony Buttrey is most likely to be a bouncer in High Times Magazine.
Shawna Babcock is most likely to be a Dr. Evil.
Floyd Wright is most likely to be a football player.
Ethan Herrera is most likely to be the Hair Club for Men president.
Andre Robinson is most likely to be married with kids.
Stan Satterfield is most likely to be famous.
Ralph VanDyke is most likely to be rich and famous.
Lauren Rice is most likely to be president.
Jason Boehme is most likely to be the "first man" or a genetic engineer.
Marcos Ramirez is most likely to be an Olympic gold medalist or a boxer/famous painter.
Stan Satterfield is most likely to be a D.J. for MTV or BET.
Nopahalak Meksay is most likely to be her own business manager.
Zak Banks is most likely to either be without a car that runs for the rest of his life, a Drivers Ed teacher or a pro baseball player.
Ben Cowie is most likely to be a pro football player.
Chantelle McFadden is most likely to take everything Zak has, them dump him.

Dustin McAninch 20 years from now will be in a nut house.

Jeremy Milligan 20 years from now will either be a millionaire or the next Unabomber.

Ross Rinehart 20 years from now will be trying to find another job.

Randie Cunningham 20 years from now will be in Polk County.

Ralph Van Dyke 20 years from now will be a very rich doctor.

JaCara Sheley 20 years from now will be a nurse, married with 5 kids, 3 pets, and own a business.

Cameo Cott 20 years from now will be a tennis grand slammer.

Frank Swoboda 20 years from now will be the new Bill Gates

Shawna Lore 20 years from now will be head of a cancer foundation.

Bagdy Lovan 20 years from now will be a ninja.

Chuckie Luangaphayvong 20 years from now will still be running for Spree King.

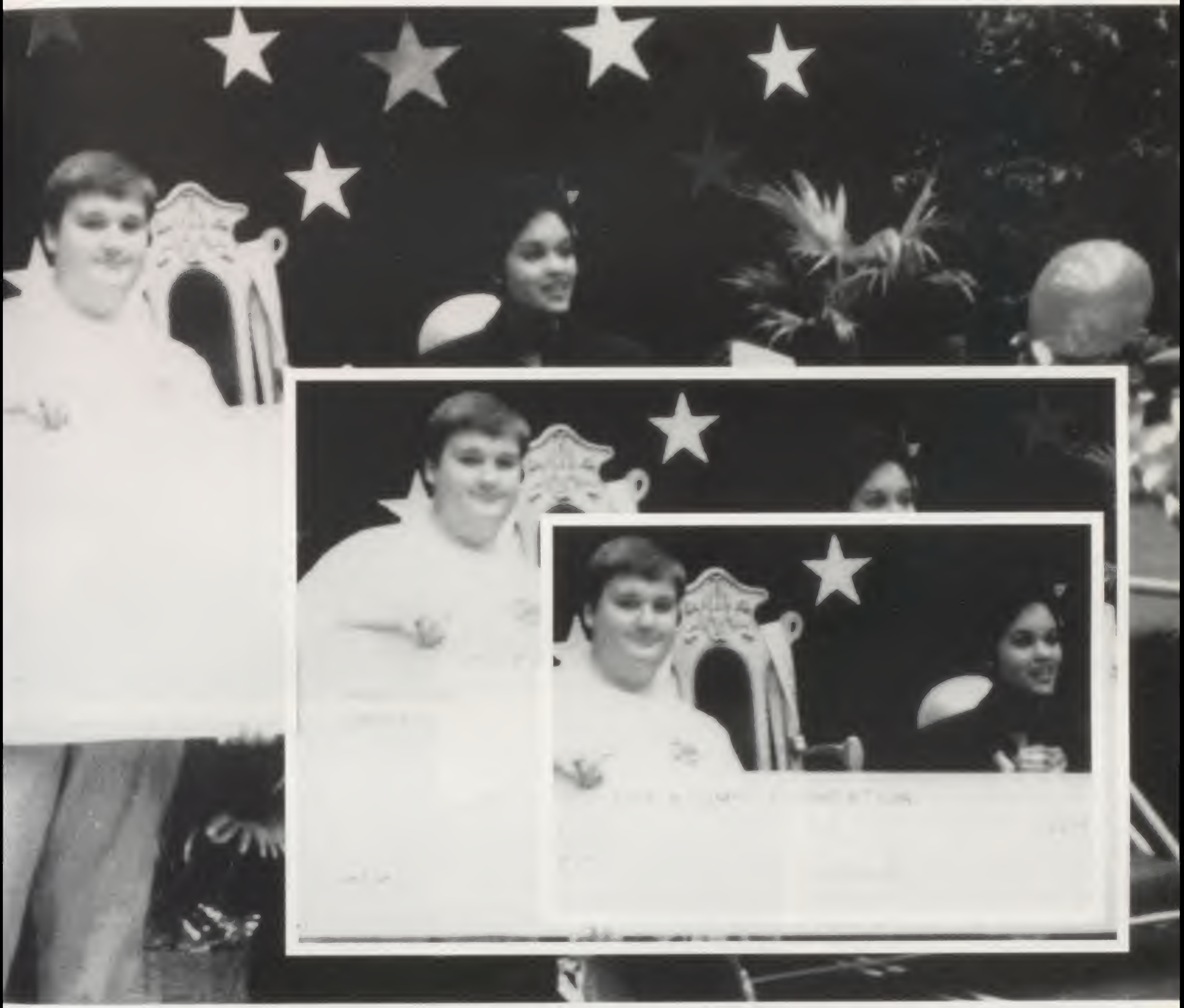
An air of excitement and uneasiness comes over freshmen as they choose what groups to join. They *feel* the pressure from their friends, and that their talents will be measured like never before.

They learn soon, though, that it doesn't matter what ride they choose, as long as they have fun. Sophomores & juniors learn what it means to be a part of a group.

Excitement, responsibility, seriousness — no matter what happens, memories and laughter are *the* result.

Seniors know it's their last ride. No matter where they go next, what they've done will have contributed to the group. There will be a *rush* of excitement for them during the final loops & swoops and for all, friendships will be remembered in years to come

Story/Design: Linda Her.



During the *homecoming assembly, senior* ***Doug Smith*** *was presented with a check for $2500 by alum* ***Courtney Maxwell****. The money was donated to the student government from EHS alumni.*

Leading Changes

When it comes to leadership among students, the Student Leadership council is the model. From celebrations of diversity to performing skits on teen issues, they promote and celebrate equality and unity among diverse groups. Differences in sex, race, age and beliefs are the main focus of the council.

> *"These kids are doing something special. They learn as much as they are teaching."*
> *- Sponsor Vidal Spaine*

"We'd like to bring a sense of unity and harmony to the students and community within the east side," said co-sponsor **Fannie Wilson-Cunningham**.

Leadership Council is a group of 35 EHS students who feel they need to "protect" people against racism, to make their community and school a secure place to live and learn in. Five sub-committees met for an hour at bi-weekly meetings: Voices of Change, Student Forums, Student Exchange, Diversity Training, and Celebrations.

"The celebrations group, my baby, takes up about 50% of the council's time during the year," said senior and co-chair **Marlisha Slaughter**.

The most recognized committee is Voices of Change, a performing group that travels around the Midwest performing skits at schools, community rallies and state-wide leadership conventions.

"We perform skits dealing with racism, sexism and other teen issues," says senior and Voices director **Stephanie Gibb**. "After the performances we hold forums where the audience asks us questions about what they've seen. It's very well received by both students and adults."

"We plan to go to Manhattan, Kansas in April for Voices," said freshman **Stacey Hester**. "Mr. Spaine got us a gig where we're going to be video-taped professionally and send our work all over the country. Maybe even to Oprah!"

The group worked with schools in the community to build pride and unity among Des Moines' high schools. Valley High was one.

"We called it *Operation: Valley* ," said junior **Nikki Drayton**. "We went there and performed for them, worked in groups, and compared our school's diveristy."

Helping out *her fellow pal, junior* ***Nikki Drayton*** *lends a helping...uh, back...to junior* ***Demitrus Deidrich*** *during a team activity at the council's retreat at Drake last fall.*

> *"when you look for the good instead of the bad in people, a true miracle can occur."*
> *- Voices of Change*

Story/Design: Stephanoe Gibb. Photojournalist: Stephanie Gibb.

Taking a b[illegible]**k** from discussi[illegible] issues, teacher F[illegible] **Cunningham** and [illegible] group of council members [illegible] off their sweet little pea[illegible] whites. Cunnin[illegible]am [illegible] one of th[illegible] s[illegible] this year.

Black or *white, we're all the same! Seniors* ***Marlisha Slaughter*** *and* ***B.J. Stradley*** *put 5 and 5 together to show that with all the issues of the world, there is still peace and harmony among teens.*

Slang is so *difficult these days to figure out. Seniors* ***Stephanie Gibb, Marlisha Slaughter, Paula Alanis,*** *and* ***Karla Sanchez*** *try out the newest lingo in one of Voices' famous skits.*

What an *effort putting EHS and VHS kids together for a day – and they all had a blast. Councils from both schools joined together for a day in hopes of spreading the peace among the students. Looks like it worked!*

Community service

This year Key Club has two new sponsors, East teachers **Christina Martin** and **Angela Jackson**.

"I feel really lucky to be working with students who want to be involved and do community service," said **Martin**. "There are a lot of ideas and willingness among students."

The canned food and toy drives were held at the same time during the months of November and December.

Key Club, Student Government, and National Honor Society came together for the food drive and extended the collection date for a couple extra weeks to make it more effective.

There were approximately 200-300 students who brought food.

"It was a good turn out and several classes had a competition that made it more fun and we ended up getting more," said sophomore **Jessica Sweet**.

Students were asked to donate unused toys that were then given to Toys For Tots.

There were also Key Club activities done outside of school.

Students helped serve the homeless at the Salvation Army for about two weeks.

"I thought it was a good experience and I met some nice people," said sophomore **Ashley Gilbert**.

On a shortened Wednesday, a few students drove out to Johnston to decorate the Children's Habilitation Center with Christmas lights.

"It makes me feel really good inside knowing that something we take for granted, such as putting up Christmas lights, brings so much joy to a person's life," said junior **Emily Johnson**.

They also had to take the lights down after the holiday season, but whatever the task, members always have a good time doing good deeds.

"It's been nice to work with students outside the classroom," said **Martin**. "I enjoy seeing other sides of their personality."

> *"I donated about $70 worth of toys. I not only wanted to reach one child but several."*
> *-Junior **Emily Johnson***

Showing *Scarlet Pride while doing a good deed, senior **Beth Drey** and junior **Jennifer Edwards** get ready to put newspapers in the bin. NHS recycled newspapers every Thursday.*

Why Did You Join Key Club?

I wanted to volunteer around the community and this was the only club at school that does this sort of thing.
-Sophomore **Kelly Alshouse**

To help out others and to have something to do after school with my friends.
-Sophomore **Jessica Sweet**

Story/Design: Phut Hoang Van

Finalizing *the months activity at a KeyClub meeting the members decide when and where they will be doing things. To become a member all students need to do is talk to the sponsors.*

Easily *lifting the heavy load of papers, junior* ***Michael Fuller*** *takes it out to the car. NHS focuses on doing community projects.*

NHS OFFICERS. Front Row: Stacey Letze, Beth Drey, Shawna Finch. Back Row: Frank Swoboda, Aaron Long, Chao Xiong.

I thought it would be interesting and I wanted to help people in need.
-Sophomore **Ashley Gilbert**

I joined Key Club because I wanted to volunteer and help people.
-Freshman **Amanda Davis**

All dressed up, seniors **Dawn Hutchinson**, **Stephanie Scigliano**, and **Judy Kligopoulos** pose. Lincoln's BPA club invited East to the Botanical Center for a Halloween social.

Group pose! The entire class squeezes together to smile during a break at the Fall Leadership Conference, held at Four Points Sheraton in Des Moines.

Taking a break from playing "Gotcha," students gather for a picture. "Gotcha" is a game where you ask people you don't know to do crazy and stupid things. Students could be seen doing pushups and jumping jacks. They were heard imitating their favorite animal or commercial.

Bustin' a move, seniors **Stephanie Fallis** and **Amanda Conlin** party out on the dance floor at the end of conference. Students enjoyed "letting loose" when the speeches were all over and done with.

Story/Design: Ashley Vitiritto. Photojournalist: Jenny Breese.

Why Did You Join BPA?

I joined BPA because I thought it would be a valuable class . I've learned so many things that have really prepared me for the real world of work.
— Junior **Stephen Kirkpatrick**

***Congrats,** Doug! **Amanda Conlin** (left) and adviser **Mary Jane Kaldenberg** (right) congratulate senior **Doug Smith** on becoming BPA's State Treasurer. This is the second year in a row the treasurer was from East.*

Prepare yourself

Business Professionals of America (BPA) offers students a chance to learn all they need to know to make it in today's business world.

"It's a very valuable class that offers so many learning experiences," said advisor **Mary Jane Kaldenberg**.

Students are taught how to become better typists, to be more proficient, to get more involved in their work and to become better communicators. Students learn these things while at the same time working at a co-op job and earning credit.

"The work experiences you get are really vital in molding you to become a better worker and business person," said senior **Stephanie Denning**.

"The work experiences you get are really vital.
-Senior Stephanie Denning

Once in the program, students are assigned jobs based on what their interests are. Most students work at the Principal Financial Group or local middle schools. Other students choose banks, graphic studios or law firms.

"I love my job working in the attendance office. It was great! I got to learn a lot while having fun at the same time," said senior **Stephanie Fallis**.

Students started off the year by attending the Fall Leadership Conference. At this conference they met other students from all over Iowa in the BPA/Office Education class and learned what the program was all about.

"We went into this conference not really knowing anything about the class, group, or what we were going to be doing. However, we came out of the conference with smiles on our faces and a really in-the-know attitude about what a great class this was all about," said senior **Judy Kligopolous.**

The students also attended the conference to pick new '98-'99 officers to represent the state of Iowa. East High's own senior Doug Smith was elected to be the Secretary/Treasurer for Iowa.

"I was really surprised and happy when I found out I was elected," said **Smith**.

Students were also given the chance to show off their business knowledge and know-how at regional competition held at AIB. Students took tests and enjoyed meeting new and different people and reuniting with ones they met at Fall Leadership Conference.

East was represented well by its 13 members present.

"The kids did great. We really brought home a lot of awards, too," said **Kaldenburg**.

Learning valuable and important office and communication skills is a key factor in this class. But, students come away with more than just skills, they make friendships and memories that will last forever.

I joined because in college I plan on going into business and this class really helped to prepare me.
— Senior **Jamie DeMoss**

Living up to our motto

Student Government has been known for its ability to motivate the students of East to act in the "service of humanity." Having a large increase in the number of volunteers from previous years proved that a group of students with a goal can make a difference.

During the holiday season, the group worked with National Honor Society to collect canned goods for the hungry and supported the "Toys For Tots" campaign, collecting toys for poor and homeless children.

"They did a nice job getting so many people to donate their food and belongings to the less fortunate," said sophomore **Crystal Cowles**.

There were over thirty people participating in Student Government, a large increase from last year's seventeen. It proved that there's "safety in numbers" when dealing with community problems.

"It's good to see that the school's representatives are working together like a team to get the work that is needed done," said parent **Harold Porter**.

> *"It was nice watching other students helping students. We don't see that a lot around the neighborhood."*
> *— Omar Otero*

Students and parents were also very impressed with the work the group did to help improve the school's image, from helping clean up campus grounds, to helping other organizations with their fundraising.

"They have done so much to help this community with their drives and fund-raisers," said East alum **Holly Reese**.

To join this service group, students must be willing to make a commitment to the group and help whenever possible. Most were seniors this year.

"We'll need some spirited students to step up to the challenge next year," said sponsor **Samy El-Baroudi**.

Story/Design: Kilgore Trout. Photojournalist:Courtney Reeves.

Loading boxes *of food at Dahl's, seniors* ***Stacey Zelenovich*** *and* ***Courtney Hurdle*** *prepare to deliver Thanksgiving baskets to needy east side families. "Uhhnn, man this is heavy," says sponsor* ***Samy El-Baroudi*** *(inset) as he lugs one of the complete meals that were donated.*

Smile for the *roving lens, girls. Seniors* ***Shawna Finch*** *and* ***Stacey Zelenovich*** *take time on "Farmer Day" to pose. Homecoming dress-up days are always a hoot in Scarlet Land.*

Senior
Board
Senior
Board

STUDENT GOVERNMENT OFFICERS. Treasurer Alex Bibbins, Vice-President Marlisha Slaughter, President Doug Smith.

Hail to the Chief!

hief! With Coach **George Davis** *by his side, senior and student government president* **Doug Smith** *addresses the student body during the Homecoming Assembly. Student Government efforts paid off in a dance blow-out attendance of over 1200 students, a record.*

SCARLET *spirit*

How many of you have ever wanted to play a big role in your school for only a dollar? If this describes you, Pep "E" Club is the best bet for you. Every student is eligible and the joining fee is only $1.

Members had many special privileges. They had front-row seats in the "cheering section" at all assemblies, they had the choice to buy Pep "E" Club long-sleeve T-shirts, and they got to plan, organize, and decorate key events during the school year, such as dances.

> *"I loved cheering and sitting with my friends at assemblies for Pep 'E' Club. It was a blast."*
> *-Sherah Sawhill*

"Pep 'E' Club was a really special organization that was one-of-a-kind. It allowed you the opportunity to get really involved with East without putting in too much time or money," said sophomore **Andrea Cook**.

The Pep "E" Club sponsor was **Linda Nemmers**, a math teacher at EHS. Nemmers helped run the meetings and organized the fund-raisers, but Pep "E" was mainly student run.

"I enjoyed working with the kids, they made it fun. Sometimes it got pretty hectic though, especially around Spree!," said **Nemmers**.

Pep "E" was responsible for many things during the school year, including Homecoming, Spree, and the annual fruit-basket delivery.

Homecoming was held Oct. 3 1998. The theme was "Don't Want to Miss a Thing". Pep "E" Club raised money, and put up decorations for the event. They also decorated Williams Stadium for every home game leading up to the homecoming game. The kids raised money by selling T-shirts to members, and selling buttons and tattoos to students.

"I loved organizing events with Pep 'E' Club. Decorating for Homecoming was really fun, even though it was a lot of hard work. It was neat to see the finished project when I went to the dance," said sophomore **Shawn Head**.

Pep "E" Club was also responsible for the fruit basket delivery. Every year at Thanksgiving they gave fruit baskets to retired teachers. Pep "E" brought in the fruit (every grade level brought in a certain amount of a particular fruit), created the baskets, and delivered them to the teachers.

Nemmers said, "The fruit basket delivery was a great success every year. This year we even had teachers call in beforehand to make sure we were going to bring them a basket!"

Another event they were responsible for organizing was the Valentine's Day dance, Spree. Spree was held Feb. 13 1999, and the theme was "Enchantment Under the Sea."

"Spree was one of the best events of the year. It was really nicely decorated," said senior **Megan Cardines**.

The club also acted as an opportunity for students to voice their opinions on dances and other activities at school.

Aside from just having fun, Pep "E" members put in a lot of hard work, time, and effort. They met every other Wednesday before school for twenty minutes.

"Pep 'E' Club was a lot of fun, even though the early morning meetings were harsh sometimes!," said senior **Stacie Hornocker**.

Story/Design: Stacey Wood. Photojournalist: Dustin Johnson.

Pep E Club *members* ***Stephanie Fallis*** *and* ***Tara Mathews*** *lead the crowd in a cheer duringan assembly.*

PEP E CLUB OFFICERS. Front Row: Jessica Miller, Shawna Finch. Row 2: Beth Drey, Natalie Patterson, Stacey Zelenovich, Stephanie Fallis. Back Row: Doug Smith, Melissa Woodard.

Members of *the Pep E Club cheer, clap and yell at assemblies to fire up teams and show true Scarlet Spirit.*

During a *morningrehearsal, these Gospel Choir members, start their usual warm-ups. Warm ups consisted of singing octaves, breathing correctly and getting their voices prepped to sing at 7:15 a.m.*

Making sure *the students know their part, teacher* ***James McNear*** *plays their notes for them. This was McNear's first year teaching at East, but many students enjoyed his new approach to music.*

Standing *around the piano allowed junior Marquita Jenkins, freshman* ***Kim Wagner****, sophomore* ***Michelle Oliver*** *and junior* ***Kristin Reid*** *the opportunity to hear their notes. For many of them, this was their first year singing in gospel choir.*

What makes Gospel Choir inspirational?

To a teen's soul, especially one in turmoil, singing about hope can be uplifting.

—Junior **Mimy Sanachit**

It's inspirational because it makes you feel happy and you're singing something that has a deep meaning to yourself.

—Junior **James Fox**

Story/Design: Linda Her, Photojournalist: Jason Milligan

Front Row: Sheila Countryman, Kira Campos-Anderson, Michelle Oliver. Back Row: Director James McNear, Kim Wagner, Chauncey Mallet, Anesa Gardner, Angie Gardner. Not pictured: Julanda Brown, Cynthia Caylor, John Easter, James Fox, Amber Gandy, Marquita Jenkins, Alyssa Long, Kristin Reid, Mimy Sanachit.

'Heartform' singing

The audience sat in anticipation as another choir took its place on the stage. For the members of Gospel Choir, it would be their first performance and time to prove that all the morning practices were worth it.

"It was great performing at the concert with the other choirs and it was great when we had faith that we could do it," said freshman **Kim Wagner**.

Many were nervous, but as they began to sing, their nervousness turned to excitement and was shown in the sound that they made.

> *"I've always enjoyed singing and gospel choir made it possible for me to fit choir into my schedule."*
> *— Kira Campos-Anderson*

"Some members looked nervous when they got on stage, but after they started to sing, they were really good," said junior **Michael Fuller**.

Not only had gospel choir experienced "new choir jitters," but it had gone beyond what most people pictured as a gospel choir.

"Most people think of a gospel choir as a group of African-Americans singing gospel music, but it's more than that at East," said teacher **James McNear**. "Our gospel choir is very diverse and it's great how all the backgrounds came together to share their will to sing."

"We're very unique because we have such a variety of voices that come from different ethnic backgrounds," said junior and president **James Fox**.

Having such a diverse group allowed them to get to know other cultures and gave them opportunities to share their opinions and contribute ideas of what gospel choir should do. Though Fox had the office of president, they believed it was everyone's participation that made a difference.

"Everybody helped each other out and we all decided on what to do, instead of having only one individual making the decisions," said junior **Mimy Sanachit**.

Some of the events that gospel choir participated in were the food drive and the Martin Luther King Jr. (MLK) Celebration.

Many thought that coordinating their own food drive was great knowing that they could help others less fortunate.

Another event that many believed that had great meaning was the MLK Celebration that was held at East on January 18 at 7 a.m. The choir performed many songs, such as an arrangement of Stevie Wonders "Happy Birthday" and "Count Your Blessings." Another group that performed was the East High jazz band.

"I was really excited to perform with the rest of the choir and I think that showed people that high school kids do care about what King did," said junior **Sheila Countryman**.

Choir, the members were also able to learn about the "heartform" of gospel singing. They also learned to help each other with notes and memorizing the words.

"What's cool was that they all came together and learned the heartform of singing and what it took to actually sing songs in gospel choir. The songs we sung all had a deeper and positive meaning. The singers are very dedicated to getting their message across," said **McNear**.

Price, Product, Promotion, Place

Ever notice those ads in the back of the yearbook? Ever wonder where they come from?

They come from the Marketing Sales department. This class is offered to juniors and seniors who want to take on the responsibility and enjoyment of going out and selling ad space to area companies and businesses.

"It's a class I've really enjoyed. It teaches you so much about the real world and how to do business," said junior **Brooke Bennett**.

These students learn many things, including the 4 P's of Marketing: product (advertising space in the Quill), price (which varies with the size of the ad space), place (the advertiser's location) and promotion (the advertisement itself).

"It's a pretty interesting class and I've learned a lot in it," said junior **Danielle Kellis**.

After the students have learned the 4 P's of Marketing, they are then taught the Seven Steps of the Sale. Then they are finally assigned the task of selling ad space.

"The best part of the class was the freedom. You were able to go out into the businesses in the area and sell ads," said senior **Dray Grantham**.

Going out into the community was an exciting element that the class offered.

"The biggest challenge for the students is locating a particular company's address," said instructor **Nancy Hansen**.

Most students learned how to get around better in the Des Moines area and know where things actually are.

The class helped students to not only become more familiar with doing business with a company or business, but it actually puts them into the real work world. Trying to get someone to buy ad space and do business with you is what the real world is all about. It's what this class is all about.

> "This class really teaches you responsibility and offers out of class freedom.
> – Junior **Joe Housley**"

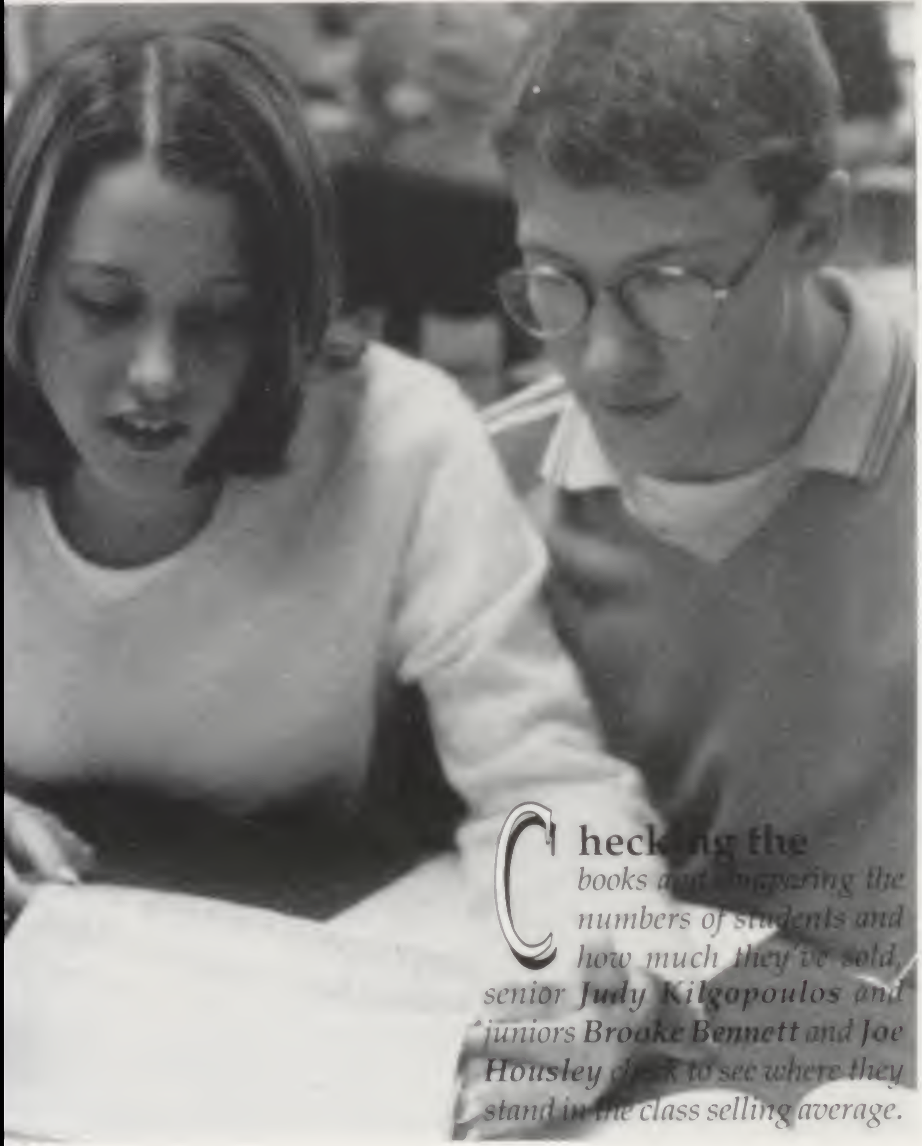
Taking time *out of a class day, Marketing Sales students pose for a photo. Students are rarely all together in the classroom. Most are out selling ads.*

Pinpointing an *exact location of a business, senior* ***Andre Robinson*** *and junior* ***Roscoe Lewis*** *look to find the business address. Many students had trouble finding businesses and got lost. The map helped prevent this problem.*

Story/Design: Ashley Vitiritto. Photojournalist: Emily Erickson.

Opening the door *of opportunity and closing the door to a sale, senior* ***Kyle Williamson*** *stops by Dewey Ford with his portfolio suitcase (folder) to finish up an ad sale. Students enjoyed "closing a deal."*

Catching *up with some class bookwork, juniors* ***Sheena Gray*** *and* ***Danielle Kellis*** *work together as a team to finish a worksheet.*



Checking the *books and comparing the numbers of students and how much they've sold, senior* ***Judy Kilgopoulos*** *and juniors* ***Brooke Bennett*** *and* ***Joe Housley*** *check to see where they stand in the class selling average.*

MEMORIES

"I remember when I was coming back from selling an ad and my tire totally blew up. It was terrible. There were these little tire chunks flying everywhere." — Junior **Brooke Bennett**

"My memory is when my car broke down on the coldest day of the year." — Junior **Adam Fisher**

"When I went to sell an ad to a company only to find out that the business was no longer there and it hadn't been for years. Mrs. Hansen swore up and down that it was still there and they hadn't gone out of business." — Junior **Derek Pettijohn**

"When Dray and Mark put 'itchy stuff' down Joe Housley's shirt and he could stop scratching." — Senior **Kyle Williamson**

"When Jimmy Randolph was acting like he was crying and Mrs. Hansen was trying to be supportive and telling him 'everything was going to be fine.'" — Senior **Judy Kligopoulos**

College *bound*

For some students life after high school is full of decisions about college and being successful. Many students are making those decisions easier by participating in college-bound programs.

"Science Bound gives students a chance to prepare themselves for tests that not only get them into college but it also shows them career opportunities in the science and math areas," said adviser **Annette Ryun**.

> *"Thanks to programs like these, students are assured of having great success."*
> *—Tony Grimm*

"Science Bound helped me by encouraging me to study more," said senior **Manila Lovanh**.

Attending Tuesday meetings was a required element.

"The meetings made it so I got all of my work done and I did my best," said junior **Julanda Brown**.

A benefit of this program is that it helps pay the tuition cost for students who want to attend Iowa State.

"I feel good knowing that my college expenses will be cut in half," said junior **Silvia De La Cruz**. "I feel more confident about being successful when I am out of high school."

Besides just working on getting good grades, the students can go on college visits to Iowa State.

"The trip to Ames was a great opportunity," said freshman **Noemy Carrasco**. "It allowed me to see what campus life was like and what job choices are in the real world."

Another program that gives students the experience of "college life" is Upward Bound (UB).

"UB helped me maintain my GPA and allowed me to get involved with others during the summer," said senior **Ramon McCarrell**.

During the summer, members were required to go to either Central College in Pella or DMACC's Ankeny campus to live.

"Living on the campus let me see what it would be like on my own in college," said senior **Frank Lem**.

Instead of just doing academic work during the summer, there were also fun activities like the "Olympics," In Ames all of the UB program members came together to engage in sports.

"They are really fabulous," said **Brown**. "They allow all of us to compete and socialize."

Story/Design: Tiffany Roby

Ancient Greek *culture comes to the boy's dorms in Pella. Each Upward Bound floor had its own theme to use to decorate rooms for fun.*

Here comes *a new fashion statement. Junior* ***Clyde Copeland*** *gets his hair braided by junior* ***Shakeela Newsome****.*

Dresses and *make-up find their way onto senior* **Frank Lem** *and other guys for a day. For slave day girls were able to dress the guys as girls.*

What is the scariest part of climbing rocks?

"When your partner isn't paying attention and doesn't catch you if you start to fall."
— Junior **Leah Tedder**

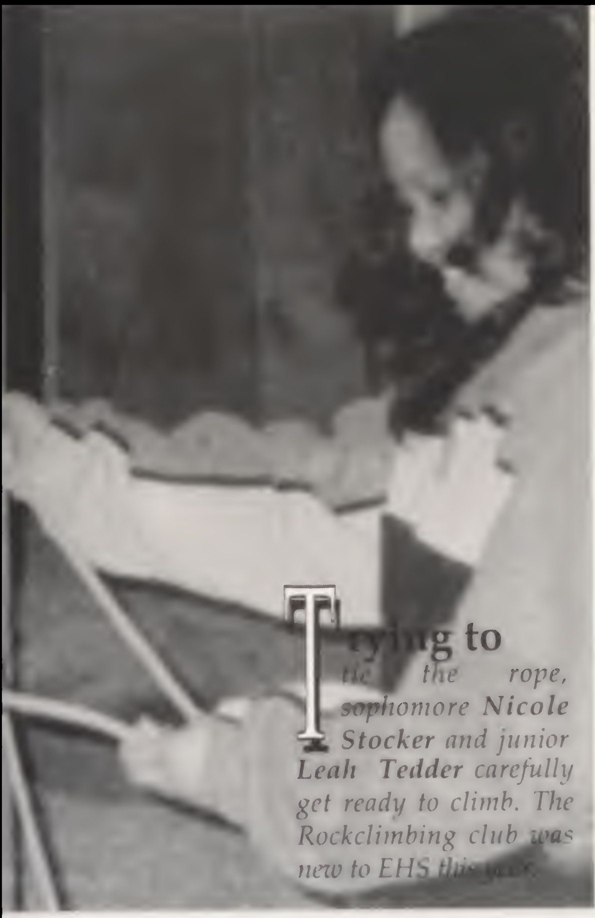
"When you start falling off the rocks, you feel like you're gonna die. Really being outside for real can be freaky."
— Sophomore **Nicole Stocker**

Grabbing *hold of the rock, freshman* ***Chris VanZante*** *pulls himself up. The climbers carpooled once a week to an indoor gym in a small town called Kelley, north of Des Moines.*

Hanging on *for dear life, junior* ***Leah Tedder*** *has time to look at the camera and smile. The rockclimbing club took one trip this year to Backbone State Park.*

Story/Design: Lou Ann Covalt. Photojournalist: Chantelle McFadden.

Climbing high



Trying to *tie the rope, sophomore **Nicole Stocker** and junior **Leah Tedder** carefully get ready to climb. The Rockclimbing club was new to EHS this year.*

Imagine yourself hanging on to nothing but rock 500 feet above the ground. You have nothing supporting you except for what seems like a thin, tiny rope. You look down and are terrified.

OK, maybe that's a little exaggeration, but that is just what the rock climbers prepare themselves for.

"We only climb about 20 to 25 feet, but it's a really exciting experience," said junior **Leah Tedder**.

Started by sponsor and new math teacher **Eric Sullivan**, the Rockclimbers Club is new to EHS this year. Even though it only had a few members, the club really took off.

"The purpose of the club is to let the students experience rock climbing in a safe environment," said **Sullivan**.

"I wanted to try something new and thought it would be cool," said **Tedder**.

The club often went to BNB Mountaineering, an indoor gym. They met once a week on Thursdays and drove to a small town called Kelly to get to the center. The cost was about $10 a person to climb.

"I went almost every week, and I really didn't worry about money," said freshman **Chris VanZante**.

When at the center, members had to go through many preparations to be able to climb.

"We had to go through a training course and the instructors really made sure we knew how to tie the rope," said sophomore **Nicole Stocker**.

"The scariest thing is when your partner isn't paying attention and doesn't catch you if you start to fall off the rocks," said **Tedder**.

dents for some trips. The club only

> *"I wanted to try something new and thought it would be cool."*
> *— Junior Leah Tedder*

Trying not *to fall, sophomore **Nicole Stocker** graciously climbs at left. Gently falling back down, junior **Leah Tedder** tries to keep herself steady in the above left photo. New math teacher **Eric Sullivan** is the sponsor and coach of the rockclimbing club.*

Fired up

Working up a sweat during the 1998 summer, the East High School sophomores attended their first cheerleading camp called NCA (National Cheerleading Association) held in Ames, Iowa, at Iowa State University from July 22-24.

Many students from all around Iowa participated in the event which was held for 6th grade cheerleaders through the varsity level.

> *"Cheerleading is a very big responsibility, but all of the hard work pays off."*
> *- Andrea Cook*

Participants paid a fee of $155 which covered their stay in a two person dorm room and included breakfast, lunch, and dinner. They also paid $180 to buy new outfits and shoes to perform in.

"We ordered pizza at about 10:00 at night, and stayed up all night running around the dorm," said sophomore **Catherine Knight.**

The dorms had high security and only allowed certain students on its premises. It was very protected so there were no problems with any of the students off campus.

Cheerleaders alarms would be set for 6 a.m. sharp to get ready for the long day ahead of them. They had to be at a practice field and start practicing by 7:00 a.m.

Students could show off their spirit and win many awards at the end of each night by being the most enthusiastic, or improving the most.

"I remember since we didn't win an award **Lindsey Carr** made us a spirit stick out of a tree branch, and yarn," said sophomore **Jennifer Moore.** "I'll also never forget the fun we had together as a squad, and the cute instructors."

There were other squads from schools all around Iowa participating in the event. The camp was meant for students to meet new people and have some fun.

Everyone practiced in the 80-90 degree weather, and only had eating breaks. It was very hot, but very helpful to the squads.

Tigre Williamson commented, "The camp improved my skills, and I learned a lot of new cheers and met new people."

This years freshman cheerleaders will be attending a new camp during the summer of 1999.

"I think camp will be a fun experience, and I will get to meet other people," said freshman **Lindsey Latcham**.

The freshmen had a great year performing, but are excited about upcoming years and were happy just to be with friends.

"I am really excited about camp next year. I also had fun during the Iowa State Fair parade and can't wait to try out for next year," said freshman **Kati Bainter**.

Kati Bainter *and* ***Amanda Kindred****, both freshmen, get the crowd cheering loudly at one of the freshman football games.*

Sophomores *smile big as they eagerly wait for camp to start. They really got to know each other during their 3-day session.*

Story/Design: Kelli Welker, Photojournalist: Kerry Green.

Early bird *Melissa Khodai* waits to leave NCAcamp (at left). Below, ***Andrea Cook, Kelli Welker, Chris Olson,*** and ***Jennifer Moore*** *feel pumped up as they await for the first pep rally of the football season.*

After a day *of hard work, sophomores* ***Sheena Signs, Tiffany Carey*** *and* ***Lindsey Carr*** *take time to snap some shots and get back to their dorm rooms.*

What Was Your Best Moment?

Dressing up in costumes for the Halloween game, I was a clown. The whole squad looked really neat.
— Sophomore **Tiffany Boggs**

I will never forget cheering for the Homecoming assembly. It was a lot of fun getting the crowd pumped for the football game.
—Freshman **Sara Anderson**

"

I think the funniest thing that happened was when Jenny got a chewy gobstopper stuck in her nose.

-Junior Sarah Dority

"

Dressed *up as cats, a cow, a red M&M and much more, these members went trick-or-treating in style. Many thought that it was great to get festive for Halloween.*

Gathered *on the bed, seven members of the varsity squad take a break from the hot summer weather. Many members attended camps during the summer to help them with their cheers and to meet new people.*

Munching *on leaves (above right), these squad members took a break for a little snack. Strutting their stuff (at right), senior* ***Craig Webber****, junior* ***Jenny Edwards****, and seniors* ***Courtney La Rue*** *and* ***Ben Cowie*** *do the Macarena.*

Story/Design: Krystal Pickett/Linda Her, Photojournalist: Dustin Johnson.

During the

Looks are Deceiving

Putting on their "snowman" costumes and carrying their canes, the cheerleaders performed a holiday routine for the winter assembly. Though some may have thought it looked easy, it took long practices and teamwork to make it happen.

"I think most people think cheerleading is easy," said senior **Shawna Finch**, "but it's not as easy as it looks. A person has to be athletic and want to work hard to be good."

> *"A great part of cheerleading was all the friendships that were made. I know I've made some lasting friendships."*
> *-Jenny Edwards*

Finch, along with other cheerleaders, felt people really didn't understand what cheerleaders had to do to perform each week and most are judgmental about it.

"It really doesn't bother me that others think cheerleading is easy because I know we do a lot of work that they don't see," said senior **Stephanie Scigliano**.

"People think that cheerleaders don't need to practice, but we do. During the summer, we attended camps to improve the way we cheered," said junior **Tiffany Good**.

Many believe that cheerleading was hard, but for senior **Judy Kligopolous**, the hardest part was trying to be a good role model.

"I felt everybody expected you to be perfect and a good role model because you're a cheerleader, but we all are our own person and sometimes it's hard to live up to everyone's expectations," she said.

Another factor **Finch** said that people don't realize about cheerleaders is the need to be outgoing.

"The cheerleaders have to be able to get the crowd fired up for each game and if you don't look happy or aren't outgoing, then you can't get the crowd into the game," she said.

Despite the misconceptions, there were also rewards that came from being a cheerleader.

Some thought that one of the greatest rewards was when a new cheerleader understood the cheers that she had been taught.

"It was really hard learning the cheers for the first time and especially the fight song. But it felt great knowing that I knew the cheers and I didn't have to worry anymore about being the only one who didn't know," said junior **Amber Johnson**.

Another great aspect of being a cheerleader was all the friends, laughter and memories made throughout the year.

"I always liked hearing 'you guys did a good job' from somebody because it makes all the hard work really worth while," said **Kligopolous.**

Showing *their bright smiles, these cheerleaders gather for a group picture. At left, cheering at an evening pep rally, members help boost senior* ***Kerry Green*** *onto the top.*

Having fun *after the Red Ribbon Day Parade, junior* ***Lisa Gathercole*** *and seniors* ***Chantelle McFadden, Jenn Williams*** *and* ***Tiffany Mayse*** *smile for the camera. The Steppers also marched in the Iowa State Fair Parade before the year started.*

Steppin' *Out*

Imagine a squad starting the year with a new sponsor and eight new girls out of a total of fourteen. These are just some of the challenges the Steppers faced.

"The girls did really well adjusting to the change of a new sponsor and new members," said sponsor **Nancy Holmes**.

Holmes got involved with the group when some girls in her photo classes asked her to become their sponsor.

> *"I liked how the older girls just told us to go out, do our best, and not to be afraid while performing."*
> *-Meghan Templeton*

"I thought she would be a really good sponsor because she was the best teacher I ever had as far as getting along with students," said senior **Tiffany Mayse**.

"I enjoyed being sponsor because it gave me a chance to develop relationships with kids that weren't in my classes," said **Holmes**.

Since there were eight new girls, the squad had to deal with people from different dancing backgrounds and skills.

"It made the year really fun to have a bigger squad," said senior **Jenn Williams**. "Since the younger girls had different backgrounds it gave the older girls on the squad the chance to help someone out."

Holmes implemented a number of new concepts. One was a "big sister, little sister" program. This allowed the new girls to have someone to go to if they had any questions.

"Since it was my first year, I think it really helped out to have someone you could talk to," said freshman **Melissa Beede**. "It made the newness easier because you got to know people better."

Another change was an elimination of "points." Points, in years past, were given if girls missed a practice or were late. Once a girl got so many points they were benched or dropped.

"I think dropping the points system was good because Holmes really got closer to us," said **Mayse**. "It made her less of an authority and more of a friend."

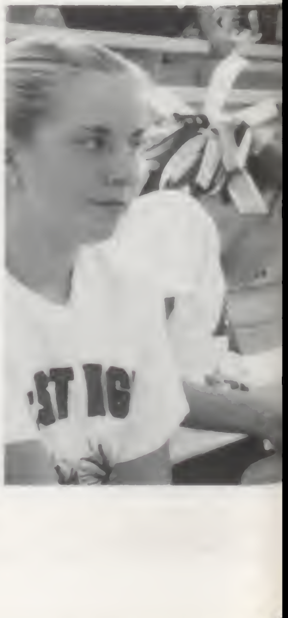
Steppers did many things throughout the year like participate in the State Fair Parade.

"It was really fun because I had never been in a parade before," said freshman **Amy Preas**.

Steppers also competed in a statewide competition on December 5, where they placed in division 2.

"As a group we did really well," said junior **Lisa Gathercole**. "I think it was probably our best performance of the year."

In the *stands during a game, the girls await half-time. Throughout the year, the squad performed during half-times and assemblies.*



Story/Design: Jennie Carico. Photojournalist: Jenn Williams.

During a *pep assembly, Steppers perform for the crowd. They worked long hours to perfect their routines to make sure they were synchronized.*

Striking a *pose at Senior Night, these girls show they know how to have fun. At this event seniors received awards for their achievements throughout the year.*

Smiling *sweetly, a few Steppers take time to pose before practice. This year was the first year the girls choreographed their own routines. This meant the squad had to practice even harder to get their routines perfect.*

At the Red *Ribbon Day Parade the girls smile with Mayor* ***Preston Daniels****. The Steppers marched in the parade with SODA and a few members of the varsity cheerleading squad.*

New instructor joins guard

Band director **Mark Hawkins** and the Colorguard decided at the end of last May to get an adult instructor for the Colorguard in order to help guide the program smoothly.

Phyllis Smith, the Colorguard sponsor, called the Barnstormer cheerleaders and asked for anyone with flag experience. They were asked to contact Smith if interested in choreographing the Colorguard's routines.

> *"(Hagen) is a good influence on them, she really straightened them out."*
> *-Jamie McDaniel*

The result – **Tiffany Hagen,** who is 25-years-old and has been a Barnstormer cheerleader for two years. She also had six years of flag experience prior to being a cheerleader.

"With an adult in charge there has been less disagreements and fewer problems within the guard," said **Hawkins**. "She has made things tremendous."

"I enjoyed working with Tiffany and the choreography has improved a lot with her help," said sophomore **Venessa Boland**.

"Tiffany is great. She has done a lot for us and has made us look better. Even though I would prefer captains, it's okay without them," said senior **Shannon Kingrey**.

In past years elected captains have choreographed all of the routines the group performed. Last year at State they took Division I third place. This year, with Hagen as choreographer, they received a Division I rating, but didn't place.

"Coming home with a Division I rating was an accomplishment for us even though we should have placed. I'm still proud of them," said **Hagen**.

It took Hagen two months to create a routine for the state competition, including the dance and rifle segments. Senior **Courtney Hurdle** believed that Hagen brought a "new and different flavor" to the routines.

"As a first year member, State was fun. Practices were very time consuming but worth it," said sophomore **Alison Lowe**.

Both **Hawkins** and **Hagen** were pleased with how the guard did this year.

"We have gotten more compliments this year and less complaints," said **Hawkins**.

"Hagen has been a great asset to the Colorguard. I hope she stays for many more years," said **Hurdle**.

Story/Design: Jennifer Oliver. Photojournalist: Marques Lewis.

Waiting for their waitress

***Brooke Nowadzky** and **Kellie Reuppel** sit at downtown Stella's. Guard traditionally goes there for dinner during State Competition.*

Performing their State routine to "Slide," Colorguard received a Division I rating. This was held at Veterans Memorial Auditorium on December 4.

*Before a football game, **Shannon Kingrey, Venessa Boland,** and **Courtney Hurdle** pose for a picture. Colorguard always performs football pre-game and halftimes with the band.*

*With a few of her top ranking trophies by her side, sophomore **Venessa Boland** is proud. She has won over 70 trophies over past years.*

BOLAND'S BATON LIGHTS UP NIGHT

If people stayed with one thing for many years they probably wouldn't like it, but for sophomore **Venessa Boland**, it just isn't like that.

Boland has been twirling baton for ten years.

"At times it's hard and I feel like giving up, but then I remind myself of how long I've done it and I keep going," said **Boland**.

She has been this year's feature twirler for marching band and has performed in parades, halftimes for both football and basketball games and many team and individual competitions. She has also been to Nationals twice, top competitions held at Notre Dame.

"It's neat meeting thousands of twirlers from around the world," said **Boland**.

Since May of last year she has been busy with Colorguard and band, leaving her with little time for competitions.

Her specialty is twirling fire batons.

"Other members of my team twirled fire at their schools and I thought it was cool so I tried it and I got hooked," she said.

Frosh trumpet player Jared Mendenhall remembers one pre-game. "I thought it was going to fly back and torch me."

"Venessa must have a lot of guts to twirl fire. If she messes up, she can't just pick it up and move on. It has to be perfect or she could really get hurt," said sophomore **Wendy Bradford**.

Riding the SDS express

Practice every Tuesday and Thursday for an hour and a half really paid off. The Scarlet Dance Squad performed many times at home games and at assemblies energizing fans by dancing to the latest hip-hop music.

"Everyone decided on what music we danced to," said freshman **Katrenia Isaac**. "We tried to mix the music up instead of dancing to the same thing over and over."

"Dance Squad is a great experience to have in high school and I'm glad I did it."
— Junior Tanesha Thompson

Mixing the commitment to the squad and schoolwork could be a lot of stress, but having practices and then going home to study for a test was just a part of it.

"I love being on the squad," said junior **Nikki Drayton**. "It's a lot of hard work and being a co-captain makes it even harder."

The season started in the summer with a three week camp that prepared them for what was to come.

"Camp was fun but I was a little scared at first," said sophomore **Stephanie Rover**. "It helped me overcome my fear of performing in front of large groups of people."

The SDS is sponsored by teacher **Fannie Cunningham**.

"The girls have improved a lot throughout the year," said **Cunningham**. "They are a great group and I am very proud of them."

Fitting all of the dance moves together was hard work, but they were fortunate enough to have local dance instructor **Bo James** as their choreographer.

"Bo did a lot of things for us," said sophomore **Christina Western**. "He not only made up the dances, he also helped us with the steps."

Learning the dances was hard and it took a lot of time and effort from the girls. "I joined the team late in the season," said freshman **Crystal Carr**, "so it made it a little bit harder to catch on to what they were already doing."

The squad wore the same uniform as the past year, but a fund-raiser held this year will go to buy them new uniforms next year.

"I hate fund-raisers but this one helped us a lot," said sophomore captain **Dominique Francis**. "We will look good in our new uniforms next year."

They traveled to middle schools to perform in the spring because they wanted to show what it was like to be on the squad and to get eighth graders to be interested in joining next year.

Everyone *met at sponsor Cunningham's house at the beginning of the season to kick things off.*

Story/Design: Stephance Carlos. Photojournalist: Jason Milligan.

Junior **Nikki Drayton** and sophomores **Cia Gomez** and **Sunshine Butler** *watch the Colorguard perform while waiting for their turn at the Fall Jamboree.*

SCARLET
DANCE SQUAD

The girls *smile big while trying to wait patiently for their turn at the Red Ribbon Parade.*

Taking a *break from practice, sophomore captain* **Dominique Francis** *decides to take a look at the camera.*

ORCHESTRA hits the road

"The bus to Dallas will be leaving in 15 min. Please have all your bags ready for departure." This may have been what nine EHS orchestra students heard as they were getting ready to leave for Dallas, Texas with about 30-40 other high-school students from the metro area.

> *"It's a different kind of class, we don't have books and everything."*
> *-Melissa Woodard*

This years orchestra took a trip to listen to the Dallas symphony, to sight see and to just HAVE FUN!!!!!

"About nine of us are going to Dallas to listen to the Dallas Symphony and to sight see," said orchestra director **Jennifer Swartz**.

The trip cost around $400, and grades 9-12 were able to attend.

The orchestra played downtown at capital square on Dec. 3.

"It was fun, but we didn't have much of an audiance," said Sophomore **Angela Vertz**.

They played in Newton at the Central Iowa Metro League (CIML), in February, where there were over 300 orchestra students from across the state all playing together.

The orchestra also visited three random middle schools as they do every year with the other high schools.

Sophomore **Jessica Richardson**, said she likes playing at the middle schools because, "it gives the junior high kids a chance to see if they want to play in high school."

The five or six freshman that joined this year have adjusted fine, and didn't have many problems. Freshman **Whiteny James** said that all the freshmen seem to be accepted by the upperclassmen.

Sophomore **Emily Dillard** said "the freshmen are very quiet, but cool."

Orchestra seems harder for some freshmen and even some upperclassmen this year.

"Its harder as a freshman, the music's more difficult," said freshman **Darcy Baker** who plays the viola.

Sophomore **Michelle Stanley,** who also plays the viola, said, "The music is harder this year than last year."

Story/Design: Debbie Moutis. Photojournalist: Kerry Green.

What Makes Orchestra Fun?

The fact that there's a lot of different people in there, and that we all get along.
— Sophomore **Emily Dillard**

The different music that we play, it isn't all the same.
— Sophomore **Angela Vertz**

Freshman *Shirah Lewis warms up on her instrument. The orchestra practiced hard every day fifth period.*

The Capital *Square performance provided Christmas music for the public. A favorite was the "Frosty" medley.*

Orchestra *plays at Capital Square on December 3. They spent their day playing and just having fun.*

We have different music, we don't do the same thing every day, there's a variety.
— Sophomore **Jessica Richardson**

Ms. Swartz is a great teacher and friend to her students.
— Sophomore **Shawna McChurch**

Best thing about band is...

The best thing about band and jazz band is the contests because it brings us together and makes us get along while having fun.
-Sophomore **Cassie Peterson**

The best thing about band is going to the football and basketball games for free and being able to sit with all of my friends.
-Junior **Julie Samuelson**

With his *cheeks full of air, freshman* ***Ben Erickson*** *uses a lot of breath to play the songs. The freshmen made up about 60% of the band members this year.*

Making the *pep rally more fun, the band students were asked to play to liven up EHS spirit. This year was the first year that East has had pep rallies at night and everyone was invited, even a DJ!*

Trying to *concentrate on her music, junior* ***Silvia De La Cruz*** *gently presses down the keys on her piccolo.* ***De La Cruz*** *was named section leader of the flutes, which included many responsibilities.*

Story/Design: Lou Ann Covalt. Photojournalist: Jason Nutt.

The best thing about band is jazz band because I like to be a part of something good at East.
-Senior **Chuck Mercer**

The best thing about band is jazz band because I really have fun and enjoy playing the songs.
-Freshman **Charles Lozano**

Learning *new music, these saxophone players worked hard to improve their skills. This year there were about 90 students in band and 10 of them played the saxophone.*

Playing with style

Every day practices, cold weather, donut duty, Christmas songs, 7 am rehearsals, basketball games, football games, and winter concerts. These are just some of the things that the EHS Marching Scarlets got to experience throughout the year.

Starting the year out with 7 am practices, the marching band played at all the home games and some contests during the football season. The band even got to march in the Beaverdale Parade with drum major senior **Ethan Herrera** conducting and leading the band.

"It was really hot at the parade, especially with a 30 pound snare drum strapped to my back and having to walk over 6 miles with no water," said sophomore **Mark Grimm**.

Aside from the cold weather at the football games the band got to "warm up" inside and got ready for concert band. Concert band didn't have 7 am rehearsals, but the songs were harder and required more individual practice at home.

"Concert band is a great experience for us [the band members] because we learn about new cultures through the music we play," said senior **Ramon McCarrell**.

During concert band, jazz band had 7 am rehearsals and put in many hours of practice during seventh period. The jazz band participated in many contests throughout the year that required traveling all over Iowa.

"The trips were fun once everyone learned their music," said junior **Emily Stokka**.

Besides the different rehearsals that went on during the year, there were other additions to the band. This included many new freshmen, which made up about 60% of the band members.

> *"The trips were fun once everyone learned their music."*
> *-Junior Emily Stokka*

Sh[illegible] *[illegible] spir[illegible] band filled the gym with [illegible] sound at the [illegible] assembly. This year [illegible] not only played at [illegible]blies, but at concerts [illegible] contests as well.*

During the fall *concert, choir president* ***BJ Stradley*** *converses with former choir teacher* ***Linda Baker****, while* ***James McNear*** *gets ready for the show to begin. This was McNear's first year of teaching at East and with him, he brought a new aspect of music to the students.*

As the song *begins, the soprano section awaits their entrance. This section consisted of mostly underclassmen, with only two seniors this year.*

Standing in *sections, these students try their best to sing their parts at the right rhythm and with the correct notes. For many students, this wasn't their first time singing in four part harmony.*

Story/Design: Melinda Dennis. Photojournalist: Jenny Breese

With a distressed *look on her face, senior **Anesa Gardner** listens as teacher **James McNear** helps the alto section with their notes. Choir may just be singing, but many students agree that it takes dedication and focus to learn their notes.*

Traveling Troupe Sings Out

To most kids, choir class was just something to help fill up their schedules. But to over 30 Chamber choir students, it was something special.

"I liked to sing, I've been in music and choir classes since fourth grade," said sophomore **Stephanie Rover**.

Many students sang in choir for several years, developing their musical talents.

"I've been in choir all four years at East and have loved every minute of it," said senior **B.J. Stradley**.

Many were able to go to the North American Music Festival in Virginia Beach, Virginia. The group left on April 29 and returned on May 2.

The group participated in competition with 10 to 15 other choir groups. Last year's group attended the competition in Orlando, Florida and placed Best in Class.

"There were a lot of choirs there, but it was fun to go and show off our talent," said junior **Teresa Warnock.**

> "The beach is great for checkin' out the chicks.
> –Senior **Jason Mason**"

The students raised money through several fund-raisers. They made pies at a local Hy-Vee and the store sold them, donating the profits to the choir. The choir also sold pizzas and candy.

"It was hard to raise the money, but it was well worth the trouble," said sophomore **Angela Marlenee.**

The total cost to each member for the trip was around $550. This included the air fare and a reserved place on a cruise.

"The trip was great, it was fun to get to know everyone," said freshman **Amber Martineau**. "I cant wait until next year."

Why Did You Join Choir?

Because I love to sing.
-Sophomore **Beth Jones**

Because when I transferred I was already in choir.
-Sophomore **Michelle Oliver**

Helping the students out, director **James McNear's** mother encourages students to bring canned goods for the food drive. There was competition for each choir class to see which one could bring the most.

Trying to come up with ideas for the variety show, seniors **Carin Engstrom** and **Claudia Schoppman** listen to what their classmates .have to say. The choirs performed at a winter and spring concert, plus other contests during the year.

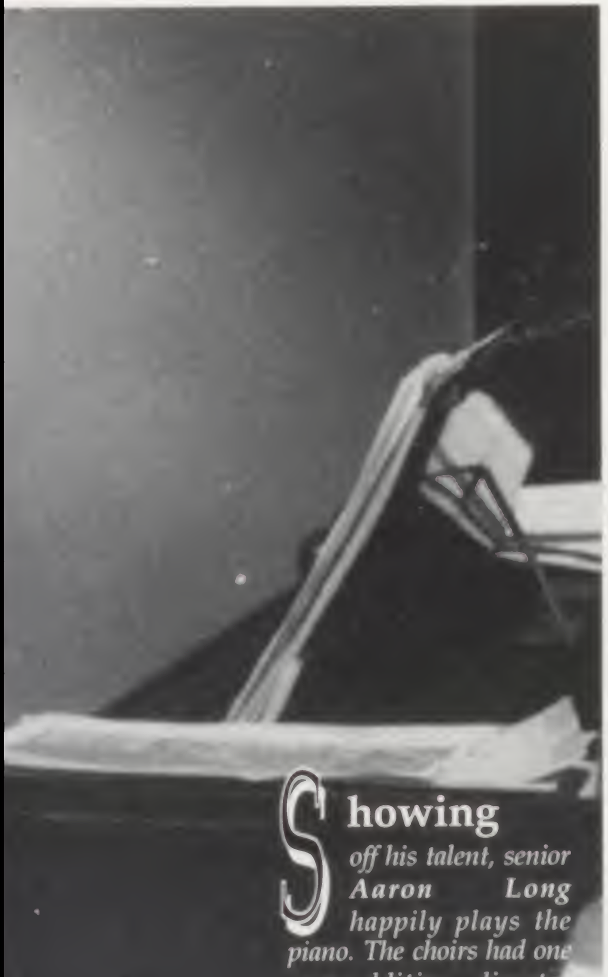
Story/Design: Lou Ann Covalt. Photojournalists: Marques Lewis & Jason Nutt.

I have been singing since elementary school.
-Freshman **Jessica Bush**

I have been singing for three years and I enjoy doing it.
-Freshman **Jeff Hidlebaugh**

Taking a *time out from singing, these mixed choir students stop to get a drink of water while chatting with their friends. Many students enjoyed McNear's teaching style.*

Let's get loud



Showing *off his talent, senior* ***Aaron Long*** *happily plays the piano. The choirs had one new addition, directo* ***James McNear.***

If life was a song, new EHS vocal teacher **James McNear** would have his own opus. New to East from Merrill Middle School, he is an artist with a new dose of wisdom, a new bucket of goals, and a flaring ring of fire for his students to jump through.

"Mr. McNear teaches you more than just the song, he gives you a lesson," said freshman **Natasha Newsome**.

"It's like he gives you your own personal voice lesson, except with a whole class," said junior **Marquita Jenkins**.

> *"He gives you your own personal voice lesson, except with the whole class."*
> *— Marquita Jenkins*

Many EHS students also enjoy **McNear's** "relaxed and laid-back" style of teaching.

"McNear is really nice, a lot of fun, and is relaxed," said freshman **Jennifer Smith**.

"He really teaches you a lot about singing and how to sing," said sophomore **Beth Jones**.

Besides his teaching style, **McNear** also has many goals for treble, mixed and prep choir. This year these groups sang at a winter concert, spring concert, and graduation. Some students even got a chance to do a solo during the winter and spring concert.

"I was really nervous, but I did all right on my solo," said **Newsome**.

"I think the winter concert went really well, especially because it was the first performance of the year," said **McNear**.

With many new goals for the year, many students, parents, and administration have come to like **McNear's** ideas for his choir classes. He says he is "looking forward to what the future brings" and hopes that he can improve his classes.

"Everything needs work. I know the students can get better and that is what I am especially looking forward to," said **McNear**.

Greater Actions

If William Shakespeare were alive today and at East High, he'd probably have a field day coming up with the newest, latest genre of teenage soap operas. Waiting for him would be fitting to those who know and enjoy his work the most...theater people.

"Our theater department isn't like all the others, we push the limits," said senior **Shannon Kingrey**. "Plus our audiences love us."

Indeed they do. This year's theater arts class had changed quite a bit: a new teacher, **Sara Ostbloom**, a Hoover HS and Drake University alum, a rejuvenating new paint job of baby blue in the classroom, and a whole new attitude within the cast of the plays.

"We're not your average theater troupe by any means!" said junior **Adam Jordison**. "Our plays have meanings and send a message to audiences. That's why I love it."

Their fall play, *"Greater Tuna,"* a satire based in a small Texas town, proved a great time for the students and the adults who guided them.

"I loved helping out the kids this year," said former EHS theater aide **Steve Beaver**. "They never cease to amaze me with their skills."

The fall play brought in well over $400 and kept crowds laughing for days. Even the faculty roared with laughter throughout the following week.

"I can't believe the caliber of talent we have here, the whole play was hilarious," said vice principal **Ted Christianson**, "I literally laughed 'till I cried!"

> *"If you can find a better place other than Tuna, MOVE!"*
> *— Arlis Struvie & Thurston Wheelis. (OOKK)*

Story/Design: Stephanie Gibb. Photojournalist: Jen Williams.

Giving her *exuberant character life, senior* **Claudia "Cloudy" Schoppman** *had the audience rolling with laughter during her snipits of the zaney OOKK weather report.*

Here "Tuna" *cast members get their stage directions right before curtain call. The time these students spend throughout the two-week rehearsals pays off the moment the lights go up and the curtains open.*

Good vibes *and friendship are two very big philosophies of senior* ***Marlisha Slaughter*** *and junior* ***Chrysta Bosley.*** *These two hilarious actors kept both the cast and each other laughing during the rehearsals of their play.*

Is senior ***B.J. Stradley*** *fishing for fish, or for laughs? During a break in rehearsal, junior* ***Chrysta Bosley*** *looks on in total and utter puzzlement. Wonder if she's thinking what we're thinking...it boggles the mind!*

We love 20th *century CD's. Tech director* ***Steve Beaver*** *sure does.* ***Beaver*** *picked and planned most of the play's old-time country songs. How fitting that "Crazy," by Patsy Cline was one of them.*

Can you answer these Quiz Bowl questions?

"Quiz bowl is a lot like trivial pursuit," said sophomore **Brianna Frank**.

The topics are math, science, history and miscellaneous items. Team members practice once or twice a month and go to a couple of competitions or meets a year.

According to freshman **David Fuller**, "Quiz Bowl is for people who want to be in academic decathlon, but don't have the time.

Here's some questions that they might encounter in a particular round. See how you do:

1. What is the #1 selling book of all time?
2. What event started World War I?
3. What season is related to a nuclear bomb?

1. The Bible
2. The murder of Archduke Ferdinand
3. Winter

Studying hard, *Academic Decathlon members meet every day. They practice from the time school gets out until around 5 o'clock.*

This goofy *looking team (above) won first place in the Heartland AEA Knowledge Bowl competition. They dressed like this for fun, but it intimidated the other teams. At right, sophomore **Andrea Brockman** models a new hair style.*

Andrea Brockman

Senior Frank ***Swoboda*** *shows off his hard-earned medal. He received top individual honors at the Drake Quiz Bowl competition.*

Story/Design: Debbie Montis. Photojournalist: Dennis

Academic Decathlon Takes Brains

Try studying every night from the time school gets out until 4:30 or 5. All the while you're working for one major competition that will decide if you go on to the next tournament.

The Academic Decathlon does just that. They start in September, practicing every other day. But in the last few months of the program they practice every night.

People think that decathlon is harder than Quiz Bowl because of all the extra work it involves.

Freshman **David Fuller** said, "I commend the team members because they practice so much on top of regular school work, jobs and everything else a high school student has to go through."

Since they don't travel much, they get an opportunity to go, every year, to Denison, Iowa.

"We really like to go there because Denison is the birthplace of actress Donna Reed and the place is just really interesting," said sophomore **Brianna Frank**.

Even though it's not a major contact sport, or a talented music group or high-level dance group, this bunch of eight or nine students really enjoys each other's company and takes delight in learning together.

Senior **Frank Swoboda** said, "It's fun because of the people, we all take pleasure in learning."

Academic Decathlon takes a lot of hard work. Senior **Joshua Dady** said, "You have to give a five-minute speech and a two-minute impromptu speech, which is making up a speech from certain topics."

Aside from giving speeches and taking tests, members also have to write an essay and have a fake job interview.

With how well the team works and competes, some think that it should get a little more school recognition.

Sophomore **Andrea Brockman** said, "When we won first place at regionals, the school didn't really say anything, so in a way we felt ignored."

People weren't sure of what this year would be like because the team lost three seniors last year.

"I think it's been pretty good," said senior **Jason Boehme**. "We weren't sure how it would go, but we did really well."

> "You get to learn a lot, it opens you up and you learn more than you would in regular school.
> –Sophomore **Andrea Brockman**"

Quiz Bowl *members take time to pose for a photo. They're holding their first place trophy won at the Drake Quiz Bowl competition.*

Set goals in the real world

The New Horizons Program of the Des Moines Public Schools will provide supportive services including counseling, work experience, and coordination with community agencies to meet the needs of a selected population of students and their families to improve life skills, school achievement, graduation rate, and visions of their future.

> *"I like the program because it's not too strict, it's perfect.*
> *– **Karla Sanchez***

That is the mission statement of the New Horizons program. The program encourages students to stay in school , to be more consistant in their attendance, and to improve their school achievement.

"The program gives experience in the work field and helps with school," said sophomore **Evelyn Stewart**.

It started back in the '60s when changing demands in the labor market made it more important to provide youth with with experiences and services.

I've learned to understand the work force better and the seniority is a good advantage for later," said senior **Sara Kelley.**

The program is currently offered at East, Hoover, Lincoln, North, Roosevelt, and Alternative North and South high schools.

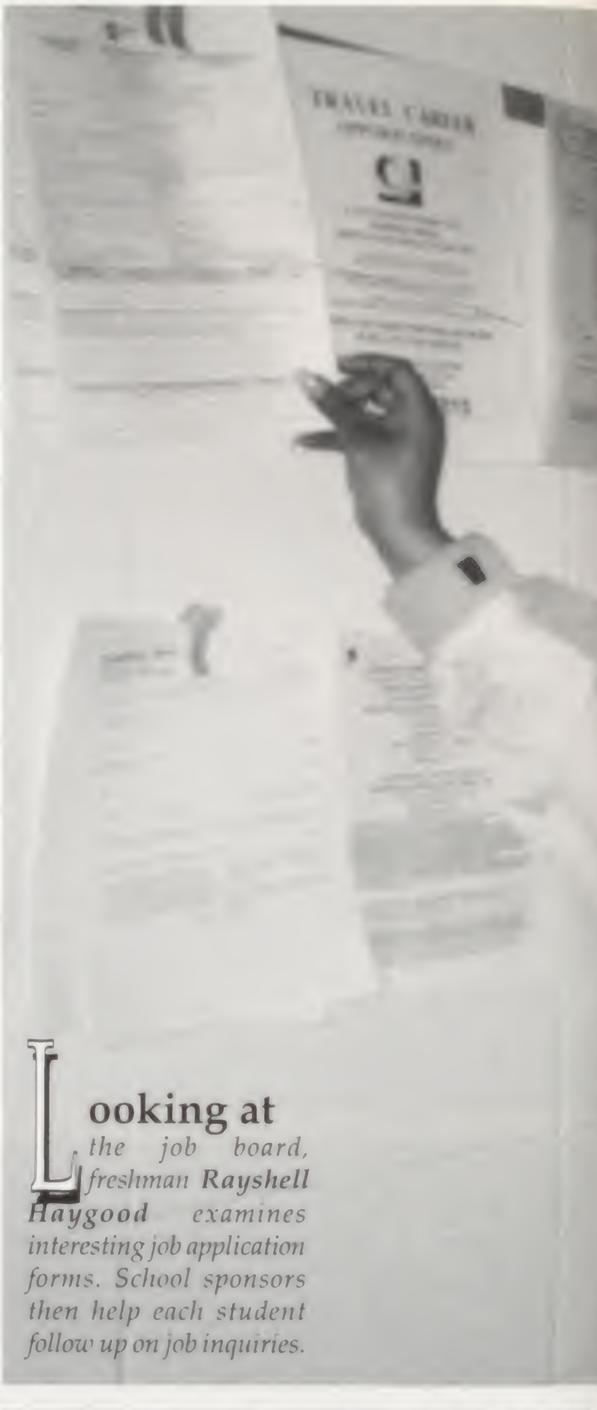
The following are program components: Staff Supportive Services/Work Experience, Home Repair/Chore Service, Home Remodeling Project, Private Sector Focus Project, Apprenticeship Project, and Summer Youth Employment Program.

There were 88 students in the program, but yearly new people get involved.

"We try to keep the numbers below 100 students because it's easier to work that way," said sponsor **Fannie Wilson-Cunningham**.

"After-school activities and lots of school involvement doesn't leave much room for work, but for me, a job keeps me from getting into things I shouldn't be doing. It keeps me busy," said junior **Carmel Stewart**.

tory/Design: Brooke Nowadzky. Photojournalist: Megan Wall.



Looking at *the job board, freshman **Rayshell Haygood** examines interesting job application forms. School sponsors then help each student follow up on job inquiries.*

Career *research is also part of New Horizons. Senior **Kena McCaughey** accesses the computer database in the school office.*

In New *Horizons, students get evaluated every once in a while.* Senior **Deann Anderson** *examines her last work site evaluation.*

Sophomore ***Syreeta Taylor*** *looks at her last work evaluation. She will then analyze the report with her school work adviser to find room for improvement.*

What Was Your Funniest Moment?

A lady ordered a lot of food, paid for it, then drove off without it.
—Junior **Tracy Mitchell**

A snack bar employee spilled grease on the floor and another employee ran in and slipped on it.
—Junior **Derek Pettijohn**

Strength *from support*

There are several things that make a high school strong. The strength comes from the support of the students, the alumni, and the organizations within the school. Two such organizations are the Booster Club and the PTSA (Parent, Teacher, Student Association).

The purpose of the Booster Club is to raise and distribute funds among the East High athletics.

"We did a lot of fundraisers throughout the year to support our athletes," said Booster Club President **Sharon Page**. "We always had at least one fund-raiser going and another one in the works."

"Our main purpose is to assist the students and staff of East High."
-PTSA Pres. Connie Boesen-Olson

Some of the more notable events that were sponsored by the Booster Club were the Fall Jamboree and the Winter Preview. Both functions were geared toward introducing all the players of each sport and raising money.

"We did what we could as a team to raise money," said junior **James Grasso**. "Having an organization like the Boosters really helped out with buying new athletic equipment."

Another one of the accomplishments of the Booster Club was to help the swim teams get two new sets of touch pads for the swimming pool.

The Booster Club isn't all business, though.

"We're a fun group," said **Page**. "We're pretty active and enjoy what we do."

The PTSA was also a factor making East a strong school.

"We worked to better the school environment," said PTSA President **Connie Boesen-Olson**. "One of the accomplishments of organizations like ours is hot school lunches."

The PTSA was interested in enriching the students' experience by assisting in funding for things like new books and supplies for classrooms.

"We're like the booster club for education," said **Boesen-Olson.**

The PTSA generated their funds from concession stand sales during summer sports competitions.

Also, they organized a project to asphalt what used to be the gravel rock around the concession stand and sponsored the Mask-A-Rade dance in October

"Our main purpose is to assist the students of East High and East High itself," said **Boesen-Olson.**

East High couldn't ask for more.

Who's next? *Senior **Tim Froehle** helps out at the concession stand. The PTSA raised money with different fundraising projects. The concession stand was one of those projects.*

POP CORN
POP CORN
POP CORN
POP CORN

Story/Design: Josh Gerrietts. Photojournalist: Tiffany Mayse.

Everything *ready? A few of the Booster Club members have a short meeting to discuss logistics. The club was responsible for raising money for athletics.*

BOOSTER CLUB: Front Row: Sharon Page, Mary Irwin, Charyl Goddard. Row 2: Jim Mason, Steve Fuller, Keith Williamson, Marsha Reidburn, Twila Webb, Sally Dehnert, Susan Hook, Ruth Ann Signs, Hank Carey, Cindy Carey.

PTSA OFFICERS : Front Row: Susan Griffiths,Connie Boesen-Olson, Sheila Govoni, Peg Froehle. Back Row: George Davis.

Students
drug free
stay

Joining the many groups and clubs at East was a new one this year called SODA, which stands for Students Okay without Drugs and Alcohol, and it is just that. The objective of SODA is to provide a strong peer support system for students and to have fun.

Junior president **Emily Johnson** started the group with the adult supervision of vice-principal **Ted Christensen**.

> *"SODA is fun because you get to meet different people at the meetings."*
> *— Jessica Kenney*

"There is a SODA program in Marion/Lynn-Mar. I liked it better than other programs because it covered both drugs and alcohol," said **Johnson**.

The 25 members in the SODA program did monthly activities such as ice-skating and pizza parties.

"It was fun," said junior **Phut HoangVan**. "Kids don't realize having fun doesn't have to involve drugs."

SODA also marched in the Red Ribbon Parade in October a group of 20 and they carried the SODA banner and promoted school spirit by chanting the school fight song.

"After the parade we went downtown for this play thing. There were a bunch of different high school students that sang and did skits to educate younger students about drugs and alcohol," said sophomore **Beth Alvarez**.

In December the members of SODA volunteered their services at a fun night for a local head start children's center and the members did face-painting for the children. They painted pictures of Santa Clause and his reindeer on their faces.

"We had a good time. The kids enjoyed it and were excited about what we were painting," said **Johnson**.

Aside from doing all these fun activities, the group does have a serious side. They try to promote an awareness of drugs and alcohol and they provide a supportive peer group. The group's members are required to sign a contract that states they are drug and alcohol free. They also have to keep any information shared by other members confidential, with the exception of the group sponsor.

"It's not hard to sign it," said **HoangVan**. "To do this you should be committed to being a role model."

They also toured middle schools to promote drug and alcohol awareness.

"We want to [show kids] that it is okay to not do drugs and alcohol and that they don't need them to have a good time," said **Johnson**.

Story/Design: Shauna McChurch. Photojournalist: Jeremy Milligan.

SODA members pose with Mayor **Preston Daniels**. *The group marched in the Red Ribbon Parade during school this fall. They also tied red ribbons on cars in the school parking lots.*

Easily *lifting a Cattell student high in the air, senior* **Jason Nutt** *enjoys being a positive role model for the younger students. During the year RIP visited many different elementary schools.*

ROCK IN PREVENTION REACHES OUT

Rock In Prevention is a drug awareness program that has been nationally recognized and was named one of the country's 20 best substance-abuse prevention programs. Not a new program at East, it has been sponsored by **Nancy Christy** for the past couple years.

Rock In Prevention is run by Pat McManus and his crew. High school students that were involved in the program helped them to encourage younger students to avoid drug and alcohol use and teach them the dangers of using either substance.

"They use songs to teach about drugs and once they had some high school football players come help teach. I remember they even had cheerleaders once," said elementary student **Jackie McChurch**.

"We use fun songs and activities to teach the little kids about drugs. Sometimes we split up into small groups with the kids. We play games and do little plays," said sophomore **Bridget Davis**.

Some participants also marched in the Red Ribbon Parade and participated in those activities downtown with students from other high schools around Des Moines.

"It was a great experience to see that high school students really care about the younger generation," said junior **Linda Her**.

The idea of the program is to get students to help other students. It's also set up so that instead of preaching the "Just Say No" lessons and lectures, the children get to have fun while they learn about drugs and alcohol.

"You get to play games instead of just listening to speeches," said **Davis**.

Seniors **Jeremy Milligan** *and* **Jennifer Williams** *play with the students of Cattell Elementary during recess. Cattell was one of the first schools the Rock In Prevention group visited.*

VARSITY CHEERLEADING. Front Row: Jennifer Lim (Football/Basketball), Judy Kligopoulos (Wrestling), Courtney LaRue (Football), Savanchay Hacknorath (Football/Basketball). Row 2: Stephanie Scigliano (Wrestling), Stacey Letze (Basketball), Stephanie Miller (Football/Basketball), Jenny Edwards (Football/Basketball), Amber Johnson (Basketball), Stacey Zelenovich (Football), Jessica Zepeda (Football/Basketball). Back Row: Kelli Bloomquist (Basketball), Megan Wall (Football/Wrestling), Tiffany Good (Football/Basketball), Brooke Bennett (Football), Sarah Dority (Football/Basketball), Shawna Finch (Football/Wrestling), Tabatha Smothers (Basketball). Not Pictured: Kerry Green (Football/Wrestling).

SOPHOMORE CHEERLEADING. Front Row: Bridget Davis (fall/winter), Jennifer Moore (fall/winter), Melissa Khodai (fall/winter). Row 2: Chris Olson (fall), Kelly Underwood (fall/winter), Andrea Cook (fall/winter), Courtney Page (winter), Tigre Williamson (fall/winter), Catherine Knight (fall/winter). Back Row: Jamie Jones (fall/winter), Krystal Pickett (winter), Kelli Welker (fall/winter), Tiffany Carey (fall/winter), Tiffany Boggs (fall/winter), Lindsey Carr (winter).

FRESHMAN CHEERLEADING. Front Row: Lindsey Latcham (fall/winter), Stacy Smith (fall/winter). Row 2: Sara Anderson (fall), Morgan Trenhaile (fall), Michelle Gazzo (fall/winter), Kati Bainter (winter). Back Row: Heather Schietzelt (fall/winter), Natalie Plummer (fall), Stephanie Stapes (fall/winter), Ashley Bennett (fall/winter), Amanda Kindred (fall/winter).

Story/Design: Kilgore Trout.

STEPPERS. Front Row: Tiffany Mayse, Jennifer Williams, Heather Weber, Chantelle McFadden, Mollie Schirman. Row 2: Lisa Gathercole, Amy Preas, Ashlie Green, Brandi Reinig. Back Row: Ashleigh Dowell, Meghan Templeton, April Hiatt, Melissa Beede, Kerry Bloomquist.

COLORGUARD. Front Row: April Hazelwood, Jennifer Oliver, Tres Busby, Erin Quigley, Wendy Bradford, Daeneile Williams, Kellie Reuppel. Row 2: Robin Morris, Venessa Boland, Tricia Wickersham, Courtney Hurdle, CarrieLynn Meek, Alison Lowe, Brooke Nowadzky, Megan Edwards. Not Pictured: Shawna McChurch, Kandra Paddock, Shannon Kingrey.

SCARLET DANCE SQUAD. Front Row: Jessica Nelson, Kari Pinta, Tanesha Thompson, Gabrielle Brewton, Nicole Drayton, Dominique Francis, Allameshia Tiesman, Sheila Oakes. Back Row: Francia Gomez, Christina Western, Jessica Stewart, Bandi Latcham, Manager April Butler, Davanh Meksay, Stephanie Rover, Sunshine Butler. Not Pictured: Crystal Carr, Angela Gardner, Katrenia Isaac, Shakeela Newsome.

TREBLE CHOIR. Front Row: Alisha Wallace, Sheila Countryman, Heather Hildreth. Row 2: Ashley Gilbert, Angela Owens, Sheila Oath, Jennifer Oliver, Christina Yenzer. Back Row: Daeneile Williams, Alison Lowe, Christi Bethards, Angela Waldschmidt, Patsy Fredregill, Director James McNear. Not Pictured: Michelle Easter, Elizabeth Dalton, Mindy Kohrs, Michelle Oliver, Shonna Parker, Marlisha Slaughter, Jennifer Smith, Jamie McCullough.

VOICE CLASS. Front Row: Frank Swoboda, John Easter, Stephanie Gibb, Amber Gandy. Row 2: B.J. Stradley, Claudia Schoppman, Aaron Long, Chauncey Mallett, Hilary Waller, Carmel Stewart. Back Row: Carin Engstrom, Director James McNear. Not Pictured: Tyrone Bragg, Anthony Sanders.

CHAMBER CHOIR. Front Row: Wendy Bradford, Alyssa Long, Sarah Lewis, Krista Wicker, Emily Stokka, James Fox, Derek McChurch, Mark Standley. Row 2: Anna O'Brien, Amber Martineau, Erin Quigley, Teresa Warnock, Chaya Franklin, Jason Mason, Tory Browne, Daniel Williams. Row 3: Kim Wagner, Misty Stanton, Anesa Gardner, Claudia Schoppmann, Linda Her, Sandy Mendenhall, John Easter, Austin Kayser, Chuck Mercer, B.J. Stradley. Back Row: Rhi Nagy, Jamie Hill, Kristi Mathis, Angela Marlenee, Amy Kelly, Tres Busby, Jessica McClaskey, Michael Gary, Dillon Wonders, Clyde Copland, R.J. Montis. Not Pictured: Amy Alexander, Renee Bernhardt, Ashleigh Dowell, Chad Lint, Stephanie Rover, Terry Vang, Amanda Webber, Frantz Whitfield, Ronnie Williams.

Story/Design: Kilgore Trout.

PREP CHOIR. Front Row: Faith Barnes, Beth Jones, Francia Gomez, Trisha Boyles, Nicole Houchin, Stefanie Muir. Row 2: Robin Morris, Lily Leyva, Niki Loftus, Jessica Payne, Sarah Guhl, Jessica Bush, Natasha Newcomb. Back Row: Chasity Lee, Amanda Newcome, Danielle Norelius, Danielle Simmons, April Russell, Bryanna Hill, Tiffanney Moore, Christina Brooks, Director James McNear.

MIXED CHOIR. Front Row: Amanda Harkins, Jessica Sweet, Heather Miller, Brandy Reinig, Shawna Phillips, Cindy Easter, Jonna Eastcock, Michelle Colvert, Sarah Houseman. Row 2: Anna O'Brien, Kristin Reid, Samantha Uriten, Katrenia Isaac, Lakeysha Jordan, Danielle Boylan, Jacklyn Beener, Rebecca Rodriquez, CarrieLynn Meek. Back Row: LaDonna Palmer, Amber Gandy, Jeff Hidlebaugh, Tanulut Baccam, Dustin Jividen, Kristal Knouf, Marquita Jenkins, Reisha Booker, Maria Utyaganova. Director James McNear.

ORCHESTRA. Front Row: Jessica Richardson, Melissa Woodard, Jessica Miller, Mya Rounds, Director Jennifer Swartz. Row 2: Whitney James, Shirah Lewis, Cristina Lary, James Grasso. Row 3: Shawna McChurch, Amy Preas, Angela Tonsi, Katie Hull, Emily Dillard, James Vance, Stephanie Schatz, Darcy Baker. Back Row: Janna Dickey, Angela Vertz, Shannon Griffiths, Michelle Stanley. Not Pictured: Brandon Gregory, Michelle Oliver, Kirby Praseuth.

SENIOR BOARD. Front Row: Manila Lovan, Andy Kilgore, Shawna Finch, Judy Kligopoulos, Chantelle McFadden, Stacey Zelenovich, Jennifer Williams, Mollie Schirman, Courtney LaRue, Seven Hacknorath. Row 2: Jason Nutt, John Easter, Randle Cunningham, Nophalak Meksay, Stacey Letze, Beth Drey, Raffaela Punelli, Shannon Kingrey, Tabatha Smothers, Jennifer Lim. Row 3: Ben Cowie, Tracy Lowe, Jamie DeMoss, Stephany Denning, Jessica Randolph, Stacie Hornocker, Shawna Lore, Stephanie Fallis, Stephanie Gibb. Back Row: Alex Bibbins, Doug Smith, Josephine Jackson, Jessica Miller, Courtney Hurdle, Melissa Woodard, Marlisha Slaughter, Bryon Shepherd, Stephanie Scigliano, Bryan Ford, Todd Bennett. Not Pictured: Courtney Carpenter, Dawn Hutchinson, Tiffany Mayse, Bill Olson, Megan Wall.

NATIONAL COUNCIL OF YOUTH LEADERSHIP.
Beth Drey, Stephanie Fallis, Shawna Finch, Stephanie Gibb, Savanchay Hacknorath, Landon Heck, Shannon Kingrey, Stacey Letze, Jennifer Lim, Aaron Long, Manila Lovanh, Tracy Lowe, Sandra Mendenhall, Lauren Rice, Marlisha Slaughter, Nicky Vang, Chao Xiong, Stacey Zelenovich.

JUNIOR BOARD. Front Row: Sara Martineau, Leslie Olsen, Amy Hornocker, Jennifer Blakeman, Amy Griffith. Row 2: Amber Johnson, Stephanie Miller, Jenny Edwards, Emily Johnson, Phut HoangVan. Back Row: Brian Nemmers, David Frost.

LIBRARY AIDES. Front Row: Sarah VanTassel, Jessica Ford. Row 2: Michelle Olson, Risha Booker, Tara Baker Chris McKean. Back Row: Brian Norton, Geoff Gearhart, Mike DeMoss, Paul Drey, Brandi Williams. Not Pictured: Amber Giles, Amy Goddard, Whitney James, Tracy Mitchell, Angela Stewart, Stephanie Whitten, Amy Alexander, Stephanie Burch, Tony Grimm.

KIWANIANS. Front Row: Lauren Rice, Stacey Zelenovich, Stephanie Fallis, Shawna Finch, Kristin Tiedeman. Back Row: Derek McChurch, Tim Froehle, Chao Xiong, Frank Swoboda.

Story/Design: Kilgore Trout.

QUIZ BOWL/KNOWLEDGE BOWL. Front Row: Brianna Frank, Frank Swoboda, Andrea Brockman. Row 2: Ryan Nemmers, Cody Pfau, Jason Boehme, Alan Hulsebus. Back Row: Zach Peterson, David Fuller, Joshua Dady. Not Pictured: April Boll, Angela Jones, Matt Moeller, Chao Xiong.

ACADEMIC DECATHLON. Front Row: Brianna Frank, Frank Swoboda, Andrea Brockman. Back Row: Dan McKee, Cody Pfau, Jason Boehme, Alan Hulsebus, Joshua Dady.

IHSSA CONTESTANTS. Front Row: Aaron Hazelwood, Brooke Nowadzky, Chao Xiong, Leah Tedder. Back Row: Ellen Rothweiler, Aimee Hankins, Mike Wolf. Not Pictured: Evan Salazar, Kasandra Lester.

ODYSSEY OF THE MIND. Front Row: David Fuller. Back Row: April Boll, Adam Winn, Matt Moeller, Zack Peterson. Not Pictured: Darren Cruchelow, Allicia Hartman.

NATIONAL HONOR SOCIETY. Front Row: Lisa Gathercole, Shawna Finch, Seven Hacknorath, Sarah Benesh, Phut HoangVan, Linda Her. Row 2: Abigail Burkhead, Nick Kraska, Jennifer Edwards, Beth Johnson, Leah Tedder. Row 3: Kelly Bloomquist, Raffaela Punelli, Emily Johnson, Lou Ann Covalt. Row 4: Katie Naset, Nickelle Stevens, Jami DeMoss, Alan Hulsebus, Chao Xiong. Row 5: Amy Griffiths, Laura Luce, Lesley Olson, David Frost, Michael Fuller, Cody Pfau, Ryan Nemmers. Back Row: Beth Drey, Chris Bump, Brad Smith, Tim Froehle, Aaron Long, Jason Boehme.

KEY CLUB. Front Row: Beth Alvarez-Jones, Phut HoangVan, Ashlie Green, Emily Johnson, Steve Kirkpatrick, Anna Ochoa, Heather Knight, Chris McCann, Frank McCarl. Row 2: Jessica Sweet, Kelly Alshouse, Stacey Zelenovich, Rhiannon Nagy, Chrysta Bosley, Amy Alexander, Jon Van Syoc. Row 3: Christina Martin, Lindsay Taylor, Alicia Kaiser, Chommany Lo, Heather Hildreth, Misty Waltz, Ashley Gilbert, Khidra Baker. Row 4: Zach Peterson, Matt Moeller, Dusty Shannon, Alan Pierce, Amanda Davis. Not pictured: Carrie Birkhofer, Jennie Carico, Lindsey Carr, Lindsey Gordon, Nate Hibben, Stacie Hornocker, Nicole Houchin, Stephan Joanides, Rebecca Lee, Tracy Lowe, Danielle Norelius, Randy Owens, Tiffany Roby, Angela Sirianni, Daniel Williams.

UPWARD BOUND. Front Row: Jennifer Lim, Savanchay Hacknorath, Nicky Vang, Diana Calo. Row 2: Katrenia Isaac, Jessica McClaskey, Shakeela Newsome, Nicole Drayton, Julanda Brown, Ernesto De La Cruz. Back Row: Carmel Stewart, Clyde Copeland, Frank Lem, Bagdy Lovan, Huck Jackson, Tyechia Burgess. Not Pictured: Tres Busby, Marlisha Slaughter, Tony Grimm, Ramon McCarrell, Tiffany Roby.

SCIENCE BOUND. Front Row: Sponsor Lowell Long, Savanchay Hacknorath, Kira Campos-Anderson, Sarah Evans, Stacey Hester, Crystal Hecker. Row 2: Eric Lopez, Nicky Vang, Sarah Ollie, Julanda Brown, James Fox, Tameka Miller. Row 3: Will Sitthisay, Bagdy Lovan, Annette Ryun, Ernesto De La Cruz, Vanessa Mata. Row 4: Nathan Gary, Manila Lovanh, Jose Flores, Noemy Carrasco, RoseMary Duenas, Angela Moreno. Back Row: Alex Kelly, Charles Mercer, Oliver Powell, Corey Patton. Not Pictured: Silvia De La Cruz, Matt Evans, Julius Johnson, Rebecca Rodgriguez, Marlisha Slaughter.

Story/Design: Kilgore Trout.

ART CLUB. Front Row: Joe Devore, Gene Jewett, Kristi Farrell, Shane Hacknorath. Row 2: Tony Antelman. Back Row: Mike Munyon, Adam Britt, Sith Kouang. Not Pictured: Amanda Reimers, Kevin Chapman, Becky Watson, Tessa Danielson.

FOREIGN EXCHANGE. Front Row: Dennis Gensing, Torsten Schwenke, Claudia Schoppmann, Michael Lawson, Carin Engstrom, Paula Montoya, Annalie Florin. Back Row: Maria Utyaganova.

PEP E CLUB BOARD. Front Row: Melissa Woodard, Beth Drey, Jenny Edwards, Jessica Miller, Lisa Gathercole, Courtney Page, Krystal Pickett, Nickelle Stevens. Row 2: Meghan Wall, Stacey Zelenovich, Andy Kilgore, Becky McAleavy, Jennifer Williams, Emily Erickson, Amy Forkner, Melissa McAleavy. Row 3: Lesley Olson, Natalie Patterson, Shawna Finch, Stephanie Fallis, Kelly Bloomquist, Shawn Head, Kerrin Baker, Amber Johnson. Back Row: Danielle Kellis, William Sitthisay, Brooke Bennett, Heather Knight, Phut HoangVan, Diana Calo, Doug Smith, Brian Shephard, Sheena Gray, Jason Nutt, Jami DeMoss, Heather Weber, Stephanie Letze, Chantelle McFadden, Sherah Sawhill, Heather Hutchinson, Jennifer Lim, Bridget Davis.

STUDENT GOVERNMENT. Front Row: Jennifer Lim, Julie Rice, Judy Kligopoulos, Stephanie Scigliano, Shawna Finch, Jessica Randolph, Amy Forkner, Amanda Conlin, Bethdy Hoang, Saiphone Hoangsavanh, Stacy Hester. Row 2: Stephanie Gibb, Dawn Hutchison, Courtney Hurdle, Stacey Zelenovich, Manila Lovan, Shawn Head, Stephanie Fallis Andy Kilgore, Phut HoangVan, Amber Johnson. Row 3: Heather Weber, Nikki Drayton, Stephanie Kellis, Nophalak Meksay, Shannon Kingrey, Tabatha Smothers, Kelly Alshouse Jessica Miller, Jennifer Williams, Diana Calo, Jennifer Breese, Linda Quang. Back Row: Jack Weber, Julanda Brown, Doug Smith, Alex Bibbins, Jo-Jo Jackson, Stephanie Letze, Melissa Woodard, Ben Cowie, Will Sitthisay, Jason Nutt, Samantha Campbell Not Pictured: Darren Cruchelow, Allicia Hartman.

NEW HORIZONS. Front Row: Adam Fisher, Derek Pettijohn, Miriam Luna, Karla Sanchez, Tracy Mitchell, Rayshell Haygood, Row 2: Timothy Sudbrock, Christina Smith, Kenneth Collins, Billy Van Horn, Mollie Schirman, Amanda Kindhart, Deann Anderson, Amy Baumeister, Row 3: John Easter, Courtney Reeves, Crystal Held, John Smith, Kena McCaughey, Candi Bockoven. Back Row: Douglas Rodgers, Anna McAuly, Scott Adamson, John Galbreath, Sara Kelly, Pelon Streeper, Nelson Manley, Kimberly Wagner, Lakeysha Jordan, Michelle Easter, Charles Franks.

MARKETING SALES. Front Row: Judy Kligopoulos, Brooke Bennett, Melissa Fagen. Row 2: Adviser Nancy Hansen, Sheena Gray, Kyle Williamson, Danielle Kellis, Mindy Kohrs. Back Row: Adam Fisher, Roscoe Lewis, Derek Pettijohn. Not Pictured: Dray Grantham, Joe Housley, Roscoe Lewis, Kristin Moraine, Jimmy Randolph.

BPA/OFFICE EDUCATION. Front Row: Jennifer Lim, Shawna Finch, Judy Kligopoulos, Stephanie Denning, Nophalak Meksay, Pa Vang. Row 2: Courtney LaRue, Stephanie Scigliano, Stephanie Woodland, Dawn Hutchinson, Amanda Conlin, Nicole Slaughter, Adviser Mary Jane Kaldenberg. Back Row: Amy Forkner, Jessica Randolf, Ashley Vitiritto, Jamie DeMoss, Stephanie Fallis, Steven Kirkpatrick, Doug Smith.

LEADERSHIP COUNCIL. Front Row: Secretary Natalie Patterson, Pres./Co-chair Stephanie Gibb. Row 2: Jennifer Lim, Becky McAleavy, Theresa Johnson, Tara Mathews, Melissa McAleavy, Row 3: Demitrus Diedrich, Nikki Drayton, Julanda Brown, Tyeschia Burgess, Amber Johnson, Kearstin Nichols, Phut HoangVan. Row 4: Jo Jo Jackson, Clyde Copeland, Dennis Geinsig, Mike Lawson, Pres./Co-chair Shannon Kingrey, B.J. Stradley, Karla Sanchez, Paula Alanis. Not Pictured: Chommany Lo (Treas.), Diana Calo, Tiffany Roby, Judy Kligopoulos, Kerry Green, Heather Weber, Lisa Gathercole, Chantelle McFadden, Justin Stevens, Gabriel Carrasco, Stacey Hester, Frantz Whitfield.

Story/Design: Kilgore Trout

VOICES OF CHANGE. Front Row: Director Stephanie Gibb, Stacey Hester. Row 2: Diana Calo, Co-Director Shannon Kingrey, Kearstin Nichols. Back Row: Julanda Brown, Nikki Drayton, Theresa Johnson, Josh Belcher, B.J. Stradley. Not Pictured: Clyde Copeland, Paula Alanis, Karla Sanchez, Marlisha Slaughter, Frantz Whitfield.

SODA. Front Row: Beth Alvarez, Marlisha Slaughter, Jenny Benge. Row 2: Kira Campos-Anderson, Jennifer Carico, Linda Her, Phut HoangVan. Row 3: Shakeela Newsome, Aaron Hazelwood. Row 4: Cheyenne Thompson, Tiffanney Moore, Dennis Gensing, Crystal Held, Jessica Kenney. Back Row: RJ Montis. Not Pictured: Sandy James, Emily Johnson, Shauna Ryan.

SPANISH CLUB. Front Row: Saiphone Houangsavanh, Bethdy Hoang, Cary Bockoven, Adam Quang, Phut HoangVan, Jessica Moreno, Jessica Aranda, Carlisa Lee, Niki Loftus. Row 2: Jose Flores, Omar Otero, Stacey Zelenovich, Ernesto DeLaCruz, Megan Staley, Michael Fuller, Stephanie Letze, Jennie Carico, Corie Fogg, Tara Baker, Renee Bernhardt, Linda Her. Back Row: Jack Xiong, Jessica McClaskey, Crystal Held, Shawn Head, Angela Moreno, Matt Bird, Lindsey Taylor, Jack Weber, Shawna Babcock, Leslie Grafton, Sponsor Kathy Hansen. Not Pictured: Alicia Alvarez, Kira Campos-Anderson, Stephanie Carlos, Carrie Chance, Dennis Gensing, Leslie Robertson, Christine Schreck, Torsten Schwenke.

ROCK IN PREVENTION. Front Row: Jennifer Carico, Andrew Kilgore, Jason Nutt, Jennifer Williams, Judy Kligopoulos. Row 2: Phut HoangVan, Shannon Kingrey, John Easter, Jessica Randolph, Stephanie Scigliano, Melissa Khodai. Row 3: Ben Cowie, Linda Her, Sarah Evans, Richard Kellis, Bridget Davis. Back Row: BJ Stradley, Wendy Bradford, Dana Van Horn, Angela Bacon, Andrew Powell, Candi Bockoven, Meghan Templeton, Sara Westergaard. Not Pictured: Cory Aswegan, Amber Giles, David Giles, Kerry Green, Dawn Hutchinson, Jason Milligan, Jeremy Milligan, Mandy Reidburn, Julie Rice.

THEATER ARTS. Front Row: John Smith. Row 2: Michelle Colvert, Cloudee Schoppman, Theresa Johnson. Row 3: Kearstin Nichols, Shannon Kingrey, B.J. Stradley, Stephanie Gibb, Adam Jordison. Back Row: Chrysta Bosley, Marlisha Slaughter. Not Pictured: Frantz Whitfield, Brooke Nowadzky, Wendy Mehl.

PEOPEL PE. Front Row: Dray Grantham, Jessica Jordan, Megan Wall, Heather Weber, Pa Vang. Back Row: Steve Kirkpatrick, Kristin Slemp, Robert Curtis, James Fox.

PHOTOJOURNALISM. Front Row: Jenn Williams. Row 2: Jason Milligan, Jeremy Milligan, Jason Nutt. Row 3: Dennis Gensing, Courtney Reeves, Dray Grantham, Chantelle McFadden, Kerry Green, Tiffany Mayse. Back Row: Megan Wall, Melissa Fagen, Marquez Lewis, Dawn Ritchie, Dustin Johnson.

VARSITY DEBATE. Front Row: Heidi Naset, Lauren Rice, Tiger Williamson, Jasmine Reed. Back Row: Andy Miller, Zack Peterson, Beth Alvarez-Jones. Not Pictured: Nate Cox, Emily Dillard.

NOVICE DEBATE. Front Row: Justin Snider, Adam Ragan, Jessica Sweet, Alan Pierce. Not Pictured: Stacy Hester, Kati Murphy, Kelly Alshouse, Jon Covalt.

Story/Design: Kilgore Trout.

QUILL. Front Row: Linda Her, Jennie Carico, Phut HoangVan, Stephanie Gibb, Lou Ann Covalt, CarrieLynn Meek. Back Row: Tiffany Roby, Nicole Lawrence, Ashley Vitiritto. Not Pictured: Josh Gerrietts.

SCROLL. Front Row: Amber Johnson, Jessica Kenney, Kearstin Nichols, Courtney Hurdle, Julie Samuelson. Back Row: Amy Griffiths, David Frost, Sarah Benesh, Nate Hibben, BJ VanVleet, Anthony Buttrey, Chao Xiong, Emily Johnson.

JAZZ BAND. Front Row: Nick Herrera, Tony Antelman, Cassie Peterson, Charles Lozano, Erin Quigley, Sean Wall, Ethan Herrera, David Kouang. Row 2: Zach Mortice-Lowman, Jorgen Jorgenson-Briggs, Heather Jones, Robert Montis, Ben Erickson, Alex Kelly, Aaron Hazelwood, Amber Martineau. Back Row: Mark Grimm, Jared Mendenhall, Ramon McCarrell, Emily Stokka, Michael Gary, Charles Mercer, Robert Curtis, Michael Fagen, Kristi Mathis. Not Pictured: Lou Ann Covalt, Chris Hickman, Stacie Atkinson, Anesa Gardner, James McDaniel, Director Mark Hawkins.

CONCERT/MARCHING BAND. Kelly Alshouse, Scott Appleby, Chris Atkinson, Carrie Birkhofer, Wendy Bradford, Tres Busby, Robert Curtis, Silvia De La Cruz, Benjamin Erickson, Kristina Farrell, David Fuller, Michael Gary, Jenny Golden, John Greene, Amanda Grossman, Aaron Hazelwood, Ethan Herrera, Michael Hidlebaugh, Sara Joanides, Heather Jones, Alex Kelly, John Knox, Lauretta Leverich, Alison Lowe, Angela Marlenee, Kristi Mathis, Ramon McCarrell, Shawna McChurch, CarrieLynn Meek, Jared Mendenhall, Polly Messenger, Robert Montis, Robin Morris, Katie Murphy, Jabre Norwood, Anna O'Brien, Kandra Paddock, Christopher Phillips, Kellie Reuppel, Tony Antelman, Stacie Atkinson, Paul Augspurger, Venessa Boland, Nicole Brady, Lou Ann Covalt, Angela Davies, Megan Edwards, Michael Fagen, Kathryn Freel, Anesa Gardner, Aaron Giddings, Joseph Gomez, Mark Grimm, April Hazelwood, Nickolas Herrera, Christopher Hickman, Courtney Hurdle, Beth Anne Jones, Jorgen Jorgensen-Briggs, Shannon Kingrey, David Kouang, Eric Lopez, Charles Lozano, Amber Martineau, Kimberly McCallister, Derek McChurch, James McDaniel, Wendy Mehl, Charles Mercer, Patty Michael, Debbie Montis, Zach Mortice, Stephanie Murray, Brooke Nowadzky, Jennifer Oliver, Cassie Peterson, Erin Quigley, Heather Roseberry, Travis Roseberry, Julie Samuelson, Courtney Schieffer, Emily Stokka, Kristen Tiedemann, Christopher Ulmer, Sean Wall, Tricia Wickersham, Alyssa Wilson, Michael Rowe, Shannon Scarlet, Marie Stanley, Rachael Taggart, Joseph Torrans, Betsey Vaquerano, Erin Warren, Daeneile Williams.

[Picture Unavailable]

Going for championships, medals and competition is what Scarlets are all about. They're not just a bunch of cool jocks, they're normal people that take pride in their events.

The main goal is to win, but during hard practices and challenging games they manage to take time to have fun.

Distance is no roadblock. Travel is a big part of playing and in order to compete for #1, teams must be willing to travel far and wide.

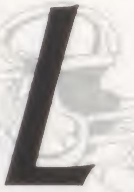
Since the turn of the century, EHS athletes have been *going the distance* and will continue to do so.

Story/Design: Nicole Lawrence.

Showing Scarlet Pride, *students & alumni gather for the first home football game of the season. Although the varsity players played hard, they came up short, 7–10, against Lincoln.*

Where there is a will...

There Are Big Winners!



Look out Des Moines teams. Freshman football showed "extreme potential" this past season.

Finishing with a State Championship, they proved to be the best freshman team East has had in almost five years according to past records.

"I think we did really well," said freshman **ZackBrooks.** "We worked really hard as a team and the wins that we did have showed for it."

Hard practices aren't the only reason for the freshman doing well.

"I think part of the reason they're doing better than the past is that they started flag football in the junior highs, so they've had some experience playing on a football team," said coach **Raz**.

Sophomores didn't do so bad themselves, although they didn't win any games, they improved a lot as a team.

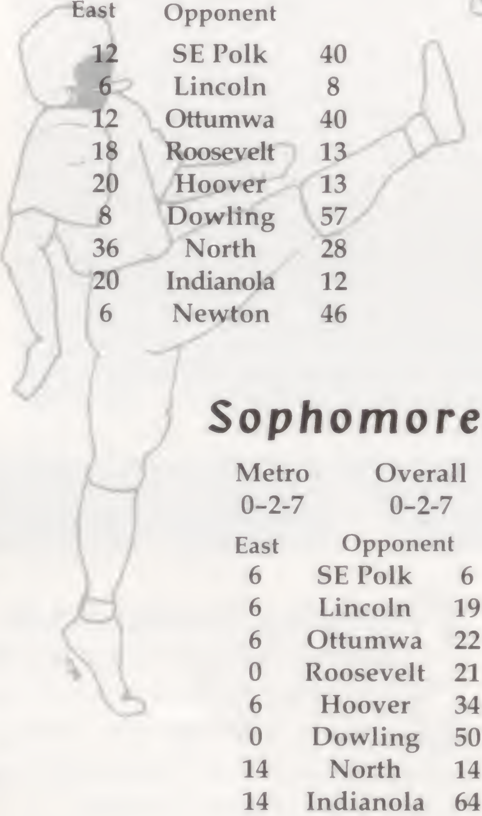
"I didn't really bother me that we didn't win," said sophomore **Mark Grimm.** "I improved a lot as a player, and next year we should be good."

"We stuck it out throughout the game," said sophomore **Kenny Bass**. "We just seemed to slow down by the fourth quarter."

> *"The season started off slow, but as time went on they got better as a team and as individuals."*
> *– Coach* ***Mike Teale***

Freshmen

Metro	Overall
4-4	4–5



East	Opponent	
12	SE Polk	40
6	Lincoln	8
12	Ottumwa	40
18	Roosevelt	13
20	Hoover	13
8	Dowling	57
36	North	28
20	Indianola	12
6	Newton	46

Sophomores

Metro	Overall
0–2-7	0–2-7

East	Opponent	
6	SE Polk	6
6	Lincoln	19
6	Ottumwa	22
0	Roosevelt	21
6	Hoover	34
0	Dowling	50
14	North	14
14	Indianola	64
0	Newton	42

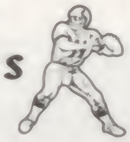
Catching an excellent *throw by quarterback* ***Joe Kephart****, freshman player no. 84 makes an attempt to run for a touchdown. Unfortunately, he was stopped with a block by his opponent.*

Story/Design: Nicole Lawrence. Photojournalist: Jeremy Milligan

A referee blows the *whistle as players from both teams pile up on top of each other in a fight for the ball. In situations like this, it can be hard for the referees to know who is going to come out on top.*

Running with the ball *Freshman* ***DeMareo Darrah*** *tries to make a fast break. He was unsuccessful, but showed great effort.*

What were the funniest moments of the season?



"When my pants fell down when I was running and I almost tripped."
-Freshman
Gene Jewett

"When I got run over during the Dowling game by this huge player."
-Freshman
Terry Rice

"When I tried to knock this guy over, but he pushed me to the ground instead."
-Freshman
Chris Norwood

Lots of Pride = Fun Ride

Armed with determination and a goal to win, varsity players headed out on the field to win all – of their games.

"I'm really proud of the team," said Coach **Ned Rasmussen**. "They really worked hard together and stuck with it through the end."

Players worked very hard throughout the season. They almost had a win against Lincoln, but lost 10 to 7.

"I was really disappointed, I thought we would win against them," said junior **Roscoe Lewis**. "I made me feel better knowing that we did come close."

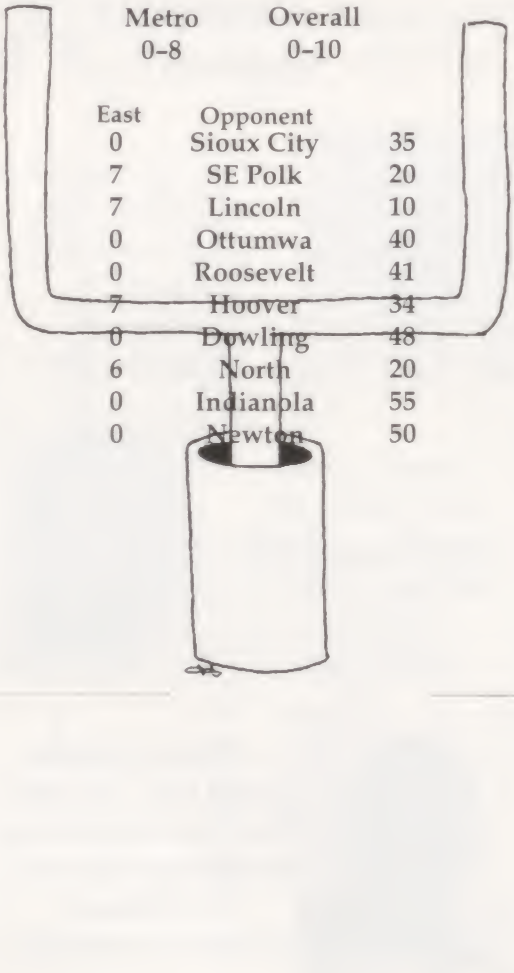
"We were doing pretty good in the beginning of the game, but towards the end we came up short," said junior **Maceo Anderson**.

This year, the team tried to focus more on individual skills during practice.

"We would all split up to work on our own special skills. If you were a quarterback, you'd practice throwing and so on. After we got done with that we would scrimmage against each other," said junior **David Frost**.

"I think spending a little more time on this helped us become better players as individuals," said junior **Jabre Norwood**. "If we practiced more during the off-season next year we'd be really good."

> *"Even though the season was kind of disappointing, I didn't let it get me down. Next year we'll be able to improve a lot more and do better."*
> *– Junior* ***Dusty Shannon***



Metro	Overall
0–8	0–10

East	Opponent	
0	Sioux City	35
7	SE Polk	20
7	Lincoln	10
0	Ottumwa	40
0	Roosevelt	41
7	Hoover	34
0	Dowling	48
6	North	20
0	Indianola	55
0	Newton	50

Rallying the crow[illegible] *seniors help get Scar*[illegible] *into the school spirit. Th*[illegible] *was the last football pep rally* [illegible] *the season and the last forever fo*[illegible] *seniors on the team.*

Story/Design: Nicole Lawrence. Photojournalist: Jason Nutt.

What were the funniest moments of the season?

"When Tim Crowder hurt his index finger during practice and it was going two different directions ."
-Junior ***Nick Kraska***

"When I knocked Maceo Anderson on his as@! during practice."*
-Senior ***Andy Kilgore***

Coach Ned ***Rasmussen*** *holds his hands up high to signal a touch down during practice. He has been head coach of the football team for many years.*

50
67
63
54
EAST

Practicing on form *blocking, the defensive line prepares to hold back the offense as it tries to break through the 'wall.' This was just one of the skills that they worked on.*

Excelling Under Pressure

The freshman and sophomore boys basketball teams have something in common this year – their team spirit and willingness to work and win. Both teams had a tremendous year with records of 9-9 for both freshman and sophomore squads.

The sophomore team had a great year defeating the Hoover Huskies in both games they played.

"The second game was the best," said sophomore **Lance Allison**. "We played as a team and demolished Hoover."

The freshman team also defeated the Huskies in one game. The team pulled off the victory with a 73-70 score.

> *"We have surpassed last season's expectations and are ready for more."*
> *– Sophomore* **Jordan Hutchinson**

"We had great competition and good team spirit," said freshman **Joe Kephart**.

Both teams saw a big increase in the attendance to the home and away games.

"It's great to see all the people out there yelling and screaming," said freshman **Julius Johnson**. "It really helps us get pumped up."

"We had a great season and it took the fans help to get us where we are now," said sophomore **Tommy Halsband**.

All together the teams had great seasons in more than just the record books. The teams stuck together and ended their season at the top.

"The season was a blast, I can't wait until next year," said freshman **Brandon Snitker**.

Sophomores

Metro 9–7 Overall 9–10

East	Opponent	
45	Ft.Dodge	59
59	Ames	63
59	SE Polk	56
60	Lincoln	63
58	Ottumwa	36
42	Roosevelt	33
64	Hoover	52
47	Dowling	59
41	Indianola	40
56	North	43
25	SE Polk	55
56	Lincoln	63
52	Ottumwa	57
43	Roosevelt	43
51	Hoover	25
64	Dowling	71
66	North	61
48	Indianola	64
46	Newton	78

Freshmen

Metro 7–8 Overall 9–9

East	Opponent	
54	SE Polk	61
56	Ft.Dodge	47
70	Ames	74
61	Lincoln	54
54	Ottumwa	78
75	Carlisle	62
59	Roosevelt	49
54	Hoover	57
45	Dowling	78
75	North	60
63	Indianola	74
45	SE Polk	62
62	Indianola	66
50	Lincoln	48
67	Roosevelt	46
73	Hoover	70
61	Dowling	83
82	North	52

Trying for a desperate *shot, sophomore* ***Jared Smith*** *attempts a two.Even though the shot was partially blocked by a Dowling player, the shot still went in.*

Story/Design: Melinda Dennis. Photojournalist: Melissa.

East players rally *and maneuver to get a shot at the basket in an effort to make a comeback against Dowling. The game ended in defeat, 45-78.*

Red & Black
CLUB

What were the funniest moments of the season?

"When Julius Johnson's mom jumped over fans onto the floor after he had made a shot."
– Freshman ***Jared Mendenhall***

"When Tyler Williamson ran into a door during warm-ups."
– Freshman ***Joe Kephart***

Freshman Joe Kephart *makes his way down the court on what started out as a fast break. The freshman team went on to win that game against North, 82–52.*

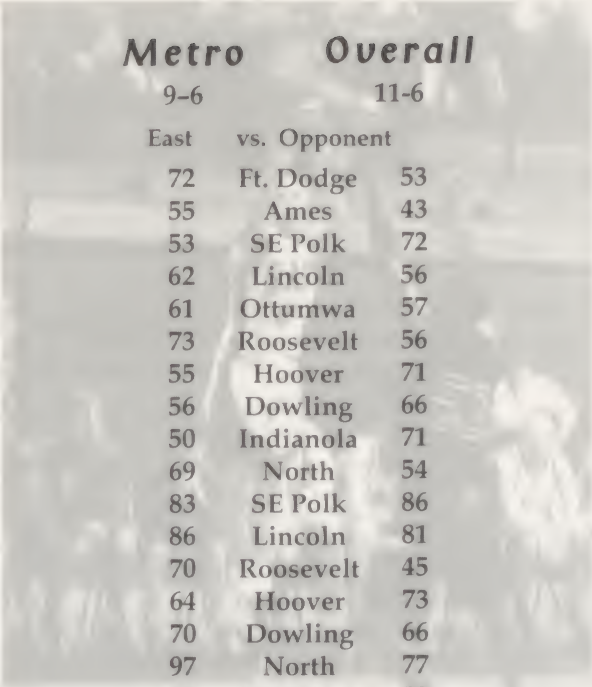
That's all *ball! An East player goes to block a shot from an opposing team.*

Get ready! *The players gather under the basket for a rebound during the East vs. Roosevelt game. In this case, though, the basket was made.*

Keep your eye on *the prize. Senior **Michael Mauk** shoots a free throw during a home game. To increase accuracy of shots the team would drill from all points around the basket.*

With all eyes on *the game, some of the varsity players sit and watch patiently for their turn to get back out on the floor.*

Story/Design: Josh Gerretts. Photojournalist: Kerry.



Metro 9-6 **Overall** 11-6

East	vs. Opponent	
72	Ft. Dodge	53
55	Ames	43
53	SE Polk	72
62	Lincoln	56
61	Ottumwa	57
73	Roosevelt	56
55	Hoover	71
56	Dowling	66
50	Indianola	71
69	North	54
83	SE Polk	86
86	Lincoln	81
70	Roosevelt	45
64	Hoover	73
70	Dowling	66
97	North	77
63	Ottumwa	50

A Turn In The Right Direction

Outstanding Season, Outstanding Players

As the clock runs down, he looks around for an open man. Everyone is covered. He has to make a decision. He looks right, fakes left, goes up the center for a layup. . . it drops! The crowd cheers and the team rushes the floor, they've won the game.

> *"As a team I see us going farther. We will continue to set new standards."*
> *– Junior* ***Luke Krpan***

This is the fantasy of every kid who has ever dreamed about playing basketball, but for the guys on the varsity basketball team this would be just another day.

"We worked hard and played hard," said junior **Bryon Boggs**. "We did things that we never thought were possible."

The '98-'99 season for the Scarlets was outstanding. They came from losing all but two last year to this year being ranked 3rd in the conference.

"We kept making more and more improvements as the year went by," said junior **Luke Krpan**. "We were representing our school and our pride."

With a season like the Scarlets have had this year, each player will disagree on the most important. For senior **Nate Robinson** that game was the second Dowling-East game.

"We came to together as a team to beat Dowling," said **Robinson**. "We worked hard and gave it all we had."

As the seniors depart after this year they leave words of wisdom for the juniors.

"To be a senior on the team means responsibility," said **Robinson**. "You have to be willing to step up and be a leader."

The juniors look to next year with excitement.

"I see us as a team going farther," said **Krpan**. "We will continue to improve and set new standards."

'Shoot for two!'

Scarlets want to win!

"Up and In, Round the Rim, Sink it In."

The freshman girls basketball team had no trouble finding the ball at the bottom of the net this year. The team consisted of 18 talented girls.

"I went to Goodrell last year and I remember playing against a lot of my teammates from this year," said freshman **Michelle Denning**.

The team shifted a little bit when freshman **Crystal Carr** was moved up to the sophomore team, and then again when freshman **Katrenia Isaac** was also moved up.

"I'm glad I was moved up but I felt bad for leaving my team behind," said **Isaac**.

The team finished third in their conference and, compared to the freshman team last year, it sounds impossible.

"I'm glad we did as well as we did," said freshman **Aleisha Collins**. "It was a fun season and I hope next year is even better."

From 0-17 to 6-15 in a year's work.

The sophomore girls basketball team started off the season with a win at home against Ames on November 27th.

"We were all really excited about the win because we didn't win a single game last year," said sophomore **Christina Western**.

The team began with fourteen players and throughout the season they lost some but also gained a few.

"I was fortunate enough to be brought up to the sophomore team," said freshman **Crystal Carr**, "it was late in the season but it was still fun."

The team was really the same as last year with just a few newcomers from other schools throughout the state.

"My goal was to play varsity. I played in a few JV games but I never made it to the top," said sophomore **Risha Booker**.

Two injuries not only hurt the players but it affected the team.

"I tore muscles in my knee last year during my freshman season," said sophomore **Stephanee Carlos**. "It was all right until I reinjured it this season."

The girls improved a lot during the season. They began to play more as a team and their attitudes towards each other improved as the year progressed.

> *"I think the funnest part of the season was probably the trip to Ottumwa in January because we got to ride the bus with the sophomore guys."*
> *–Sophomore*
> ***Shannon Griffiths***

Story/Design: Stephanee Carlos. Photojournalist: Megan Wall.

Freshmen

Overall
13-8

East	vs.	Opponent
24	Ames	32
21	Norwalk	17
27	Indianola	52
52	Newton	29
41	SE Polk	35
35	Lincoln	36
22	Van Meter (JV)	23
37	Ottumwa	46
40	Roosevelt	15
10	Dowling	43
31	Hoover	30
24	Nevada	18
27	North	7
35	Indianola	44
45	SE Polk	22
48	North	19
45	Lincoln	35
45	Roosevelt	8
40	Hoover	31
25	Dowling	50
24	CMB (JV)	50

Sophomores

Overall
6-13

East	vs.	Opponent
26	Norwalk	51
42	Indianola	43
29	Newton	41
20	SE Polk	48
21	Lincoln	55
45	Ottumwa	44
22	Roosevelt	46
37	Hoover	29
14	Dowling	63
39	Nevada	37
33	North	27
38	SE Polk	47
26	Lincoln	49
49	Ottumwa	51
22	Elkhorn	33
37	Roosevelt	44
22	Hoover	25
20	Dowling	48
33	North	16

Scarlets Fire It Up!

1 2 3 GO," is what varsity girls said every time they headed out onto the gym floor.

"This year we had a great team, they had a lot of energy," said **Coach George Davis.**

This year started off hard with only one returning starter and only two seniors, **Stacey Zelenovich** and **Tracy Lowe**.

"It's hard when you have all new players," said **Zelenovich**. "For being so young, they did well."

To be a good team you have to play as a team and that's exactly what they tried to do.

"We had more than just talent. When it came time to play we left our egos on the bench," said junior **Jackie Beener**.

"When it came time to play, we were playing to win, we didn't worry about how many points we were going to make individually, but how many points we were going to make as a team," said junior **Lindsey Bennett.**

Every day after school the girls would practice for two hours. This would usually consist of running, practice drills and sometimes a lot of fun.

"Practice is a lot of hard work!" said sophomore **Amy Goddard**. "We try to make it fun. We joke and try to get in a good laugh whenever we can."

All of that hard work paid off when it was game time. Their main opponent was Southeast Polk and the team "really wanted to beat them."

"We played really hard throughout the entire game," said junior **Amy Hornocker**. "Even if we didn't win, we knew we tried our hardest."

> *"We went into the districts open-minded and hoping for the best. We placed fifth in the conference and next year we are going to do a lot better."*
> *— Junior* ***Amy Hornocker***

Metro Overall

9–16 13-22

East	Opponent	
24	Urbandale	14
46	Ames	64
32	Norwalk	49
43	Indianola	49
58	Newton	32
53	SE Polk	55
49	Lincoln	77
69	Ottumwa	57
54	Roosevelt	43
62	Hoover	41
42	Dowling	79
72	Nevada	44
66	Indianola	57
73	Norh	30
51	SE Polk	61
44	Lincoln	55
58	Ottumwa	40
71	Elkhorn King	58
44	Roosevelt	36
43	Hoover	37
46	Dowling	76
65	North	40

ST POLK
33
50
40

Story/Design: Nicole Lawrence. Photojournalist: Thumper.

Taking a foul shot early into *the game, junior* ***Tiffany Oliver*** *shoots while her teammates prepare for a rebound. At right, junior* ***Lindsey Bennett*** *gets the foul and the basket.* ***Bennett*** *has been playing since she was in elementary school.*

Going in for *a basket, junior* ***Jessica Jordan*** *drives hard. Of their [illegible] opponents, SE Polk was one that they really wanted to beat. Unfortunately, they lost 53–55 in a close game.*

As the shot clock ticks, *the girls continue to keep up a strong defense against North. Their defensive skills paid off in both of their games, winning by at least 20 pts.*

Spike This!!!

Get Ready, Get Set!

Enthusiasm soared throughout the volleyball team in one of East's most spirited years as the 9/10 volleyball teams fought hard matches this year.

The teams fought the same struggles as most sports. Players had to fight practice schedules. Time upon time, close calls went in favor of the opposition. The teams had to adjust the playing styles of the past.

Volleyball is one of the most popular sports. It's a game where you must spike the ball over the net, trying to outdo your opponent. It's played in high school, college, and even recreation sites. But what makes this sport such an interesting matter?

"I like to play this game because it really keeps you in shape," said freshman **Amanda Todd**. "It's fun to spike the ball, attempting to fly when you know you can't, and all the fun things that just come out unexpectedly."

Freshman **Lindsay Bodkins** has been playing volleyball ever since she was a little kid.

"Volleyball is great!" said **Bodkins**. "There are so many funny things that happen, like people getting caught in the net and your own team members getting hit in the head without being aware of it. It's not brutal compared to most other sports."

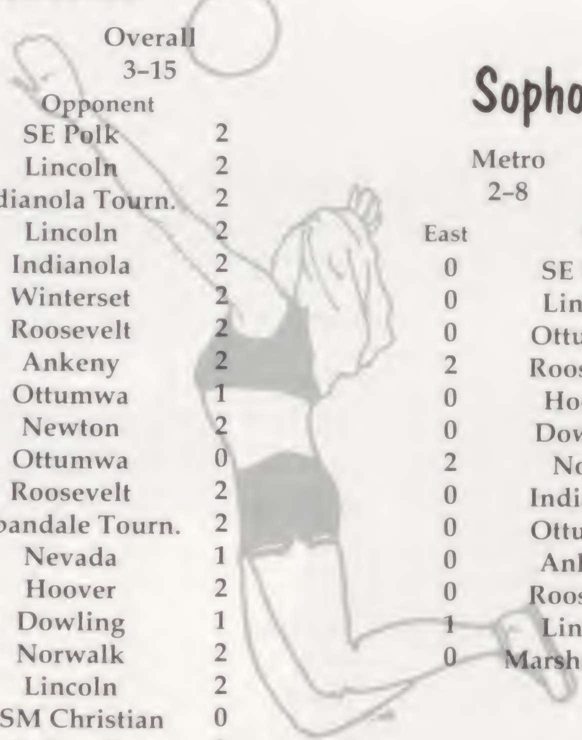
The team members spent part of their summer practicing, practicing, practicing. There were exhausting times where the players couldn't do what they'd been trying to learn.

But it wasn't very hard for **Shannon Scarlett** to play this year, for she knew exactly what she needed to know.

"There were times I'd see the other member putting so much effort into something, but they just couldn't get it," said **Scarlett**. "But no matter what, we still survive because we work as a team, not as individuals."

Although the teams went through hard work, timeless dedications, and undying commitment, they proved to have a time of endless fun.

> *"There were times I'd see the other member putting so much effort into something, but they just couldn't get it. But no matter, we still survive because we work as a team, not as individuals."*
>
> -Fresman **Shannon Scarlett**



Freshmen

Metro 2-10 Overall 3-15

East	Opponent	
0	SE Polk	2
0	Lincoln	2
0	Indianola Tourn.	2
0	Lincoln	2
0	Indianola	2
0	Winterset	2
0	Roosevelt	2
0	Ankeny	2
1	Ottumwa	1
0	Newton	2
2	Ottumwa	0
0	Roosevelt	2
0	Urbandale Tourn.	2
1	Nevada	1
1	Hoover	2
2	Dowling	1
0	Norwalk	2
0	Lincoln	2
2	DSM Christian	0
0	Indianola	2

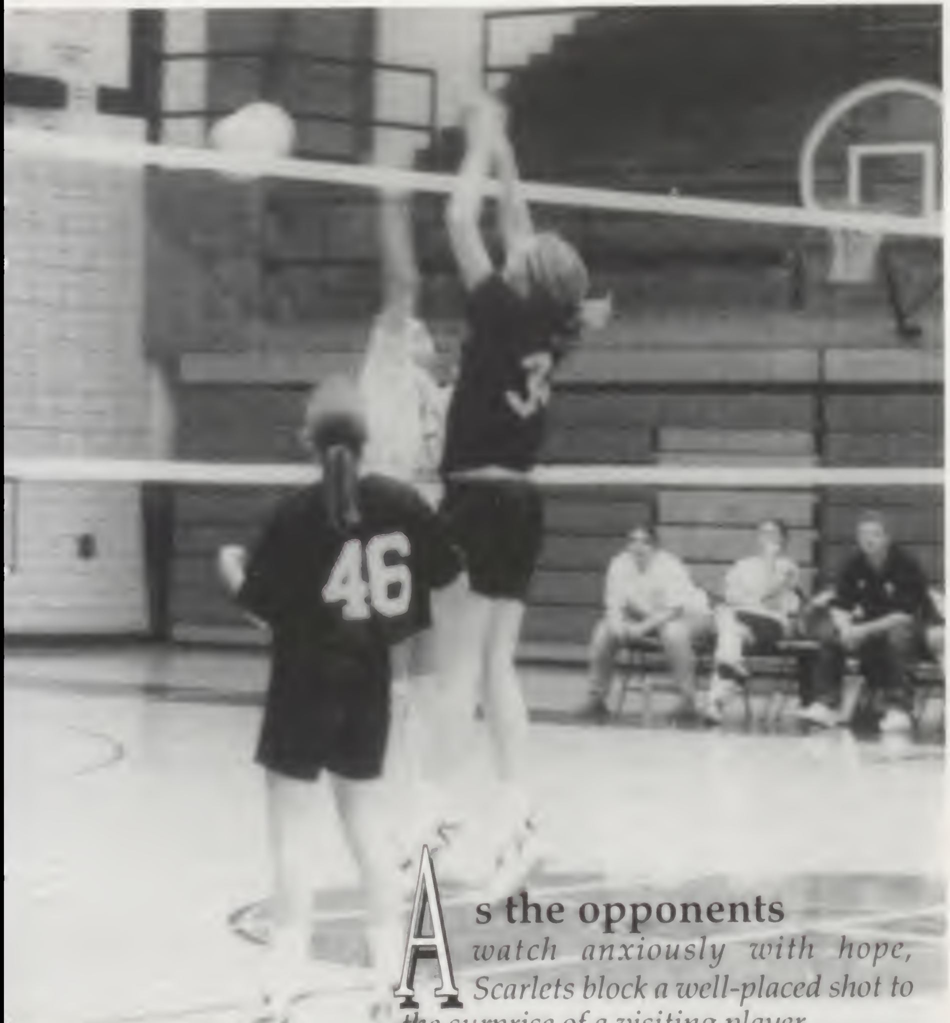
Sophomores

Metro 2-8 Overall 2-10

East	Opponent	
0	SE Polk	2
0	Lincoln	2
0	Ottumwa	2
2	Roosevelt	1
0	Hoover	2
0	Dowling	2
2	North	0
0	Indianola	2
0	Ottumwa	2
0	Ankeny	2
0	Roosevelt	2
1	Lincoln	1
0	Marshalltown	2

Story/Design: CarrieLynn Meek. Photojournalist: Courtney Reeves.

Clenched fists *and determination set this play in motion. Prepared to send a non-returnable serve, the Scarlets catch them off-guard.*



As the opponents *watch anxiously with hope, Scarlets block a well-placed shot to the surprise of a visiting player.*

What were the best moments of the season?

"I like being around my fellow team mates of all different ages and personalities. As we played, the combination of our skills showed."
-Sophomore **Courtney Page**

"Sticking together as a team although times were rough."
-Sophomore **Sondra Lore**

"Your adrenaline rushing to get the team going."
- Sophomore **Michelle Slate**

"Flying!"
-Sophomore **Amy Goddard**

"Learning to work with each other and having the courage to show our true emotions towards the wins or losses of a game ."
- Sophomore **Jessica Richardson**

Determination —

Sticking With It In Wins and Losses

> *"Even though we didn't win very many games, we still had a lot of fun."*
> – *Junior* ***Amy Hornocker***

Digging, bumping, setting, and spiking weren't what volleyball was all about this year. It was about teamwork and determination. Teamwork that would bring everyone together and become one great team. Not just a bunch of players, determination to practice hard and stick to it no matter what — winning or losing.

Losing is the hardest part of the game. Sticking with it during losses is even harder. Junior varsity volleyball had its fair shares of ups and downs and good attitudes made it easier to deal with the losses.

"Even though we didn't win very many games, we still had a lot of fun," said junior **Amy Hornocker.**

"At first we had a lot of trouble passing to each other, but some of the varsity volleyball team members came down and helped us work on it. They were a big help," said junior **Jenny Flippo.**

All the volleyball players attended a summer clinic before school started.

"It's always great to watch the girls at the summer clinics. It's great to see how they play and what techniques they use. You can always find out a lot about a player at the clinics," said coach **Chaney Yeast.**

Once camp is over, it's time for the team to get down and play their hearts out.

Varsity volleyball players did "an especially great job" at getting down to business said varsity coach **Lizz Beckman.**

They not only finished with a final victory, but they also came together as a team and really bonded. Many of the girls made "friendships that will last a lifetime," said **Beckman.**

"We really spent a lot of time together and found out just how much we all had in common," said senior **Shawna Lore**.

"I thought it was great when the junior varsity came to us for help. We were glad to help and we really had some fun in the process," said senior **Stephanie Fallis**.

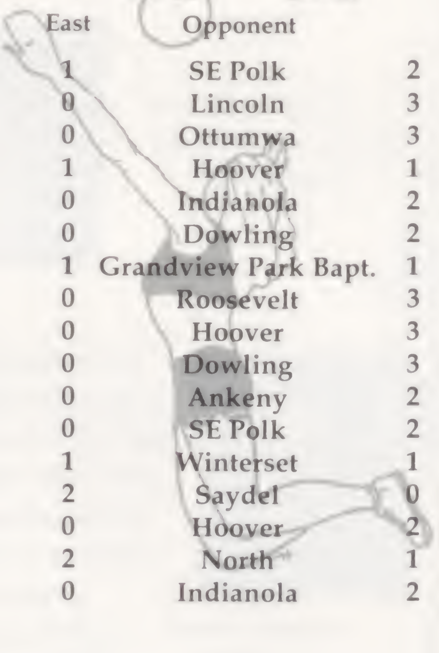
"While helping the junior varsity work on passing skills, we learned a lot too," said senior **Tara Mathews.**

The volleyball teams really came a long way in their determination to be the best that they could be, but especially in their teamwork. They really bonded and made friendships that'll last a long time.

"I can't wait to see these teams next year. They should really be outstanding," said **Beckman.**

Junior Varsity

Metro 1-1-11
Overall 2-3-12



East	Opponent	
1	SE Polk	2
0	Lincoln	3
0	Ottumwa	3
1	Hoover	1
0	Indianola	2
0	Dowling	2
1	Grandview Park Bapt.	1
0	Roosevelt	3
0	Hoover	3
0	Dowling	3
0	Ankeny	2
0	SE Polk	2
1	Winterset	1
2	Saydel	0
0	Hoover	2
2	North	1
0	Indianola	2

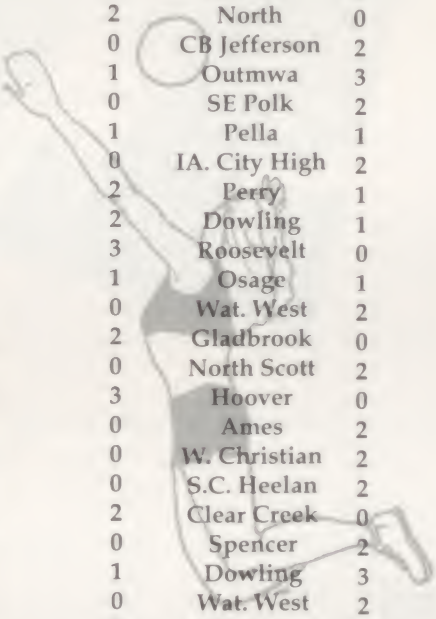
Story/Design: Ashley Vitiritto. Photojournalist: Megan Wall.

Power hitting! *These varsity players work on serving skills. Practicing this skill helped many to become better servers.*

Gather around! *Varsity Coach **Lizz Beckman** gets everyone in a team huddle to let them know the game plan.*

Varsity

Metro	Overall
7-7	5-2-14



East	Opponent	
1	SE Polk	3
0	Ames	3
0	Newton	2
2	Norwalk	0
0	Roland-Story	2
2	CR Jefferson	0
2	Hoover	0
2	North	0
0	CB Jefferson	2
1	Outmwa	3
0	SE Polk	2
1	Pella	1
0	IA. City High	2
2	Perry	1
2	Dowling	1
3	Roosevelt	0
1	Osage	1
0	Wat. West	2
2	Gladbrook	0
0	North Scott	2
3	Hoover	0
0	Ames	2
0	W. Christian	2
0	S.C. Heelan	2
2	Clear Creek	0
0	Spencer	2
1	Dowling	3
0	Wat. West	2
0	CR Xavier	2
0	Indianola	2
0	CR Washington	2
3	North	0
1	Indianola	4
3	North	0
0	Indianola	3

B[illegible]ing [illegible] *varsity play[illegible] [illegible]n and **Sha[illegible]** [illegible] hardest [illegible] [illegible] were [illegible] [illegible] hearts out.*

Racing to bump *the ball back over the net, **junior Tifany Oliver** rushes to arrive in time. This hustling technique is crucial to strong offensive play and the volleyball teams worked hard on this during practices.*

Sittin' the bench, *East eagerly waits their turn to play. On the bench, players discuss strategies and plans for winning each match.*

Show that Scarlet *school spirit! Seniors* ***Chantelle McFadden, Jennifer Williams,*** *and* ***Tiffany Mayse*** *(left) get down and funky. These two spirited Colorguard members (right) take great pride in being EHS supporters.*

Take a break! *These five cheerleaders (bottom) take time out of their cheering to get a little wild. These four Knowledge Bowl participants (upper right) dress for success. This is what spirit is all about.*

Story/Design: Meggan King.

It's All In the Crowd!

The reason for attending assemblies and games is to show that Scarlet Spirit.

How many EHS students go to assemblies and games? Out of all the students that participate in these events, how many show their spirit?

"A lot of students just go to assemblies and games to be around their friends," said senior **Todd Bennett**.

But most Scarlet fans know what Scarlet Spirit is (even though they don't always show it). At the beginning of the year are the football games, which collect the biggest crowds. Of course, there is also spirit week.

Some aren't satisfied.

"During spirit week, there isn't enough spirit or participation," said senior **Kenielle "Peaches" Kinney**. "A lot of people think the days are stupid and serve no purpose."

But there are many EHS Scarlets who would disagree.

"When people walk into one of our assemblies, they see kids having fun and enjoying themselves. They will hear students yelling and cheering to support their school and that is school spirit," said senior **Stephanie Gibb**.

The assemblies are full of spirit, thanks especially to the by Pep-E-Club, cheerleaders and the athletes. In fact, some students think there should be an assembly every Friday to get the crowd and team "pepped" up.

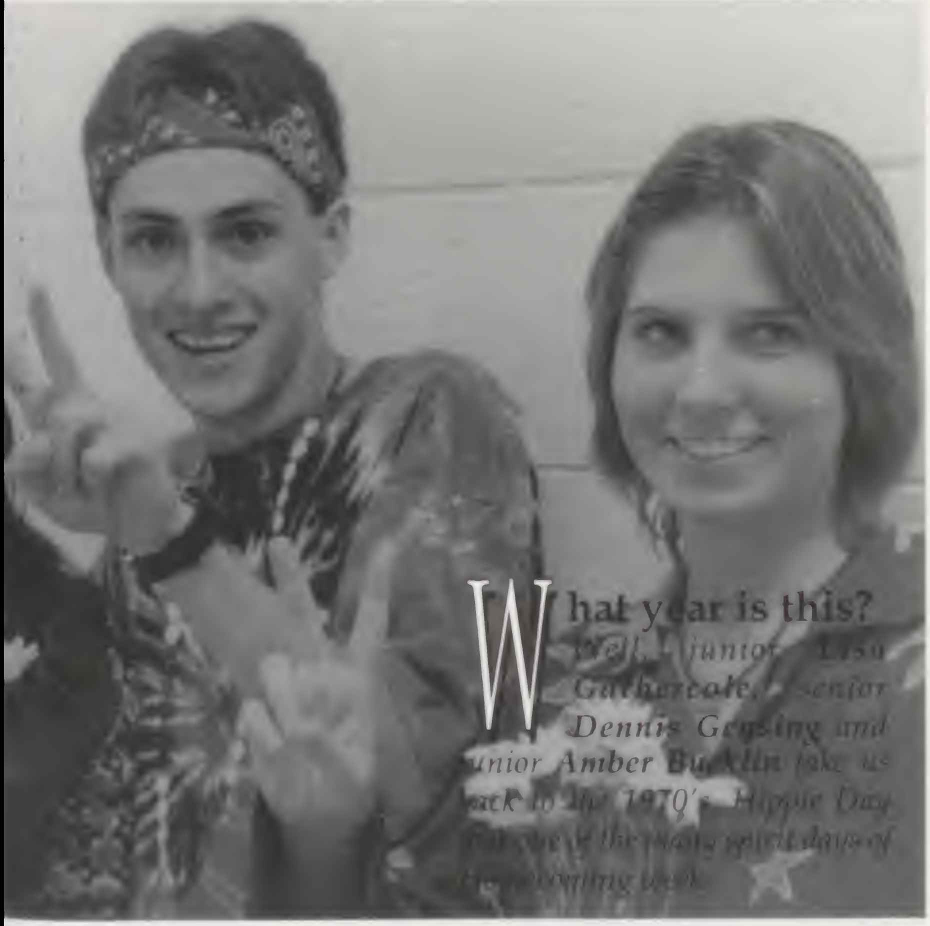
"We should have an assembly before every home sporting event," said senior **Doug Smith**. "It could be only enough time for the band to play and a couple cheers, just as long as it peps up the team."

Student Government is planning to have an assembly every Friday of an EHS home game starting next year. One of the main reasons the Scarlets didn't have assemblies this year is because students would rather "gyp."

"Just because some people can't be mature enough to go and show school spirit, doesn't mean we should all be punished by not having assemblies," said senior **Stephany Denning**.

To those Scarlets who show their spirit, congratulations! But, just think if EHS didn't have games, assemblies or spirit week. What kind of high school would this be?

"Games and assemblies are part of what makes high school fun," said senior **Kena McCaughey**. "I would rather have as much fun as possible in my high school years, while I'm here, than look back ten years later and regret that I didn't."



What year is this? *Well, junior Lisa Gathercole, senior Dennis Geysling and junior Amber Bucklin take us back to the 1970's. Hippie Day was one of the many spirit days of Homecoming week.*

Wrestlers pin another year

The '99 wrestling season was definately a challenge. The team finished with nine wins and nine losses. The wins were against North, Dowling, Roosevelt and Ottumwa.

"We had let a lot of the meets slip away this year but we still did pretty well," said senior **Zak Banks**.

> *"It's neat to see how they have matured, not only as wrestlers, but as human beings."*
> *– Coach* **Larry Jackson**

The wrestling conference was held at a different school each year, this year it was East's turn on February 12. It was a big day for East and the wrestlers.

The gym was crowded with fans until 10 p.m. When the evening ended most of the team had pinned their opponents, but Lincoln ended up winning.

One of the most exciting parts of the season was when the team defeated Dowling for the second year in a row.

"It felt good to beat Dowling again because we haven't beaten them in a few years," said head coach **Larry Jackson**.

One difference to the season was the addition of a girl to the team.

"It's cool being the only girl. At first I didn't expect the guys to treat me so nicely, but they took it pretty well," said freshman **Kjersten Harvey**.

"She has a lot of spirit, and she's really aggressive on the mat," said sophomore **Jesse Bainter**.

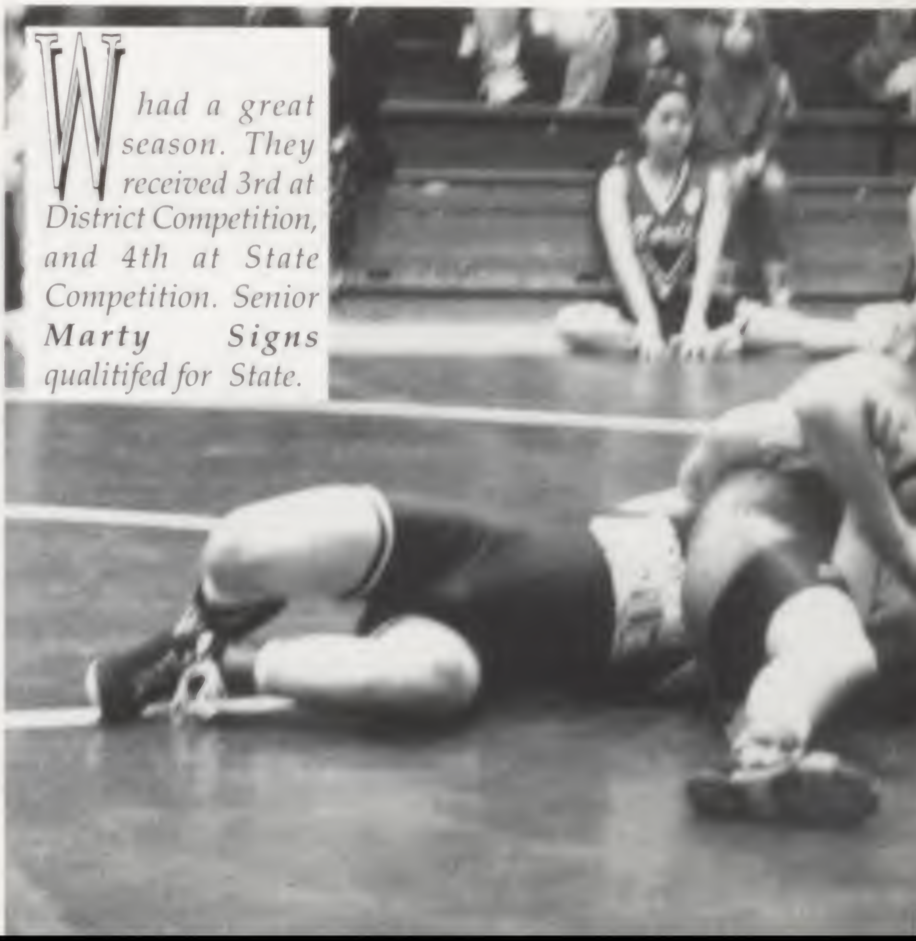
An unfortunate event delayed a meet against Indianola, which was the senior night for the wrestlers. The event was a ringworm epidemic. The origin was unknown, but it was cleared up and everything went back to normal.

"After that happened, we were very careful to make sure the mats and all the equipment were washed after every practice," said **Bainter**.

It was a memorable year for Jackson and the senior wrestlers. Jackson started as head coach four years ago when this year's seniors were freshmen.

"It's neat to see how they've matured, not only as wrestlers, but as human beings," said **Jackson**. "I'm proud of them."

Wt.		Record
103	Tria Vang (10) [Most Dedicated/Improved]	14-14
112	Jason Milligan (12) [Outstanding Wrestler 1999]	23-5
119	Jeremy Milligan (12)	19-13
125	Nick Piper (10)	1-1
130	Josh Taha (11)	15-15
135	Marty Signs (12) [State Qualifier/Team Capt.]	18-13
140	Brian Carey (12) [Team Capt.]	10-16
145	Todd Morris (11)	18-18
152	Ross Reinhart (11)	1-9
160	Zak Banks (12)	12-19
171	Jared Metheny (09)	0-5
189	Joel Metheny (12)	16-19
275	Jason Mason (12) [Sarah Dank Award]	6-8



W had a great season. They received 3rd at District Competition, and 4th at State Competition. Senior **Marty Signs** qualitifed for State.

Story/Design: Jennifer Oliver. Photojournalist: Jason Nutt.

*Junior Josh **Taha** is getting ready to wrestle his opponent from North. **Taha** and team members represented East well at meets.*

What was the best moment of the season?

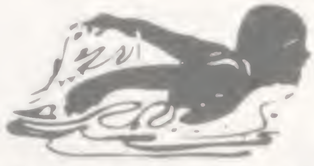
"The best thing about being a wrestler is earning the respect of peers and other teammates."
— Freshman **Ben Erickson**

"When we hog-tied Coach Jackson, video taped it and took pictures at practice."
— Senior **Jeremy Milligan**

A little wrestler gets a head start to be a big EHS wrestler in a few years. He is a little brother to one of this year's wrestlers.

After practice,

the team gathered around to take a group photo. There were 46 swimmers this year and 75% of them were underclassmen.



Why did you join swimming?

"Swimming has always been a part of my life and I would have been mad at myself for missing out on it. It's the best experience I've ever had."
-Junior **Christina Ackelson**

"Swimming is my favorite sport and I like being in water. There are also times when it really pushes you to the limit."
-Freshman **Rachel Taggart**

What's the best part about swimming?

"The best part is working with the swimmers. A lot of the friends I have, I wouldn't have if I hadn't joined swimming."
-Sophomore **Dawn Ritchie**

"There were a lot of great memories and friendships made, and these things are what make the seaosn memorable ."
-Senior **Sarah Moran**

Story/Design: Linda Her. Photojournalist: Jenn Williams.

Metro	Overall
2-6	2-8

East	Opponent	
61	SE Polk	109
82	Lincoln	98
66	Perry	104
74	Ottumwa	96
61	Roosevelt	109
89	Grinnell	93
97	Hoover	73
72	Dowling	97
107	North	61
4th	Ram Invit.	
45	Indianola	125

With worried

faces, friends and family watch earnestly as the girls came to the end of the race. The team's greatest victory was against North, 107 to 61.

As they take a *rest from competition, freshmen **Kerry Bloomquist** and **Ginger Stevens**, smile for the camera. Above, before the meet begins, the swimmers get support and advice from friends and family.*

Making the Waves Count

Teamwork, leadership, individual strength and perseverance are what make a team strong and this was especially true for the girls swim team.

Among the swimmers who took the role as leaders were seniors **Beth Drey** and **Sarah Moran**. They tried to make the freshmen feel comfortable and they made an impact on many of the swimmers.

"The most memorable moment was when I got a rotten banana from my secret swimmer. I really thought someone disliked me, but it ended up being just a joke."
*– Junior **Christina Ackelson***

"We had great leadership from both of our captains, Beth and Sarah. They always cheered us on and kept our spirits high," said sophomore **Shannon Griffiths**.

"Swimming is a team and individual sport, they go hand in hand. We always wanted to improve on our time, but we also wanted to do well as a team to earn as many points as we could," said sophomore **Dawn Ritchie**.

Not only was leadership and team work important, but having support also played an important role in doing well. A tradition that was kept was having secret swimmers. At the beginning of the season, each swimmer would draw a name and for each competition, get that person a gift or card saying "Congrats" or "Good Luck." Then, at the banquet, the secret swimmer would get a bigger present and reveal who they were.

"One of my most memorable moments was when I got a rotten banana from my secret swimmer. I really thought that someone disliked me, but it ended up being just a joke," said junior **Christina Ackelson**.

Though a goal for the team was having a winning season, they still believed that it was a memorable year even though they didn't win as many games as they had wanted.

"We didn't win as many competitions as we did last year, but I think this year we tried a lot harder," said sophomore **Kira Campos-Anderson**. "Everyone really showed great effort."

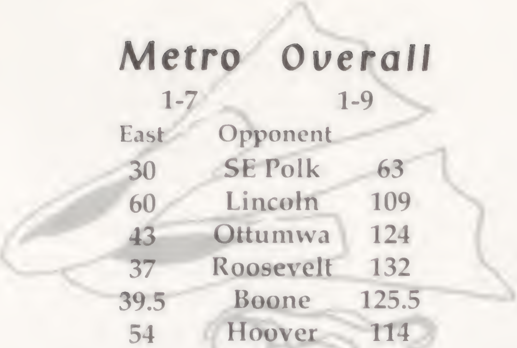
"Even though we didn't make it to State, we still did real well. We were able to improve and learn a lot from each other," said **Griffiths**.

The swim team had a lot of new swimmers who proved to be important and even surprised the upperclassmen. Many thought that the freshmen did very well for their first year and many of the swimmers believe they will keep on improving as the years go by. For some though, starting out was the hardest.

"It's always harder at the beginning because you're just starting out. The toughest was to improve on your time, but as the season went by, it got easier," said freshman **Rachel Taggart**.

Besides having a strong young team, they also had a foreign flare. Seniors **Annalie Florin** and **Maria Utayagonova** were foreign exchange students from Sweden and Kazahkstan.

"I think Annalie was one of our best breast strokers and Maria did very well too. It was really nice to have diversity on the team," said **Ritchie**.



Metro 1-7		Overall 1-9
East	Opponent	
30	SE Polk	63
60	Lincoln	109
43	Ottumwa	124
37	Roosevelt	132
39.5	Boone	125.5
54	Hoover	114
11	Dowling	79
15	Urbandale	79
90	North	77
64	Indianola	102

What's the best memory you will take from the '99 season?

"I liked the conference meet. It was an opportunity for boys from all over the state to get together and have fun."
– Sophomore **Zech Wicker**

"I will always remember being thrown into the pool and landing on the lane ropes."
– Junior **Brandi Thurmond**

"I just enjoyed being part of the team. The coaches were nice and it was fun to meet so many new people."
– Freshman **Mike Moran**

The swimmers *show spirit by crowding together and cheering after a long, tiring meet.*

Story/Design: Stacey Wood. Photojournalist: Dray Grantham.

East Swimming

"Put me in coach!" *Coach **Monahan-Blair** (center) and team manager **Brandi Thurmond** help sophomore swimmer **Zech Wicker**(right) find his events during a meet.*

Senior Tim Froehle *is honored for his hard work during the season at Senior Night, which he attended with his mom, Peg Froehle.*

Scarlets make a splash!

"1, 2, 3, flare on!" That is the most commonly heard cheer said by the freshman/sophomore-dominated boys swim team.

The reason for the overflow of underclassmen this year, as well as in past years, is because people come into swimming thinking it will be easy and fun, when really it takes a lot of dedication.

"It is a shock to me how different being a part of a swim team is from what I originally expected. The practices are really tiring and the meets require 200% effort," said freshman **Troy Wacht**. "But it pays off!"

The swim team welcomed **Susan Monahan-Blair** as their new coach this year. Monahan is not new to swimming. She was originally the assistant coach for five years to former coach **Mark Hurley**.

"The swimming season is always a lot of fun. Two big highlights from this season were winning the dual meet against North for the first time in several years and taking 12 first-place finishes throughout the season," said **Blair**.

> *"Swimming was a really good workout and a lot of fun. I got to meet tons of new people and competing against other schools was a unique experience."*
> *– Sophomore **Adam Davis***

Along with Monahan, the team managers, **Rachel Taggart** and **Brandi Thurmond**, and captain **Tim Froehle** helped lead the team.

"I'm glad that I got picked as captain. It is one thing I will always remember about my senior year," said **Froehle**.

After meets, the swimmers go out to eat and celebrate their efforts.

"Eating after meets is a lot of fun. Even though we pick where we want to go, we end up at Fazoli's almost every time. It's almost like a ritual," said junior **Josh Barker**.

Aside from the fun and celebrating that goes along with being a member of the swim team, it takes a lot of time and hard work. The warm-up for practice consists of a 200-yard swim, 200 yards with a kickboard, and 200 yards with a pull buoy. During practice, the boys swim around 3000 yards every day.

"The season (which runs from early December till the middle of February) is really tough. We have practice or a meet every day, sometimes even on Saturdays," said sophomore **Matt Evans**.

Coca-Cola
EAST

Setting The Precedent

Runnin' Hard And Workin' Hard

The blast of the starting pistol incites an all out war. A war for prestige, a war for supremacy, a war for the finish line. Or so the story goes at the State boys track finals in which the representative boys track team of East High ran in.

The team competed at the state level in 4x1, 4x2, 4x8, 100 meter dash, open 8, and the sprint medley relay. They made it to the finals in the 4x1, placing seventh; the 4x2 placing seventh; and the sprint medley, placing fifth.

> *"For the amount of students that we had, we did an excellent job this year."*
> *– Coach* **Don Graves**

"For the amount of students that we had we did an excellent job this year," said track coach **Donald Graves**

After a pretty much up and down year, the state finals were a welcome competition.

"I think that competing in state was one of the best experience in my life," said junior **Carl Shelton.** "East has always been able to put together good relay teams so I think competing in state will become a regularly attended event by us."

The shot put and discus team was also in full stride this year.

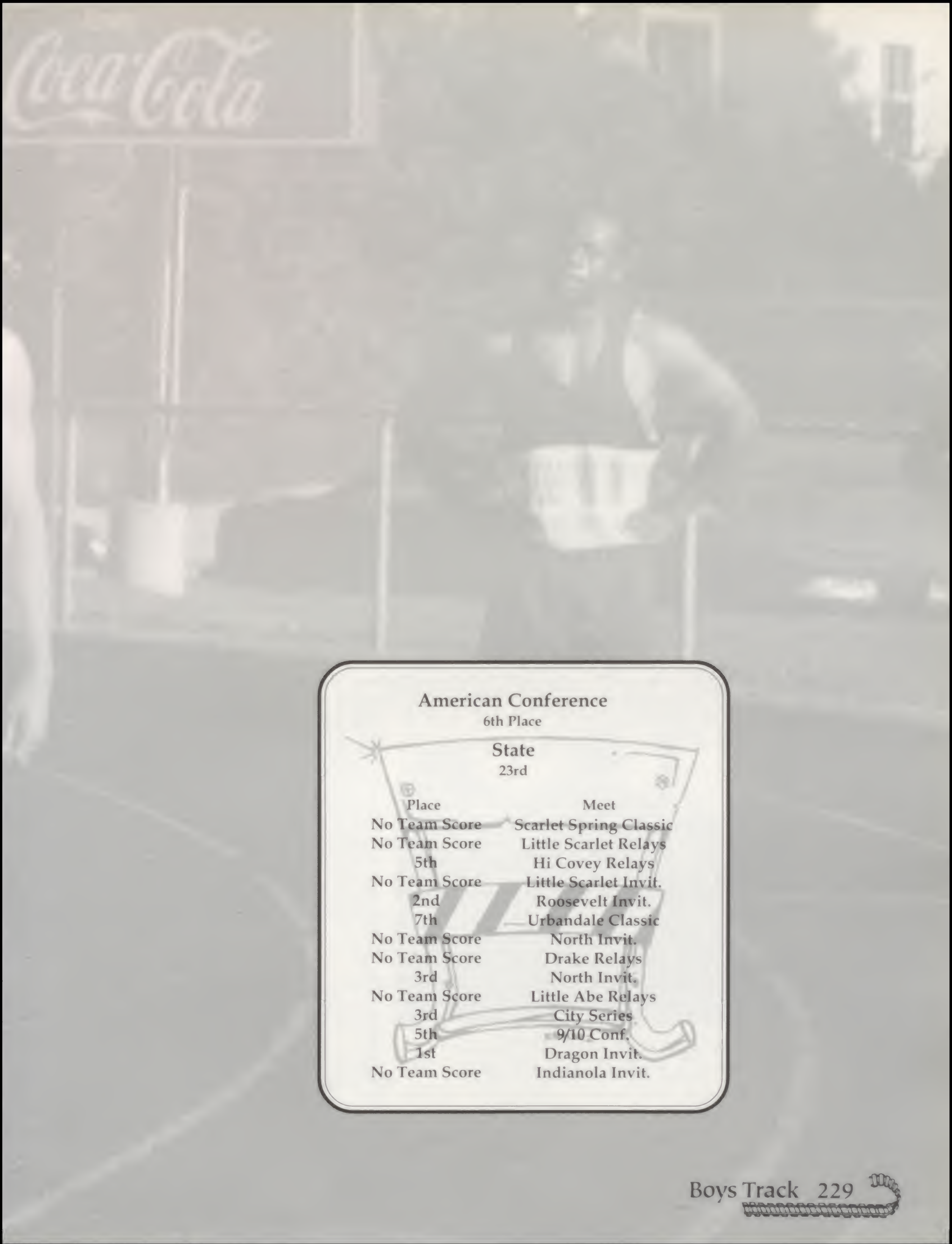
"Although we started a little slow, after the year got going we really started to get it together, " said junior **Derek Pettijohn**. "We got better by trying to coach one another, we tried to teach each other as we went."

Pettijohn went on to place first in the CIML (Central Inter Metropolitan League) conference meet in throwing shot.

East High is not known for being strong in sports. There is a history that has plagued East high for years. Now, after long hard strides, there is something there that didn't used to be. It's a pride in how East High is perceived and with that comes a sense of duty to do the best you can possibly do.

All sports, not only track, seem to now have the understanding, as a whole, that no one else is going to do it for them. Therefore the only way to be successful is to work for a goal and strive to achieve that.

Story: Josh Gerrietts



American Conference

6th Place

State

23rd

Place	Meet
No Team Score	Scarlet Spring Classic
No Team Score	Little Scarlet Relays
5th	Hi Covey Relays
No Team Score	Little Scarlet Invit.
2nd	Roosevelt Invit.
7th	Urbandale Classic
No Team Score	North Invit.
No Team Score	Drake Relays
3rd	North Invit.
No Team Score	Little Abe Relays
3rd	City Series
5th	9/10 Conf.
1st	Dragon Invit.
No Team Score	Indianola Invit.

Metro Standing
8th

Roosevelt Invit.	4th
Ram Invit.	4th
Urbandale Invit.	4th
City Series Meet	2nd
North Invit.	3rd
Hawkette Invit.	7th
Lee Town Relays	4th
Dowling Invit.	3rd
District Meet	14th
Conference Meet	8th

IOWA STATE
EAST

These girls enjoy a relaxing moment after practice: freshman ***Mary Froehle****, junior* ***Stacey Zelenovich****, sophomore* ***Tiffany Good****, freshmen* ***Tiffany Boggs*** *and* ***Courtney Page*** *and senior* ***Megan Hill****.*

Story: Jennie Carico. Pictures unavailable.

And they're off...

With a commanding lead

On your marks! Get set! Go! Girls on the track team hear these words as they prepare themselves for their run.

This years track team, placing eighth overall, had a good season. Especially considering that the team had a large number of girls just starting with their first year.

> *"We had a good season, and we all worked well together as a team."*
> *– Sophomore* **Heather Hutchinson**

"I think we did pretty good for such a young team," said senior **Stacie Hornocker**.

"We had a good season, and we all worked well together as a team," said sophomore **Heather Hutchinson**.

There are no try-outs for track, it is open to any student who wants to be a a part of it.

"Anyone who wants to be on the team has to talk to the coach and come to the practices," said junior **Amy Griffiths**.

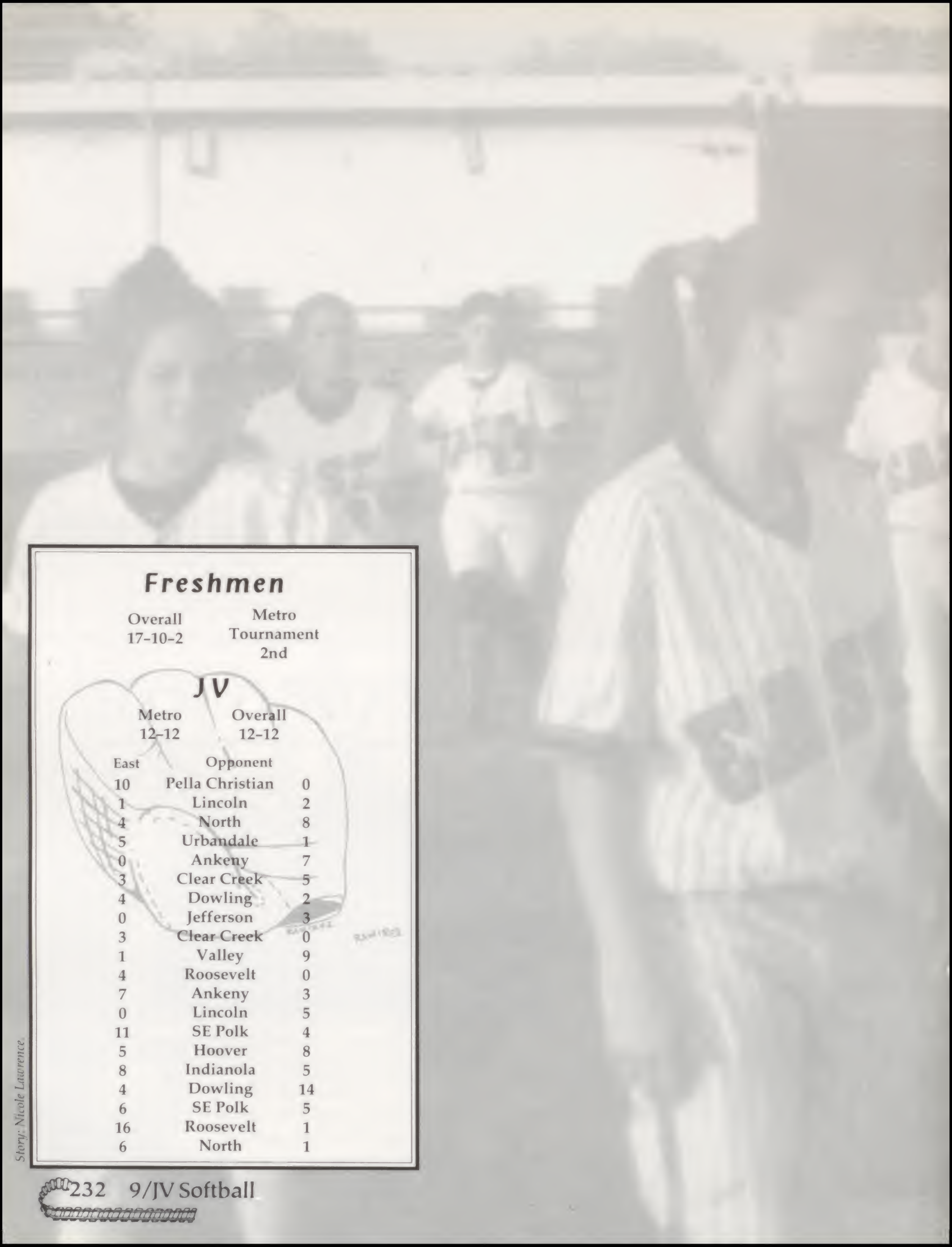
Numerous activities are involved during practice. Those who do relays practice hand-offs and running. Others who do hurdles practice jumping skills and endurance training.

"The only people that don't really run are the shot-putters and discus throwers," said **Hornocker**. "They only run if they want to stay late and practice."

Of course there are other things involved in track besides running and practices. The most important part is to have fun while learning the essential skills runners need to know.

"I like track because it's fun," said senior **Stacey Zelenovich**. "You also get to met a lot of new and different people."

All and all the girls track team had a pretty good season. Most girls plan on running again next year, adding their experience to the efforts of next year's team.



Freshmen

Overall
17-10-2

Metro
Tournament
2nd

JV

Metro
12-12

Overall
12-12

East	Opponent	
10	Pella Christian	0
1	Lincoln	2
4	North	8
5	Urbandale	1
0	Ankeny	7
3	Clear Creek	5
4	Dowling	2
0	Jefferson	3
3	Clear Creek	0
1	Valley	9
4	Roosevelt	0
7	Ankeny	3
0	Lincoln	5
11	SE Polk	4
5	Hoover	8
8	Indianola	5
4	Dowling	14
6	SE Polk	5
16	Roosevelt	1
6	North	1

Story: Nicole Lawrence

What was the funniest moment of the season?

"I was trying to steal a base, and instead I took out the umpire. It was really embarrassing."
-Eighth grader ***Amanda Reed***

"I was walking down to the field with the rest of the team, when I tripped on my own feet and fell face forward."
-Freshman ***Lindsey Carr***

"Some of the girls accused me of sleeping during practice one day and tried to surprise me."
-Coach ***Bob Savage***

Working for Perfection

When you hear the phrase girls softball team, what do you think of?

Some think of a bunch of girls having a lot of fun and playing ball.

For the JV and freshman softball teams, it's more than hanging around your friends and getting a good laugh. It's about "hard work."

Before the softball season officially started, girls on the freshman and JV teams had already started preparation for the season.

"A lot of the seniors on the varsity team encouraged us to go to a pitching clinic. I think it really helped. We practiced with a lot of the other girls and had a lot of fun," said freshman **Courtney Page**.

"Both teams encouraged each other. We all worked together and really hard. That's what being on a softball team is about."
– Junior ***Tara Mathews***

Although they didn't accomplish all that they wanted to, a lot of the girls learned what it was like to be on a team and work really hard for something.

"I didn't think I was really going to make the team," said eighth grader **Amanda Reed**, "Since I was so young, I didn't think I was going to be good enough."

Although the JV and freshman squads are different teams, they never looked down on each other.

Get on the ball!

Extra Effort, Extra Wins

There's more to just playing softball on the girls varsity softball team.

"It's also about having fun learning from each other," said sophomore **Crysta Bosley**.

Although they didn't get all the way to championship level this season, they managed to beat the Muscatines for the first time in almost four years.

"Even though we only beat the Muscatines in our first game, it made me feel really good just knowing that we could win against them. It made me feel better about not going to state," said sophomore **Kathleen Robinson.**

Bob Savage, coach of the team, credits the team's success to their hard work during practices.

"Practice was every day at about 3 p.m. We would work on batting and infield and outfield throwing," said senior **Stephanie Denning.**

"The hardest thing about varsity is that everything is tough. You have to know what you're doing. If you don't, the coach will tell you," said **Denning.**

Metro 12-16 | Overall 27-38

East	Opponent	
7	Pella Christian	3
1	Lincoln	9
13	North	0
5	Muscatine	4
4	C.R. Prairie	1
13	Dallas Center	0
7	Pella Christian	1
2	Hoover	1
1	Indianola	0
2	Alburnette	1
12	Central Center	1
10	Fort Madison	6
0	Muscatine	8
1	C.R. Jefferson	6
2	Dowling	0
0	Woodward Granger	3
3	Hoover	2
11	Linn Mar	1
7	Valley	2
4	Roosevelt	0
1	Ankeny	3
0	Lincoln	2
9	CB Lewis Central	0
13	CB Lincoln	1
13	Shenandoa	0
12	CB Jefferson	1
7	Underwood	1
5	Muscatine	8
1	Davenport West	4
1	North Scott	7
4	Dubuque Wahlert	3
10	North	1
2	SE Polk	1
3	Hoover	4
5	Indianola	0
0	Dowling	1
4	SE Polk	1
6	Roosevelt	2

Posing for their *last picture, the senior girls take time out from a gameto show that even after four years the word team still stands.*

East
East
Eat
East
East
28

Story/Design: Nicole Lawrence,

Home-run hitters *take time out from tournament play at Williams Stadium to have a little fun.* ***Amy Nemmers*** *and* ***Nicki Mooers*** *(second & third from left), made it to the Iowa District team at season's end.*

Pitching the ball, ***Jackie Beener*** *makes an attempt to strike out her opponent. Since 1996 she has been one of the star pitchers on the varsity team.*

Heading out to *the field, the team prepares for another win. They beat Muscatine for the first time in 4 years.*

Getting The Job Done!

BigHittersLead to Big Finishes

Baseball is a gentlemen's game. Yeah, right! It's an all-out fight to get that man on third home — fought with clubs, cannons, keen eyes and quick feet. You against them, mano y mano, who wants to win the most.

> *"We continually improved throughout the year."*
> *– Sophomore **Andrew Graeve***

In baseball, it's especially about form and teamwork. The sophomore baseball team was in good form this past season.

"We had a great year," said junior **Adam Wilson.** "We worked hard and dominated the conference."

That hard work paid off for the sophomores with a 18-3 season and a finish CIML (central inter-metropolitan league) champion sophomore baseball team.

"Even though we had a good year, there is always room for improvement," said **Wilson**. "We need to definitely work on the discipline we show on the field and in games."

In baseball, the difference in a team from the beginning of the season to the end of the season can be dramatic. The freshman baseball team knows this all too well.

After a slow start, they began to turn their year around.

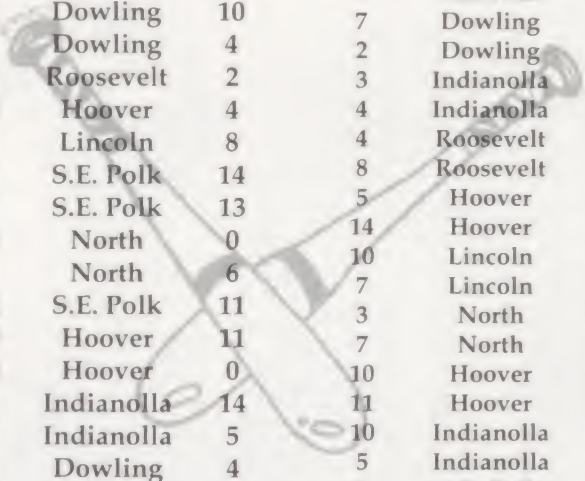
"We continually improved through out the year," said sophomore **Andrew Graeve**. "One thing is for sure, it's that we are looking forward to next year."

Small problems plagued the freshman team, though they improved through the year.

"We needed more team unity," said **Graeve**. "Other than that, we did a real good job on things like sportsmanship."

Both teams did a good job representing East High and they had a lot of fun doing it.

Hard work and dedication is the key to winning. It doesn't matter how hard a person thought he or she worked during practice, it how hard they want to perform on game day.



Sophomore
Overall 22-6

East	Opponent	
2	Urbandale	9
2	Lincoln	5
3	Lincoln	2
4	Marshaltown	6
6	North	5
11	Dowling	10
5	Dowling	4
6	Roosevelt	2
10	Hoover	4
9	Lincoln	8
9	S.E. Polk	14
7	S.E. Polk	13
10	North	0
7	North	6
12	S.E. Polk	11
20	Hoover	11
10	Hoover	0
2	Indianolla	14
6	Indianolla	5
5	Dowling	4
10	North	8
5	Hoover	8
17	S.E. Polk	9
15	S.E. Polk	11
9	Indianolla	3
9	Roosevelt	10
9	Roosevelt	8

Freshman
Overall 12-21-2

East	Opponent	
9	North	4
10	North	4
1	Lincoln	7
1	Loncoln	4
3	S.E. Polk	10
7	S.E. Polk	6
7	Dowling	8
2	Dowling	14
3	Indianolla	5
4	Indianolla	2
4	Roosevelt	6
8	Roosevelt	0
5	Hoover	6
14	Hoover	8
10	Lincoln	11
7	Lincoln	7
3	North	8
7	North	9
10	Hoover	7
11	Hoover	3
10	Indianolla	11
5	Indianolla	10
5	S.E. Polk	17
3	S.E. Polk	7
4	Dowling	5
7	Dowling	8
9	Roosevelt	8
15	North	2
7	Johnston	15
5	Johnston	5

Story: Josh Gerritts.

EHS Baseball Goes to State

Hard Work Pays Off

> *"It was great because through the whole season, no one really paid much attention to us, we were just kind-of-there. Then all of the sudden there we were in the center of it all at the tournament."*
> *- Senior* ***Dray Grantham***

There once was a baseball fairytale that went a little somthing like this: Once upon a time there was a baseball team who wanted very badly to win. This team was so determined to win, they were willing to practice twice a day.

The players worked hard and never gave up. They did all this in order to meet their goals and dreams. Their hard work and determination paid off when they made it to state and out of 64 teams they placed fifth.

Great story hughhh!! This is no fairytale though. It's the story of this years varsity baseball team.

"Out of 50 years of East High playing the game, this is only the fourth team to actually go state," said Coach **Ric Powell**.

"Going to state was a very interesting experience," said senior **Jake Ferrell**.

"We were able to proved to everyone that our hard work and determination paid off more than ever," said junior **T.J. Michelson**.

The "hard working and unselfish team," pushed themselves practicing twice a day from 9:00 a.m. to 11:00 a.m. and then again from 5:00 p.m. to 7:00 p.m.

"They never let personal things get in the way of their practices or playing," said **Powell**.

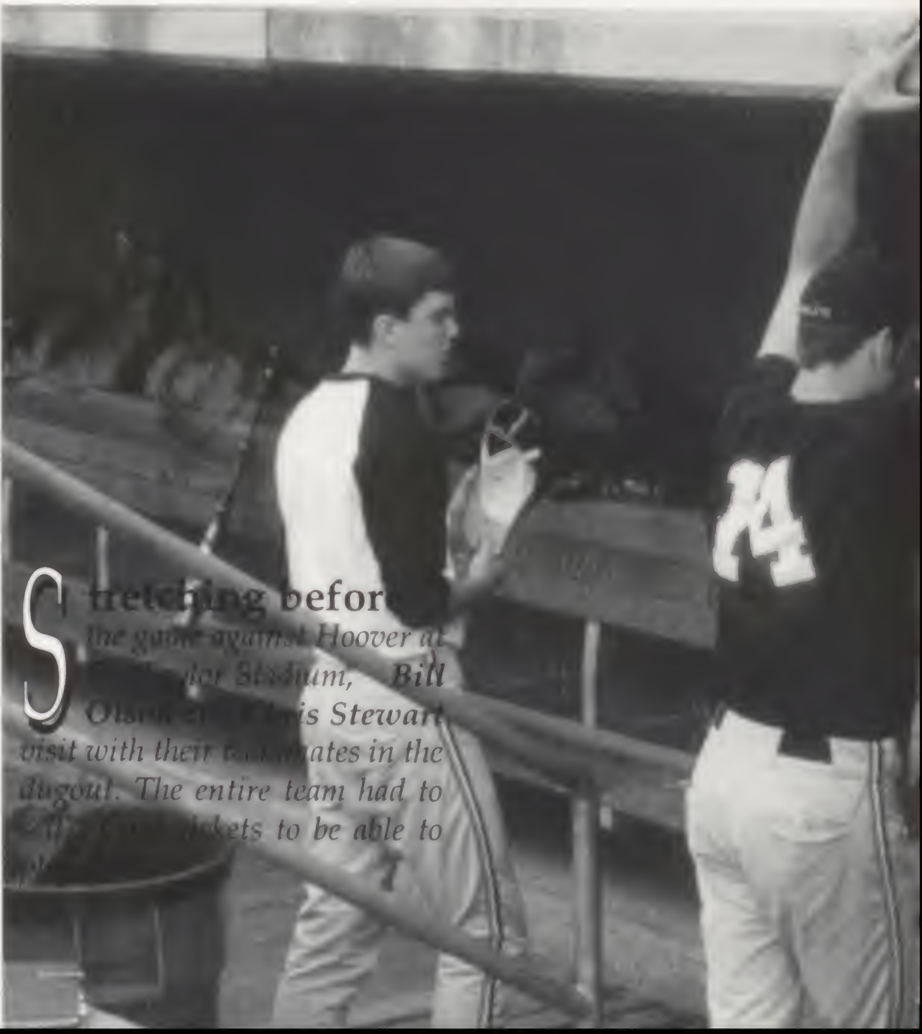
"It was sad when we finally got beat, but we were just so proud of how far we had come," said junior **Donnie Haygood**.

This just goes to show that some dreams do come true and your hard work and determination does pay off in the long run.

"This was a really great team that was determined and stuck together," said **Powell**.

They were honored with a plaque at the homecoming assembly and "will be remembered for their great effort, determination and work for a long time."

Batter up! *Everyone waits in anticipation in the game against SE Polk. East later won in a gutsy performance 3-0.*



Stretching before *the game against Hoover at [illegible] Stadium,* ***Bill Olson*** *and* ***Chris Stewart*** *visit with their teammates in the dugout. The entire team had to [illegible] tickets to be able to [illegible]*

Story/Design: Ashley Vitiritto.

Team huddle! *After the victory against SE Polk,* ***Coach Powell*** *gets everyone together to pump them up for State.*

Sliding home, *alumnus* ***Dale Brockman*** *works on sliding techniques during a practice as* ***Coach McDonald*** *watches. This is just one of the many things they worked on during practices.*

Metro 12-24 Overall 20-38

East	Opponent	
2	Urbandale	8
6	Sioux City North	12
9	LeMars	0
5	Sioux City West	9
14	C.B. Jefferson	13
15	C.B. Jefferson	5
4	Marshalltown	10
2	DM Lincoln	13
6	DM Lincoln	2
0	DM North	3
3	Saydel	1
8	Pella	2
7	Norwalk	0
1	Ottumwa	12
1	Ottumwa	5
0	WDM Dowling	10
0	WDM Dowling	12
12	C.R. Kennedy	6
13	Roosevelt	3
12	Roosevelt	7
7	Hoover	6
3	Lincoln	6
14	Estherville	6
15	S.C. Heelen	3
7	North	3
12	North	13
8	SE Polk	0
6	Hoover	4
6	Indianola	1
5	Davenport	11
12	Indianola	5
10	Indianola	6
5	Dowling	6
3	Hoover	5
0	SE Polk	6
4	SE Polk	6
7	Indianola	5
3	Roosevelt	0

Going For The Goal

Soccer. Is there any other sport in which it's fair to kick, trip, bruise, or scratch your opponents?

This years girls soccer team had their share of bruises and scratches.

"In one game I got flipped over and kicked in the side, but I continued playing in the game," said sophomore **April Hazelwood**.

Other girls had the shocking experience of getting hit in the head with a stray ball.

Even though, they had numerous injuries they still thought the team had a fairly good season.

"I think we did really well," said junior **Amber Johnson**. "We didn't have a winning season, but we did have a lot of improvement."

"We did good with communicating with each other and we played with our full effort," said sophomore **Heather Hutchinson**.

> *"I think we did really well. We didn't have a winning season, but we did have a lot of improvement."*
> *– Junior* ***Amber Johnson***

A lot of girls got involved with the soccer team because of their friends.

"I started playing my freshman year because of my friends," said junior **Nicole Wennekamp**.

However, others got involved for the fun.

"I like sports and soccer seemed like it would be fun," said junior **Sarah Dority**.

The soccer team did have fun but in order to have a good season they had to practice.

"During practice we worked on our conditioning and endurance, but mainly we worked on our skill work," said **Johnson**.

Although the girls soccer team didn't have a "winning season," they did improve their skills and got to know each other a little better.

"We just hope to try a little bit harder next year," said **Hazelwood**.

Since most girls on the team intend on playing again next year the team has a good chance of success in the future.

Varsity

Metro 2-8 Overall 3-14

East	Opponent	
2	North	0
0	Valley	12
0	Mason City	6
1	SE Polk	6
0	Newton	7
0	Roosevelt	13
1	Lincoln	5
5	North	1
3	Chariton	1
0	Indianola	4
2	Norwalk	3
1	Hoover	10
1	Indianola	3
0	Dowling	6
1	Urbandale	8
0	Dowling	14
0	Waukee	11

JV

Overall
0-12

Story/Design: Jennie Carico.

During a game, *juniors Amber and Theresa Johnson (no relation) help each other gain control of the ball. Teamwork was an improtant aspect of the season.*

A break during *practice gives a few girls needed rest. During the season the soccer team practiced after school, learning how to improve on their skills.*

While playing, *the team scrimmages for control of the ball. The team made major improvements on their skills this year.*

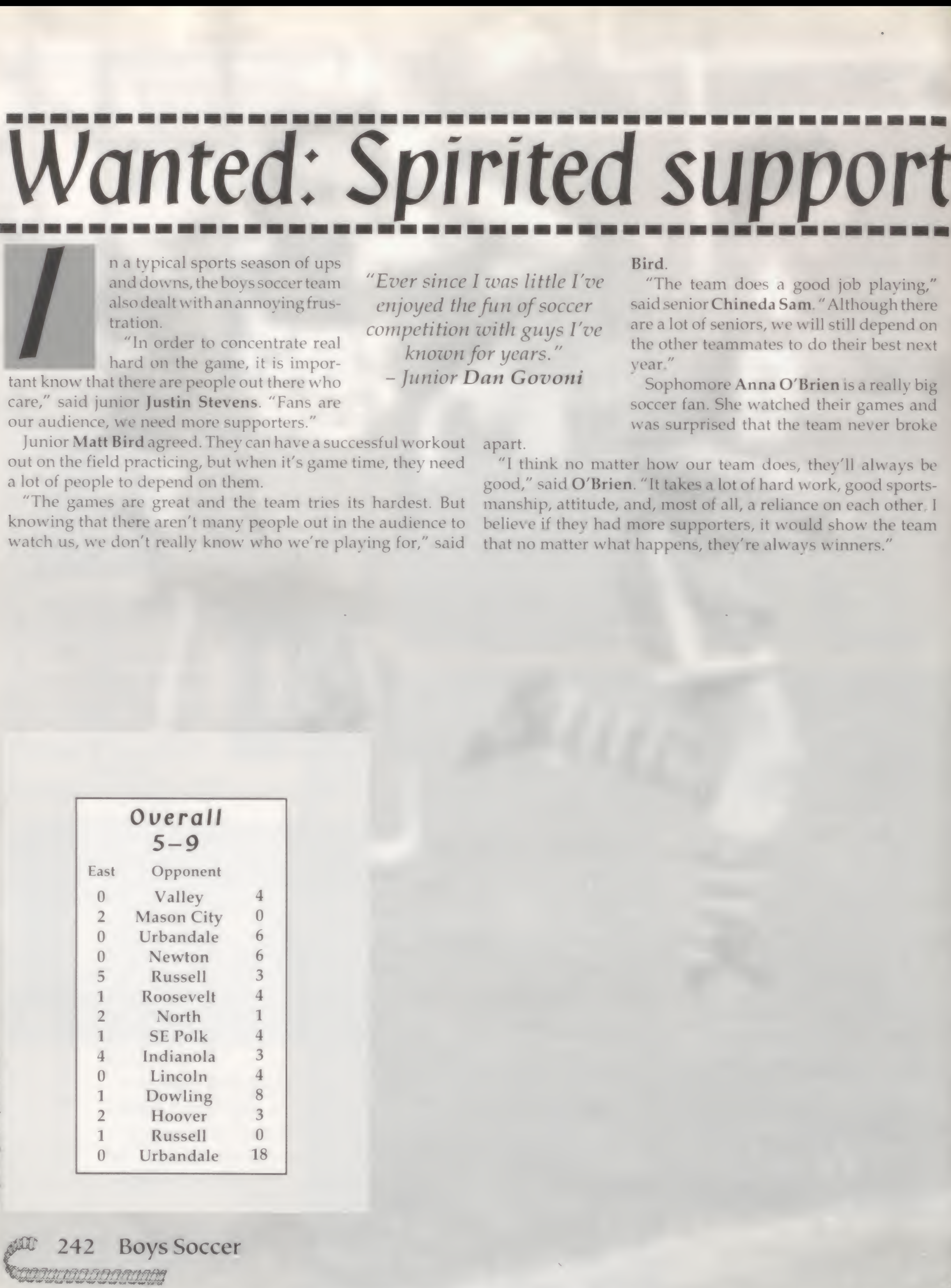
What were the most memorable moments of the season?

"It would be my freshman year when we played SE Polk. A girl pushed Brandan Thompson and she punched the girl in the face."
-Senior ***Shawna Lore***

"We were playing Chariton and I started heading toward the wrong goal with the ball."
-Senior ***Megan Staley***

"I think it would have to be our first away games. Since we rode a bus it gave us all a chance to get to know each other."
-Sophomore ***Krystal Pickett***

Waiting for their *turn to play, soccer players watch their teammates run up and down the field. The girls had a fun season getting to know one another.*



Wanted: Spirited support

> "Ever since I was little I've enjoyed the fun of soccer competition with guys I've known for years."
> – Junior **Dan Govoni**

In a typical sports season of ups and downs, the boys soccer team also dealt with an annoying frustration.

"In order to concentrate real hard on the game, it is important know that there are people out there who care," said junior **Justin Stevens**. "Fans are our audience, we need more supporters."

Junior **Matt Bird** agreed. They can have a successful workout out on the field practicing, but when it's game time, they need a lot of people to depend on them.

"The games are great and the team tries its hardest. But knowing that there aren't many people out in the audience to watch us, we don't really know who we're playing for," said **Bird**.

"The team does a good job playing," said senior **Chineda Sam**. "Although there are a lot of seniors, we will still depend on the other teammates to do their best next year."

Sophomore **Anna O'Brien** is a really big soccer fan. She watched their games and was surprised that the team never broke apart.

"I think no matter how our team does, they'll always be good," said **O'Brien**. "It takes a lot of hard work, good sportsmanship, attitude, and, most of all, a reliance on each other. I believe if they had more supporters, it would show the team that no matter what happens, they're always winners."

Overall
5–9

East	Opponent	
0	Valley	4
2	Mason City	0
0	Urbandale	6
0	Newton	6
5	Russell	3
1	Roosevelt	4
2	North	1
1	SE Polk	4
4	Indianola	3
0	Lincoln	4
1	Dowling	8
2	Hoover	3
1	Russell	0
0	Urbandale	18

Story/Design: Kilgore Trout.

Hot, Hot, Hot!

Serving A Good Season

This year some of the girls tennis team participated in Winter Youth Tennis Lessons at the inside courts in Drake University.

"Part of the team chose to go to the clinic during the winter and it was very helpful to get us warmed up for the season," said senior **Sandy Mendenhall**.

The head start on the year helped the girls out a lot said girls coach **Joyce Smith**.

The lessons were given for ten weeks on Saturday and Sunday from January to March through Des Moines Park and Recreation.

The fee was only $15.

For the rest of the girls who didn't take the lessons there was still fun and games.

"It was a really good year. When we played Ames we ate at Hickory Park and it was really good," said junior **Lisa Gathercole**.

> *"The team didn't win a lot, but we still had a blast. (Usually) at 9 p.m. we were still singing and dancing on the bus."*
> *–Sophomore* **Misty Stanton**

"The team didn't win a lot, but we still had a blast. At 9 p.m. we were still singing and dancing on the bus," said sophomore **Misty Stanton**.

Although the girls had a good start the boys had a little disadvantage because of the number of players on the team and having a new coach.

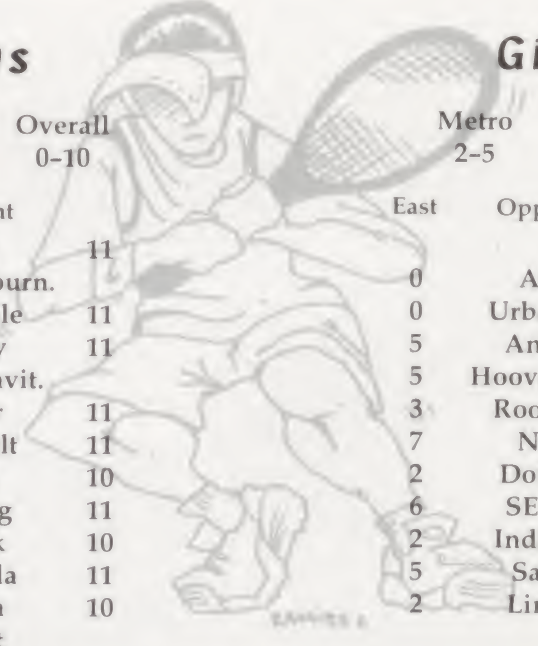
This year there were only eight players, but we had a great time said the boys coach **RobGloe**.

"It was fun. The coach was the best we've ever had because he taught us the basics of tennis and how to play," said junior **Michael Fuller**.

"We had eight guys who had fun and tried their hardest, which isbetter than 15 guys who don't care," said junior **David Frost**.

The boys worked hard and there were some personalvictories.

"I learned to control my anger because there were a couple times I was warned for throwing my racket," said **Frost**.



Boys

Metro 0-7 Overall 0-10

East	Opponent	
0	Ames	11
6th	Doubles Tourn.	
0	Urbandale	11
0	Ankeny	11
8th	Ankeny Invit.	
0	Hoover	11
0	Roosevelt	11
1	North	10
0	Dowling	11
1	SE Polk	10
0	Indianola	11
1	Lincoln	10
Last	District	

Girls

Metro 2-5 Overall 2-9

East	Opponent	
0	Ames	11
0	Urbandale	11
5	Ankeny	6
5	Hoover Conf.	6
3	Roosevelt	8
7	North	4
2	Dowling	9
6	SE Polk	5
2	Indianola	9
5	Saydel	6
2	Lincoln	9

Story: Phut HoangVan.

Fore!

'Putting' through all obstacles

Golf for some can be fun and entertaining. For others it may be somewhat confusing. However, for 30 boys and 5 girls at East, golf is an exciting sport.

This year's boys team had the most golfers in East's history.

> *"We had the biggest squad ever which was great. Next year our goal is to have 40 golfers on the team."*
> *– Coach **John Bankus***

"We had the biggest squad ever which was great," said coach **John Bankus**. "Next year our goal is to have 40 golfers on the team."

For most of the boys, this was their first year on the team.

"We had a very young team which makes the season a little more difficult because you lack the experience and leadership needed," said senior **Dray Grantham**.

The boys golf team thought they had a pretty good season.

"We did fairly well as a team and accomplished a number of our goals," said junior **Cory Sonner**.

The team lost two golfers from last year. However, **Bankus** said that they had steady play from two or three guys which really helped the team.

The boys team also had a foreign flair, with two foreign exchange students, seniors **Denis Gensing** and **Torsten Schwenke**.

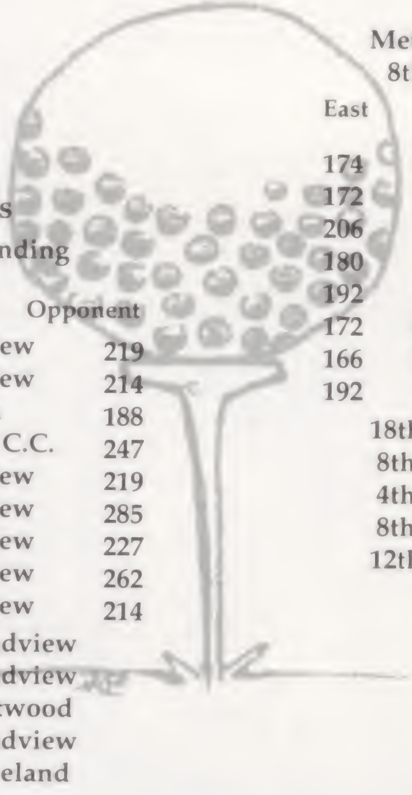
"It was a good experince to be on the team, everyone was very nice," said **Gensing**.

Though the boys team had the biggest squad ever, the girls team had a somewhat smaller turnout.

"We had a pretty good season for only having five girls on the team," said senior **Stephanie Fallis**.

One event that hampered the season was when **Fallis** and alum **Maya Coleman** got in an accident on the way home from a match.

"It was really hard for the team to adjust since for part of the season there were only three golfers on the team," said **Fallis**.



Boys

Metro 8th — Overall 1-7

East		Opponent
174	Grandview	161
172	Blank	167
206	Ottumwa	157
180	C.C.	160
192	Waveland	169
172	Grandview	151
166	Grandview	197
192	Indianola	155

18th	Legion Course
8th	Waveland
4th	Waveland
8th	Blank
12th	Beaver Run

Girls

Conf. Standing 7th

East		Opponent
267	Grandview	219
245	Grandview	214
290	Blank	188
262	Indianola C.C.	247
265	Grandview	219
257	Grandview	285
257	Grandview	227
248	Grandview	262
257	Grandview	214

4th	Grandview
10th	Grandview
7th	Westwood
7th	Grandview
4th	Waveland

While practicing, *alum **Jamie Hayes** gets advice from Coach **Bankus**. Practice was an essential part of the team's success.*

Story/Design: Jennie Carico. Photojournalist: Jason Milligan.

Taking time out *from practice, alums* **Crystal Leach, Nicki Mooers,** *and* **Maya Coleman** *smile for the camera. Although the team didn't have the most successful year, they made lasting friendships.*

What were the most memorable moments of the season?

"It would have to be the Indianola meet when Dray came up to the last hole and he broke his club in two."
-Junior **Cory Sonner**

"We were at Grandview. I drove the green while people were still on it and they started yelling at me."
-Junior **David Freersken**

"My first time the ball flew farther than 20 feet. That was good!"
-Senior **Dennis Gensing**

"As I was driving the ball I almost hit the kid in front of me."
-Sophomore **Paul Augspurger**

Concentration *is prime for senior* **Dray Grantham** *as he drives the ball.* **Grantham** *had a successful season winning many matches. With his leadership the young team was able to better grasp the fundamentals of golf.*

Putting forth all *his efforts, junior* ***Nate Hibben*** *strives for his best time. Hibben has been running cross country for three years.*

As the runners *came through the straight-a-way, the East boys cross country members kept up with the pace. In a competition, each team runs 7 members and they compete against 11 to 12 teams.*

What were memorable moments of the year?

"One day we were running and a train came and blocked the road and A.J. jumped right onto the cars of the moving train."
-Junior ***Nate Hibben***

"It was cool just getting to hang out with everyone in the bus, when we were coming back from districts."
-Junior ***Dan Govoni***

As the end is *nearing, runners hope to finish the race in good time and still have breath afterwards. A major aspect in cross country is that it's a race of 3.15 miles.*

Story/Design: Linda Her. Photojournalist: Amanda Conlin.

Going the Distance

With Hearts of Gold

Like any other sport, Cross Country's strength came from a unified team that had committment and shear will. The will to push themselves to the limit.

"Cross Country is by far the most physically and mentally demanding sport there is," said junior **Nate Hibben**. "If it was easy, everybody would do it. I'm so proud to be a part of a winning program."

Along with the will and returning talents from last year, there were a few new faces on the team. Junior **Dan Govoni** and freshman **Justin Rankin** were new runners as was **Marcos Ramirez**, who joined mid-way through the season.

"Marcos was great. He really tore it up," said senior **Dillon Wonders**.

Along with the new faces, came members who stood out and became leaders. Together, seniors **Derek McChurch** and **Wonders,** helped lead the way with strong leadership and the heart of a runner.

> *"Cross Country is by far the most physically and mentally demanding sport there is. I'm so proud to be a part of a winning program."*
> *– Junior* ***Nate Hibben***

"I really thought that Dillon and Derek showed great leadership because they were strong runners and were just cool with everyone," said **Govoni**.

"Dillon really showed leadership to the rest of the team," said Coach Don Graves.

Wonders, who had medaled at almost every meet, was also considered to have been their strongest runner.

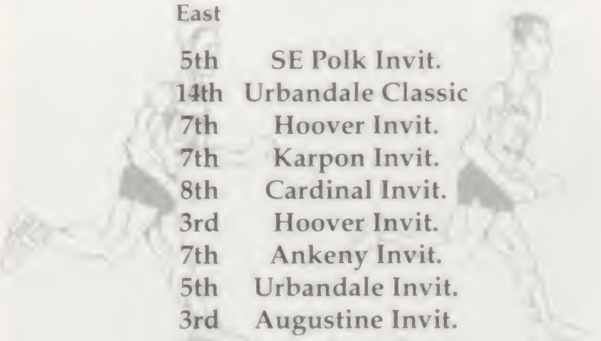
"I went out and ran with my heart. I wanted to represent East well and I'm glad I was able to," said **Wonders.**

Although the team wasn't as successful as last year, they still thought it was a year to remember.

"We didn't accomplish as much as we had wanted, but we still had a good time as a team," said **Govoni**.

"We weren't successful in going to State or receiving honors, but we were able to come together and that's what counts," said **McChurch.**

Running with *pure will, senior* ***Derek McChurch*** *races to the finish line at left. Above, approaching the first turn, junior* ***Dan Govoni*** *keeps up with the pace of the other runners.*



Metro
7th

East	
5th	SE Polk Invit.
14th	Urbandale Classic
7th	Hoover Invit.
7th	Karpon Invit.
8th	Cardinal Invit.
3rd	Hoover Invit.
7th	Ankeny Invit.
5th	Urbandale Invit.
3rd	Augustine Invit.
7th	American Cont.
8th	District

Going That Extra Mile

Long Strides And Dedication

> *"We did really good even though we had a young team."*
> *– Coach* **Deb VanVelzen**

The end could never seem farther away. It's already been a mile and a half and the finish line is still half a mile away. Legs are heavy, breath is short, and the ground is hard. This is what makes cross country a challenge.

For the girls that run cross country this challenge is a part of everyday competition.

To excel in something, one has to improve and there are several different ways to improve oneself. One of those ways is to set a long term goal and try to achieve that.

"I like to work towards a set goal," said junior **Sarah Martineau.** "In fact at the beginning of the season we set personal goals and by the end of the season we review to see if we met them."

To do well on any team there has to be unity. A sense of camaraderie has to be present. This is true for this year's team.

"We acted like a family," said sophomore **Angie Davies.** "We encouraged each other and worked together to achieve our goals."

It is common in any sport to have little things that will make the year memorable.

"We had a scavenger hunt, sort of," said **Martineau.** "We had to run all around the East High area and find clues that led us to the next place we were supposed to go."

Even though the year was exhausting and sometimes a little disappointing, over-all the team did well.

"We did really good even though we had a young team," said coach **Debbie VanVelzen.** "We had a strong junior team this year which we hope will carry on to next year."

With a turn-out double that of last year looks forward to next year with optimistic eyes.

American Conference
7th
Districts
9th

Meet	Place
S.E. Polk Invit.	9th
Urbandale Classic	14th
Hoover Invit.	7th
Johnston Invit.	7th
North Invit.	5th
Cardinal Invit.	11th
City Series	4th
Urbandale Invit.	3rd
Hawkette Invit.	9th

Story/Design: Josh Gerrietts. Photojournalist: Emily Erickson

And they're off! *The start of the cross country meets were usually pretty hectic. Getting a good start was key.*

Looking on at

the race, juniors ***Sarah Martineau*** *and* ***Shakeela 'Shaq' Newsome*** *support their friends. The runners would often stick around to encourage their teammates.*

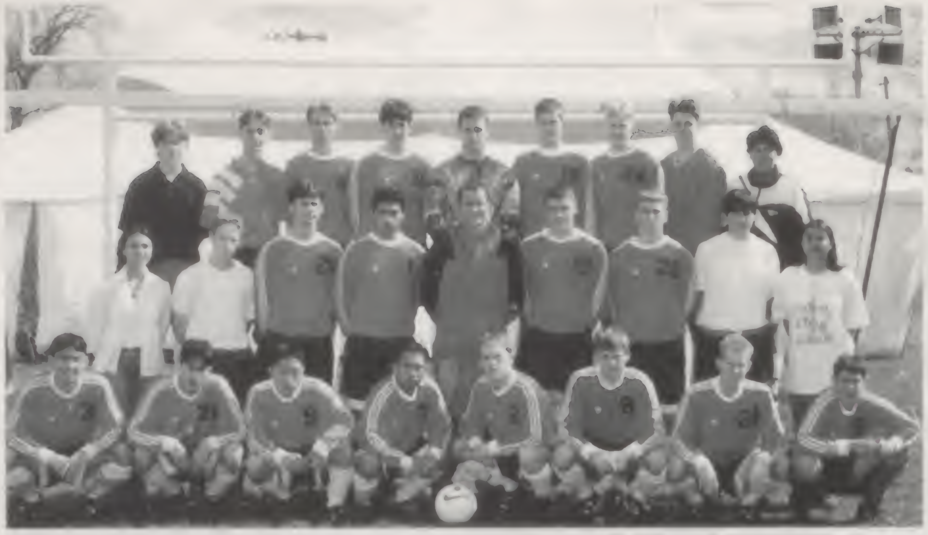
A look of determination.

Junior ***Amy Griffiths*** *looks spent after a hard race. The 2.1 mile race often goes up and down hills and curves around itself making the race seem longer than it really is.*

SCARLETS
SCARLETS

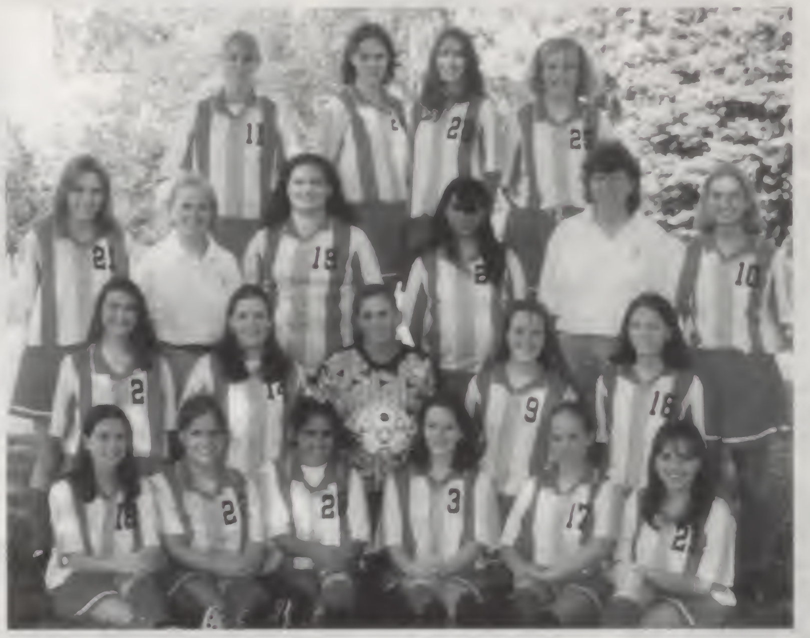
Don't stop now!

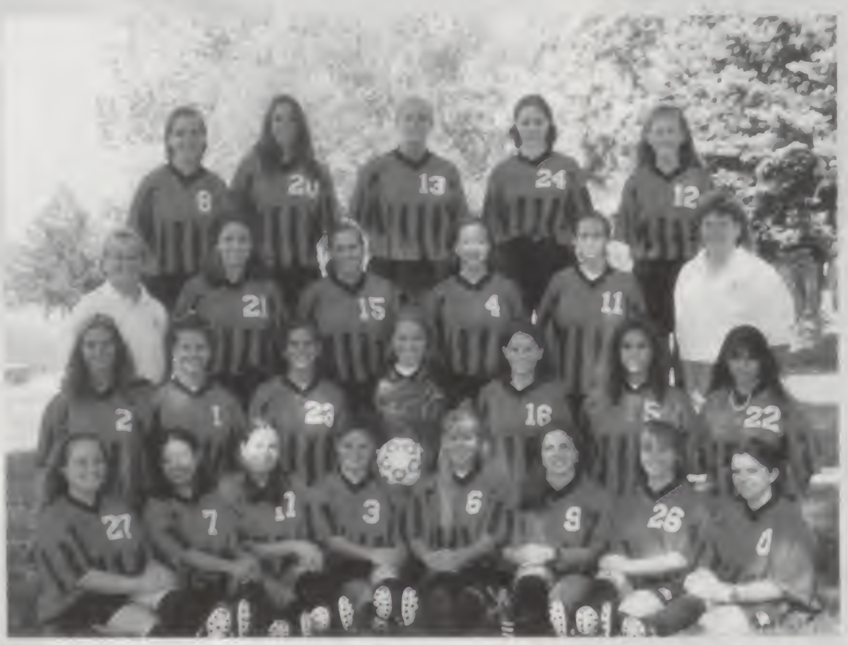
Sophomore ***Stefanie Schatz*** *paces herself throughout the race. Runners have to pace themselves or end up too tired to finish.*



BOYS SOCCER. Front Row: Kal Lovan, Will Sitthisay, Tony Ly, Chineda Sam, David Hutson,Tanner Guy,Travis Head, Jack Weber. Row 2: Manager Ashley Inthalangsly, Dustin Johnson, Ian Sims, Gustavo Villareal, Coach Troy Cortez, Cory Sonner, Meyer Nece, Matt Moeller, Manager Khanthaly Souvatrat. Back Row: Zack Wicker, Clint Neriem, Aaron Giddings, Dan Govoni, Derek Donaldson, Chad Campbell, Justin Stevens, Matt Bird, Omar Otero. Not Pictured: Scott Adamson, Jeff Jones, Nicolas Kliglopolis, Robert Ortiz, Tom Sawhill, Grant Scott, Craig Webber.

GIRLS JV SOCCER. Front Row: Sondra Lore, Amber Soderblom, Jessica Zepeda, Jessica Stewart, April Hazelwood, Theresa Johnson. Row 2: Heather Hutchinson, Kelly Kraska, Jenny Jones, Amber Johnson, Sarah Dority. Row 3: Nicole Wennekamp, Coach Chaney Yeast, Katie Voll, Lacy Dimaio, Coach Angel Smyth, Stephanie Scigliano. Back Row: Meredith Garlick, Monika Stepan, Sara Kelley, Panda Ferrell.





GIRLS VARSITY SOCCER. Front Row: Megan Cardines, Patchay Kamvanh, Kelly Kraska, Vanessa Kinnear, Brandan Thompson, Elizabeth Govoni, Dawn Hutchinson, April Schatz. Row 2: Alisha Kalar, Tascha Torgeson, Brady Shanahan, Megan Staley, Sarah Dority, Jessica Hill, Lacy Dimaio. Row 3: Coach Chaney Yeast, Krystal Pickett, Jenny Jones, Kari Teske, Teena Hartkopp, Coach Angel Smyth. Back Row: Shawna Lore, Sara Kelley, Megan Hill, Monika Stepan, Tracy Lowe.

Story/Design: Stephanie Gibb.

BOYS TENNIS. Front Row: Ryan Nemmers, Kirby Praseuth, Frank Lem, Johnny Lovan. Back Row: Cory Gipson, Assistant Coach Chris Hatchet, David Frost, Coach Rob Gloe, Michael Fuller. Not Pictured: David Kouang.

GIRLS TENNIS.Front Row: Christina Ackelson, Misty Stanton, Diana Calo, Jenny Smith, Jessica Dady, Jessica Richardson, Cameo Cott. Row 2: Sandy Mendenhall, Sarah Jackson, Angela Hoard, Lisa Gathercole, Kristy McPherson, Jessica Hoard, Manivone Kittikoune, Brooke Bennett. Back Row: Mindy Kimball, Melissa Papiani, Carrie Birkhofer, Coach Joyce Smith, Evie McPherson, Assistant Coach Chris Hatchet, Courtney McClelland, Laura Luce, Nickelle Stevens. Not Pictured: Sarah Brooks, Michelle Heuton.

BOYS TRACK. 9th: Ryan Bernhardt, Brian Brookshire, Jamie Furby, Nathan Gary, Mark Grimm, Eric Ivanovich, Meyer Nece, Oliver Powell, Aaron Shipman, Todd Wacht. 10th: Maceo Anderson, Jason Davidson, Courtney Hayes, Donnie Haygood, Nate Hibben, Nick Kraska, Roscoe Lewis, Hugh McElvogue, Derek Pettijohn, Mark Potter, Carl Shelton, LeRoy Smith. 11th: Todd Bennett, Robert Crane, Tim Froehle, Michael Gary, Derek McChurch, Dillon Wonders. 12th: Josh Hibben, Jason Irvin, Lance Lethcoe, Ryan McIntosh, Kaiphet Phaydavong, David Suggett.

Boys Track Picture Not Available

GIRLS TRACK. Front Row: Jesse Waterson, Stephanee Carlos, Christina Western, Raffaela Punelli, Tiffany Good, Angela Davies, Cassie Peterson, Stefanie Schatz, Courtney Page, Kira Campos-Anderson, Heather Hutchinson, Cammie Williams. Row 2: Mandy Reidburn, Stacie Hornocker, Kate Olson, Amy Nemmers, Mary Froehle, Allemeshia Tiesman, Tigre Williamson, Shakeela Newsome, Sara Froehle, Leah Tedder, Tiffany Boggs, Amy Hornocker. Row 3: Nicole Slater, Katie Voll, Amy Griffiths, Kathleen Robinson, Coach Debbie Ford, Coach George Davis, Coach Lowell Long, Coach Scott Ryan, Andrea Cook, Tracy Lowe, Amanda Mullin, Jackie Beener. Back Row: Amy Forkner, Jessica Randolph, Ashley Jordan, Megan Hill, Jessica Jordan, Tiffany Oliver, Amy Godderd, Stacey Zelenovich, Lindsey Bennet.

BOYS SOPHOMORE BASEBALL. Front Row: Luke Krpan, Joe Housley, BJ Van Vleet, John Housley, Nate Tounsley, Jon Fick. Back Row: Jimmy Randolph, Carl Shelton, Nick Carny, Coach Brian Luft, Matt Constable, Jamie McDaniel, Josh Stapes. Not Pictured: Adam Wilson.

BOYS FRESHMAN BASEBALL. Front Row: Ryan Schuler, Steve Edwards, Mike Demoss, Troy Parsons, Andy Graeve, J.D. Smith, Kurt Sloan, Randy Blackford. Row 2: Noah Yamen, Matt Evans, Joe Kephart, Jerry Holman, Aaron Hook, Rick Weigel, Steven Kahler. Row 3: Josh Markle, Kenny Paulding, Coach Davis, Coach Murphy, Clint Nereim, Jason Fitzgerald. Back Row: Kevin Lund, Paul Drey, Jared Smith, Joe Merryfield, Lance Allison, Jason Thompson.

BOYS VARSITY BASEBALL. Front Row: Zak Banks, Donnie Haygood, Bryan Ford, Dray Grantham, Nick Kligopoulous, Jake Ferrell, T.J. Michelsen, Dale Brockman. Row 2: Adam Sparks, Brad Moore, Joe Wykoff, Bat Girl Linnea Powell, Bat Boy Scott Powell, Stephan Joanides, Patrick McNeley, Ken Rodine. Back Row: Josh Stewart, Drew Davis, Bill Olson, Assistant Coach Brian Hoff, Coach Rick Powell, Assistant Coach Tom McDonald, Chris Stewart, David Freerksen.

Story/Design: Stephanie Gibb.

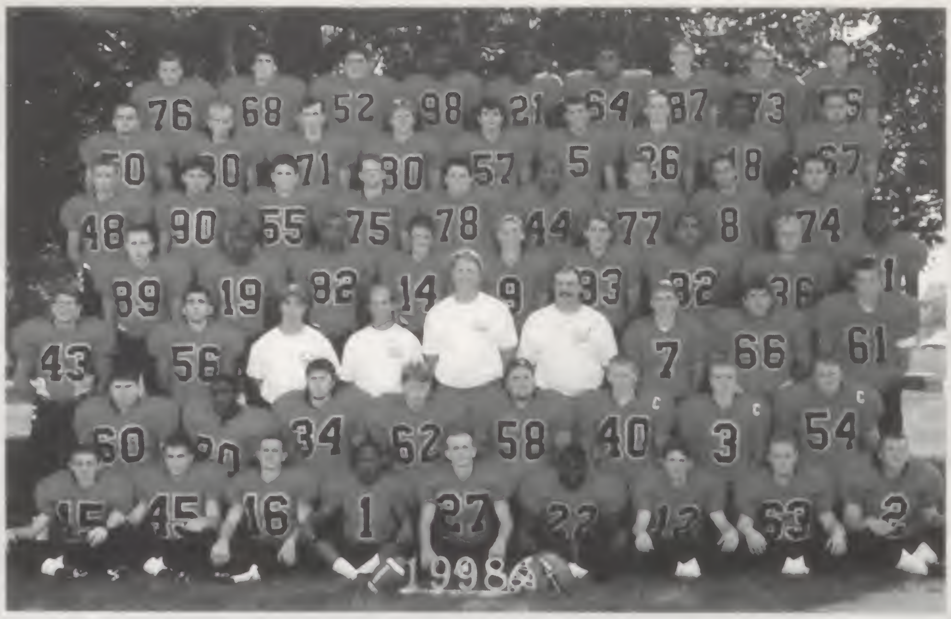
GIRLS FRESHMAN SOFTBALL. Front Row: Aleisha Collins, Oralia Crooks, Amy Goddard, Danielle Zenor, Lindsey Carr. Crysta Bosley. Row 2: Morgan Trenhaile, Michelle Denning, Amanda Reed, Angela Bacon, Darcy Baker, Kristin West. Back Row: Courtney Page, Jeni Grochala, Shannon Carlson, Stephanee Carlos, Chris Olson. Not Pictured: Tigre Williamson.

1974 STATE QUALIFIERS
1981 STATE CHAMPIONS
1989 STATE QUALIFIERS
EAST

GIRLS JV SOFTBALL. FrontRow: Michelle Denning, Cassie Peterson, Tigre Williamson, Stephanie Denning, Tara Mathews. Row 2: Amy Griffiths, Crysta Bosley, Amanda Reed, Jenny Grochola, Oralia Crooks, Sheena Gray. Back Row: Nickelle Stevens, Liz Frey, Jenny Blakeman, Shannon Carlson, Amy Goddard. Not Pictured: Courtney Page

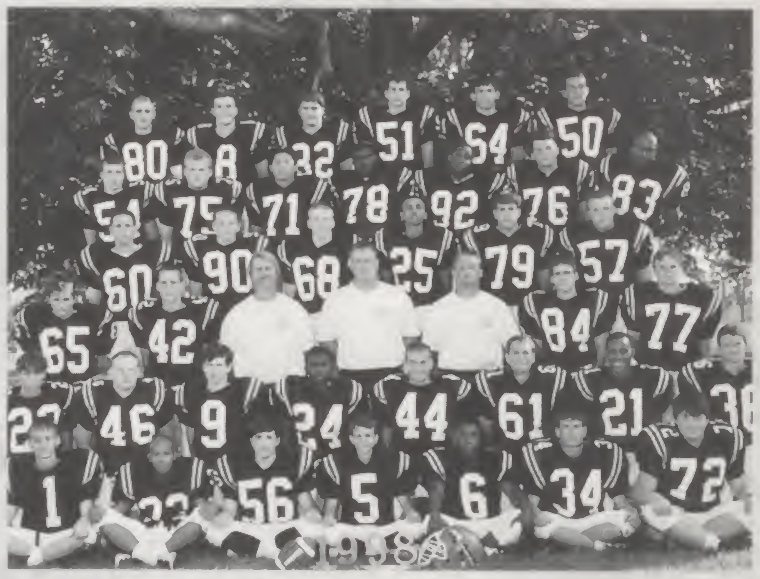
BALL STRIKE OUT H-E
1974 STATE QUALIFIERS
East

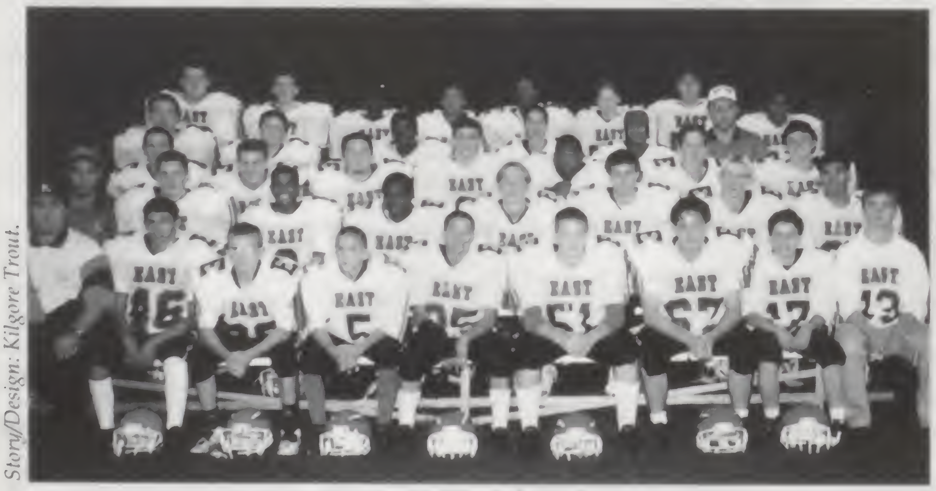
GIRLS VARSITY SOFTBALL. Front Row: Amy Nemmers, Crystal Leach, Beth Gale, Nicki Mooers, Courtney Blakeman, Amanda Grant. Row 2: Stephany Denning, Lindsey Steele, Tigre Williamson, Cassie Peterson, Amanda Reed, Jackie Beener, Chrysta Bosley. Back Row: Liz Frey, Bob Savage, Mandy Reidburn, Tiffany Oliver, Kathleen Robinson, Bill Carlson, Shannon Carlson.



VARSITY FOOTBALL. Front Row: John Easter, James Grasso, Josh Taha, Tyrone Bragg, Craig Webber, Jabre Norwood, Nick Kraska, Andy Kilgore, Todd Morris. Row 2: Ryan Nemmers, John Daye, Michael Charvet, Tim Crowder, Luke Hayworth, Ben Cowie, Floyd Wright. Row 3: D.J. Renslow, Justin Embrey, Assistant Coach Scott Ryan, Assistant Coach Brad Bell, Head Coach Ned Rasmussen, Assistant Coach Pug Starcevich, Brian Lowe, Jason Mason, Brian Overlin. Row 4: Andy Powell, Roscoe Lewis, Chuck Mercer, Dan Evans, Meyer Nece, Tory Browne, Donnie Haygood, Jon Fick, Mike Gary. Row 5: Tim Froehle, Tony Grimm, Jody Reed, Jeremy Lent, Chad Lent, Marquez Lewis, Kyle Williamson, Maceo Anderson, Rory Rodriquez. Row 6: Bobby Jay, Mike Bushong, Dusty Shannon, Mike Wyant, C.W. Bush, Justin Kimmel, Todd Bennett, Carl Shelton, Joel Methany. Back Row: Jamie McDaniel, Jason Davidson, Justin Sheridan, Keon Sharp, Courtney Hayes, Tony Wharton, David Frost, Brian Mitchell, Marshal Matlage.

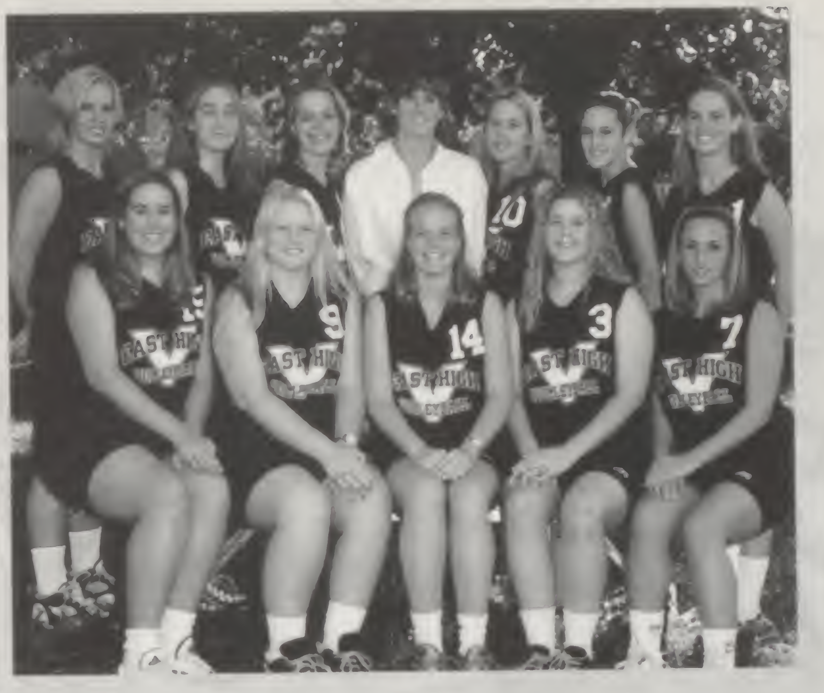
SOPHOMORE FOOTBALL. Front Row: Clint Nereim, James Scott, Nick Piper, Tony Leo, Lee Lewis, Dustin Byers, Mike Sharon. Row 2: Randy Blackford, Jordan Hutchinson, Aaron Mowery, Nathan Gary, Denny Donaldson, Ryan Bernardt, Corey Patton, Scott Burk. Row 3: Matt Evans, Kenny Paulding, Dave Frost, Dan Sickles, Tron England, Brandon Gregory, Mike Reese. Row 4: Josh Markle, Mike Redshaw, Matt Leichliter, Kenny Bass, David Evans, Todd Wacht. Row 5: Steve Waldron, Brad Weber, Chengnu Lee, John Galbreath, Nick Kemp, John Sparks, Lynn Lewis. Back Row: John Sorter, Mark Grimm, Oliver Powell, Jamie Furby, Alan Jones, Matt Breton. Not Pictured: Ryan Schuler.



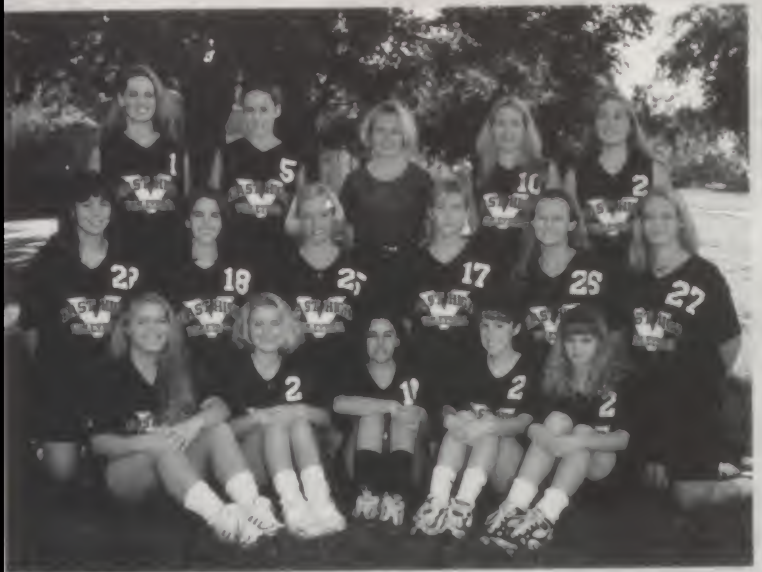


FRESHMAN FOOTBALL. Front Row: Coach Ken Burgess, Eric Lopez, Lee Webber, Frank McCarl, Tony Robinson, Troy Wacht, Nathan Wittenstein, Terry Mitchell, Joe Kephart. Row 2: Coach Mike Teale, Aaron Hook, Gene Jewett, Chris Norwood, Tyler Caro, Tyler Williamson, Dave Marlenee, Chris Stanolgy. Row 3: Rick Weigel, Darren Cruchelow, Joe Thomas, Jason Feathers, Shane Clements, Joe Merryfield, Jason Audas. Row 4: Kevin Hoard, Ryan Sutherland, Jeff Smith, Jeremy Bowers, Terry Rice, Coach Mike Gale. Back Row: Nick Frye, Dan Webb, Gary Lee, DeMareo Darrah, Zachary Brooks, Nathan Tyler, Austin Kayser, Tony Burrell. Not Pictured: Julius Johnson, Don Holtry.

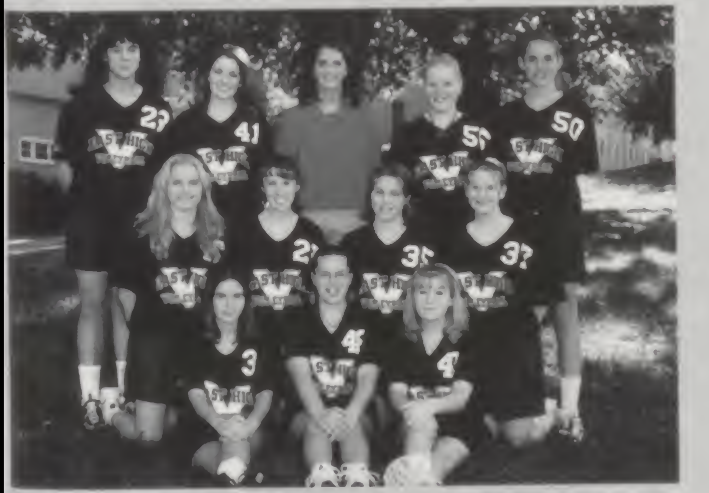
Story/Design: Kilgore Trout.



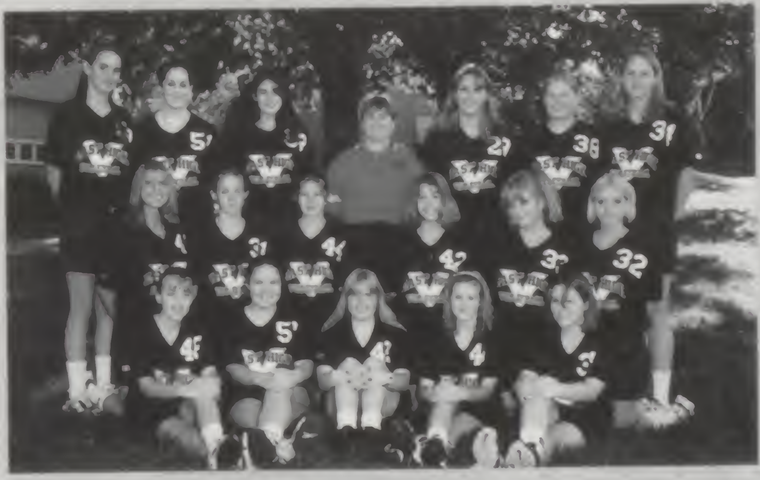
VARSITY VOLLEYBALL. Front Row: Stephanie Fallis, Mandy Reidburn, Megan Staley, Tifany Oliver, Tara Mathews. Back Row: Jackie Beener, Kathleen Robinson, Shawna Lore, Coach Lizz Beckman, Lindsey Steele, Lindsey Carr, Sheena Gray.



JUNIOR VARSITY VOLLEYBALL. Front Row: Tara Baker, Jenni Flippo, Paula Montoya, Courtney Page, Jessica Kinney. Row 2: Amy Goddard, Amy Hornocker, Nicci Gazzo, Carin Engstrom, Nickelle Stevens, Valerie Lamb. Back Row: Sheena Gray, Lindsey Carr, Coach Chaney Yeast, Lindsey Steele, Kathleen Robinson.



SOPHOMORE VOLLEYBALL. Front Row: Sondra Lore, Jessica Richardson, Amanda Whalen. Row 2: Michelle State, Courtney Page, Cheri Fenton, Misty Stanton. Back Row: Amy Goddard, Krystal Pickett, Coach Nicki Mooers, Patsy Fredregill, Shannon Scarlett. Not Pictured: Meghan Templeton.



FRESHMAN VOLLEYBALL. Front Row: Jennifer Mason, Amanda Todd, Amanda Grossman, Lindsay Bodkins, Cheri Fenton. Row 2: Darcy Baker, Tracie Althaus, Nicole King, Jeni Grochala, Kati Bainter, Annette Roland. Back Row: Shannon Scarlett, Victoria Punelli, Danielle Zenor, Coach Mary Decker, Aleisha Collins, Kacie Westlake, Melissa Horton. Not Pictured: Katrina Bass, Sarah Evans.

EAST
15
SCARLE

VARSITY BASKETBALL. Front Row: Anesa Gardner, Stacey Zelenovich, Mary Froehle, Tracey Lowe, Kathleen Robinson. Row 2: Lindsey Bennett, Jackie Beener, Jenni Flippo, Lindsay Steele, Amy Hornocker. Back Row: Tiffany Oliver, Jessica Jordan, Coach Ken Morton, Coach George Davis, Debbie Vanvelzen, Coach Lowell Long, Amy Goddard, Mandy Reidburn.

SOPHOMORE GIRLS BASKETBALL. Front Row: Stefanie Schatz, Cassie Peterson, Manager Mary Froehle, Christina Western, Jenny Golden. Row 2: Blayne Milligan, Kira Campos-Anderson, Stephanee Carlos, Khidra Baker, Michelle Easter, Risha Booker. Back Row: Lindsay Steele, Amy Goddard, Coach Lowell Long, Betsy Vaquerano, Shannon Griffiths. Not Pictured: Amanda Whalen, Manager Christin Cady.

EAST
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52
54
40
SCARLETS

EAST
31
44
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20

FRESHMAN GIRLS BASKETBALL. Front Row: Rebecca Rodriguez, Nicole King, Janna Eastcott, Stacy Hester, Ina Lewis, Michelle Olsen. Row 2: Shayla Lee, Nina Moore, Katrenia Isaac, Michelle Denning, Misty Waltz, Crystal Carr, Aleisha Collins. Back Row: Melissa Horton, Victoria Punelli, Assistant Coach Stacie Murray, Coach Debbie Vanvelzen, Moni Miller, Alyssa Wilson. Not Pictured: Jessica VanDyke.

Story/Design: Kilgore Trout.

VARSITY BOYS BASKETBALL. Front Row: Richard Lewis, Luke Krpan, Justin Carr, BJ Van Vleet, Mike Mauk, Bryon Boggs. Row 2: Tameka Miller, Jared Platt, Head Coach Andy Howard, Asst. Coach Matt Carter, Huck Jackson, Carrie Chance, Amanda Markle. Back Row: Fred Heard, Nate Robinson, James Randolph, Nate Hibben, Andre Robinson, Keon Sharp, David Frost.

EAST
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SOPHOMORE BOYS BASKETBALL. Front Row: Phouthavong Keopraseuth, Jermon Stokes, Kirby Praseuth, Adriel Ward, Jordan Hutchinson, Corey Patton. Row 2: Lance Allison, Tommy Halsband, Malisa Sam (Mgr.), Pan Thipyothin (Mgr.), Saiphone Houangsavanh (Mgr.), Meyer Nece, Nick Graham. Back Row: James Avon, Jared Smith, Coach Brian Luft, Assistant Coach Brady Mallon, Ted Harrington, Paul Ware. Not Pictured: Tyler Burrows.

FRESHMAN BOYS BASKETBALL. Front Row: Steve Edwards, Ryan Grochala, Jared Mendenhall, Terry Rice, Tony Burrell, Chris Norwood, J.D. Smith, Tyler Williamson. Row 2: Manager Sarah Evans, Jeremy Curl, Jason Fitzgerald, Julius Johnson, Gene Jewett, Chris Miller, Joe Kephart, Rick Weigel, Alicia Shepard (Mgr.). Back Row: David Marlenee, Joe Merryfield, Jonathon Sokoll, Coach Brian Hoff, Brandon Snitker, Coach Brad Bell, DeMario Darrah, Rod Stockbauer, Ryan McDonald. Not Pictured: Steve Kahler.

EAST
EAST HIGH X-COUNTRY

BOYS CROSS COUNTRY. Front Row: Marcos Ramirez, Justin Rankin, Derek McChurch, Brian Brookshire. Back Row: A.J. Shipman, Dan Govoni, Coach Don Graves, Dillon Wonders, Nate Hibben.

GIRLS CROSS COUNTRY. Front Row: Jenny Golden, Angie Davies, Beth Jones, Stefanie Schatz. Row 2: Leah Tedder, Natasha Newsome, Raffaela Punelli, Sarah Martineau, Shakeela Newsome. Back Row: Ashley Jordan, Tracy Lowe, Coach Debbie Vanvelzen, Asst. Coach Kendra Sawhill, Amy Griffiths, Lindsey Bennett.

BOYS GOLF. Front Row: Stephen Kahler, Charles Lozano, J.D. Smith, Mike Fagen, Craig Williams, Chris Miller, John Moran. Row 2: Robert Montis, Cory Sonner, Stuart Dalrymple, Coach John Bankus, Coach Clark Roberts, Mike Demoss, Ramon McCarrell, David Freersken. Back Row: Bryan mcclaughlin, Dennis Gensing, Alex Kelly, Matt Bird, Brandon Snitker, Aaron Long, Eric Brandt, Torsten Schwenke, Paul Augspurger. Not Pictured: Jesse Bainter, Jeremy Curl, Dray Grantham, David Lawerence, Justin Mathias, Todd Sharp, Matt Smith, Richard Zubulake.

GIRLS GOLF. Front Row: Maya Coleman, Stephanie Fallis, Crystal Leach, Nicki Mooers.

[Picture Unavailable]

Story/Design: Kilgore Trout.

BOYS SWIMMING. Front Row: Michael Steeples, Matt Evans, Zech Wicker, Nick Kraska, Michael Moran, Daniel Williams, Adam Warner, Brock Cunningham. Back Row: Adam Davis, Brian Hicks, Josh Barker, Tim Froehle, Ryan Witt, Jamie Furby, Oliver Powell, Brian Brookshire. Not pictured: Jeremy Bowers, Kurt Zeliadt, Troy Wacht.

GIRLS SWIMMING. Front Row: Ashley Armstrong, Jessica Bush, Alicia Hartman, Jonna Eastcott, Kandy Savage, Amanda Hartman, Co-Captain Sarah Moran, Amy Giddings, Misty Christopher, Angela Vertz. Row 2: Christina Ackelson, Kerry Bloomquist, Valerie Boland, Kristen Reid, Christine Lary, Courtney Shieffer, Sarah Ollie, Heather Jones, Wendy Bradford, Tessa Danielson, Kira Campos-Anderson. Row 3: Mary Froehle, Anna Jones, Rachel Taggart, Ginger Stevens, Coach Stan Thompson, Assistant Coach Eric Galvin, Samantha McConnell, Melissa Papiani, Melissa McAleavy, Becky McAleavy. Row 4: Alison Lowe, Katie Voll, unidentified, Amanda Mullin, Dawn Ritchie, Annalie Florin, Sara Froehle. Back Row: Maria Utayagonova, Ashleigh Dowell, Co-Captain Beth Drey, Jessica Barker, Amanda Reimers, Laura Luce, Lesley Olson, Shannon Griffiths, Christi Bethards. Not Pictured: Christin Cady, Natosha Van Baale, Monica Woodard.

WRESTLING. Front Row: April Hazelwood (Mgr.), Jeremy Vertz, Judy Kligopoulos, Shawna Finch, Stephanie Scigliano, Megan Wall, Kerry Green, Kjersten Harvey, Tria Vang, Jenny Benge, Maria Herrera (Mgr.). Row 2: Tifani Armintrout (Mgr.), Dennis Donaldson, Randle Cunningham, Josh Taha, Scott Adamson, Andrew Graeve, Jabre Norwood, Jason Milligan, Jeremy Milligan, Dustin Byers, Donnie Martin, Mick Parsons, Robin Morris (Mgr.). Row 3: Erin Quigley (Mgr.), Tony Leo, Sharky Baccam, Jason Rice, Jesse Reed, Jason Mason, Asst. Coach Nicolas Kligopoulos, Asst. Coach Chris Faidley, Head Coach Larry Jackson, Asst. Coach Mike Gossen, Joel Metheny, Jesse Bainter, Sean Wall, Ryan Thornton, Nick Piper, Michelle Warnock (Mgr.). Row 4: Heston Clark, Gary Lee, Aaron Hook, Ross Rinehart, Marty Signs, Brian Carey, Rocky Dhabolt, Zak Banks, Jacob Ferrell, Todd Morris, Jason Davidson, Dennis Gensing, Tim Crowder, Ben Erickson.

SCARLET WRESTLING
EAST

Placing 4th

in the conference during his second year, sophomore ***Tria Vang*** *holds his opponent to the mat (at right). Below, Coach Jackson, and other coaches, gives senior* ***Jason Mason*** *a well deserved pat-on-the-back for his win. At bottom,* ***Mason*** *carries himself high after his first varsity pin against SE Polk.*

UMMA
DOWLING

"The Sign States"

"It was a great honor to be able to represent East at State this year. It wouldn't have been possible without Coach Jackson always by my side, and the team there to cheer me on." —Senior **Marty Signs**

Story/Design: Stephanie Gibb. Photojournalist: Courtney Reeves.

On his fourth *time beating his opponent from SE Polk, senior* ***Jeremy Milligan*** *is locked in his special hold.* ***Milligan*** *placed high along with his brother, getting 3rd in the conference.*

Getting *1st in the conference meet, senior* ***Jason Milligan*** *puts the pin down on Shane Voight of Dowling.* ***Milligan*** *was ranked sixth in the state for wrestling this season.*

Their Mission: No excuses VETS!!!

The scene: EHS gym. The cause: All-Conference Meet. The result: 1st-4th place. The saying: "No Excuses."

Only once in a blue moon is when East High would ever be able to hold the CIML Conference wrestling meet. The meet was held February 12, a Friday night that some EHS wrestlers would never forget.

"I was speechless, I couldn't believe I'd gotten first place," said senior **Jason Milligan**.

Along with a first place rating, the East wrestlers also took home three third place finishes by seniors **Joel Metheny**, **Jeremy Milligan**, **Marty Signs** and junior **Josh Taha**. And a fourth place finish by sophomore **Tria Vang**.

"It was a great night, the best we've ever been," said Coach **Larry Jackson**.

Finishing with a 9-10 record, and an over-all fourth place finish in the conference; Jackson says he's very proud of his wrestler's "110%." Senior **Jason Mason** had a great night, having his first varsity pin and beating a very tough opponent from SE Polk.

"Yeah, we had a great night against SE Polk and Dowling," said **Mason**. "All season, we've just been working to beat Dowling, and we did for the second year in a row."

Topping the night off with seven pins, the team tied the EHS record of most pins in its history. The defeating of Ottumwa in the conference allowed for a night full of cheers, tears and an explosion of pure EHS wrestling pride.

"No Excuses, ever!" said senior **Jeremy Milligan**.

As the ride is ending there are many to give *thanks* to. Whether it is a mother, father, teacher, close friend, or neighbor, there has always been someone there to help.

They've helped you through the ups, downs and loops of the ride. They encouraged when no one else dared to. They are the ones who went the distance to get things done.

Without their support, the ride might not have ended the way it has *for* each of us.

The ride will stop for you but will repeat for more generations to come. Then these supporters will be needed once more to help and care for us.

Here is the east-side community we appreciate.

Story/Design: Linda Her.

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James J. Swacker (James' Son)	2001

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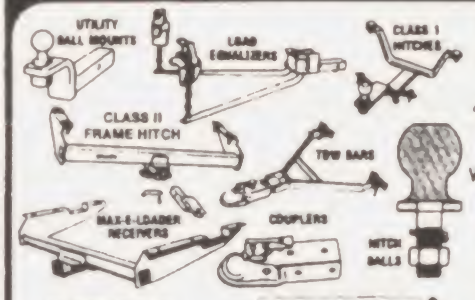
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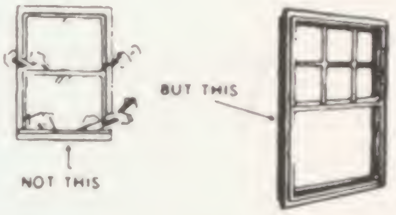
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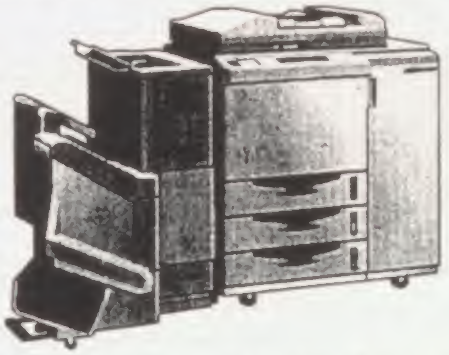

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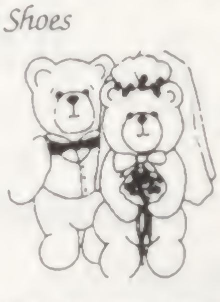

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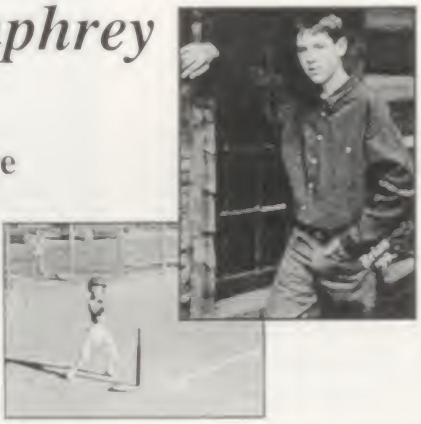

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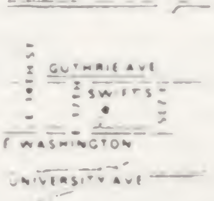

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__Shannon Kingrey__ has been in Colorguard for 2 years. Shannon has also been involved in the EHS Drama Dept. for 4 years and participated in numerous school plays. She is on Student Government, on Senior board, was a 12-B hostess and is co-president of Student Leadership Council.

__Courtney Hurdle__ has been in Colorguard for 3 years. She has participated in ISDTA individual competition once. In addition to Colorguard, Courtney is also involved in Senior Board, Student Government, and she has been news editor of the Scroll for two years. Courtney has been in choir and was a 12-B hostess.

REMEMBER WHEN:

- *Courtney's pants fell down during a halftime show.*
- *Shannon had the entire staff at Stellas doing the bunny hop.*
- *Courtney passed gas at Valleyfest, right before walk-on.*
- *Courtney's zipper on her uniform broke while she was in the restroom at Stellas. She was screaming from the hallway "help, help!"*
- *Shannon's rifle broke in half at practice.*
- *Courtney, Shannon and Mindy were going to Pizza Hut after a football game. Courtney was driving the '81 Cadillac and all three were in the front (because the back doors didn't open) going 65 mph down 14 st. and a cop followed them from the school to the retaurant on N.E. 14, but they never saw him (he was undercover). He pulled into the parking lot at the restaurant and as they got out he told them to "get back into the vehicle." Courtney then told the officer what happened and only recieved a ticket for not wearing a seat belt.*
- *Shannon and Courtney almost got into a fight with the lady at Silver Cinemas, because her kid was throwing popcorn at them and the kid wouldn't stop.*

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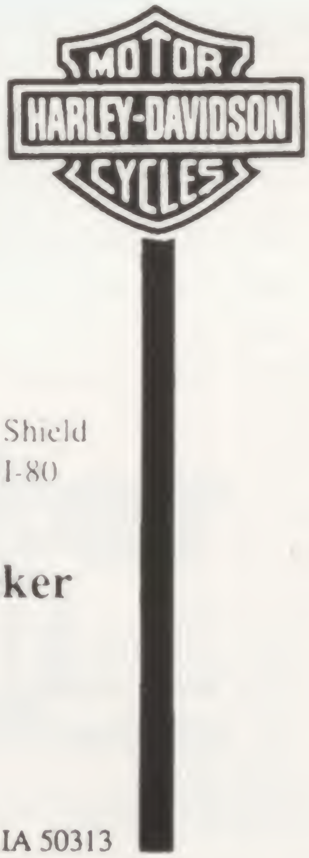

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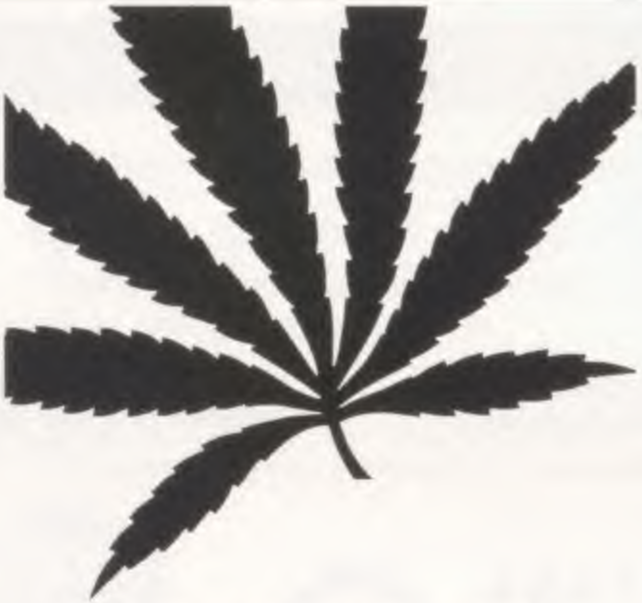

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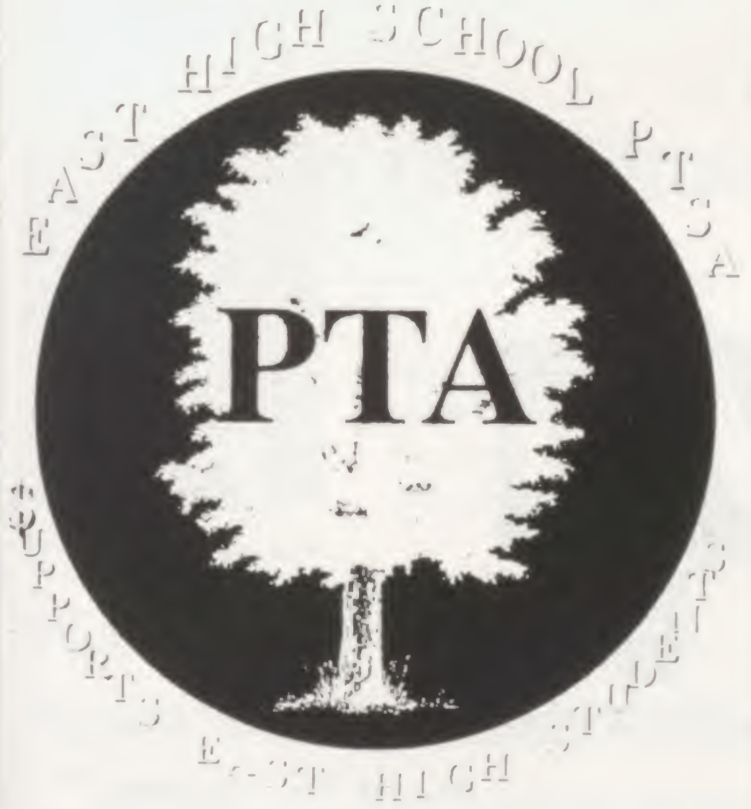

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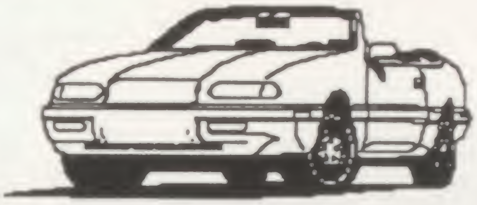

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Adam,
You lost your Dad at such an early age, and
you had to grow up fast, but
He gave you a name that brightens my days
with Sparks
I am so Proud of you!

Good Luck and May all your Dreams Come True
Love,
MOM (EHS '78) & BRIAN (EHS '00)

CONGRATULATIONS, ANDY KILGORE!

When you get what you want in your struggle for self,
And the world makes you king for a day,
Just go to the mirror and look at yourself,
And see what that man has to say.
For it isn't your parents, your children, your wife,
Whose judgement upon you must pass,
The fellow whose verdict counts most in your life,
Is the one starring back from the glass.
Some people may think you a straight-shooting chum,
And call you a wonderful guy,
But the man in the glass says you're only a bum,
If you can't look him straight in the eye.
He's the fellow to please, never mind all the rest,
For he's with you clear to the end.
And you've passed your most dangerous, difficult task,
If the man in the mirror is your friend.
You may fool the whole world down the pathway of life,
And get pats on your back as you pass,
But your final reward will be heartaches and tears,
If you've cheated the man in the glass.
Anonymous

All Our Love,

DAD, MOM AND ADAM (EHS '97)

CONGRATULATIONS — Class of 1999

Row 1: Sharon Page, Mary Irwin, Charyl Goddard.
Row 2: Jim Mason, Steve Fuller, Keith Williamson, Marsha Reidburn, Twila Webb, Sally Dehnert, Susan Hook, Ruth Ann Signs, Hank Carey, Cindy Carey.

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Love,
Mom EHS '73
Dad EHS '74
Amy Jo EHS '94

CONGRATULATIONS, SENIORS

THEATER
ARTS

—Sarah Ostbloom, Drama Instructor—

Left, Top to Bottom: Frantz Whitfield, Claudia Schoppman, Michelle Colvert
Right, Top to Bottom: B. J. Stradley, Stephanie Gibb, Shannon Kingrey

—1999 —

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Row 2: Jason Nutt, John Easter, Randle Cunningham, Stacey Letze, Beth Drey, Raffaela Punelli, Shannon Kingrey, Tabatha Smothers, Jennifer Lim.

Row 3: Ben Cowie, Tracie Lowe, Nophalak Meksey, Jamie DeMoss, Stephany Denning, Jessica Randolph, Stacie Hornocker, Shawna Lore, Stephanie Fallis, Stephanie Gibb.

Row-4: Alex Bibbins, Doug Smith, Josephine Jackson, Jessica Miller, Courtney Hurdle, Melissa Woodard, Marlissa Slaughter, Bryon Shepherd, Stephanie Scigliano, Bryan Ford, Todd Bennett.

Not Pictured: Courtney Carpenter, Dawn Hutchinson, Tiffany Mayse, Bill Olson, Megan Wall.

"Good Luck" Class of '99

CONGRATULATIONS SENIORS!

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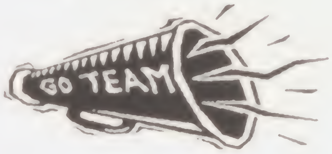

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Row 1: Stacey Zelenovich, Jessica Miller, Chantelle McFadden, Bryan Shephard.
Row 2: Beth Drey, Natalie Patterson, Andy Kilgore, Jennifer Williams, Emily Erickson, Amy Forkner.
Row 3: Diana Calo, Heather Weber, Megan Wall, Stephanie Fallis, Shawna Finch, Jason Nutt.
Row 4: Kelly Bloomquist, Doug Smith, Jami DeMoss, Melissa Woodard.

EHS JUNIOR BOARD *Congratulates the* 1999 SENIORS

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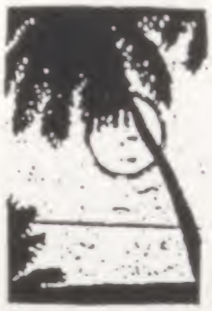

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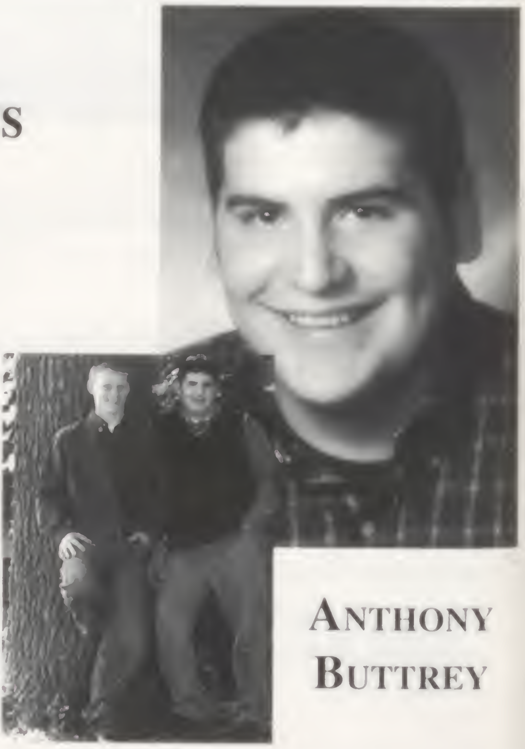

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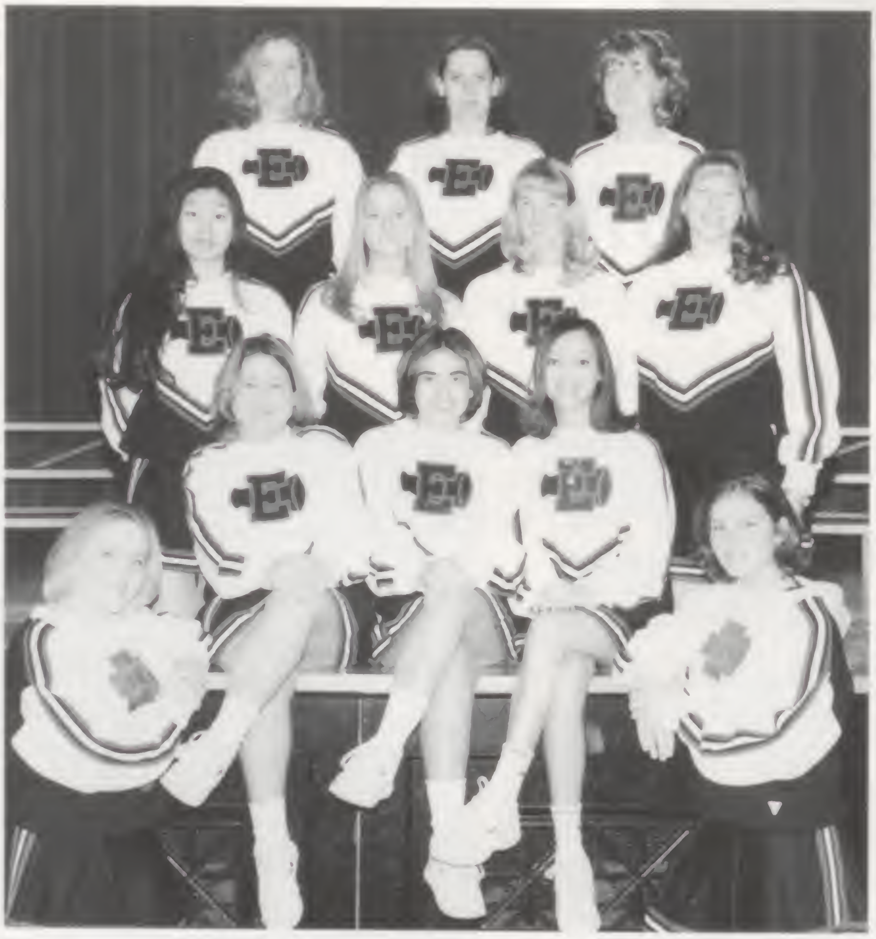

Row 1: Shawna Finch, Judy Kligopoulos, Jessica Zepeda, Savanchey Hacknorath, Stacey Zelenovich.
Row 2: Jennifer Lim, Courtney LaRue, Kelly Bloomquist, Stacey Letze.
Row 3: Stephanie Scigliano, Megan Wall, Tabatha Smothers,

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Sarah & Meggan

Sarah,

With a name of "Duckie",
With a smile that lights up a room,
With a voice of an angel,
You, Princess,
are our pride & joy!

"I can do all things through Christ who strengthens me".

(Phil. 4:13)

Never forget that.
We are so Proud of you!

Mom & Dad — EHS '61
Matt — EHS '03

Class of
1999

Meg,

It's not easy growing up in today's world. There's so much pressure to do what all of your friends are doing. That's why we're so proud of you for saying "No" even when it's not the popular thing to do. We know you're ready for the world, but we're not sure the world is ready for you.

Love,
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Mom — EHS'81
Kevin & Brandon

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Lil' Fal

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even when it's hard to do.
If you can keep on dreaming…
even when dreams don't come true.
If you can keep believing in your ideas and in you…
Then, with hope and trust and courage,
You're sure to make it through.
Author Unknown

Good Luck—
Love,

Mark "Dad" EHS '71
Mykle "Mom" SRHS '71
Jennifer "Sister" EHS '97

STEPHANIE FALLIS

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Row-2: Jared Andrews, Justin Stalker, Bryan White
Row-3: Choua Lee, Mike Bolio, Tyler Goode

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Stacey Zelenovich
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Congratulations, Kelly Bloomquist

*We are so proud of you
and all you have achieved.
We hope all your dreams
become a reality.*

Good Luck at Iowa!
Love,
MOM, DAD, KERRY

Congratulations, Melissa Fagen

We are so proud of you.
The years have gone by so fast and, you have a lot more to go.
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Jennifer Williams!!!

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We know the future holds all that you have ever hoped for!

Love,

Mom, Chris, Aunt Berta, Uncle Mark, Grandma & Grandpa

Chantelle McFadden!!!

From your first day of school to your last,
you have always made us proud!
No matter what the future brings for you,
always remember,
"Whatever you do... do your best!"
Wishing you a lifetime of happiness,

We Love You!

Mom, Dad, Courtney, and Cristin

Congratulations, Stacey!

You have made us proud!
May all your dreams come true
and
Remember that we will always be here for you.

Love Always
Grandpa & Grandma Letze

'99

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Congratulations

Renee Bernhardt

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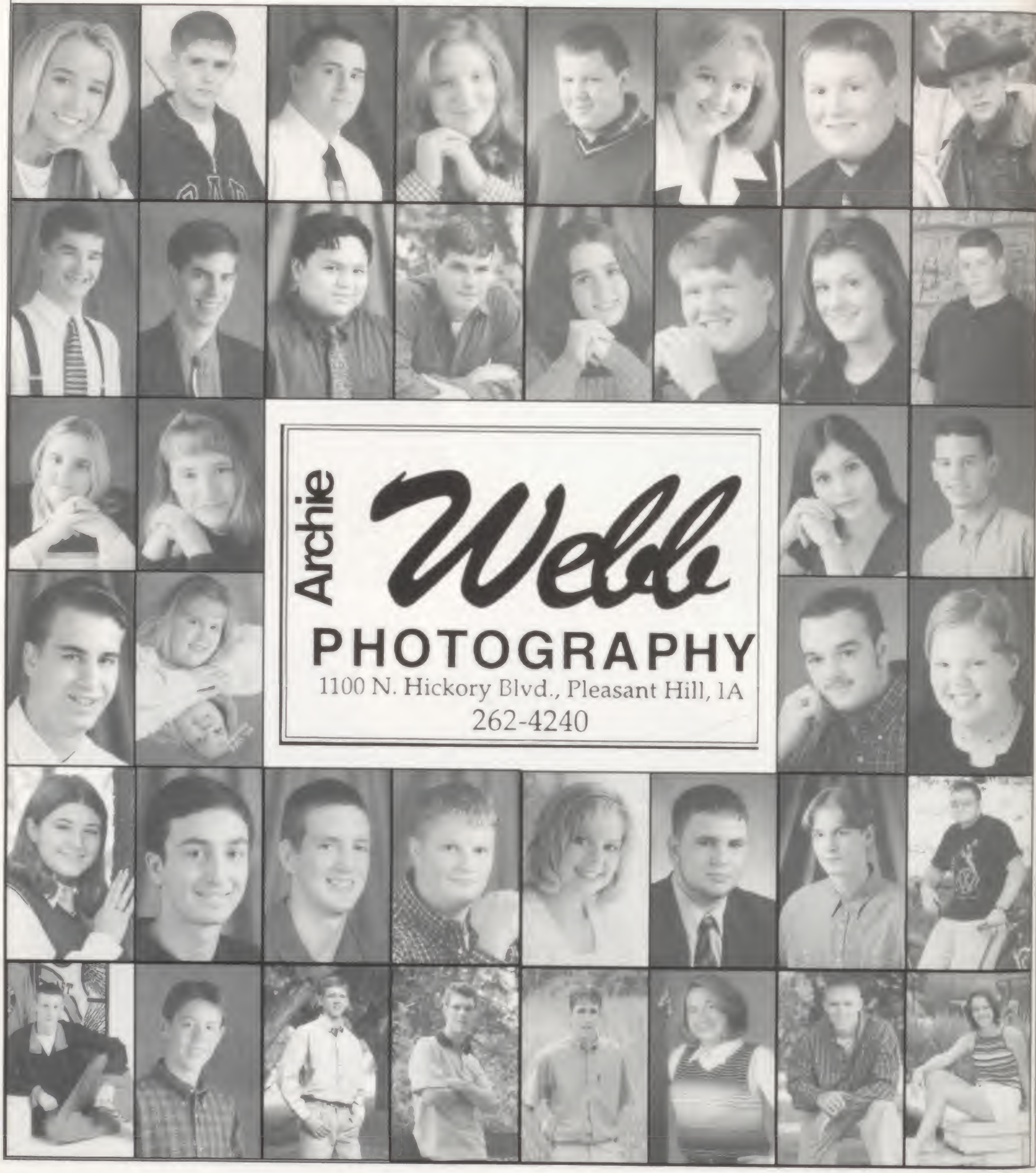

Archie Webb

PHOTOGRAPHY

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Congratulations, Abi Burkhead

(7 months)

Delight yourself in the
Lord and He will give you
the desires of your heart.

Psalm 37:4

Love,

Dad, Mom, Ali, & Heath

(1999)

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It is to trust that miracles happen, and dreams really do come true.
To believe— *is to see angels dancing among the clouds,*
To know the wonder of a stardust sky and the wisdom of the man in the moon.
To believe— *is to know the value of a nurturing heart, the innocence of a child's eyes,*
and the beauty of an aging hand, for it is through their teachings we learn to love.
To believe— *is to find the strength and courage that lies within us*
When it is time to pick up the pieces and begin again.
To believe— *is to know we are not alone.*
That life is a gift and this is our time to cherish it.
To believe— *is to know that wonderful surprises are just waiting to happen.*
And all our hopes and dreams are within reach.
If only we believe.

—Author unknown

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Love,

MOM & DAD

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Stacey—
We are proud of what you have accomplished and what you have yet to do. Love,

Mom, Dad, Brad & Jeff

Shawna

From the moment you were born, you've brought joy to my life, and through the years, you have made me so proud.

I wish you the greatest success in the future and never forget that I will always love you and be here for you no matter what.

Congratulations and I love you!!
Love,
Mom

Congratulations — Heather Weber

From Baby to Young Lady, We've Always been Proud of You!

Love you,

Sandy — Mom — Jack — Tony & Andy

P.S. I am with you, too. Daddy

Congratulations, Nikki Hook

*Y*ou have a unique message to deliver,
a unique song to sing,
a unique act of love to bestow.
This message, this song, and this act of love
have been entrusted exclusively to the
one and only you.

Love,

Mom, Aaron, and Lindsee Hook

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Story/Design: Phut HoangVan.

Pope John Paul

Pope John Paul II began his 21st year as Pope in the fall of 1998. The 78-year-old pontiff continued to be a champion of economic justice and an outspoken defender of the Catholic Church in Communist countries and remained uncompromising on moral issues. Noted for his energy and analytical ability, he traveled to many countries, preaching to huge audiences.

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Bill Clinton Scandal

President Bill Clinton became embroiled in a White House scandal that led to Congressional hearings on possible impeachment. It all started when Republican attorney **Kenneth Starr** was appointed as a Special Prosecutor to investigate President and Hillary Clinton's failed investment in an Arkansas real estate venture called Whitewater. A grand jury was called and that led to several other investigations that eventually focused on accusations that the President was involved in obstruction of justice and perjury. He was accused of having an 18-month sexual relationship with **Monica Lewinsky**, then a 21-year old White House intern. Clinton eventually did admit to inappropriate behavior. Congress pushed on to bring an impeachment trial to the Senate. He was not convicted.

John Glenn

U.S. Senator **John Glenn** ended his long career in the Senate with a return to space. Astronaut Glenn, 77, who made a pioneering space flight in 1962, returned to space in November, 1998, aboard the Discovery on a 10-day mission.

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Kenya Bombing

Terrorist bombs exploded at the American embassies in Kenya and Tanzania in late summer. A few arrests were made, but American government officials say the man responsible was **Osama Bin Laden**. While Bin Laden, an exiled Saudi millionaire, was not charged in the bombing, U.S. officials suspect him of financing several terrorist strikes around the world.

Story/Design: Phut HoangVan.

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Hurricane Georges

Hurricane Georges was the costliest disaster in the 117 years of Red Cross relief efforts, topping $81.5 million the agency spent on Hurricane Andrew. Georges ripped through the Florida Keys and into the Gulf of Mexico before it slammed into Mississippi and Alabama.

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World Cup

The World Cup competition is held every four years. The 1998 games were held in France and it was the French team that won the nation's first-ever World Cup title by defeating Brazil 3-0. More than a million revelers packed the historic Champs-Elysees to celebrate the victory. The broad avenue became the focal point of celebrations and many called the impromptu street party the largest outdoor celebration since Liberation Day in 1944.

Story/Design: Phut HoangVan.

Super Bowl

Quarterback **John Elway** led the Denver Broncos to a 34-19 win against the Atlanta Falcons in Super Bowl XXXIII at Pro Player Stadium in Miami. The Broncos scored 17 points in the game's first half and then 17 more in the fourth quarter alone.

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Record Breaking Hitters

Mark McGwire and **Sammy Sosa**, two power-hitters in the game of baseball, were in a battle of home runs during the summer. Both were looking to beat the home run record of 61 set by New York Yankee Roger Maris in 1961. When the dust settled at the end of the season, McGwire, a 34-year-old right-handed hitter from the St. Louis Cardinals, won the home run record with 70. Sosa, a 30-year-old right-handed hitter from the Chicago Cubs, hit 66 home runs.

Story/Design: Phut HoangVan.

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Backstreet Boys

The **Backstreet Boys** got together about five years ago when Howie, Nick and A.J. met at auditions. They decided to form a group and Kevin heard about them and they got together. Kevin asked his cousin Brian to join, and they became Backstreet Boys. The group was named after a big market in Orlando, FL. They have won many awards such as the Viewers Select Award at the MTV Europe Awards two years in a row and the group was nominated for a Grammy.

Check this page at reunions!

Top 20 Singles

1. I Don't Want To Miss A Thing (Aerosmith)
2. The First Night (Monica)
3. Crush (Jennifer Paige)
4. My Way (Usher)
5. The Boy Is Mine (Brandy & Monica)
6. Daydreamin' (Tatyana Ali)
7. Time After Time (Inoj)
8. Lookin' At Me (Mase Featuring Puff Daddy)
9. You're Still The One (Shania Twain)
10. When The Lights Go Out (Five)
11. Too Close (Next)
12. Thinkin' Bout It (Gerald Levert)
13. Never Ever (All Saints)
14. Adia (Sarah McLachlan)
15. I Can Do That (Montell Jordan)
16. This Kiss (Faith Hill)
17. I Still Love You (Next)
18. Cruel Summer (Ace of Base)
19. Still A G Thang (Snoop Dogg)
20. Friend of Mine (Kelly Price)

Top 10 Films

1. Rush Hour
2. Ronin
3. Urban Legends
4. One True thing'
5. There's Something About Mary
6. Simon Birch
7. Saving Private Ryan
8. Rounders
9. Blade
10. Ever After...Cinderella

Top 20 Best Selling Albums

1. The Miseducation of Lauryn Hill (Lauryn Hill)
2. Back To Titanic (Soundtrack)
3. 'N Sync ('N Sync)
4. High Mileage (Alan Jackson)
5. Hello Nasty (Beastie Boys)
6. Stunt (Barenaked Ladies)
7. Don Cartagena (Fat Joe)
8. Armagedon-The Album (Soundtrack)
9. Backstreet Boys (Backstreet Boys)
10. Da Game Is to Be Sold, Not To Be Told (Snoop Dogg)
11. Dr. Dolittle: The Album (Soundtrack)
12. Hellbilly Deluxe (Rob Zombie)
13. Come On Over (Shania Twain)
14. Follow The Leader (Korn)
15. The Dirty Boogie (The Brian Setzer Orchestra)
16. The Assassin (Big Ed)
17. For the Record: 41 Number One Hits (Alabama)
18. Never S-A-Y Never (Brandy)
19. Big Willie Style (Will Smith)
20. City of Angels (Soundtrack)

Top 10 Videos

1. The Wedding Singer
2. Good Will Hunting
3. Jackie Brown
4. U.S. Marshals
5. Wag The Dog
6. The Man In The Iron Mask
7. The Big Lebowski
8. Sphere
9. The Apostle
10. Hard Rain

Story/Design: Phut HoangVan.

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Colophon

The Herff Jones Yearbook plant in Mission, Kansas produced 900 copies of the 1999 *Quill*. Twenty-four staff members put together the 332-page spring-delivery book on 80 lb. Bordeaux Special paper.

The laminated lithograph cover is printed with four-color process soy ink. Endsheets are printed with black ink on scarlet Vibracolor paper stock. The 8.5" x 11" book is printed with offset lithography and is smyth-sewn, rounded and backed.

An opening 13-page color section features UV-laminated photos.

The majority of the copy throughout the book is 10 point Tiepolo.

All pages were submitted on Zip cartridges using 11 Macintosh computers and the applications Microsoft Word , Adobe Illustrator and Adobe PageMaker. Most of the ads and backgrounds for some of the pages were submitted as camera-ready art.

Books were sold from September through November for $35. The 1999 *Quill* was completed on March 3. The Herff Jones representative was Chris Heikes.

Go Ahead! Place your own pics from your own personal ride into the EHS 1999 Express. Since the ride's almost over, you don't want to leave any memories behind, do you?

Place pic here

Place pic here

EHS
Scarlet

place pic here

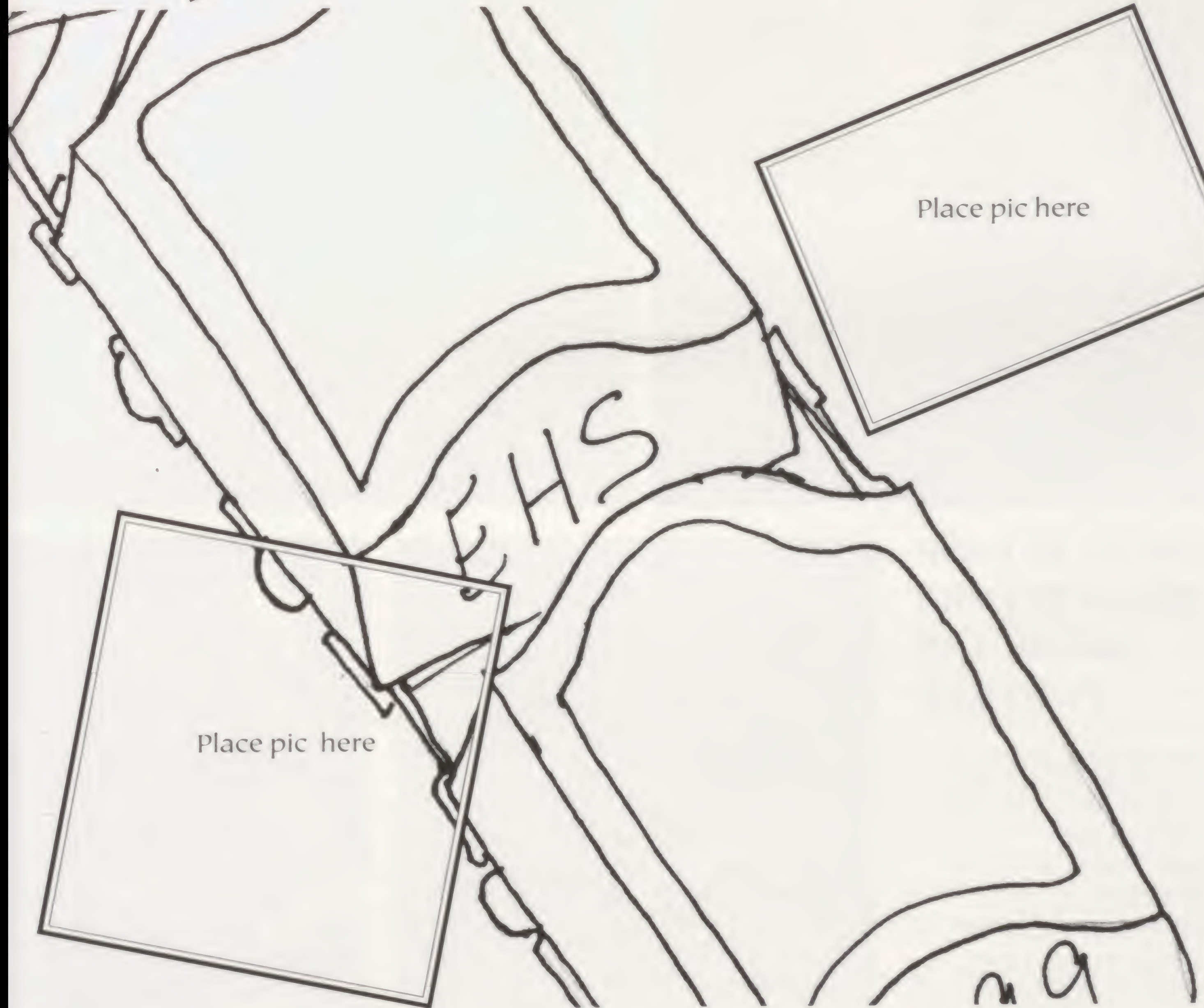
Place pic here

Story/Design: Linda Her.

Ride Along on the Scarlet Express

Here is your turn to put in your 2 cents worth on the EHS Scarlet Express. Plug in your own pics from the EHS Ride of a Lifetime!

Place pic here



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Seniors Dillon ***Wonders*** *and* ***Derek McChurch*** *jog on hoping for another cross country victory. Below,senior exchange students* ***Annalie Florin*** *and* ***Paula Montoya*** *share a sweet hug while bowling with the Spanish Club. And (at bottom) four empty gloves and an EHS baseball cap are all that's left after the varsity team won the State Championship against SE Polk.*

EAST
413
EAST
410

STOP!!! PLEASE READ BEFORE GOING ANY FURTHER

THANK YOU FOR RIDING. PLEASE WAIT UNTIL THE RIDE COMES TO A COMPLETE STOP BEFORE UNBUCKLING YOUR SAFETY BELT. HOPE YOU ENJOYED THE RIDE!

Story/Design: Stephanie Gibb. Photojournalist: Marques Lewis.

Scarlets unbuckle... How was the ride?

Seniors hop off, juniors move forward, sophomores wait, & freshmen line the ramp...

We've made it to the end of the tracks, but that doesn't mean that the ride has to stop. We've seen the wonderful sights from all angles, shared the same laughter and tears during those perilous twists and turns, and even held each other up in times when the ride got the best of us. Now we're ready to go onto other adventures and see new sights. The seniors, going out to seek their own paths, say good-bye to life-long homies and leave yet another vacancy in the front car. Juniors taking on new responsibilities left behind and getting ready for their turn at the senior bench! Sophomores and freshmen are still waiting for the days of the future. What will school life be like for them?

Only time will tell. We end another year, finishing our exams, cleaning out our havens known as lockers and remembering our first days in those big halls awaiting our last few minutes at graduation. We've all experienced the suspense and melodrama that goes along with finding a seat that best suits us on our journey. Whatever your age or grade level, if you've had the honor and pleasure of riding the *Scarlet Express*, you know what it's like to be part of the red and black EHS attack. Whether you're going to be a 1st, 2nd, or 3rd generation East High graduate, just remember you're always welcomed with warm applause, exciting cheers, and be included in the spirit of the "Mighty, Mighty Scarlet." (We also give free popcorn to every 50th person who dares to take on the ride of a lifetime!) You've buckled up, buckled in, but are you ready to be unbuckled? Relax, you have time. Just remember, we'll always have an east-side seat and a buckle with your name on it!

Buckle Up, the ride has only just begun!

The freshman *football team and Coach* ***Ken Burgess*** *look on during the homecoming assembly. They were the City Champs. Above, art teacher* ***Shirley Gooch*** *and senior* ***Marcos Ramirez*** *show off his winning painting at the Simpson Art Show. While (at top) junior* ***Tony Sanders*** *entertains seniors* ***Nick Hartkopp, Kim Graham*** *and* ***Schanell "Red" Harris*** *by giving* ***Graham's*** *eyebrow ring a YANK! Making friendships and having fun is an EHS tradition.*

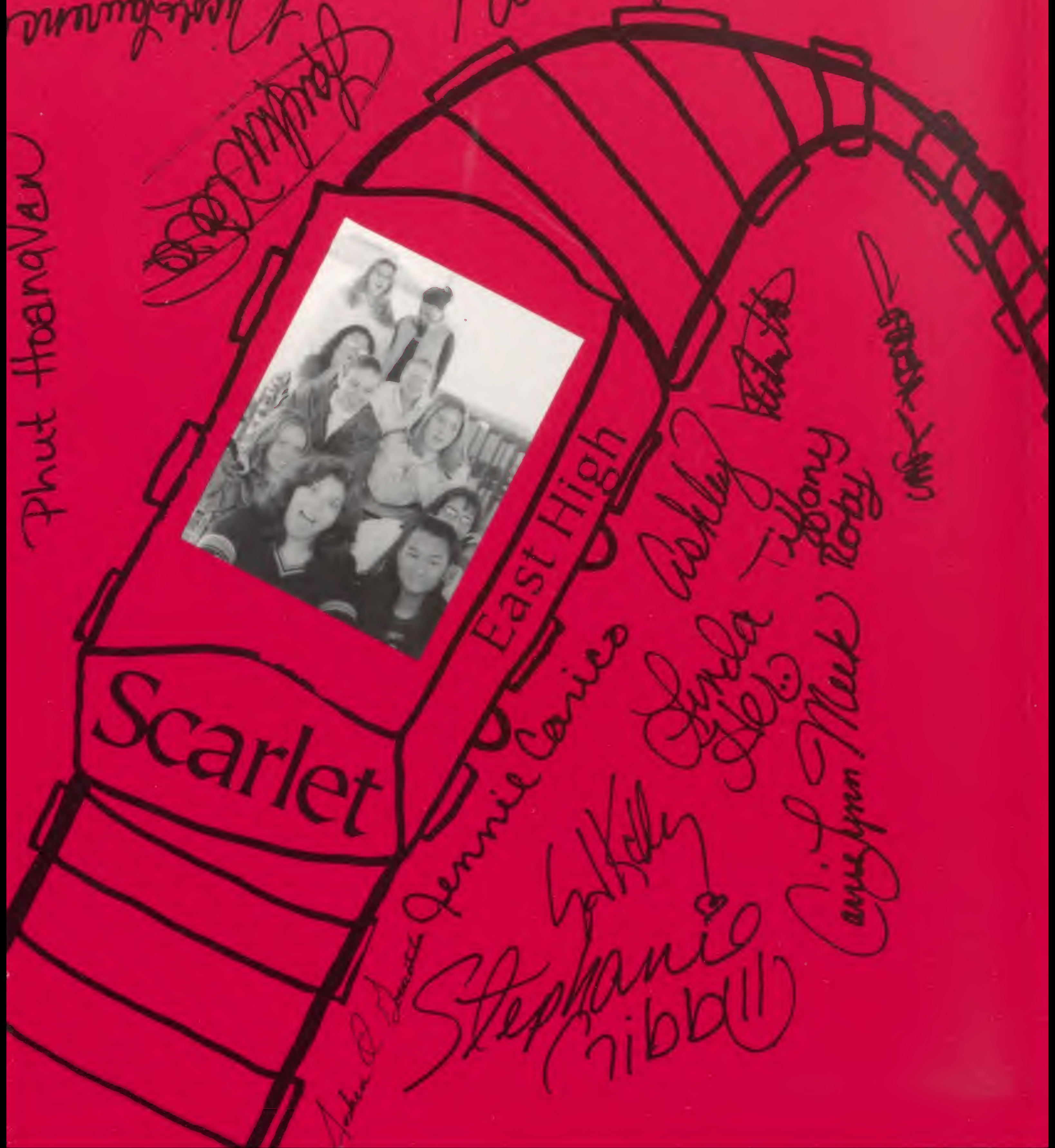
Marcos Ramirez

Meg King

Jeff Bock

Holmes

Phut HoangVan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